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THE LINK

Volume 21 Number 9

October 29, 1986

S.A. in confusion over Challenge repayment

Link Staff Report

Monday night the Student Association executive unanimously voted against repaying the Federal government's Challenge '86 program the equivalent of one summer grant, valued at 1788.50. This reverses the decision to repay one position made by the executive at a closed off campus meeting October 9. The Executive had been asked to repay the position by BCIT v.p. student Services Dr. Peter Jones, who had investigated inaccuracies in timesheets submitted by the S.A. under the Challenge program.

The reversal caught the BCIT administration and the Challenge '86 representative off guard. Jones, who made the recommendation that the S.A. repay one position three weeks ago, had not been informed of the executive's most recent decision.

Meanwhile, Ralph LeRoux, Project Officer with Challenge '86, said he was unaware of the BCIT administration's investigation and subsequent recommendations to the S.A. executive.

On Tuesday, Jones promised the Challenge '86 coordinator the money would be repaid. Jones then met with Grant Sidnick, S.A. President. The executive has scheduled an emergency meeting.

'One item there seems to be discussion about is whether or not there was a shortfall on the

number of hours worked on the three Challenge '86 projects by three different executives (Bartlett, Sidnick and MacNaughton),' Jones said.

Jack Nelson, Engineering Chairperson, said there were two reasons why the executive reversed itself on the repayment issue. Nelson said the first reason was the repayment implies some sort of guilt, when it had not been established. However, at the time of the original decision, Grant Sidnick said paying back the equivalent of one federal subsidy did not imply guilt.

Nelson did admit clerical errors had occurred with the timesheets. He believes the three executives who were hired under the program worked the proper number of hours.

V.P. Public Relations Cheryl MacNaughton told the Link the real problem facing the S.A. is Sidnick's 'refusal to admit he did not work the required hours'.

MacNaughton believes Sidnick did not work the number of hours he claimed under the Challenge '86 program and she claimed she cannot speak out because 'a member of the executive has already asked me to resign'.

MacNaughton said "They've already tried to impeach me," adding she has very little support among the executive for her position.

Responding to MacNaughton's criticisms, Sidnick said "I've been covering up for various indiscretions from that office for some time."

Sidnick showed The Link a copy of personal notes he wrote prior to a July 10 meeting of the executive at which MacNaughton's attendance at work under the Challenge '86 program was under question.

Sidnick said "I showed some initiative to insure we were all working the required hours". He noted that students at BCIT think he has made mistakes but he said of MacNaughton, "I think she's got a problem." The president's notes indicate he told the executive he believed MacNaughton should clarify her hours if she expected to get paid.

Peter Jones indicated he would expect the S.A. to pay back - unless S.A. members can prove they did work the required time.

Said Sidnick, "I did put in the required 421 hours but 'they may not be as per the time sheets.'"

Faculty: Cap out, BCIT talking

By James Roberts

While contract negotiations between faculty and administrators broke off at Capilano College in North Vancouver, negotiators just began work at BCIT.

At Capilano College weeks of bargaining ended when mediator Jack Chapelas booked out of the dispute late Monday evening. The faculty want their workload reduced from nine to eight sections annually. The Capilano College faculty had agreed in May 1985 to work nine sections under an interim agreement designed to save the college money and maintain faculty positions.

Chief faculty negotiator Ed Lavalley said the agreement increased teacher workload by 12.5 per cent and resulted in teachers working an average of 50 hours per week.

Capilano College President Doug Jardine says the faculty proposal would cost the college up to one million dollars. 'And we can't afford that'.

At BCIT contract negotiations got underway with a preliminary meeting between the Staff Society representing faculty and the administration. The current contract between the two groups expires December 31, 1986.

Chief negotiator for the Staff Society, Patrick Thomas, indicated BCIT faculty will be looking for some definite improvements in their contract, but he did not say specifically what the major issues will be.

The BCIT Staff Society newsletter published October 17 does say, 'One of our own 'problems' is working conditions which are considerably less than 'great'.

Chief negotiator for the administration, Ron Bell, said he also could not say what the major issues on the table will be, but he hoped a 'single team bargaining process' will minimize confrontation and substitute cooperation.



Duke's is open!

BCIT prepares for annual Victoria trek

By James Roberts

Every year BCIT administrators don their best suits and make their way to Victoria to appeal for funds, and while the ritual will be repeated this year, the president and his financial advisory will knock at the door

well prepared.

This year the institute and the Ministry of Education are co-funding an audit of all BCIT's costs to determine whether program costs are too high.

In the words of V.P. Finance See 'Budget' on page 7

Lectures by invitation only

By Charlie Smith

The President's Honours Students Seminar is a new project launched by the administration to broaden the horizons of about 30 students.

Guest lecturers like Dr. Pat McGeer, International Trade minister, will come to BCIT to participate in group discussion with students who are selected by department heads. As well, some Student Association executive members have also been invited to the lectures. But if you have not been selected by your department head as it's 'representative,' you cannot attend the sessions.

"We sought academic achievers. The department heads were asked to recommend someone capable of actual participation in group discussions," said Peter Jones, vice president of Stu-

dent Services.

"We're looking for people with a broad perspective (to come to the lectures)," Jones added. Jones says he believes the dynamics of group discussion would be hindered if all students were allowed into the sessions.

When asked if this was an elitist approach, Jones said "whenever you get a few good people...I suppose by definition it is exclusive. We have started small".

The guest speakers are coming on campus free of charge, and for many it will be their first trip to BCIT.

Jones said guest speakers improve students' education, and there has been "a lot of discussion" about bringing guest speakers to campus for the whole student body. He said no concrete action has

been taken yet, but he is prepared to try to bring guest speakers to BCIT if groups request it.

Jones emphasized the President's Honours Students Seminar is a pilot project and it may be subject to change next year.

"You couldn't invite Pat McGeer to give a public address to thirty people," said Jones. The vice president said he does not think group discussions would flourish if there were different students present each week.

Jones was asked if the Link could attend to report on what the speakers have to say.

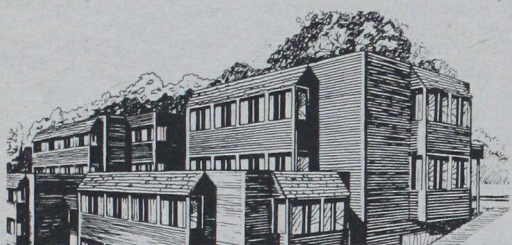
"Let me think about it. It may affect people's participation if they think their remarks may end up in the Link. My fear is they may not be as open with the Link present," said Jones.

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Rooms Available at Macquinna

Macquinna Residence will have rooms available for occupancy at the end of October, 1986. Both male and female rooms available.

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WHAT'S ON AT A GLANCE

Listings in this section of the Link are free to campus groups sponsoring events and activities. Items for publication must be submitted in writing no later than noon Monday. The Link office is located just inside the East entrance to the SAC.

Thursday October 29

A drop in session for women training in trades will be held today from approximately 2:30 to 4 p.m. in room 235 (staff lounge), 2nd floor of the Inglis Building. Refreshments will be served. Meet other women in trades at BCIT. If you are interested but can't attend or want more details contact Brenda Pengelly, Women's Access Consultant, Student Services, 2nd floor, building 1A. Phone 432-8437.

Hunters and Collectors

Live Australian rock and roll tonight (Wednesday Oct. 29) at Casey's in Richmond. Hunters and Collectors' music is "raw and elemental, and expresses emotion in its most basic form." Casey's is at 7100 Elbridge Way in Richmond - 278-5151.

Vaudeville Nouveau

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Vaudeville movement" is coming to the Vancouver East Cultural Centre at 1995 Venables. November 5 - 9 at 8 p.m. nightly (Sunday matinee at 2:30 p.m.). This trio of zany vaudevillians will be performing *Aesthetic Peril* featuring juggling, music and silly routines.

Arts Club Theatre

Three productions continuing until November 8. *Brighton Beach Memoirs* on the Granville Island stage, *Ain't Misbehavin'* on the Revue stage, and *Sex Tips for Modern Girls* at the Seymour stage. Box office: 687-1644.

A Murder is Announced

The North Van Community Players present this adaptation of an Agatha Christie novel by Leslie Darbon. Calling all whodunnit devotees to Hendry Hall, 11th and Hendry, North Vancouver. Opens November 5 and runs through to November 22. Reservations and details at 986-1351.

Old fashioned romances

Two productions on a limited run at Heritage Hall, 3102 Main Street. *The Bear* by Anton Chekov and *A Marriage Has Been Arranged* by Alfred Sutro. The two plays contrast proposals of marriage using romance, comedy and drama. On stage Oct 31 and Nov. 1 and 2 at 8:30 p.m. Call 984-8454 for details.

