

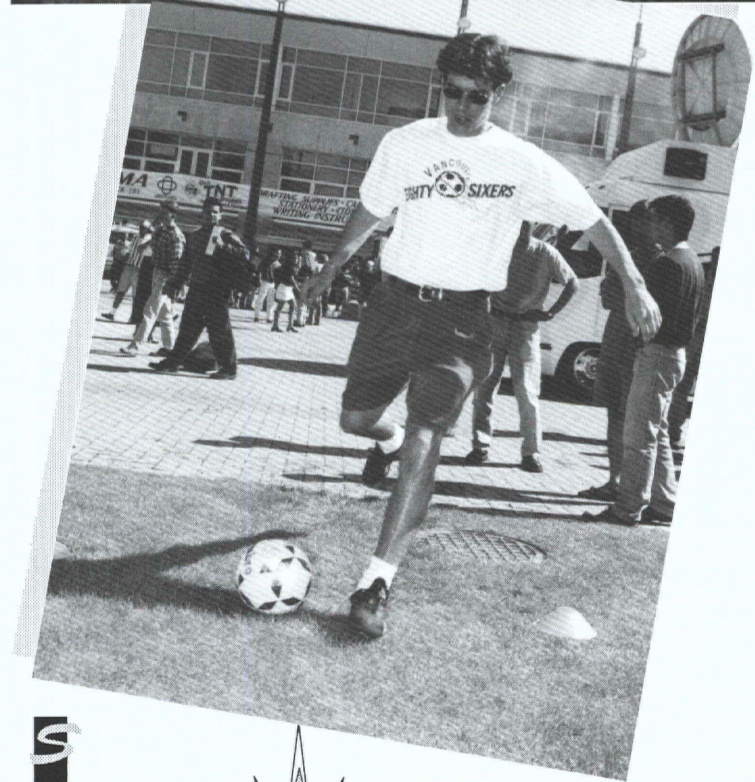
❖ Exchange agreement signed	p.2
❖ Shinerama... Fit to be shined	p.2
❖ Harassment & Discrimination	p.3
❖ Canada Savings Bonds	p.3
❖ Take a narrow boat abroad	p.4
❖ Staff Service Recognition	p.5
❖ Gary Blidook (staff profile)	p.6
❖ Events to come	p.6

UPDATE

The mission of BCIT is to provide British Columbians with world-class, job-ready skills for career success.



SHINERAMA...



LOOK INSIDE FOR DETAILS FROM THIS YEAR'S EVENT!

First Nations programs offer practical and spiritual support



Brenda Ireland

Imagine for a moment that you're a student on a post-secondary campus for the first time. This campus has a student population that is 30 times larger than your entire home community, and you're surrounded by people who have different beliefs and values than you do. And, in a student population of more than 14,000 full-time students, there are only 49 others with a similar background to yours. The First Nations student participation at BCIT makes up about one quarter of one percent of the entire student population.

Commenting on the First Nations student experience at BCIT, Brenda Ireland, coordinator, First Nations programs notes that: "The feeling of alienation and isolation can negatively affect a student's success. Compound this factor with the stress of simply being a student—regardless of your background—and you've got a lot pressure."

Ireland and First Nations advisor Greg George offer a number of services to help First Nations students deal with the pressures of life at BCIT. They range from activities such as a three-week transition program or campus

orientation to advocating on a student's behalf, providing referral services or other assistance. "We also give students a place they can go and feel they fit in immediately. It helps reduce the sense of isolation they may feel," Ireland says.

That feeling of isolation is understandable, given the relatively small number of First Nations students at BCIT. First Nations persons comprise five percent of British Columbia's population, and one percent of the student population in universities. Ireland says BCIT has only one quarter the First Nations students that universities have, partly because support systems have not been in place until recently, and because the institute is not well known in First Nations communities.

"We're trying to coordinate a First Nations Student Association, a First Nations Alumni Association, awareness workshops and talking circles to provide support for current students," Ireland says. Another exciting initiative this year will be regular campus visits by a tribal Elder. Ireland says the Elder can offer guidance based upon cultural norms and values. Such

advice would have greater meaning and relevance to students.

