

ARCHIVES

Zen and ...

What do Winnie the Pooh and a motorcycle have in common? The Link looks at western ways of understanding eastern philosophy p.7

Election '93

The Link talks with BCIT students about the Federal Election and finds that most here are undecided p.12

Shinerama 93 a success

This year's Shinerama was a huge success. Due to the efforts of volunteer students and others we raised over \$17,000. This was a substantial increase over last years total.

I would like to thank all the volunteers and participation in making SHIN-ERAMA 1993 one of the BEST EVER. Without your help it would not have been the tremendous success that it was.

On behalf of the Canadian Cystic Fibrosis Foundation I extend my thanks and appreciation for everyones contributions

Sincerely,

Ian Grantham Shinerama Director 1993 **VP** Marketing and PR



by XXXXXXX

October 1, 1993 at 5:30 a.m. the plug was pulled on local AM station, COAST 1040. Perhaps you are a little disappointed with its demise. I remember last spring when the COAST petitions were being passed around and everyone was eager to sign. It was a stellar idea and it was refreshing to see a radio station have such a frosty concept. Playing all alternative music made it relatively popular but unprofitable.

Listeners for a long time were sparse and without a stalwart audience a station cannot survive as is the case with COAST. Advertisers paid low rates and did not generate enough revenue to keep the musical sounds "coasting" through the airwaves. So last week we bid adieu to the only alternative radio station in town.

They just went about it incorrectly.

Coast just a soa

I remember listening to The Cure and the Violent Femmes over ten years ago and didn't realize they are the only alternative music around. That's as bad as the FOX playing Led Zepplin all the time. It's nice to hear once in a while but merely in a nostalgic mood. When you let an old one sit on the shelf, it's nirvana when you hear it the next time.

Their playlist seemed to be only 400 or 500 albums, half of the average AM station. I have more albums than they do but I never claimed I could run a business with call letters!

The one thing I always revered about the "alternative" music scene was the fact that there was a never ending stream of fine new bands. It began to include a wide variety of rap, new wave, grunge,

techno, whatever, and it was unceasingly the most diverse collection of music. COAST relied on typical alternative music and didn't play a very wide range.

Today we have new bands that are popping up just about anywhere there is electricity, flush toilets, beer and ciga-

wall on the west side of Town Square

Café? If you have then you'll know

that Open House '94 is gearing up.

Open House '94 is slated to go on

April 8-9 and we want you to help

make it happen. The following Open

House Directors' positions are still

rettes. There's such an abundance of music out there that you could hear something different 24-7. COAST had no variety and now its dial position plays Liza Minneli and Willie Nelson - an almost poignant end.

Open House Update So, have you seen the construction

Director of Services

- Director of Tours (2 people)
- Director of Internal Promotions
- · Director of Prizes and Awards
- · Director of Invitations

If you are interested in being a part of Open House please contact Stacey at 432-8272



available



LINK CLASSIFIEDS

LINK CLASSIFIEDS ... are \$5 for a 3 line ad and \$1 for each line after-except employment listings for which the first 3 lines are FREE. To place a classified ad contact The Link at 432-8935.

PERSONALS

SEBNSITIVE GENTLE, SLENDER, TALL, SWM/30, brutally honest, soulful eyes, warm/affentionate, playfully spirit-ed, cautious, N?S. N/DR, vegetarian/mediatation, seeks SF 18-32 for eventually conversive, mutual sup port, trust, build soul mate #50110 - 7600 Royal Oak Ave, Bby V5J 5G3

MPUS EVE

BCIT Logger Sports Team Lunchtime Demonstration and Registration. Hamburgers and a pop for \$3. Everyone Welcome.

Business in the 90's - How Human Rights are Essential to Corporate Success. Four guest speakers, from the BC Council of Huamn Rights, Royal Bank of Canada, Sandwell and BC Hydro, comment on the current state of human rights and how the effect organizations in BC.

Question form the audience will be accepted. 12:00 - 1:30pm. Town Square A & B.

Tuesday, October 19th

Student Association - Council Meeting. 5:30 - 7pm. SE 16. Boardroom.

Wednesday, October 20th

Strategies for Working on Team Projects Workshop. 12:30 - 2:00pm SW1 rm. 2595



Sunday services: 8:30 am, 11:15 am, 6:30 pm

NEWS • THE LINK

Sexual Assault: it could happen to you

by Dia Richardson

DID YOU KNOW THAT: • 1 out of every 4 women will be sexually assaulted at some time in her life

• 85% of women are sexually assaulted by someone that they know

• A woman is sexuality assaulted in Canada every 27 minutes

• 100% of women suffer from some form of sexual harassment in their lifetime

Halfway through writing this article on sexual assault I was forced to rewrite it . The issue of sexual harassment suddenly became very personal when a girlfriend of mine was raped. It is one thing to look at facts on sexual assault on paper and quite another thing to have it happen to you or someone that you know. Take a look around you, take a very close look at the women around you because 1 out of 4 of those women will be sexually assaulted at some time in her life. It becomes a lot more personal when you look at these women straight in the face.