Issues for Women in the 1980's

The Society for Canadian Women in Science and Technology presents 'Adaptive Changes of Women's Physiology' with speaker Dr. Jerilyn Prior on November 24. Part of a dinner meeting at the Sheraton Plaza 500. Cost \$21, dinner at 6:30, speaker at 7:30 p.m.

Pink Floyd Skylights

Back by popular demand, this shows features the music of Pink Floyd set against spectacular laser imagery and special effects at the H.R. MacMillan Planetarium. 1100 Chestnut Street, telephone 736-4431.

Les Belles Soeurs

The Centre for the Arts at SFU presents this play by Canadian

Playwright Michel Tremblay, performed by students and alumni of the Centre. Continues through to November 1. General admission \$4, students \$2. Shows at 8 p.m. Free matinees Tuesday and Wednesday afternoons. At the SFU Theatre, 291-3514.

The Titanic

On display at the Vancouver Maritime Museum, an 18-foot model of the most famous ship to hit an Atlantic iceberg, along with a seat cushion and a number of other items recovered following the ship's sinking in 1912.

Work Study jobs still available

The Work Study Program provides part-time jobs for students in financial need. Positions involve up to 10 hours per week and are paid either \$7.50 or \$8.31 per hour.

To be eligible to apply for a Work Study job, a student must have submitted a B.C. Student Assistance application (Canada/B.C. Student Loan) and have received a Notice of Award that includes a statement of Work Study eligibility.

Available Work Study positions are posted at the BCIT Canada Employment Centre currently located in the 2N building (moving to the 1A building as of November).

E&E students take note

The Canada Employment Centre on Campus is now accepting resumes from the Electrical/Electronics 1986 graduating students. If you haven't already left a resume with us, drop one off at our new location opening November 3rd, 1986, Building 1A, 2nd floor, beside the Counselling Department.

CEC moving at end of month

The Canada Employment Centres on Campus will be closed for business Thursday October 30, and Friday October 31, 1986. Our location in the 2N building, Room 204 and the J.W. Inglis Building, Room 107, will amalgamate in Building 1A, 2nd floor beside the Counselling Department. Business will resume at 8:30am Monday, November 3, 1986.

Correction

In the story last week on sexual harassment (BCIT develops sexual harassment committee) Brenda Pengelly was quoted as predicting an increase in the number of sexual harassment complaints against women as they assume more positions of power. In fact, Kitty Willis made that comment. Pengelly, who is the Women's Access Consultant at BCIT, told the Link that while the trend is possible, she does not think it is probable. The Link apologizes for any embarrassment this may have caused.

TODAY! LUNCH ON THE RUN? Free Samples!

Come to the FOOD FAIR Wednesday October 29 IN THE SAC LOBBY

1130 - 1430 Hours

Sponsored by BCIT Medical Services



Duke's opens

Link Staff Report

Although the operation had been running for almost two weeks, Duke's Gourmet Cookies and Cappuccino officially opened last Wednesday. Cheryl MacNaughton, representing the Student Association executive, and Phil Henderson, representing S.A. staff, cut a bright green ribbon held by Duke's owners Mathew Calclough and Andrew Markus. The ribbon cutting signalled the opening of the first commercial business to operate in the SAC under S.A. contract in almost ten years. The S.A. at one time leased space in the SAC to a hair salon. The opening also marked the sixth Duke's store for Calclough and Markus.

Duke's cookie and coffee bars date back to March, 1984, when the first Duke's opened in the U.B.C. student building. It took over a location abandoned by an optical store that was no longer interested in the on campus location. According to Calclough that location was successful from the start. They then opened a store on Granville Island, which has since closed. Calclough says that they soon realized the concept was better suited to the student market, and approached campuses with the idea.

At Langara College, Calclough and Markus opened both a Duke's and a deli (Montana Willy Chrysler's Drive-in).

Markus said they had talked to administrators at BCIT about opening a Duke's on campus, but it wasn't until S.A. Assistant Business Manager Lorne Hildebrand contacted then "out of the blue" about the possibility of opening a cookie bar on campus that Duke's was on the way in.

Calclough says it will probably take about two years to

recover the cost of establishing Duke's on campus, at which time it may be time to move into the proposed campus centre. The Duke's lease is transferable to the new building if and when it is built.

Both Calclough and Markus are SFU grads. Calclough majored in English ("my first love was writing") although he did take courses in economics and commerce. Markus majored in History. They both ended up as sales representatives for Xerox, where they met and started thinking about business opportunities. They looked around and realized they could open a cookie and coffee bar without a lot of capital. When the UBC location became available, they jumped at the chance, and committed themselves "100 per cent...it was a lot of work but a lot of fun," says Calclough.

Where did the Duke's name come from?

"We had a sales manager at Xerox who called people who were doing well 'dukes'. It was a very difficult target and you needed to be really aggressive," says Calclough. "But you would only be a duke for 15 minutes, and then it would be 'what have you done lately'. We decided when we left that we were going to be dukes everyday, sort of our parting joke."

Duke's is located in the lobby of the SAC building, and offers cookies, muffins, gourmet and special coffees. Flavours change occasionally, but a mild, strong and a decaffeinated drip coffee is always available. Duke's cards are also available which brings the cost down - for example a six cappuccino card costs \$5.99, a savings of \$1.51.

Lone New Democrat in area

By James Roberts

The lone New Democrat victor in Burnaby, Barry Jones, says, "I'm not an MLA yet". Jones is referring to Section 80 swear-in ballots which will be counted November 4, but Jones is hopeful he will hold his seat and the NDP will pick up a second Burnaby seat in Burnaby-Edmonds.

In Burnaby North Jones holds a 611 vote lead over Social Credit candidate John Woods with an estimated 2500 ballots yet to be counted.

In Burnaby Edmonds Social Credit candidate Dave Mercier holds a 417 vote lead over New Democrat Ron Johnson,

and Barry Jones believes the Section 80 votes may be enough to put Johnson over the top. Jones also said the NDP is looking to take Social Credit seats in Point Grey, Dewdney and Nelson-Creston.

Jones also warned the Social Credit government he will be pushing for changes to their education policy to solve student debt load problems, high tuition fees and low participation rates.

On grants, Jones said, "it is ironic because of the tremendous debt load of our students, there are some defaulting on their loans and it's estimated that by 1988 the interest on those defaulted

loans would have equaled the amounts the grants would have been had they left the grants in".

Jones also said post secondary education in B.C. has been paid for by the federal government through transfer payments which were intended to have been matched with provincial money, but the Social Credit government has not matched the transfer payments and in some cases money intended for post secondary education has been spent on other things. Jones said, in regard to education, "the evidence is so glaring hopefully the government will pay attention to these kinds of things".

Students take home \$19,000

By Bill McFadden

Forty nine students were honoured last Wednesday, October 22, for outstanding achievement during the annual scholarship awards for the School of Management Studies.

Scholarships and Achievement Awards totalling more than \$19,000 were presented to winners in the fields of Administrative Management, Broadcast Communications, Financial Management, Hospitality and Tourism Administration, Marketing Management and Operations Management.

Roy Murray, BCIT President, said more than the students themselves should take pride.

"It's a proud moment for the institute itself, to recognize that we are producing people of this calibre that we're going to place in business and industry," said Murray.

He also paid tribute to the different companies and organizations that sponsored the awards, not only for offering the prizes, but for taking the time to come to BCIT and make the presentations.

Dr. John Kyle, Dean of the School of Management, said

that academic achievement is important.

"As a former corporate recruiter, that is the one thing that we do look for in resumes," he said.

Multiple award winners included Jane Acheson groves,

Charlie Smith, Brenda Clark, Helen Imperial, Teresa Darnel, Paul Van Werkhoven and Linda Henderson.

Award ceremonies were also held last week for the schools of health and engineering.

S.A. to review fundraising proposals

By James Roberts

The Student Association has moved one small step closer toward beginning construction on the proposed new \$5 million campus centre building complex.

On Friday the man hired by the Student Association to organize the pre-construction planning, Troy Nagy, brought BCIT dean Peter Jones, Alumni Association's Melanie Wheatling, SA manager Phil Henderson, and assistant manager Lorne Hildebrand in to a meeting with three prospective fundraising companies.

The three companies had previously applied to the Student Association to raise between three quarters of a million dollars and one million dollars from the corporate community in B.C.

Following the meeting Nagy said, "We have narrowed the field to two and we've rejected one company."

The company that will not be receiving the job of fundraiser wanted a fixed payment of close to \$50,000 to do the job which Nagy explained, "We would have to pay even if they only raise a nickel."