"Elders carry the wisdom and experience of the nation. They are the link between our past and our future; they carry the words of the ancestors," Ireland explains. "Having an Elder available twice per week will help students keep things in context, and will help them relate their work at BCIT to other parts of their lives and culture."

She explains that Elders generally teach the importance of balancing one's life based on the Circle of Life, or Medicine Wheel's four quadrants: intellectual, physical, emotional and spiritual. While BCIT does an excellent job of caring for the first two, she notes that Elders and other programs are needed to fill the emotional and spiritual needs.

As coordinator of First Nations programs, Ireland's responsibilities include encouraging First Nations communities and learners to consider BCIT as an education option. She also works to develop community-based programs that address specific community needs. *Continued on page 2*

Kaslo campus staff return to Burnaby

This October, Health Part-time Studies staff at the BCIT Kaslo campus will return to the Burnaby campus.

"It's sort of like coming home," says Kathleen Bach, director of Health Part-time Studies. "We were originally working from the Burnaby campus, then moved to Kaslo in the summer of 1990 to accommodate a new phase of construction and campus development."

The department has 32 full-time staff members and approximately 100 part-time faculty per term, most of whom will move into the third floor of SE12. Bach notes that, since most of the programs offered through her department are based on distance education or in hospitals, their relocation has had a minimal effect on students.

"We have between 800 and 1,000 distance education students each term," she says. Programs include nursing specialties, Occupational Health and Safety, as well as Health Care Management. Approximately 80 percent of students are from the Lower Mainland, with the remaining 20 percent scattered across Canada.

BCIT is currently reviewing not only the health-related distance education programs, but all distance education initiatives. The Distance Education Council comprises representatives from each school in the institute, who will examine ways to increase the effectiveness of planning and delivery of distance education programs. The council's goals include developing a distance education module for BANNER

to facilitate student registration; calling for proposals to establish new distance education courses; and creating a database of distance education material and expertise.

"The database will be especially helpful for instructors, so they can look at other models of the course and curriculum they're trying to develop," Bach explains. "It can help them avoid 're-inventing the wheel'."

Many members of the Kaslo campus staff have never worked on the Burnaby campus. Are you willing to be someone's "buddy," to show them around and help familiarize them with the sights and sounds of their new workplace? If so, please call Mariyln Parliament, local 4505.

- from Karen McDonald

Your input wanted...

In this edition of Update you will receive a copy of BCIT's "Strategic Direction for the Next Decade." You may recall I referred to this in my earlier CHOICES letter of September 11, 1995. This document is intended to be a working draft and will be reviewed through a consultative process. Gerry Moss has established a number of advisory groups to refine the content over the next month. There will be several opportunities upcoming where I will be speaking with groups on campus about the document. I encourage you to play an active role in this process and provide comments and feedback, in particular in your school or area with colleagues and co-workers. I also welcome your comments directly.

—Brian Gillespie

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Exchange agreement signed

Jim Thompson, head of the school of Electrical and Electronic Studies at the Canberra Institute of Technology (CIT) in Canberra, Australia, visited BCIT on Wednesday, Sept. 20.

Thompson met with BCIT president Brian Gillespie and Mike Jervis, dean of the School of Electrical and Electronic Technology.

The visit came on the heels of signing an exchange agreement with CIT, a leading institution in the Australian technical and

further education system. The institute provides high-quality tertiary education to the national capital region, while exporting educational services to national and international clients.

Similar to BCIT's other cooperation agreements, such as those with Australia's Swinburne University of Technology, and with the Higher Colleges of Technology in the United Arab Emirates, the agreement with CIT is designed to facilitate professional development, growth in understanding, and the advancement of the educational

responsibilities of the two institutions.

Under the agreement, mutual exchanges of staff, both teaching and administration/management, will be fostered, as will student exchanges and the exchange of curricular and instructional materials in certain areas. Information on flexible delivery activities, student selection, and measures of educational performance will also be exchanged.