Recently I conducted an informal survey on five of my female friends as to whether they had ever suffered from any form of

sexual abuse. These are fairly average middle class women between the ages of 20 and 35. Surprisingly out of the six of us only one had not suffered from any form of sexual abuse. Later I remembered that this same woman had often complained to me that her step-father would not stop making passes at her. While the levels of abuse they had suffered from was different, every woman had some story to tell. While my results may conflict with formal surveys we must remember that some women will not admit, especially on paper, that they have been sexually assaulted. Other women may not think that their story is worth telling.

Linda Schulz from WAVAW (Women Against Violence Against Women) says, "We must remember that rape is not an act of sex, it is an act of violence. As women we can try to do things to feel more safe but ultimately men have to learn that forcing a woman is not okay. Men must learn to listen when a woman says no."

If you or someone you know is ever sexually assaulted you do not have to go through the recovery process alone. Linda says that there are four important things to do if you are sexually assaulted: 1) Phone the Rape Crisis Centre 255-6344

 Get support in the way you feel most comfortable, whether that support is from family, friends or professional counselling is not as important as the support itself.

3) Get medical attention immediately so you can be checked for sexually transmitted diseases and for forensic evidence if the police will be involved. (A woman is never forced to press charges but is left the option to make that decision herself.)

 Most important you must try not to feel guilty and you must honestly believe that it wasn't your fault.

Men and women must learn to think that any form of sexual harassment, abuse or assault is wrong and should be stopped. Only by learning to think this way can we hope to change societies attitudes about sexual assault. Hopefully one day no woman will ever have to say again, "What part of NO don't you understand ?"

Q. For what crime is the pointshoneout rape ? A. For the crime of being born women.

WCB visit affects safety program

by Anna Goater

A recent Safety Program Evaluation from the WCB prompted a temporary transfer of manpower from the Occupational Health and Safety Department to the Safety and Security Department. Program Head of OH&S, Lars Larsson is now in charge of reshaping BCIT's safety program into a model for other institutions.

Although, BCIT has over 1400 employees and many different trades and technologies to contend with, the WCB already regards BCIT as having a fairly good safety program.

New Directions

Lars is determined to improve Satety and Security awareness at BCIT through a series of measures. He has proposed that the number of Safety Committees on campus should increase from one to a maximum of eight, so that each Department is better represented. The proposed Safety Committees will have representatives from students, management and unions. The students will be able to participate directly in the new Safety The new Committees. Committees will report to a main Committee which will provide support and direction.

Lars also plans to develop training programs for Supervisors and Safety Committee members. The Supervisors will be trained to investigate minor accidents and near accidents, so that the Safety Department is left to investigate only the more serious ones.

The prototype of an employce safety handbook should be available by early next year. It will contain BCIT's safety policy, general safety procedures, instructions on who to report to in case of an injury and a description of the safety personnel. To assist in the tracking of accidents, a computer bank of information will be set up. The computer program will help to predict when and where accidents can occur.

A list of all the safety equipment that is necessary for a shop or lab area is now being compiled and will result in personal protective equipment requirements being easier to follow. More hazard signs will be posted such as which areas are necessary to wear hard hat or safety boots. To make things easier for students coming into a shop area with street shoes, yellow lines should be painted on the floor to mark out where they can safety walk.

The habits that are learned at school generally haunt everybody when they hit the work force. BCIT should attempt not only to teach the subject material but also safe work procedures that will allow graduates to be more competitive in the work force. Lars feels that "Safety is everybody's concern", and his goal is to create a safer environment for students and staff.

How you can act to help prevent sexual assault

by Dia Richardson

In January 1983 changes were introduced to the Criminal Code of Canada abolishing the offense of "rape" and "indecent assault". Sexual offenses are now considered assaults and have been replaced with three levels of sexual assault. A sexual assault includes someone kissing, fondling or having sexual intercourse with you, without consent. One distinction between the level of offenses is the degree of force used in the assault.

A potential assailant can emerge from any aspect of a woman's life: husband, lover, employer, co-workers, friends, acquaintances, business contacts or strangers. Some of the suggestions that follow may protect you from a stranger, but may not stop someone you know. You should consider a variety of methods to reduce the risk of sexual assault.

In your Home:

- 1) Install a peephole or security chain to restrict access.
- Be cautious with phone calls. Do not give out personal information to strangers.
- Ask a friend or date to leave if they are behaving in a way that

- makes you feel uncomfortable.4) List only first initials and last name on mailbox, door and telephone directory.
- 5) Leave a porch light and an inside light on if you plan to return after dark.
- 6) Have your keys ready as you approach the door.