A meeting this Friday will determine who will win the contract. Among the three companies is Corporate Strategies Group Incorporated, represented by David MacMillan. The group is part of the Sentinel group which is well known for its fundraising for the Social Credit Party of B.C. and its subsequent rejection by Premier Bill Vander Zalm who said the company will no longer be asked to raise funds for the party.

Education community reacts to election

SA president Grano Sidnick was disappointed with the provincial election results while the College-Institute Educators Association (CIEA) is looking for changes. The Canadian Federation of Students is quite excited about the opportunity of working with the new government.

Locally, SA president Grant Sidnick said he's disappointed because "a government cannot function properly against such a weak opposition."

Concerned about what Sidnick called "Vander Zalm's semi-promises" the SA president said he will have to wait and see what happens with education policy.

CIEA president John Waters believes the new Social Credit government should provide local autonomy for B.C.'s college system through changes to the college boards. Waters

also called for improved access to post secondary education in B.C.

Said waters, "We think there have to be changes in the boards." Explaining the situation he outlined the fact that boards of governors who control the major decisions at the schools are now composed primarily of political appointees from the Social Credit government. Waters wants a "return to local autonomy."

Asked if Social Credit promises during the campaign indicate a willingness to provide local autonomy, Waters said, "Mr. Vander Zalm's comments about decentralization may indicate a willingness to do this. And he (Vander Zalm) said that, even though the government he had represented had in fact centralized education over ten years. But we can wait and see."

See 'Election' on page 6

Editorial

Free idea for entrepreneur

The election of a Social Credit government to Victoria surprised few, even if the size of the majority (49 - 20) shocked the 42.2 per cent who cast their ballots for Bob Skelly and company.

The New Democrats will have to wait another four or five years, in the mean time these folks will go back to work, or back to looking for work and they'll be watching the premier with careful scrutiny.

In fact, we think they'll watch Mr. Vander Zalm with such close interest we've got a 'faaantastic' idea for a young free enterprise individual who figures to be a prospering entrepreneur.

You see, the New Democrats compose a sizable chunk of the marketplace, and they love to read about the follies of leaders (excepting their own).

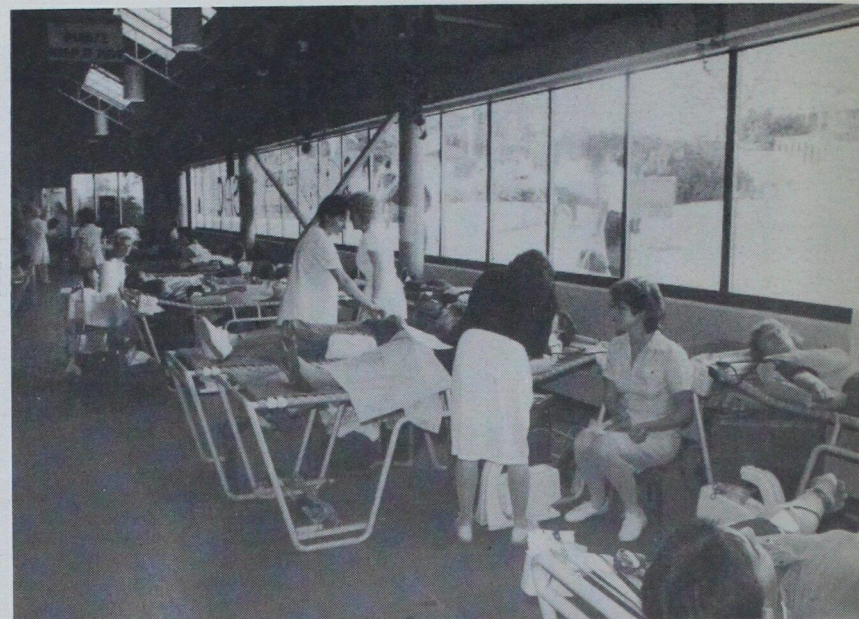
We've surveyed the libraries of a number of these folks and found many who own copies of such best sellers as *Questions from Chairman Ron* a rather handy compendium of great lines to laugh at edited by Washington Post reporter Morton Minz. Also on the book shelves we eyed *There He Goes Again: Ronald Reagan's Reign of Error* which is always beside *Reagan Speaks*.

All these books have one thing in common: on rainy

winter evenings with the fire crackling a New Democrat can put his or her feet up, and with the cat purring in their lap, have what Christopher Hitchens of the *Nation* calls, "every damn fool remark, cretinous simplification, historical falsehood, fatuous self-contradiction, 'deniable' racist innuendo, pig-ignorant anecdote, sly misrepresentation and senile discourtesy ever uttered by the village idiot now in occupation of 1600 Pennsylvania Avenue".

This is not to say Vander Zalm can accomplish the record of blunder Mr. Reagan has managed, but there is one certain factor assisting our young entrepreneur: with four cold winters of reading before the next election there's money to be made on a volume of collected guff from smilin' Bill and the gang of 48.

If you bear in mind the fact the election campaign is over, it is clear Mr. Vander Zalm will have to speak about deeds his government will have done rather than the fantasy of the moment. With a sea of aging gentlemen seeking greater power for business at the expense of women's issues, the environment, native peoples, etc, the lines are drawn. Get out your pens and paper. This is not going to be an uninteresting time.



LETTERS

Racist graffiti rampant on BCIT campus

Editor, The Link,
Open letter to the students of BCIT.

The subject I wish to ad-

dress is the racist writings commonly seen on the walls of the washrooms here at BCIT.

I am not referring to the light, creative humour which can often be read in the washroom, or to the "for a good time phone Alice" type of remark, or even to the sex-

ually deviant drawings of statements seen in almost all public washrooms.

I am referring to the hurtful and aggressive, prejudicial type of remark made by some of the students, for all of us to read.

I don't know if racial prejudice is becoming popular with more and more people, or if I am growing less tolerant towards it. I had the impression that prejudice was born out of ignorance, not education. If this is so, how can these attitudes be so prevalent in a school admired for the high educational standards it is supposed to maintain? When I see these types of statements so widely spread throughout the whole of BCIT, I can only hope that the people writing them have just started here and have not yet benefited from the knowledge that our teachers are trying to pass on to us.

I would like to make it clear that I am not against the idea of having something to read while sitting down in the washroom. In fact, I think some pretty inspirational words find their way onto the washrooms walls of the world (not to mention jokes of a quality not often seen or heard in places of lesser privacy). My complaint comes only when the reading material becomes so distasteful that I start to wonder about the mentality of the people writing it.

I wonder if all the public outcry against such things as apartheid doesn't lose its effectiveness when we have such people in our own society who are so bent on undermining the peaceful friendships that we are trying to develop and maintain here at home among different peoples.

In closing, I make a request to all the individuals feeling so bitter and hostile towards racial groups other than their own. I ask that you keep your misguided feelings to yourselves, or at least to stop writing them down in places where I might read them.

Stuart Evans

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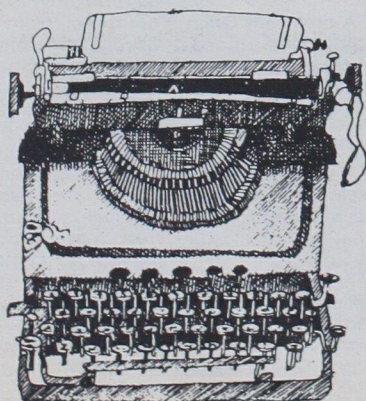


STOP THE TEARS

REMEMBER THE WORLD'S FORGOTTEN CHILDREN...