—from Ron Sterne

Invest in Your Future! DISCOVER...



British Columbia's
Seventh Annual
Science & Technology
Week will take place
October 13-22, 1995.

This year, plan to
"Invest in Your
Future! Discover..."

SCIENCE & TECHNOLOGY WEEK '95

First Nations programs (cont.)

Ireland admits it's often challenging to act as a bridge between the First Nations communities and the institute. But there are rewards in being at the beginning of the process, coordinating a program that is less than two years old.

"In many of the First Nations communities the only role models are the people working in the Band office, or in resource extraction. It's rewarding to have an opportunity to help people see the options of what they could do, what they're capable of, and

then be able to encourage and assist them in achieving that potential."

To ensure the institute has a coordinated and consistent approach, Brenda Ireland is available to provide consultative expertise and act as a resource person to any department interested in developing initiatives with First Nations communities and organizations. For more information, contact her at 451-6901.

—from Karen McDonald



Left to right: Jim Thompson, head of the school of Electrical and Electronic Studies at the Canberra Institute of Technology meets with Brian Gillespie and Ron Sterne
Bert Schendel photo

SHINERAMA... FIT TO BE SHINED

The streets were filled with shiny, happy people on September 20, as 272 BCIT students stormed Vancouver in search of shoes to be shined.

All this madness was in honour of Shinerama, the annual student fundraiser for Cystic Fibrosis. Each year, BCIT joins 59 campuses nation-wide in shining shoes for donations.

According to event coordinator Jim Paterson, BCIT students raised \$10,290, outdoing last year's total by approximately \$3000.

"I think everyone had a great time," says Paterson. "I really appreciate the efforts of Elephant on Campus and Forster's who provided free breakfast, lunch

and a party afterwards, and made a great impression on the students. Because of them I am sure the same students will get involved again next year."

Kelly Ng, fundraising programs coordinator for Cystic Fibrosis, says Shinerama has been supporting the charity since 1964. "It all began at Wilfred Laurier University as a community event that evolved into a student-driven fundraiser for cystic fibrosis," she says.

Cystic Fibrosis is a hereditary disease that affects the exocrine glands and usually results in respiratory infections.

According to Ng, Shinerama raised \$61,000 last year, and this year's goal is \$65,000.

"Shinerama is a very important fundraising event for us," she says. "Since 1964 student efforts have raised over \$9.3 million for CF research."

"Back in the sixties, the median age of survival for someone with Cystic Fibrosis was four years old. Now the median age of survival is more than 30. This is mostly due to the tremendous efforts by students. We are so very grateful to have their support."

The Shinerama tradition is strongly supported by the administration, and students are given the day free from classes so that they can all participate.

Competition may have been fierce for the first prize of free

tuition, but nobody could come close to the total raised by Melissa Haynes. This second-year Marketing student planned her strategy and single-handedly raised a whopping \$2066 in just four hours.

"The whole thing was planning," says Haynes, who admits the biggest motivation was the chance at free tuition. "I started making lists a couple of weeks beforehand. Basically, I went to companies, not individuals, because donations to charity are tax deductions."

Haynes suggested that companies make donations between one and two hundred dollars, and says the response was fairly positive. The trick, she says, is creativity.

"Everyone thinks you have to go out and just shine shoes, but really, you have to be creative," she says.

For Haynes, that meant shining silver in a hotel, cleaning a parking lot and washing cars.

"I really didn't think I'd win with the amount I raised. I thought a lot of people would approach companies because it really is the best way to raise a lot of money," says Haynes. "I would definitely recommend it to people next year."

"I can't thank BCIT, the Student Association, Forster's and Elephant on Campus enough for all their support in making Shinerama '95 a success," says Paterson.

—from Crystal Sawyer

Report from the Harassment and Discrimination office

The 1994-95 year has been an eventful one at the Harassment and Discrimination office. Not only did the number of complaints double from the previous year, but those seeking assistance came from all sectors of the campus community. In the 1993-94 year, our office dealt with 36 complaints in an eight-month period, while this year there were 77 complaints filed in the same time frame.