On the Street:

- 1) Be aware of your surroundings. Try to avoid areas that will increase your chances of being assaulted.
- 2) Places of concealment such as shrubbery and dark doorways should be approached with a sense of awareness.

Hitchhiking:

Tthe best prevention is not to hitchhike.

- In you Car:
- Keep your door locked and passenger windows up even when you are parked.
- If someone does try to get in, drive off. If this is not possible, blow your horn to draw attention.
- Have your keys ready as you approach the car.
- 4) Consider your surroundings. If

you have to park in a poorly lit spot or a distance away try to have someone walk with you. (On campus call 230-0306 for an escort to your car.)

There is no simple solution to prevent sexual assaults. Your prime objective is to get out of a possible assailants control. In certain situations assertive behavior may prevent the assault. In other situations your best protection may be to run away or scream. The adrenalin created through your fear may give you the strength to run faster or scream louder than you might expect.

Sexual assault is so violent and unpredictable that even if you follow these suggestions you may not be able to prevent the assault. It is important to remember that the assault was neither provoked or deserved and you are not to blame if you are unable to stop the attack.

IMPORTANT PHONE NUMBERS TO REMEMBER

911
255-6344
872-8212
230-0306

EDITORIAL Deal with it

The debate over whether or not public officials should be examined under a microscope has been debated since my earliest recollection. The position taken by public officials have been that they should be able to keep their personal life personal. Unfortunately, the nature of their jobs do not allow that arguable right afforded to the common Joe. The positions they run for is by all accounts a voluntary one. One may say that the salaries or honorariums may attract some but the position of a public office should be held, front and foremost, by those who feel that they can do the job and feel a responsibility to get the job done whether or not it means submitting themselves to the scrutiny of others.

The need to make decisions by the electorate is based on any and all information. Candidates who run for political office, be they the highest office in the land or our own student executive, should be aware of the scrutiny that come with the position. To argue that their private lives should be their own is indefensible. The path they have voluntarily chosen for themselves have predetermined this issue, to say otherwise is to be naive to the fact that the people must stay informed on what their representatives are doing. If Kim Campbell was involved with a 17 year old boy is that considered her own affairs. Can we say that she should be scrutinized in this instance but not if the man was 45.

It is the public's right to be able to inform themselves, to understand issues which affect them. No one, I think, can argue that point. (No need for Neo-nazis or other fascists to send in their opinions.) Then it should follow that the public must know and understand the people who makes the decisions, who vote on issues. This can only be done if their representatives are accessible

Saying that 'my weekends are my own' is not only politically ignorant but insulting. As long as a public officials hold public office-hence the name-they are working for the people until their terms expire.

There are always alternatives. One may choose to remove oneself from public office and therefore remove oneself from the public arena. This is what's so great about our political system. Everyone has a choice.

The Link is The Student Newspaper of the British Columbia Institute of Technology. Published bi-weekly by the BCIT Student Association, The Link cir-culates 5,000 copies to over 16,000 students and staff.

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As an associate member of Canadian University Press (CUP), The Link adheres to CUP's Statement of Principles and affirms that the student press in Canada has a unique role in society as a voice for social justice. To this end, The Link will not publish material deemed by the editors or steering committee to be sexist, racist, homophobic, or in poor taste.

The views expressed in The Link are not necessarily those of BCIT, the Student Association, or the editorial collective.

Compliments and complaints are welcome and should be made in writing and addressed to the Managing Editor or *The Link* Steering Committee.







National Party attacks Reform candidate's remarks

The comments about unemployment insurance, welfare and multicultural programs made by John Carpay to BCIT reporter Paul Johnson as reported in the Link September 22/93 are insensitive and dangerously misinformed.

CANADA 42

STAL CODE

DE POSTAL

From my professional experience as an unemployment counsellor with the federal government, I can say without any hesitation that UI has not become "a general social program for ski bums and beach seekers". That small percentage of people who generally want the dignity and self reliance which only full-time work can provide.

As stated in "A New and Better Canada", during the past 25 years, total government debt charges increased by more than 10.4% of all government spendwhile all social costs ing, (including health, social services and education) increased by only 1.7% of government spending.

Attacking the symptoms will not solve the problems. If the Reform Party believes the solution to Canada's debt problem lies in blaming victims, a Reform government would be as cruel as any fascist regime of the past. It is worth remembering that debt reduction and fiscal restraint were used to justify some of those aspects of the Nazi era which we now find most repugnant.

Carpay's attitudes go beyond

legitimate political stance, they are simply offensive by any common understanding of civilized behavior. The party he represents is trying to project a narrow regional outlook as the model for managing the nation. The parochial understanding revealed in his comments about Newfoundland are a sure indication that the Reform Party is not qualified for national responsibility

The limitations of resource based economies are rapidly becoming a crisis everywhere in Canada. Newfoundland is only suffering more for having had fewer, more fragile, natural resources than other provinces.