AND GIVE
TO UNICEF THIS
HALLOWEEN



THE LINK

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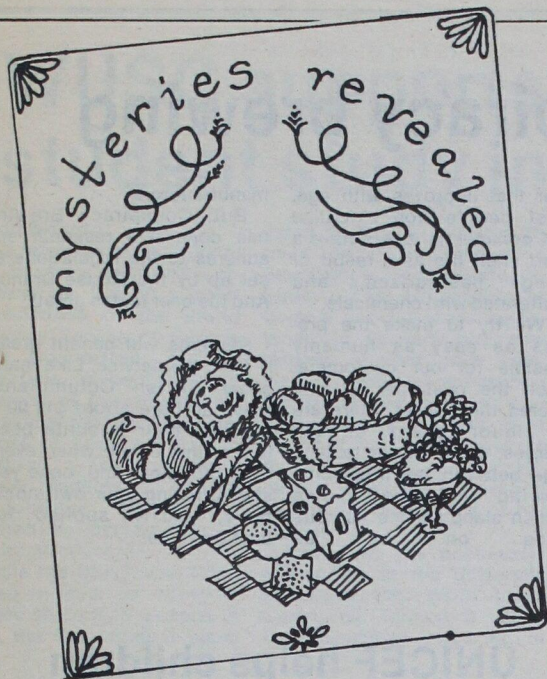
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VITAMINS

The vitamins are classified as either fat-soluble or water-soluble. If one is soluble in water, any excessive amounts will be excreted, without causing harmful effects, through the kidneys. However, if the vitamin is fat-soluble, (as are A and D, for ex.) any excess will be stored in fat tissue. The accumulation can decidedly be toxic. Hence, the theory of megadoses of vitamins can be reasonably well doubted. This fad would have you swallowing great amounts of supplements, and often poorly informed people think that all their bases are covered. It's just not so simple. Without the well-balanced diet, you'd be missing essential protein, carbohydrate, fiber, minerals, and polysaturates. The other side of the coin is: with a well-balanced diet NO supplements are normally needed. Occasionally because of a malabsorption disease extra

vitamins are required, but by and large you can ignore the idea of taking vitamin pills as an extra boost. Keep in mind that the manufacturers of these have a vested interest. But if you don't need it, why buy it? At best it can be a waste of money, and at worst it can harm you. There are normal circumstances when this rule is set aside. One of them is during pregnancy: 0.2 to 0.4 mg of Folic acid daily is recommended. Folic acid works to enhance the uptake of other vitamins, thereby ensuring optimum condition for the growth and development of the unborn baby. The second instance has already been elucidated. That is, Vitamin D supplements are encouraged for an infant while breast-feeding. Following is a table outlining a lot of pertinent information about most of the vitamins.

Courtesy Medical Services

THE VITAMINS; DEFICIENCY DISEASES, FUNCTIONS OF, SOURCES OF, CATEGORIES.

VITAMIN:	DEFICIENCY DISEASE:	FUNCTION:	SOURCES:	CATEGORY:
A	- NIGHT BLINDNESS - DRY, PIMPLY SKIN.	- NEEDED FOR BUILDING CONNECTIVE TISSUE - PROPER FUNCTION OF THE EYES' RODS FOR SEEING IN DARKNESS.	- CAROTENE PIGMENTS IN GREEN, LEAFY AND YELLOW VEGS., BROCCOLI, SPINACH, CARROTS, SQUASH, SWEET POTATOES, LIVER, EGGS, WHOLE MILK, CREAM, AND CHEESE.	- FAT-SOLUBLE; EXCESSIVE AMOUNTS CAN CAUSE BLURRED VISION, HEADACHE, SKIN RASHES, LIVER DAMAGE, AND/OR ABNORMAL BONE GROWTH. ENLARGED LIVER, MENSTRUAL DIFFICULTIES.
B ₁ (THIAMINE)	- BERI-BERI WHICH IS USUALLY DUE TO POOR ABSORPTION. IT EFFECTS THE BRAIN, HEART, AND NERVES.	- AIDS IN BREAKDOWN OF AND RELEASE OF ENERGY FROM CARBOHYDRATES - BINDS WITH ATP TO FORM CARBOXYLASE.	- YEASTS, HAM, LIVER, PEANUTS, WHOLE CEREALS, AND MILK.	- NOT FAT-SOLUBLE.
B ₂ (RIBOFLAVIN)	- ARIBOFLAVINOSIS IS EXHIBITED AS SORES ON THE MOUTH AND LIPS, PURPLE-RED, INFLAMED TONGUE, CORNEAL AND OTHER EYE CHANGES.	- NEEDED FOR OXIDATIVE PROCESSES AND FORMATION OF HEALTHY RED BLOOD CELLS.	- MILK, LIVER, KIDNEY, HEART, GREEN VEGS., DRIED YEASTS, AND CEREALS.	- NOT FAT-SOLUBLE.
B ₃ (NIACIN)	- PELLAGRA WHICH HAS SYMPTOMS IN THE DIGESTIVE, AND NERVOUS SYSTEMS.	- NECESSARY TO UTILIZE CARBOHYDRATES, FATS, AMINO ACIDS - MAY DECREASE SERUM CHOLESTEROL LEVELS.	- LIVER, YEAST, BRAN, PEANUTS, LEAN MEATS, FISH, AND POULTRY.	- NOT FAT-SOLUBLE.
FOLIC ACID	-FOLIC ACID ANEMIA WITH SYMPTOMS OF LETHARGY.	- REQUIRED FOR RED BLOOD CELL SYNTHESIS - UTILIZATION OF PROTEINS.	- LEAFY GREEN VEGGIES., ORANGES, BEANS, NUTS, AND WHOLE GRAIN CEREALS.	NOT FAT-SOLUBLE.
B ₆ (PYRIDOXINE)	-INSUFFICIENT AMOUNTS CAN RESULT IN CONVULSIONS, MENTAL CHANGES, RETARDATION, SKIN INFLAMMATION.	- IS A CO-ENZYME IN METABOLISM OF AMINO ACIDS, NUCLEIC ACIDS, AND UNSATURATED FATTY ACIDS.	- GREEN VEGS., FRUIT, MEAT, WHOLE GRAIN CEREALS.	NOT FAT-SOLUBLE.
B ₁₂ (CYANOCOBALAMIN)	-	- CONTAINS COBALT WHICH IS NECESSARY FOR PROPER PRODUCTION OF BLOOD CELLS AND A HEALTHY NERVOUS SYSTEM.	- MILK, EGGS, AND LIVER.	NOT FAT-SOLUBLE.
C (ASCORBIC ACID)	- SCURVY: SIGNS AND SYMPTOMS ARE SMALL BLOOD VESSELS BLEED, ESPECIALLY IN THE GUMS; WOUNDS FAIL TO HEAL; FATIGUE, WEAKNESS, DEPRESSION, MUSCULAR PAIN, EXCESSIVE BRUISING.	- NEEDED FOR BONE FORMATION, HEALTHY TEETH, WOUND HEALING, - INFLUENCES FORMATION OF HEMOGLOBIN, AND SOME IMMUNOLOGICAL REACTIONS.	- CITRUS FRUITS, TOMATOES, VEGS.	NOT FAT-SOLUBLE; THERE IS NO SCIENTIFIC EVIDENCE THAT MEGADOSSES CAN PREVENT OR CURE THE COMMON COLD.
D	- RICKETS WHICH RESULTS IN IMPROPER BONE GROWTH IN CHILDREN BECAUSE THE BONES DON'T CALCIFY. THUS THE BONES BREAK EASIER, AND/OR BEND AND BECOME DEFORMED - IN ADULTS THE DISEASE IS CALLED "OSTEOMALACIA". IT IS DEMONSTRATED IN A WADDLING GAIT, AND THERE MAY BE SEVERE PAIN	- CALCIFICATION OF BONES - NATURAL ACTION OF THE SUN'S ULTRAVIOLET RAYS ON THE SKIN, THEREFORE IT IS POSSIBLE TO DEVELOPE RICKETS IN MORE POLLUTED URBAN AREAS, AND IN AREAS OF LONG WINTERS AND LITTLE SUNSHINE. - BUT, MILK IS FORTIFIED WITH VIT. D, AND IT IS ALSO FOUND IN SMALL, FATTY FISH (EX. HERRING), EGGS, BUTTER, MARGARINE, AND COD LIVER OIL.	-	FAT SOLUBLE; PROLONGED EXCESSES CAN CAUSE LOSS OF APPETITE, NAUSEA, WEIGHT LOSS, WEAKNESS, VAGUE ACHES, KIDNEY STONES, KIDNEY FAILURE, HIGH BLOOD PRESSURE, STIFFNESS, CALCIFICATION OF SOME BODY TISSUES.
E	-	- IT ISN'T KNOWN WHAT THIS VITAMIN DOES IN HUMANS, BUT IN SOME SPECIES, IT FUNCTIONS IN NORMAL REPRODUCTION AND MUSCLE DEVELOPMENT.	- WHEAT GERM OIL, CEREALS, EGG YOLK, AND BEEF LIVER.	FAT-SOLUBLE; HEADACHE, NAUSEA, FATIGUE, INTESTINAL UPSET, LOW BLOOD SUGAR, INFLAMED MOUTH, MUSCLE WEAKNESS, INCREASED BLEEDING TENDENCY.
K	- CLOTTING DYSFUNCTION, WHICH SHOWS UP AS EXCESSIVE BLEEDING AND/OR BRUISING.	- HELPS TO FORM SEVERAL FACTORS AND HEMPSSEED. IMPLICIT IN CLOTTING: FACTORS II (PROTHROMBIN), VII, IX, AND X.	- ALFALFA, SPINACH, CABBAGE, AND HEMPSEED.	FAT-SOLUBLE.