There was a significant shift in complainant and respondent demographics as well. While employees were the primary complainant and respondent group last year with 22 out of 36 complaints, this year almost equal numbers of students, faculty and employees filed harassment complaints, though students were the largest complainant group.

While the Harassment and Discrimination incident report is in no way an accurate harassment demographic profile, the most dramatic statistic is the increased volume of student complaints over the previous year. The incidence of student complaints jumped from eight complaints last year to 26 this year and the majority of these complaints were against faculty.

Given that BCIT's present Harassment and Discrimination prevention program has been in existence for only a couple of years, and statistics have been collected only within this time frame, it is not known if incidents of student/faculty conflict are on the rise or if there were simply fewer conflicts reported in 1993-94 than in this school year.

What we can report with certainty, however, is that the

increased volume of complaints was significant in terms of the anxiety, pain, stress, not to mention many hours of time lost from work and school by the parties involved. A number of these complaints are still in the investigation stage or have not yet reached resolution. The outcome of these cases haunts both sides of the dispute like a dreaded court date.

It is hoped that discussion of these statistics will assist in identifying communication behaviours that some have found offensive. It is also worth pointing out that a number of complaints were made by students who felt they deserved better customer service.

To better understand the nature of the complaints, here are some examples:

Personal harassment, which is defined as an abuse of power by one person over another that results in intimidation or humiliation, was by far the most frequent type of complaint filed. More than half the complaints, 43 out of 77, were in this category. Sexual harassment and sex discrimination (combined) comprised the second largest category with 24 out of 77 complaints.

Student versus student

Sexual harassment

Complaints of sexual harassment were filed by female students against male students. The allegations were stalking, unwanted sexual advances, persistent unwanted advances and refusal to take no for no. All of these cases were resolved through our office and in some instances a joint effort with Security.

Racial and personal harassment

Male students made these complaints, which centred on violence and threats of violence. These complaints were resolved through a cooperative approach with deans, associate deans, individual faculty members and, in some cases, Security.

Student versus faculty

Personal harassment

These complaints focused on inappropriate language, profanity, harsh and unfair treatment, humiliation and embarrassing students. Some of the complaints alleged the instructor condoned harassment in the classroom by allowing students to tell offensive jokes or by not challenging racist or sexist comments made in the classroom. In some cases women charged that the instructor not



Michele Medicott

only allowed harassment to exist but also contributed to it by participating or taking the men's side over theirs. Many of the personal harassment complaints were difficult to resolve, as students were reluctant to complain until they quit or had completed their program. Formal investigation has been conducted in some of the complaints.

Sex discrimination

Women students have charged that their instructor treated them unfairly and differently from male students. Some of the behaviours cited were demeaning references made about women, patronizing tone of voice used when talking to women, less help and assistance than male students, favouritism of some students, humiliation in front of peers, sexist terminology used in naming tools and course materials instead of the correct term. Several women said the classroom environment was hostile and unpleasant for them and that they felt alone and alienated.

Complaints about instructors focused on the lack of leadership or intervention to put things right. In several cases, classroom education by our office was effective, but only in the initial stages of the complaint, before a hostile environment was established. Students have taken other such complaints directly to B.C. Human Rights.