THE NVIRONMENT PAGE • THE LINK



Tide turing against disposables

About two weeks ago something green began creep-ing across campus. It began slowly, but lately it's been picking up momentum. It can be seen most frequently in the early morning, but look around and you'll see it at any time of the day. It looks harmless, but it's here to wage war

Attached to packs and bags, held firmly in the hands of staff, students



and faculty, and available at TnT stores and Forster's for \$1.99 (filled), the new Lug-a-Mug has declared an all out assault on BCIT's styrofoam cups.

Until recently, these and other mugs, have been working subversively to topple the towers of styrofoam found next to coffee machines across the campus. Now they're out in

the open, and their numbers are growing everyday. The tide is slowly turning, and styrofoam looks to be on the retreat

The styrofoam addiction is hard to break. The cups are cleverly disguised in 'good guy' white and have cute recycling loops all over the them. (Indeed you can recycle styrofoam cups, the problem is that the nearest depot is in Ontario). But the campus is slowly weaning itself from the evil disposable, and it doesn't take a Financial Management student to figure out why.

Lug-a-Mugs are not only good for the environment, they're also good for the pocketbook. And this year, with the dreadful student loan situation and reduced employment opportunities, students are looking for ways to save money

Priced at the cost of a small coffee, Lugging-a-Mug saves its users about 40 cents per cup of java. If you're like me, and drink 1 or 2 cups per day, that's about a \$200.00 dollar savings over the course of the year. If my math is correct, that's a 10,000% return on your investment! It's sort of like getting paid to help the environment.

It's no wonder that styrofoam is on the run. It can't compete, and in this day and age, competition is fierce. So if you're still hooked on styrofoam, and saving the environment isn't enough of a reason to quit, then give some thought to what you might do with 200 bucks when spring rolls around.

Demand for carpooling overwhelming

by Dave Humphreys

The BCIT car pooling program was greeted with an overwhelming response during the first week back at school. There were well over a hundred applications filled out at the SAC offices, competing for only sixty spots in our lot.

All the available spots were assigned by the next Monday. With preference going to those who had the furthest distance to travel, so we were able to accommodate poolers from as far away as Chilliwack, Abbotsford and Mission.

After such a great response to the program, the SA hopes they will be able to reserve more spots for carpooling in January. Plus, if sufficient interest is shown, they would like to open up some spots on the other side of campus.

Car-pooling has many benefits. Not only do students save money on gas and parking passes, but having fewer vehicles on the road lessens the disastrous impact our automobile culture is having on our environment. Plus, members of BCIT's car pooling program receive reserved parking, close to the main buildings.

It is hoped that the poolers in our



program will continue to travel to as the student population experischool with at least three people in their vehicle. Car pool members risk losing their passes, if they are caught abusing the system. As well, students without valid carpool stickers risk having their cars booted or towed, so please help us make this system work.

Poolers are reminded that they must re-apply for a spot in January,

KUDOS & COMPOST

A full set of Kudos to the Fish and Wildlife students for leading the assault on styrofoam cups. Practically every student lugs a mug. If there's a set on campus more committed then we'd like to hear about you.

A juice box full of Compost to the Student Association for using tetra paks at the Shinerama Pancake Breakfast. Is your new Statement of Environmental Commitment just talk? Walk the talk.

4 cubic yards of Compost to the contractors who filled the Inglis cardboard recycling bin with garbage. You managed to contaminate an entire bin of cardboard on the first day of collection.

Heaps of Kudos to Heather Beisal for organizing china plates and steel cutlery for the Orientation Breakfast. Now that's Walking the Talk!

Kudos to Jennifer in the Broadcast Program for helping out with the paper recycling in your area. It's refreshing to see some reel (sic) student enthusiasm.

self.

ences quite a turnover at that time.

Finally, Dave would like to thank

Janice and Lynn at The SA office for

all the work they did on the applica-

tions and issuing stickers. And an

extra special thanks to Joanna for

making a lot of those phone calls he

didn't really feel like making him-

50 Blue Bags full of Compost to Physical Plant and BFI for letting the recycling at Maquinna Residence pile up all week. The students are doing their part, when are you planning to start?

Several barrels of Kudos to Chicako and Katy at Student Services for recycling all the old program brochures. Glad tr hear a reduce program is getting started for your department.

Kudos to any students who have been using the unbleached photocopy paper available at the Copy Centre.

Kudos & Compost welcomes your comments and compliments for those who are doing a little extra for the environment and those who could be making more of an effort. Please send your comments to the Recycling Program c/o The BCIT Student Association.



93-4 goal: 100,000 cans (each can = 10,000 cans)

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93-4 goal: 100 tonnes of paper (each tree = 10 tonnes)

93-4 goal: 20 tonnes of glass (each bottle 2 = tonnes of glass)

THE LINK . OPINION

PC speak is making us vague, destroying communication

Is it progress if a cannibal uses a knife and fork?