MINERALS (TRACE ELEMENTS), DEFICIENCY DISEASES, AND SOURCES:

MINERAL:	DEFICIENCY DISEASE:	SOURCES:	ZINC	IT IS AN ESSENTIAL COMPONENT OF INSULIN AND MANY ENZYMES, AND IS REQUIRED FOR NORMAL GROWTH AND DEVELOPMENT. SKIN INTEGRITY IS ALSO ENHANCED WITH PROPER LEVELS OF ZINC.	PRESENT IN ALL NATURAL FOODS, PARTICULARLY IN SEAFOODS, LIVER, WHOLE GRAINS, AND EGGS.
IRON	ANEMIA, ESPECIALLY IN WOMEN.	ORGAN MEATS, LEAN MEATS, SEA-FOODS, EGGS, DRIED PEAS AND BEANS, NUTS, WHOLE GRAIN (OR ENRICHED) BREAD, LEAFY VEGGIES, AND DRIED FRUITS. BREAST MILK CONTAINS LITTLE IRON, THEREFORE INFANTS NOURISHED ON MOTHER'S MILK NEED SUPPLEMENTS, IE., FERINOL.	COPPER	WORKS TO CATALYZE THE REACTION OF INORGANIC IRON INTO HEMOGLOBIN. IT IS NEEDED FOR BONE FORMATION.	ABUNDANTLY SUPPLIED IN NATURAL FOODS.
FLUORIDE	POOR DENTITION	FLUORIDATED WATER, FLUORIDE TABLETS, AND FLUORIDE-CONTAINING TOOTHPASTE.	MAGNESIUM	THIS TOO IS NEEDED FOR FORMATION OF BONE TISSUE AS WELL AS FOR UTILIZATION OF CARBOHYDRATE AND PROTEINS. IT IS IMPLICIT IN THE FORMATION OF THE ATP MOLECULE WHICH IS THE BASIC UNIT OF ENERGY. AN INADEQUATE LEVEL OF MAGNESIUM COULD CAUSE IRRITABILITY OF THE NERVOUS SYSTEM LEADING TO TETANY AND CONVULSIONS.	ESPECIALLY PREVALENT IN NUTS; WHOLE GRAINS, SOY-BEANS COCOA, SEAFOODS, GREEN, LEAFY VEGETABLES.
IODINE	DECREASED SYNTHESIS OF THYROID HORMONE (HYPOTHYROIDISM). THYROID HORMONE CONTROLS THE BODY'S METABOLIC RATE, OR THE RATE AT WHICH CALORIES ARE BROKEN DOWN TO PROVIDE ENERGY. HYPOTHYROIDISM CAN CAUSE THE THYROID GLAND TO BECOME ENLARGED. THIS IS KNOWN AS A "GOITRE".	IODIZED TABLET SALT, AND SOME SEAFOODS.	PHOSPHOROUS	MEANS STRONG BONES AND TEETH. IT REGULATES THE RELEASE OF ENERGY, HELPS TO MAINTAIN ACID/BASE BALANCE OF BODY FLUIDS. PHOSPHOROUS IS ESSENTIAL IN CELL MEMBRANES AND IT ASSISTS IN TRANSPORT AND ABSORPTION OF NUTRIENTS.	MEATS, FISH, POULTRY, EGGS, CHEESE, MILK NUTS, WHOLE GRAIN BREADS AND CEREALS, AND DRIED PEAS AND BEANS.
CALCIUM	OSTEOPOROSIS; BRITTLE BONES THAT FRACTURE EASILY. THIS IS ESPECIALLY MORE COMMON IN POST-MENOPAUSAL WOMEN. (SEE PART II IN THIS SERIES.)	MOST DAIRY PRODUCTS.			

Election from page 3

Speaking on general funding Waters said, "Looking at the numbers, you realize education has been restrained much more than other parts of government."

CIEA would like to see funding levels returned to the 1981 level when the college system recieved \$283.2 million. Colleges in B.C. recieved \$240 million in 1986-87 excluding some additional money provided by the "Fund for Excellence". CIEA's figures show Vancouver's consumer price index rose 30% while education funding dropped 15.3% over the past five years.

The Canadian Federation of Students regional chairperson Marg Fartazek is hoping the CFS can work with the new government to restore both

funding levels for college and universities and student grants.

Fartazek says recently elected MLA John Parks may be willing to push for a restoration of grants: "He (Parks) said there is a group of Social Credit MLA's that have changed their minds and are reviewing the grant issue."

Asked if she thinks the most recent minister of post secondary education Russ Fraser is one of the MLA's who is considering a return of grants, Fartazek said, "Before Mr. Vander Zalm chooses his cabinet the CFS is writing him to express some concern about Mr. Fraser in that position of minister of post secondary education."

A conspiracy brewing

Is there a conspiracy brewing? There is now! Beer as low as \$3.98 per dozen, wine as low as \$1.33 a bottle. Can it be true? Arthur Cummins, owner of Conspiracy Brewing Ltd. says "Yes!"

Conspiracy Brewing, Burnaby and Vancouver's first self-serve brewing warehouse, opened it's doors two weeks ago at 3645 Kingsway. There's been a great deal of curiosity about the store and the question most often asked is "Just what is going on around here?"

The answer is good old fashioned home brewed beer ... but with a new twist. The warehouse makes quality worts (the product from which beer is made). Customers choose the type of ale, lager, or other brew they want. The customer then adds yeast to the wort mixture (which takes all of thirty seconds), and the warehouse stores the brew for two weeks, or three weeks for wine.

After fermentation, customers return to the shop to bottle their beer or wine. Beers are ready to drink 4 to 5 days after bottling, and wines, although better with aging, are ready immediately.

What does this process give you? Cheap beers and wines, but guaranteed by Conspiracy Brewing to taste better than store bought. The products don't have the chemicals or preservatives normally used in commercial beer and wine making. All natural ingredients ensure a high quality, good tasting

beer that improves with age. Most people don't realize that commercial beers have a short shelf life as a result of being pasteurized and adulterated with chemicals.

"We try to make the process as easy as humanly possible for our customers. Since the customer is considered the brewer, there are no liquor board or tax charges. We're on the razor's edge between tax free home brewing and the Excise Branch slapping it's usurious taxes on us as

manufacturers."

But, Conspiracy Brewing has done it's research and adheres to the regulations as set up by the Excise Branch. And the beer tastes great!

Students will benefit greatly from the service. Like many other British Columbians, they can little afford \$11.00 a case for their favourite beer. It's a time of life when every little bit helps. And, once you start drinking your own home brew, you're spoiled for anything else!

UNICEF helps children around the world

For over thirty years, Canadian children have collected coins on Halloween night to help UNICEF's children around the world, last year alone raising over \$2 million.

According to UNICEF Canada, administration costs for the Halloween program are an "extremely low 9.5 per cent," which allows the money collected by Canadian children go a long way.

Money from the Halloween program goes into UNICEF's drive to provide four basic services to children and mothers in 118 developing countries: clean water, nutrition, education and health care.

UNICEF provides water pumps, trains villagers, digs wells and teaches families about sanitation and clean water in its effort to improve access to clean water. It has been estimated that 80 per cent of all diseases in the world are attributable to inadequate water supply and poor sanitation. This includes the effects of drinking contaminated water, water acting

as a breeding ground for the carriers of disease, and disease by lack of washing and sanitation systems.

According to UNICEF, two-thirds of all children under the age of five in developing countries, some 200 million, are currently without access to clean water.

UNICEF also provides educational programs directed at mothers regarding nutrition, as well as educational programs for children themselves on good health and sound nutrition. UNICEF is also involved in establishing low cost, high impact ways of protecting the health of mothers and young children. Last year alone, two of the least expensive child protection techniques have saved over a million children's lives: Oral Rehydration Therapy to combat dehydration and immunization against six childhood diseases.

Funds for these services are raised entirely through voluntary contributions.

Intercollegiate Soccer Championships Hosted by BCIT

Saturday Nov. 1st

12:00 noon BCIT vs. Cariboo
2:00 p.m. Capilano vs. VCC

Sunday Nov. 2nd

11:00 a.m. Bronze medal
1:00 p.m. Gold medal game

Come out and support your school!



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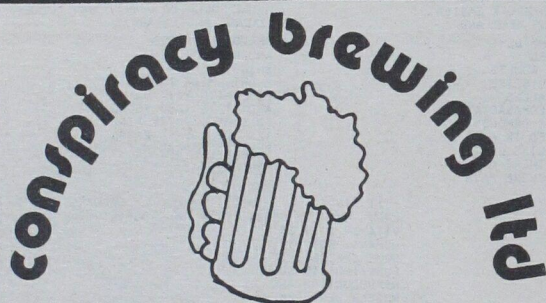
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WUSC supports refugee student study in Canada

By Don Wright

At a referendum last spring, BCIT students approved a \$1 per term fee levy to support the activities of the World University Service of Canada Local Committee. At the same time, students at the University of Calgary approved a similar fee levy. The main purpose of each levy was to establish a fund to bring refugee students to Canada to continue studies interrupted by persecution in their home countries.