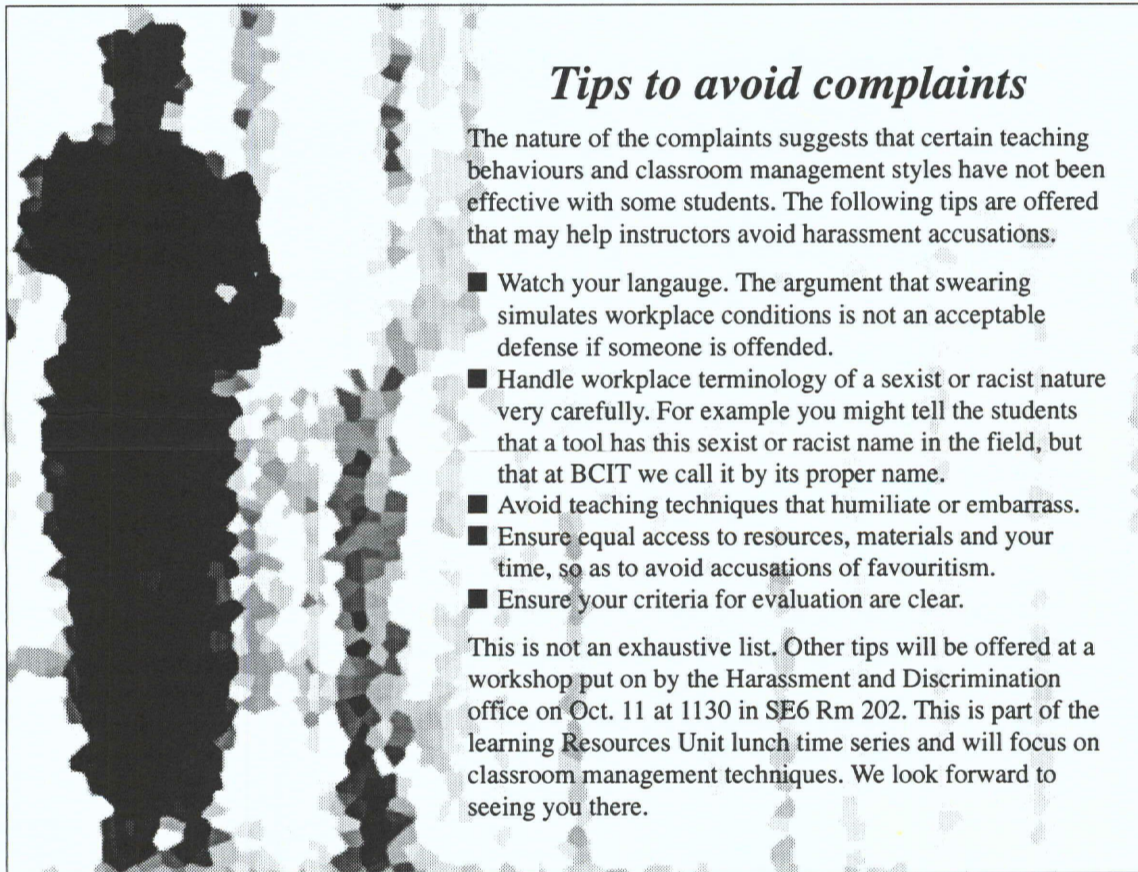
—from Michele Medicott

Tips to avoid complaints

The nature of the complaints suggests that certain teaching behaviours and classroom management styles have not been effective with some students. The following tips are offered that may help instructors avoid harassment accusations.

- Watch your language. The argument that swearing simulates workplace conditions is not an acceptable defense if someone is offended.
- Handle workplace terminology of a sexist or racist nature very carefully. For example you might tell the students that a tool has this sexist or racist name in the field, but that at BCIT we call it by its proper name.
- Avoid teaching techniques that humiliate or embarrass.
- Ensure equal access to resources, materials and your time, so as to avoid accusations of favouritism.
- Ensure your criteria for evaluation are clear.

This is not an exhaustive list. Other tips will be offered at a workshop put on by the Harassment and Discrimination office on Oct. 11 at 1130 in SE6 Rm 202. This is part of the learning Resources Unit lunch time series and will focus on classroom management techniques. We look forward to seeing you there.



PAWWS

(Personal and Workplace Wellness and Safety)

Do you know who your beneficiary is?

Any change in family status or situation (ie: marriage, divorce, common-law, separation, dependent parents) is a good time to think about who is named as the beneficiary of your insurance proceeds.

It is also important that insurance beneficiary designations are regularly reviewed even if there has not been a change in family status, just to ensure that changing priorities are correctly reflected by the existing designations. It's a good idea to have a specific place, such as a safety deposit box, to keep records of these designations. There are many legalities involving wills, enrolment cards and which document would take precedence over another. There

are also implications in naming your estate as your beneficiary. Consulting a lawyer with a specific situation in mind is a logical solution to ensure your intentions are carried out.