Stanislaw J. Lec

by William Siu

I was walking with a friend last year down the corridor in SE12, the side which overlooks the breezeway by Campus Café. It was sunny that day and the inside of the corridor felt more like a hot house. I could watch my friend ripening before my eyes. Fortunately for him, his attention was directed elsewhere. I was left to debate with my over inflated id the intelligence of stripping myself down to my underwear to combat this heat. Luckily my friend interrupted my train of thought before my id won out, which it would have.

He was commenting on how many people were outside. I take a quick glance and all I could see were very beautiful women in short dresses. Without hesitation I voiced what I thought he meant to say. "You mean all the skirts, don't you," more a rhetorical question than anything. What happened next would have scared the shit out of any sane man. My friend wert oogly eyed. I though his eyeballs were going to drop out. He was staring at me as if Norman Bates was standing behind me with a shovel.

We walked around the corner, out of the line of sight of everyone except God. "Don't say that." Then it struck me. I was being gauche. (Excuse me but I'm like that. I wore bellbottoms and floods after they became passé, or were they really ever in.) I was supposed to be on top of things and here I was committing a faux pas. I was being politically incorrect, objectifying women, degrading their sense of self worth. God, I should be flogged.

It occurred to me that what happened to my friend and to alot of other trend following, mindless individuals is that they



have been given a directive. "THOU SHALT NOT BE POLITICALLY INCORRECT" Each and every individual is to subscribe to the new directive without complaint or else you would be in violation of the directive itself. It is meant to advanced our society, the greatest thing since women suffrage, not to be questioned, not to be denied.

Hey, I'm all for advancing our society, and where would Kim be if women weren't allowed to vote let alone run for office, but at what cost? The first thing

Roses

you learn in Economics is the concept of opportunity cost which says that you must give up something to get something. What are we giving up? Many will argue that we are giving up all those nasty "ism's" that have haunted man (oops!) since the beginning of time: racism, sexism, pigism (nasty phenomenon strictly found in the men's locker room and other places where weekend warriors may congregate.).... Not a bad list of social diseases that should be eliminated.

However, we should examine the less

visible and less attractive result of being politically correct. Censorship. It has become an invisible hand that lurks in the background, always vigilant, ready to dole out punishment to those who may question or forget. What once was light conversation is now carefully measured compliments. Each word run through that most exacting of editorial boards we call our conscience. What is happening to people now is not that their attitudes are changing but that they are being more careful about how they say things.

Speaking PC is now replacing action. It has become the token gesture for being PC. If you know how to tell a women she is a foxy babe without saying it, then you've succeeded at being PC. If this is what the originators of the concept of PC (said to be a native of California) had in mind, why didn't they just ask Mr. Webster to publish a new revised edition of a dictionary for the English language one with the correct phraseology we people of the 90's should know about - why drag us (read men) through this nightmare, where an innocent compliment can and will be used against you in a court of law or worse, in public. It's turned into Handmaiden's Tale with a twist - where women are women and men are quiet.

Everyone has become more aware, no arguments. But everyone has also stopped talking to each other. And those who still communicate do not express themselves without fear. They converse, they talk but there is no exchange, no dialogue. Any arguments put forth by those willing to suffer excommunication are labeled sexist, traditionalist pigs.

Social diseases such as sexism and racism have to be resolved through education and communication. Once we give up on educating ourselves or begin to limit debate and questions we slip right back into the dark hole from which we wish to emerge from.

Guns

by Trent Hough

Could the end be near for the bad boys of rock and roll?

Rumors are circulating that Guns N Roses last tour is the end of what may have been a Heavy Metal dynasty.

As Guns N Roses remain idle following their gargantuan world tour, many people believe they are burnt out and in desperate need of serious rest.

Why would you think otherwise? Maybe the departing of Duff McKagan to try his hand at a solo career might have something to do with it. Or, perhaps the tireless efforts of Slash lending his musical wizardry to various artists albums might cause you to believe something isn't quit right

It seems the only members of the heavy metal machine not doing anything at the moment are Axl Rose and newly acquired drummer Matt Sorrom. Rose, has publicly stated that he has no

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immediate intentions of doing anything whatsoever where the Gunners are concerned.

At the moment Guns N Roses fans are apparently going to have to wait an awful long time before they get another product out of the Guns; if they receive anything at all.

People are beginning to feel that the end of Guns N Roses could be near. This is not the first time that we have heard rumblings about the bands future. People have often said that the five wild boys from L.A. would never make it in this whacked out industry.

No one has ever doubted Guns N Roses musical talents, people merely speculated they would end up just another fatality, do to their excessive drinking and drug abuse.