While the BCIT Local Committee hopes to bring a refugee student to campus in 1987, the first student spon-

sored by U. of C. students arrived on their campus in September from Khartoum, Sudan. The University of Calgary Local Committee intends to sponsor one new refugee student each year. Local Committees sponsoring refugee students are required to provide full support for a period of one year, after which the refugee student is expected to be self supporting for the duration of his or her studies.

Following the successful referendum at the University of Calgary, their WUSC Local Committee formed a selection committee made up of

students, faculty and members of the administration. The committee then chose a refugee student from a selection of dossiers collected by the WUSC national office in Ottawa through the U.N. High Commission for Refugees. The committee looked at need, eligibility for admission and compatibility of interests with U. of C. programs. The student chosen was an Ethiopian refugee living in Khartoum, Sudan. A similar procedure will be used by the BCIT Local Committee.

Barbara Alldritt, a member of the U. of C. Local Committee writing in the student newspaper, said that to ensure that the bringing on campus of a refugee student was a 'university, not just a WUSC, undertaking,' a seven person board was established to administer the refugee fund. The board, with two student reps, one faculty, one administrator and three WUSC members, takes input from the campus community, sets policy and pays out money from the fund.

To help the refugee sponsorship program, the university agreed to waive tuition fees for each refugee student's first year of studies at the U. of C.

This year, 27 refugee students were sponsored under similar programs at 23 colleges and universities across Canada.

Don Wright, Link publisher, is a member of the BCIT Local Committee.

'Talks with students' series set to start

BCIT's vice president of student services Peter Jones is continuing his series of drop in sessions with students in the SAC and Inglis buildings.

Students are invited to drop by between noon and 2 p.m. and discuss any matters relating to life at BCIT.

This year, a member of the S.A. executive will also be present at these sessions to

talk to students.

The SAC sessions will take place just outside the Recreation Services office, the Inglis sessions will take place in the S.A. office just down the hall from the TNT No. 4 store on the second floor.

The schedule is as follows:
SAC dates:
Nov. 5, Dec 3 and 17. Inglis dates: Oct. 1, Oct. 22, Nov. 19 and Dec 10.

Budget from page 1

Duncan MacPherson, 'What we're trying to do, is once and for all put to bed the feeling with some people that we are the fat cats in the system, we don't think we are'.

Tender documents have been sent to national audit companies and interviews have taken place. The institute will soon decide which company will undertake the job and finally deliver a report by January 31, 1987.

The report is expected to calm the criticisms from other college administrators who see BCIT as a Social Credit favourite with special status among all colleges in B.C.

MacPherson said the report will compare BCIT's costs of programs with both B.C. colleges and other colleges across the country. If our costs are out of line we want to know why'.

Some of the expenses B.C. taxpayers have paid, and the auditing company will examine, are listed in BCIT's Financial Information Act Return for 1985-1986.

Currently employee wages and benefits are the largest expense facing the administration: the BCIT and PVI Financial Information Act Returns for 1985-1986 show BCIT paid its employees \$38,887,596 representing 68.8 per cent of the institute's total costs. At PVI the administration paid out \$17,425,513 to employees which represents 75.3 per cent of total costs.

The person who received the most money last year was past BCIT President Gordon Thom. He was paid \$245,099, a figure that includes both his annual

salary and his severance pay.

Six individuals received more money than current President Roy Murray who was paid a salary of \$70,689 plus expenses of \$17,624. (These figures do not represent pay for a full year, the Financial Information Act Return does not specify how many months the president worked to receive his listed salary).

The six individuals at BCIT who received more money than the president may include 'Payments to employees in connection with early retirement,' the Act states.

Richard C.W. Smythe received \$155,623. Register Atley Morrow earned \$110,435 plus \$1507 in expense money. William D. Robertson received \$97,053, while Director of Financial Accounting George Nakatsu earned \$91,249. The Assistant Director of Physical Plant John A. Mackean earned \$84,220 and V.P. Education Dragutin J. Svetic received \$76,717.

BCIT's total figures show that prior to the merger of BCIT and PVI last year, the BCIT payroll included just over 2000 people of which 70 were paid in excess of \$50,000. In comparison, at PVI over 700 employees were paid, and nine received in excess of \$50,000.

According to faculty representative Michael Stepler BCIT's faculty wages range from \$30,135 to \$46,940.

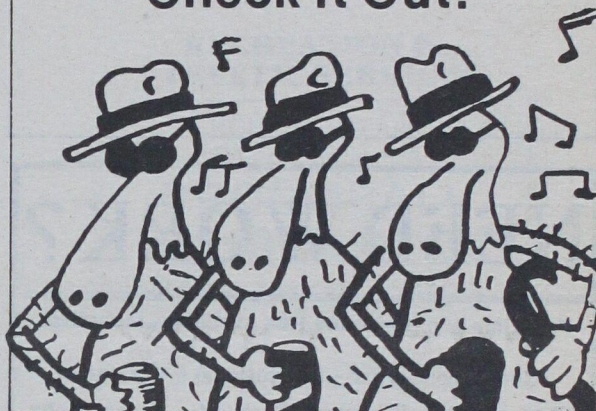
The highest paid employee at PVI last year was former principal H.E. Justensen who received \$177,250. The lowest paid individual last year according to the Financial Information Act Return was Diane Chicalo who received \$6.

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at 7:30 p.m.

Lots of Prizes
& Great Prices

Come Down and
Check It Out!



IT'S SCARY!
WITCH'S
BREW*

\$2.75 ALL
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Your Serving FREE on
October 31, Hallowe'en Day,
if you wear a costume!!!

Campus
Café

* Witch's Brew is actually
a tasty casserole dish
served once a year!

the link, october 29, 1986

review

Records



Enough is Enough Billy Squier

Capitol Records

Billy Squier is a journeyman rock and roller. he crafts strong pop tunes with lots of crashing, cutting-edge guitars, driving rhythms and distinctive vocals. Add fine production and thoughtful lyrics and you end up with a solo artist with four platinum albums to his credit.

Squier wrote or co-wrote all the tunes on *Enough is Enough*, which opens with a shot of rock and roll entitled *Shot O' Love*. *Love is The Hero* drags a bit, although this tune will probably get radio play. The pace picks up with *Lady With A Tenor Sax* co-written with Queen front-man Freddie Mercury. *All We Have To Give* is the token hard rock ballad on this disk. *Come Home* rocks, but do I want to listen to side 2?

The problem with journeyman rock and roll is that there are no surprises and little excitement. Nothing really stands out: for novelty, song writing or otherwise. It all blends together from one

tune to the next.

As it turns out, side 2 opener *Break The Silence* is Squier at his best. Still straightahead rock and roll, but this tune is far more dynamic than the other nine on this record. *Til it's Over* also rises above the other tunes on this album.

If you're a big fan of Billy Squier and/or basic guitar hero rock and roll, you won't be disappointed with *Enough is Enough*. If you're looking for something spectacular to spend \$10 on, you might pass on this one.

- Don Wright

WALK THE WEST



Walk the West Walk the West

Capitol Records

"It's about a walk towards freedom, a new frontier," says Paul Kirby, singer and main songwriter, reflecting on the band's name and self-titled LP. With this debut album, they've not breached any new frontiers, but the potential shows.

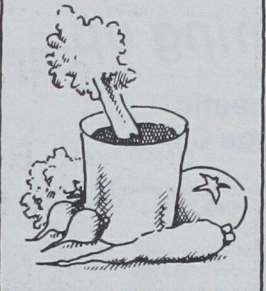
The members of Walk the West credit the Beatles with getting them started, although each of their fathers is a Nashville songwriter and/or session musician. However, their sound more

closely resembles a Lynard Skynard or the Outlaws. Fast moving and featuring lots of guitar and harmonica, this is prime party material.

The best cuts on this album are *Lonely Boy* and *Sheriff of Love*. The studio probably restricted what they could get on vinyl - the pace could be faster and the voice a tad less twangy, but these guys sound like they could really rip up a stage. I'm watching for their second album.