The information above was reprinted with permission from WestPro Benefit Systems.

Beneficiary information is kept in a sealed envelope in your personnel file at BCIT. To check your beneficiary information, you must make the request in person at the Human Resources department. Paperwork required to make changes is available there.

PAWWS contest question:

True or false: "To ensure safety at home as part of earthquake preparedness, beds should be situated away from windows."

Your answer must be submitted to PAWWS voicemail (6991), or in writing to Gloria Katnick in SE16 within the next week. Please remember to provide your name and local with your answer. The price for this week's question is a first-aid kit donated by Acklands Safety.

PAWWS first contest winner

Jane Promnitz of Curriculum and Faculty Development Services won a 3-day, 1 person Food-Water-Survival support kit.

Canada Savings Bonds

Applications for the 1995/96 series are available for pickup at the finance counter in the JW Inglis building. Bonds can be purchased through payroll deduction by full or part-time employees (auxiliary employees are not eligible). The applications must be completed in full and returned to Finance-Payroll no later than Oct. 20, 1995. Contact Ken Anderson at 432-8710 for more information.

Make your nominations now

BCIT's awards of distinction program for 1995/96 is underway. Individuals may be nominated for the following:

Honorary Doctor of Technology:

This recognizes an individual within the broad community who has been widely acknowledged and recognized for outstanding achievements in specific areas of expertise that have impacted BCIT in a positive way.

Distinguished Service award:

This award recognizes long-standing service and contributions over many years to BCIT and its mission and goals.

Nomination packages for each award are now available through the offices of the deans and directors, and through Pat Maertz, secretary to the board of governors. As in previous years, nominations are invited from all members of the BCIT community. Deadline for submission is Oct. 31.

Take a narrow boat abroad

If you want to have a truly different vacation next year, think about a week or two on a narrow boat. These are traditionally shaped canal barges that were used to carry raw and finished products during Britain's Industrial Revolution.

The nearly 3,000 miles of canals in the United Kingdom fell into disuse when highways and trucks came into being. But in the last 50 years these canals have been rejuvenated, and now form part of Britain's boat-cruising vacation market.

We rented our canal boat from just south of Birmingham in the

Midlands, and did the Avon Ring, a popular circuit that takes in three different canals and stretches of the Severn and Avon Rivers, as well as the towns of Worcester, Tewkesbury and Stratford.

The leisurely four-mile-per-hour pace is perfect for taking in the peaceful countryside. And the canals are dotted with marvelous old village pubs that offer evenings meals as well as lunches.

Navigation is simple—most of the canal system is barely wide enough for two boats to pass. Just deep enough to float the boat, the canals pose no threat of winding up over your head. In fact, you could wade in the middle as I did—inadvertently. The only parts that some might find disconcerting were a very long tunnel of 45 minutes passage, and the height of some of the aqueducts.

For about \$600 per person for two weeks in the spring, we had a 65-foot, six-berth boat with comfortable and complete amenities and fixtures. Most travel agents can make the necessary arrangements, or you can (as we did) find information in the library and book directly by phone.

—from Roger Smith
(Medical Radiography retiree)

Marine safety & traffic control seminar

The B.C. branch of the Nautical Institute will be holding a fall seminar on marine safety and traffic control. Topics will range from the Vessel Traffic Service's (VTS) response to an oil spill, to technological developments that could enhance the effectiveness of the future VTS. VTS will also be discussed from the perspective of a tug master, pilot, fishing vessel skipper, master of a coastal freighter and a search and rescue specialist. Tours of the VTS facility will be arranged for small groups throughout the day.

Where: Coast Guard Vessel Traffic Centre
10th floor-100 Park
Royal, West Vancouver

When: Saturday, Nov. 18, 1995
1000 to 1530

Fee: \$5 for Nautical Institute members
\$10 for non-members
free for students

For more information contact Captain J. Kenefick at PMTC, tel. 274-1796.