Already gone from the original nucleus of Guns N Roses are drummer Steve Adler and guitarist Izzy Sradlin. Adler, who was thrown out the band for an alleged heroin addiction, has recently received a handsome judgment of 2.5 million dollars from a Los Angeles judge.

ling

CC

The money was owed to Adler by his former band mates for services he lent to earlier Guns N Roses albums.

Ex manager of Guns N Roses, Alan Niven, was outraged with the recent settlement Adler received. "I consider it insane that Steven Adler should have his junkiedom rewarded. There is something fundamentally wrong with a situation in which a junkie, expelled from a band before he can destroy both it and himself sues the very people who saved his life and who attempted to prevent him from squandering those funds.

Izzy Stradlin who apparently got tired of the endless touring quit the Gunners after the completion of Use Your Illusions 1&2. Stradlin, like Duff McKagan is touring with a new band at the present time.

t quits?

If Sradlin was so sick of touring that he brashly left the quintuplet from Hollywood, what is he doing touring with this new group of unheralded rockers?

Was he really sick of the virtually non stop touring schedule Guns N Roses were on, or was there something else? You and I will probably never know the real answer to this, but then who will?

Why would five guys who shot up from the gutters of Hollywood want to throw it all away at what seems to be the peak of their careers?

Do they have so much money that they will never need to work again? Probably. Are they sick of the fame and the accompanies that go along with it? Probably. Nobody knows except Guns N Roses. So if you think the world will see another recording from the bad boys of rock n roll your guess is as good as mine. D o you ever wonder why sometimes there is so much crap in your head? Have you ever just wanted to get rid of it in just one sitting? There is a way to clear your mind of all the nonsense and get down to real living; through Zen.



What is Zen? Zen is whatever you want it to be. The Zen way of teaching is to demonstrate Reality rather than talk about it. It deals with the Now and focuses on the simple things in life. The late Zen Master Suzuki says the secret is to be a beginner in life and in everything you do. The main key in Zen, is understanding your self.

Zen is based on the highest teachings of the Buddha, it was taken in the 6th c. from India to China, where it came to be known as 'direct pointing to the heart of man': This direct pointing is to the living experience of Reality, to what life is in itself, unmediated by words or ideas. It teaches that enlightenment may be achieved by meditation and intuition, stimulated by the contemplation of beauty and simplicity.

To be in a Zen state one must clear their mind and not depend on their senses that we are all accustomed and addicted to. One is to concentrate on one thing and submit themselves to that one thought. A beginner who has trouble clearing his mind, is instead given a question, or otherwise know as a koan. The koan is used as a tool to reach true insight. The student is asked to clear his mind and think of only the one question. In Chinese law courts, koans were the "orthodox writings which the sages and worthy men regarded as principles". There are many koans and one of the great ones was first given by the great Zen Master Hui Neng.

"What did your original face look like before your father and mother were born."

Master Seung Sahn mentions that a clear mind is like a mirror. Red comes, and the mirror is red. The clear mind is a big mind which is infinite time and infinite space. True Zen means becoming



clear. Don't be attached to distinctions and let go of your own likes and dislikes, then everything will become perfectly clear'. He goes on to say to keep a don't know mind in everything you come across. "If you keep your don't know mind when you are driving, this is driving Zen. If you keep it when you are playing tennis, this is tennis Zen. If you keep it when you are watching television, this is television Zen. You must keep your don't know mind always and everywhere. This is the true practice of Zen." By keeping your don't know mind the answers will appear by themselves. And when your mind becomes completely clear then you will be able to answer any koan without hindrance.

Zen is the simple life and one way to look at Zen is to imagine your intellect and imagination are told to come to a full stop so that eating food and dressing can be experienced as they really are.

Lin -chi had a very good message, "

when it's time to get dressed, put on your clothes . When you must walk, then walk. When you must sit, then sit. Just be your ordinary self in ordinary life. When you're tired, lie down. The fool will laugh at you but the wise man will understand."

Taoism which influenced Buddhism when it came to China in the early 6th c. taught by Lao -tse, is concerned more with the 'way of things' . In the Tao of Pooh, Hoff translates Milne by giving each character a human quality and puts Winnie the- Pooh as a central character of the Zen way of life. Taoism translated through Winnie - the- Pooh and Winnie - the-Pooh explained through Taoism. What sums up Zen is one of pooh's songs.

> How can you get very far If you don't know Who you Are? How can you do what you ought, If you don't know What you've Got? And if you don't know Which To Do Of all the things in front of you, Then what you'll have when you

are through Is just a mess without a clue Of all the best that can come true If you know What and Which and Who.

The power of a clear mind is beyond description Hoff says, but it can be attained by anyone who can appreciate and utilize the value of Nothing. Zen is whatever you want it to be. Zen mind, Zen life, Zen sex, Zen school. To the interested who think that Zen is for them I suggest that if you are not doing what you want to do, then what the hell are you doing.