Dennis's sport



Dennis's snack



Dennis's smile

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MAKES
PERFECT**

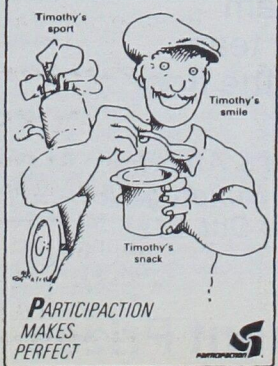
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hot twenty

TV	LM	WKS	TITLE	ARTIST
1	2	5	THROWING IT ALL AWAY	GENESIS
2	1	5	TRUE COLOURS	CYNDI LAUPER
3	3	5	FRIENDS AND LOVERS	GLORIA LORING/CARL KENDERSON
4	5	2	I AM BY YOUR SIDE	COREY HART
5	-	-	HEARTBEAT	DON JOHNSON
6	6	5	TAKE MY BREATH AWAY	BERLIN
7	4	4	STUCK WITH YOU	HUEY LEWIS AND NEWS
8	7	2	TRUE BLUE	MADONNA
9	8	3	ALANA LOVES ME	KIM MITCHELL
10	13	5	DREAMTIME	DARRYL HALL
11	9	5	MATTER OF TRUST	BILLY JOEL
12	10	5	I'LL BE OVER YOU	TOTO
13	12	2	NEXT TIME I FALL	PETER CETERA/AMY GRANT
14	15	-	CALIFORNIA DREAMIN	BEACH BOYS
15	16	5	DANCIN ON THE CEILING	LIONEL RITCHIE
16	19	-	HUMAN	HUMAN LEAGUE
17	18	-	HIGHER LOVE	STEVE WINWOOD
18	14	-	TAKEN IN	MIKE AND MECHANICS
19	17	-	TYPICAL MALE	TRUE COLORS
20	20	-	PETER CETERA	GLORY OF LOVE

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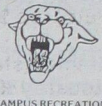
RECREATION & ATHLETIC SERVICES

CASUAL ICE HOCKEY

Day: Thursdays
Time: 3:20pm - 4:50pm
Location: Burnaby Winter Club
Fee: \$4.00 per session
or \$20.00 for all 7 sessions

Starts: Thursday, Oct. 26th
Ends: Thursday Nov. 28th

Non-Contact - No Slap Shots



RECREATION & ATHLETIC SERVICES

BCIT 1st. Annual
Co-ed Challenge

BROOMBALL TOURNAMENT

Wed.: November 5, 12, 19, 26
Time: 12:00 - 12:45
13:00 - 13:45
Location: Columbia 4 Rinks
Teams: 8 player min. per team
(min. 3 women per team)
Registration Fee: \$32.00 per team

PRIZES T-SHIRTS
All Equipment Provided
Deadline for registration Friday, Oct. 31

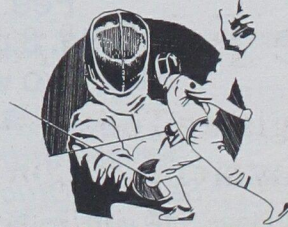


RECREATION & ATHLETIC SERVICES Fencing Lessons

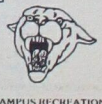
Featuring Jerzy Kajenius, Provincial Coach of
the B.C. Fencing Association

23 - 2 hour lessons for only \$75.00

Starts: Wednesday, October 29
Ends: Wednesday, April 29
Time: 12:00pm to 2:00pm



Lessons are for Beginners & Experienced Fencers
Masks, Jackets, and Foils Provided



DROP-IN PROGRAMS

Drop-In programs are designed to provide an opportunity for individuals or groups to get together on a regular basis and take part in the semi-organized activity of your choice. Recreation and Athletics staff will assist you with the setting up of teams or the allocating of time based on group sizes and levels of play.

All Drop-In programs take place in the BCIT Gymnasium and cost \$1 per person/per night or \$10 per term/per person, *except* Drop-In Hockey, which takes place at the Burnaby Winter Club and costs \$4 per session or \$20 for all seven sessions.

VOLLEYBALL
Monday evenings 8:15-10:45

BASKETBALL
Wednesday evenings 8:15-10:45

BADMINTON
Thursday evenings 7:30-10:45

HOCKEY
Thursdays 3:20-4:50 p.m.

INTERCOLLEGIATE BASKETBALL

Monday and Wednesday evening
6:30 - 8 p.m.
Men's coach John Doughty at 278-1652
Women's coach Randy and Denise
Couts at 879-3955

All players are welcome,
support your school!

INTERCOLLEGIATE HOME GAMES

Friday October 24
SOCCER: Trinity Western at
BCIT 4 p.m.

Saturday October 25 &
Sunday October 26
RUGBY: Intercollegiate
Tournament

November 1 and 2
SOCCER CHAMPIONSHIPS
Totem Colleges Athletic
Association

Coming up...

Therapeutic Massage Clinic

Day: Saturday November 1st 1986
10:00am-2:00pm,
Location: T.B.A.
Fee: \$8.00 per person
Deadline: October 24th 1986
Content: Learn body relaxation through massage

THINK SNOWBALL

*Sponsored by
the SKI CLUB*

Still interested in
playing?

Intramural Friday Night Hockey

Practice October 17th
7:30 - 9 p.m. Engineering & Business
9:10-10:45 Health/Trades & Forestry

Contacts:
Business-Scott Euerby 733-4014
Engineering-Troy Nagy 438-1557 or
432-8288
Health/Trades-Mike Pollock 293-1626
Forestry-Ray Richard 434-0524 or
432-8335

Intercollegiate Badminton: Women needed

Practices:
Tuesdays 5 - 6:30 p.m.
Thursdays 5:30 - 7:30 p.m.

Intercollegiate Hockey Practices

Tuesdays Oct. 14, 21 & 28
Thursdays Oct. 16, 23 & 30
At Columbia 4 Rinks 7 a.m.
Contact Walter Olsen at local 5316 or
Ray Richard at 434-0524 or local 8396.

Tickets Available 1986 Grey Cup Festival

Wednesday Nov. 26th
6-9 p.m. BC Place Expo Plaza
\$10 per person - tickets available
through Recreation and Athletic
Services office in the SAC

FUN! FOOD! MUSIC!

*Catch the Grey
Cup Fever!*

CO-ED RECREATIONAL VOLLEYBALL TOURNAMENT

**Saturday November 8th
10 a.m. to 2 p.m.**

Fee: \$24 per team
Min. 8 players per team
Min. two women on the floor
at all times

*Register at the Recreation & Athletic
Services Office in the SAC Building 4A
10 a.m. to 2 p.m./Deadline Oct. 31st*

Excellent Tournament Prizes

CURLING ANYONE??



Day: Friday
Time: 4:45pm - 6:45pm
Location: Burnaby Winter Club
League: Friday Oct. 17th - Friday Nov. 28th
Fee: 4 players per team
\$25.00 per player

Beginners are welcome as
instruction is available.

Curling is more than just a sport, it's
a great social event too!!

The Italian Connection

Although it's still early in the school year, the season is almost over for our soccer team. Only the playoff tournament remains. In only it's second season now, the team is starting to form a genuine nucleus, and is improving at a steady rate. The credit for this rapid development has to go to the "Italian Connection", coaches Carmen Morelli and Gino Simeoni.

Head coach Carmen Morelli, who was profiled in the Link last year by Joanne Sutton, says he's happy to be back for another year. Still an instructor with Hospitality and Tourism, Carmen is in the midst of obtaining his 'C' license in soccer coaching. This will enable him to instruct coaches and he hopes to start coaching clinics next year. Eventually, Carmen hopes to get and 'A' license, which will put him right up

there with the likes of Tony Waiters.

When asked how he likes such a short intense season, Carmen just smiles. "Keeps me young," he says.

As head coach, Carmen has the added responsibility of the administrative duties. Equipment, funding, lineups, and the like. And as a whole, he is quite happy with the funding, though there's never enough. The team finally has uniforms (a definite asset to any team), and trips are paid for. Fixing the field is next on his list.

Administration is probably the only thing separating Carmen and assistant coach Gino Simeoni. When it comes to going on the field and doing it, they work as a team all the way. Gino has also been with the team since last year and is an integral part of the

squad. An instructor in Automotive and Alternate Fuels for the last nine years, Gino has just moved to a new position as a Co-ordinator for Co-op Education, where he finds employers for Electrical and Electronic students in the co-op program.

Gino grew up in Rome and got a mechanical engineering degree before moving to Montreal in 1973. In 1975 he moved out to B.C. and obtained a Master's in education from SFU before joining what was then PVI. Living all his youth in Italy, Gino can't remember when he started playing soccer - it's always been a part of his life. And he still plays, with Killarney, a senior men's team. Although helping with the coaching of his two daughters, Gino has never tried coaching before. When approached by Carmen and Jim Mitchell, he discussed with his family and decided to go for it. No one's been disappointed.