Voice Mail Hot Tips

Group distribution lists:

When sending messages to the same group of people regularly, group distribution lists can save you time. These lists provide a way of storing up to 25 mailbox numbers per list. You can create, delete, review or modify lists.

How to create a new group distribution list:

After entering the system, press:

- 4 for Personal Options
- 2 for Administrative Options
- 2 for Group Lists
- 1 to create anew list
- Assign a two-digit number to the list you want to create (from 11-25).
- Record the name for the list.
- Enter the mailbox number of each person you want on the list.
- Press * to exit and save the complete list.

—from Gloria Mattie



BCIT Learning for Tomorrow

Staff training and development

Recruitment training

It's a million-dollar decision: How to invest wisely.

Research indicates that every hiring decision has a significant impact on the organization. This one-day workshop provides tips and techniques that will help anyone involved in the hiring process to be satisfied that they've hired the best qualified candidate for the job. Topics include preparing for the hiring process, screening candidates, preparing and conducting interviews and reference checks. During the course of the workshop, there will be opportunities for participants to practise many of the skills being taught.

Facilitators: Colleen Goose, Michael Theall, Wendy Waite-Kumagai (Human Resources)

Date: Thursday, Oct. 5
Time: 0830 to 1630
Location: NE1 Rm 167

Date: Thursday, Oct. 26
Time: 0830 to 1630
Location: NE1 Rm 167

BANNER training

Facilitator: Gary Lake (Banner Support)

Date: Monday, Oct. 16
Time: 1300 to 1600
Location: Computer Resources training room

Date: Friday, Nov. 24
Time: 1300 to 1600
Location: Computer Resources training room

Navigating BCIT

How to accurately refer a student

This session will provide institute employees with an overview of the various services and procedures that full-time students will encounter at BCIT, from the first enquiry as a prospective student to graduation and

beyond. This will enable you to accurately refer students to BCIT services.

Topics will include advising prospective students, Admissions, Financial Aid and Awards, Counselling, First Nations, Educational Services to Students with Disabilities, Medical Services, Housing, Recreation/Athletics, Employment Placement Services and Student Records.

Facilitators: Val Karpinsky, Jim Mitchell, and colleagues

Date: Tuesday, Oct. 17
Time: 1030 to 1200
Location: SW1 Rm 1125

Date: Wednesday, Nov. 8
Time: 1030 to 1200
Location: SW1 Rm 1125

Occupational First Aid—Level 1

This course is designed to provide basic life saving First Aid skills to workers in industry. No previous First Aid training is required.

Participants will learn: role and duties of an attendant, artificial ventilation, how to clear an obstructed airway, CPR, how to deal with minor cuts, abrasions, etc., foreign bodies in the eye, poisoning, awareness of hazardous materials and chemicals on the job site, how to prepare for an Occupational First Aid (OFA) job, how to set up workplace written procedures and how to deal with stress. Participants who successfully complete the course will qualify for certification.

Facilitator: Judi Wright, WCB certified instructor (Safety & Security)

This eight-hour course will be held over two days as follows:

Date: Tuesday, Nov. 14
Wednesday, Nov. 15
Time: 0830 to 1230
Location: NE1 Rm 167

Project Management using MS Project 4.0

Prerequisite: Introduction to Windows and working knowledge of Excel or Powerpoint or MS Word.

This all-day course combines concepts of Project Management and tips related specifically to MS Project. The course is given by someone who has had extensive experience in managing projects in their day-to-day work and brings many experiences to this training.

Facilitator: Michelle Sharp, EDGE Consulting

Date: Monday, Nov. 20
Time: 0830 to 1630
Location: Advanced Management Lab, SE6 Rm 230

Freedom of Information and Protection of Privacy

BCIT will be required to comply with the Freedom of Information and Protection of Privacy Act this fall. In anticipation of this requirement, Human Resources will offer training to individual departments on request.