THE LINK . ENTERTAINMENT

Olivier, Olivier fails to grip as Holland's previous movies

by Jeannette Arthur

Don't let the title mislead you - this film is not about Olivier. It is about his mother, Elisabeth, played admirably by Brigitte Rouan.

Elisabeth is obsessed with her nineyear old son, Olivier, who almost died when he was born prematurely. She treats him like a precious baby, spending hours singing and reading to him in bed, letting him sleep with his parents, even wiping his bottom. She ignores her daughter, Nadine. Marina Golodine plays Nadine with real feeling, alternately doting on her younger brother, then torturing him in jealous anger.

VANCOUVER FILM FESTIVAL Olivier, Olivier Directed by Agnieska Holland

One day Olivier does not return from taking lunch to his ailing grandmother. When he is not found Elisabeth goes crazy - an the family falls apart.

Six years later Olivier is found in Paris where he has been working as a prosti-

tute. His return to his family in the country shakes up everyone's lives and makes for the most interesting part of the movie. Gregoire Colin's performance as Olivier is just that. Everyone, viewer included, doubts that this is the real Olivier.

Agnieska Holland, who based Olivier, Olivier on a true story, left many questions unanswered. Why does Nadine have a shrine in the attic where she burns her chest with a cigarette as a sacrifice to make her brother come back? Are Nadine's telekinetic power's genuine or is she once more tormenting her younger brother.

The gorgeous scenery of French countryside is matched by a wonderful score by Zbigniew Priesner, who also did the scores for The Double Life of Veronica (1991) and Holland's acclaimed Europa, Europa (1990).

Olivier, Olivier is not as emotionally gripping and Holland's previous movies, Europa, Europa and Angry Harvest but it does provide two hours of thought provoking entertainment.





True Romance's good for what it is as advertised)

by Adrian Bolden

I wouldn't call this movie "The best rock and roll road movie since Wild at heart" as it is touted. I will say, however, that this is entertaining fare.

Movie

True Romance starring Christian Slater, Patricia Arquette directed by Tony Scott restricted

Christian Slater plays Elvis worshipping store employee Clarence, who goes out for a date with a call girl named Alabama, played by Patricia Arquette.

The action starts when Clarence mistakes his date's suitcase for a cocaine filled suitcase owned by Alabama'a ex pimp, played by Gary Oldman. Blood flows freely throughout the 110 minutes of the film. The violence is complete and brutal. While some critics have claimed

this movie was too violent, I feel it portrays accurately the powerful forces at work. The only reason it nearly recieved an NC - 17 rating in the U.S. was because of its sex, not its violence.

Tony Scott's direction here is excellent. He has managed to keep the movie fast paced, serious, violent and funny all at the same time. Scott shows he is comically adept in the way he plays up the Elvis theme in this film. Rather than just including the King for comic relief, Elvis is brought into the narrative text of the film when he affects Clarence's thinking and decision making. A good example of the fanatic devotion to cultural icons that some people have.

Overall, I would give this film four stars out of four for what it is, not for what it is advertised as. The film is quite moving, the acting credible, and the violence nicely interrupted by the plot.

A hearty "bally good job" for director Tony Scott.

World University Service of Canada (WUSC) International Seminar to Benin - 1994

Thirty students and three faculty advisors will be selected from across Canada to participate in the 47th WUSC International Seminar. The seminar will take place in Benin, West Africa in 1994 and the working language is french.

The seminar is designed to give Canadian university, college and institute students, as well as faculty their first experience in a developing country and to create greater awareness of international dvelopment issues among the participants, the academic community and the wider public.

> Applications can be picked up from and submitted to: International Education, NE1 - 338B or NE1 - 201, Tel: 432-8475 Deadline for submissions is October 15, 1993



Velocity Girl with guests the Town Pump Wednesday, October 13

Velocity Girl hail from the city of Washington D.C. They represent something of a new breed of American guitar Pop: Fusing the hazy, noisy dream pop styling of British outfits like My Bloody Valentine or the Cocteau Twins with a more aggressive punk-rock of rhythm section and classic girl pop vocals. Velocity Girl are and adrenaline rush of pure pop sound.

Sculpting the Deficient Flesh Video In 1965 Main Street October 15, 9pm

These videos chisel away at the clichés of idealized youth. They expose not only the deficiency of human flesh, but its potential for pleasure. Practicing a polymeric plastic surgery, they fashion a flesh which is deficient in its camality and unforgiving in its exploration of the body's imperfection.



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*	Janitorial	*	Retail

Reliable transportation is required. Apply to Box 91252, West Vancouver, V7V 3N9 or call 926-5612 for more information.

Correction Notice

- Make note that the dates for the winter term final exams listed in the daytimer section of the BCIT 93-94 Handbook is incorrect. Exam week is December 13 17.
- The 1993-94 Calendar at the end of the daytimer section also contains errors. A paste-in page correcting the errors will be available by next week.