Carmen and Gino rally enjoy working together, and share all the ups, downs, and pressures of being on the sideline. They hope to keep the team together this spring, do some fund raising, and possibly go on a road trip or two. Carmen and Gino feel that with such a short season, the team must do things together once in a while to remain a tight unit.

Right now all that matters is the playoff tournament which is being held at BCIT this year - this weekend in fact. Carmen feels the team is really starting to jell, and winning it all isn't out of reach. "The team seemed to be trying too hard, and had some bad luck, but's that all behind us now." With that attitude, the Italian Connection may just do it.

- Randy Derrick

Soccer team ends season in second

On Friday, Oct. 24th, Trinity Western University visited BCIT in a crucial game to decide the last four playoff spots. The Cougars were off to a fast start putting up a lot of pressure in the Trinity half. The consistent pressure resulted in a breakaway by Jeff Parker, who made no mistake netting the first goal of the game. The play continued with BCIT still applying most of the pressure and were rewarded again on a hard blast from Jim McGovern which caught underneath the cross-bar and bounced in making it 2-0 for BCIT at half time.

The second half produced the reverse of the first half with Trinity controlling the game from the midfield and were shut out time and time again on some brilliant goaltending by Andy Smith. The game ended 2-0 in BCIT's favour assuring them of a playoff berth.

The same two teams went at it again on Sat. Oct 25th at Trinity Western's campus. Trinity began to take control early in the game with some crisp passing which had the Cougars slightly off guard. However, as the half wore on, BCIT began to take the play away from Trinity on some fine passing of their own. Then Yen Fong broke away from a defender and potted the first goal of the game giving the Cougars the early lead. Little did anyone know that he was about to have such an outstanding game. He ended up scoring all the Cougars' goals of the day - two in the first half and three in the second half. His goals were assisted by some great passes from Jim McGovern, Jeff Parker, Nasat Khairi, Stan Ralph, and many others. Trinity Western still would not give up and were rewarded with two nice goals in the dy-

ing stages of the second half. Some fine goaltending was displayed by Carmen Cantafio who made some brilliant saves in the two halves of the game. All in all, it was a fine effort by all the players. The Cougars finished second in the league and face Cariboo College in the first round of the playoffs on Saturday Nov. 1st, hosted by BCIT. Capilano College and Vancouver Community College will face each other in the other round. It should be a fine tournament with the winner getting the berth to compete in the CCAA National Championships in Edmonton. Goob luck Cougars.

Volleyballers number one

The BCIT Women's Volleyball team is ranked at number one in the province after a strong showing at Trinity Western University last weekend.

The team, led by captains Karen Nickel and Diana Chow, breezed by Capilano College 15-6 and 15-5, before winning a nail-biter against Vancouver Community College 16-4, 5-15 and 15-12. BCIT capped off the day with a 15-1, 15-9 score over Douglas

College.

The setting combination of Jaki Britton, Sharon Purves and Janet Lamont produced excellent results, as did the play of Tania Koneski and Karen Anderson. The BCIT Women's Volleyball record now stands at four wins, no losses.

The next tournament takes the team to Vancouver Island for a November 22 competition at Malaspina College.

Ruggers lose again

The BCIT-SA Cougar rugby team lost the third game of their season last weekend.

The Semiamhoo Old Boys RFC, who now have seven games and seven wins under their belts, scored quickly against a shakey set of BCIT backs. They never looked back.

Coach Gary Miller said the uneven game schedule has affected the competitiveness of

his team.

"It's impossible for us to develop any consistency as a team with this schedule. We are in a rebuilding year, the only way to rebuild is to play rugby. We have the athletes to be a very good team, but we need games".

The team did show some bright spots against Semi, but ended up losing 16 - 6.

Intramural results

Team Name (Standing)	GP	W	T	L	D	F	A	Total pts
		4 pts	2 pts	1 pt	0 pts	gl/ct	gl/pt	
MEN'S FLAG FOOTBALL								
Contenders	3	3	0	0	0	80	12	12
Admin Animals	3	3	0	0	0	37	12	12
E&E Chargers	3	2	0	1	0	13	6	9
T&D Fems	4	1	1	1	0	33	40	7
Vectors	3	1	1	1	0	26	50	7
Machines	3	1	0	2	0	44	37	6
Gasholes	3	0	0	3	0	22	45	3
Trojans	3	0	0	2	1	18	57	2

Weekly game scores:

Machines 38, Trojans 12. T&D Fems 19, Gasholes 14.
Admin Animals 6, E&E 0. Contenders 34, Vectors 6.

WALLYBALL

Super 7	2	2	-	-	-	60	20	8
Brew Vrew	3	2	-	-	-	30	0	8
Ripper Stuff	1	1	-	-	-	31	0	4
The Strikers	1	-	-	1	1	20	60	1
Oddballs	1	-	-	-	1	0	30	0
Computer	1	-	-	-	1	0	30	0

Weekly game scores:

Super-7 2, Computer 0. Brew Crew 2, Strikrs 0.

MEN'S INDOOR SOCCER

Challengers	3	3	0	0	0	23	1	12
Alumni	3	3	0	0	0	9	0	12
Byters	3	2	1	0	0	10	2	10
Busters	3	1	2	0	0	7	2	8
Son of 10	3	0	1	2	0	0	3	4
Computer	3	0	1	2	0	2	11	4
Blow Hogs	3	0	1	2	0	1	13	4
Survey Strikers	3	0	0	3	0	3	22	3

Weekly games played:

Computer 2, Busters 2. Alumni 1, Son-of-10 0.
Byters 1, Blow Hogs 1. Survey 1, Challengers 12.

COED INDOOR SOCCER

Alumni Athletics	3	1	2	0	0	4	2	8
Steamers	3	1	2	0	0	2	1	8
Gash Hounds	3	1	1	1	0	1	2	7
C&S Strikers	3	0	1	1	1	1	2	3

Alumni 1, Steamers 1. Strikers 0, Gash Hounds 1.

Team name (Standing)	GP	W	T	L	D	F	A	Total pts
		2 pts	n/a	1 pt	0 pts	gl/pt	gl/pt	

VOLLEYBALL DIVISION 1

Setters	2	1	0	1	0	60	64	3
Burners	3	0	0	1	2	5	90	1
KT Cells	3	2	0	1	0	68	76	5
Marketing Mix	2	1	0	1	0	43	30	3
Oddballs	3	1	0	2	0	65	76	4
Gamma Rays	2	1	0	1	0	49	30	3
Smashers	2	3	0	0	0	90	24	6

Weekly game scores:

KT Cells 0, Smashers 2. Oddballs 2, Marketing 0.
Burners 0, Gamma Rays 2.

VOLLEYBALL DIVISION 2

Staff	2	2	0	0	0	60	19	4
Hackers	3	2	0	1	0	84	41	5
LRD Nerds	3	1	0	2	0	61	64	3
Freaks	2	0	0	2	1	33	60	2
Byters	3	1	1	1	0	72	85	3
Mighty Six Pack	2	1	0	1	0	37	55	3
Short A Load	3	1	1	0	1	60	83	2

Weekly game scores:

LRD Nerds 2, Short A Load 0. Hackers 2, Mighty 6 Packs 0.
Byters 2, Freaks 1.

VOLLEYBALL DIVISION 3

Kootenay House	2	2	0	0	0	57	50	4
Blues Bros.	3	0	0	1	2	11	90	1
Hostile Robots	3	0	0	3	0	62	91	3
Blaines	2	2	0	0	0	60	25	4
Extinguishers	3	1	0	2	0	68	56	4
Preppies	2	2	0	0	0	60	73	4
Top Gun	3	2	0	0	1	60	42	5

Weekly game scores:

Top Gun 2, Hostiles 0. Extinguishers 0, Blaines 2.
Blues Bros. 0, Preppies 2.

VOLLEYBALL DIVISION 4

Ruthless People	2	2	0	0	0	62	18	4
Pile Drivers	3	1	0	2	0	61	92	3
Fin Wizards	3	0	0	2	1	44	91	2
Managers	2	2	0	0	0	60	29	4
Buckeyes	3	1	0	1	1	45	78	3
The Nads	2	2	0	0	0	60	20	4
Woodpeckers	3	1	0	2	0	79	83	4

Weekly game scores:

Woodpeckers 2, Fin Wizards 1. Managers 2, Buckeyes 0.
Nads 2, Pile Drivers 0.

TOTEM CONFERENCE SOCCER FINAL STANDINGS

	W/L/T/Pts
Capilano	7 0 3 17
BCIT	6 3 1 13
Cariboo	5 3 2 12
V.C.C.	2 4 0 8
Trinity Western	2 6 0 6
Malaspina	2 7 1 05

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