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October 6, 1993 • 9

BCIT Cougars beat out Douglas College

by Alan Ross

The second league game for the Cougars meant a win would keep them in the hunt for the lead in the league.

Starting strongly, the Cougars took the game to Douglas with several attempts at goal but came up fruitless. Plenty of shots on goal but no finish killed the Cougars and to no ones surprise Douglas came on strong in the closing minutes of the first half to score. A half time talk seemed to settle the team. With plenty of pressure on the team but again character seemed to flow and some changes in the lineup meant tighter defence and more creative chances. A free kick awarded 20 yards out taken by George Drazewovic found the net to boost the cougars. Final score 2-1 Cougars. They now have 4 points from 2 games keeping them in the pack for top spot. A fine team effort, showing alot of character on the field.

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6

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RECREATION AND ATHLETICS • THE LINK INTRAMURALS REGISTRATION THIS BEGINNERS **BALLROOM DANCING BEGINNERS SQUASH** RAQUET BALL DATE: Tuedays, Oct 5 - Nov 23 DATE: Wednesdays, Oct 6 - Nov 3 DATE:Monda s. Oct 4 - Nov 8 TIME: Session "A" 6:15 - 7:15pm TIME: 6:00 - 8:00pm (except Oct 11) Session "B" 7:15 - 8:15pm FEE: \$27 for 8 Sessions TIME: Session "A" 6:15 - 7:15pm FEE: \$33 for 5 Sessions Maximum of 20 registrants Session "B" 7:15 - 8:15pm 5 people per session LOCATION: NEI 334 FEE: \$33 for 5 Sessions Emphasis on Fox Trot, Jive, Waltz 5 people per session and some Latin Relaxation **LINE DANCING** THANKSGIVING Massage Clinic Every Thursday evening in Taps Pub TURKEY SHOOT October 7 to WHEN: Thursday, Oct. 7 11:30am to 1:3 November 25 WHERE:East Gynasium 6:00 to 8:00pm **FEES:** \$1.00 PRIZES: A turkey or cash is provided to one out of 20 particpants \$20 for We provide the bows and arrows 7 sessions JOIN THE FUN **NO EXPERIENCE NEEDED REGISTER AT THE EVENT Intermediate Squash Clinic** Introduction to Archery Date: Saturday October, 16 Date: Saturday, October 23 Time: 10:30am - 1:00pm Time: 1:30-3:30pm Fee: \$10 per person Fee: \$10 per peroson Maximum of 12 participants Maximum of 12 people

Program: Learn basic shooting techniques Develop safe shooting habits

Also from Rec & Athletic Serivces:

Amateur Radio Club

Chess Club

lai-do Club

and BC Lions Football

For more information on any of these events contact:

Recreation & Athletic Services **SE16** 432-8612

Program: Shot development Improve Strategy **Drills and Exercises**

Date:	Saturday, October 23
Time:	10am - 2pm
Fee:	\$12 per person

Program: Learn body relaxation through massage

ELECTION '93

Election finds BCIT students undecide

by Damascus Roy

An informal poll conducted last week, revealed that most BCIT students are paying little or no attention to the upcoming federal election, according to an informal poll Why? Lack of time was the main reason cited with apathy a close second.

If someone decided to form a party called 'The Undecided Party' they would collect the lions share of the vote. A majority of students remained undecided, most didn't know the names of the candidates running in their riding.

However, party spin doctors should take note of a few things. First the much men-



Gord, 2nd yr. Electronics

"...I don't know enough about the candidates to decide...



Paul. 1st yr. Civil & Structural

"...I don't like Kim Campbell, she's planning to buy a bunch of helicopters...

tioned 'public security' issue. Among students polled it was a non-issue. The deficit, employment and cuts to social services were most mentioned in the survey. Second is the Conservatives strategy of promoting themselves as 'Kim's Party', down-playing the party name and logo. Among those planning to vote conservative, all said they were voting 'Kim', not PC.

BCIT students have less than a month before voting day. A month in which they must face mid-terms and still find time to adequately inform themselves of the various positions and platforms of the candidates. A short amount of time indeed.



"...I'm voting for whoever has the best

chance of upsetting the conserva-

2nd yr. Electronics

tives...'



Tracy, 1st yr. Civil & Structural

"...it's better not to vote than to make an uniformed vote ... '

Voting now in easy reach

If you are a Canadian citizen who will be 18 years of age or older on Election Day, you have the right to vote. But to exercise that right, your name must appear on the voters list.

The recently amended Canada **Elections Act makes life simpler.** First, revision of the voters list has been extended to give more voters, like yourself, the opportunity to be registered.

Next, the Special Ballot has been added, so now there's a new way to have your say by mail or in person.

To learn more, pick up the Elections Canada leaflet available at your Student Association, Registrar's Office or campus bookstore. Or call the number below.