Stress Management

Stress management training will also be offered on request, and will be customized to meet the specific needs and interests of each area.

How to register or for more information

To register for any of the above courses, or for further information, contact Dina Bedard on profs or at 451-6889.

—from Human Resources

Staff Service & Recognition 1995

The Annual Staff Service & Recognition for employees who have reached 20, 25 and 30 year milestones in 1995 will be recognized at a dinner on Tuesday, Nov. 14 at 1830 in the Rix Club.

Following is a list of employees who will be recognized this year. If you should be included on this list or know of someone who should be, please contact Michelle Traynor, Special Events at 8398.

30 years

Stephen Berghold	Chemical Sciences	05/15/65
Margaret Briscall	Financial Management	05/01/65
John Brown	Mathematics	07/15/65
Patrick Burns	Communications	08/15/65
Helen Cartmill	Safety & Security	06/14/65
Roger Cradock	Financial Management	09/01/65
Doug Deans	School of Engineering Technology	07/02/65
Don Eklof	Heavy Duty	08/16/65
Andrew Jakoy	Renewable Resources	07/15/65
Walter Kiklas	Electrical/Electronic Technology	03/08/65
Amarnath Kshatriya	Physics	07/01/65
Ed Martin	Mathematics	09/01/65
Donald McLeod	Chemical Sciences	06/01/65
Ed Scratchley	Electrical/Electronic Technology	06/01/65
David Thom	Physics	07/01/65

25 years

Henry Arthur	BCIT International	08/15/70
Audrey Cole	Nursing	03/01/70
Robert Douglas	Communication	01/05/70
Roland Drouin	Chemical Sciences	03/01/70
David Helgesen	Communication	09/01/70
Nancy Kadonaga	Institutional Research	08/25/70
Nick Potis	Plumbing	12/29/70
Clarence Siebold	Renewable Resources	08/15/70
Mary Uren	Nursing	08/17/70
Anthony Wong	Computer Systems	01/15/70
Dorothy Yarema	Medical Laboratory	05/19/75

20 years

John Ansell	Broadcast Communications	09/01/75
Linda Barratt	Nursing	03/27/75
Josephine Bohemier	AV Services	06/02/75
Maria Bojadziev	Mathematics	09/01/75
Raymond Bremner	Surveying and Mapping	09/01/75
Leslie Chan	AV Services	11/20/75
Pang Chiu	Biomedical Electronics	08/01/75
Kim Cummings	Biological Sciences	09/29/75
Steve Dudra	Operations Management	09/01/75
Cheryl Heady	Chemistry	08/18/75
Dieter Hecker	Physics	09/15/75
Valda Johnston	Communication	09/01/75
Tony Juzkow	Management Systems	09/01/75
Gloria Katnick	Recreation & Athletics	08/28/75
Peter Kavanagh	Drafting	10/16/75
George Kidd	Computer Systems	08/01/75
Christopher Lawrence	Mathematics	08/15/75
Michael Lihou	Electrical (Trades)	11/17/75
David Malcolm	Operations Management	09/01/75
Fred Martin	Computer Systems	09/01/75
Robert Nichols	Financial Management	09/01/75
Jennifer Orum	Financial Aid & Awards	09/08/75
Michael Otte	Communication	08/01/75
Valma Reeves	Computer Resources	04/01/75
Bruce Robinson	Campus Food Services	05/26/75
Bruce Rothe	Biological Sciences	09/02/75
Robert Roy	Library Administration	10/01/75
Bela Sivak	Renewable Resources	08/01/75
Danny Sundar	Campus Food Services	08/20/75
Rochus Ternes	Electrical (Trades)	08/01/75
Edward Vincent	Carpentry	01/13/75
Pauline Zabawski	Nursing	04/01/75

Please note that the service recognition list for 10 and 15 years of service will appear in the next edition of Update. The ceremony for this group will be held on Dec. 12, Town Square D, 1330-1430.

Pre-retirement planning seminars offered

One-day seminars for Public Service Pension Plan members over the age of 50 are being offered by the Superannuation Commission on Nov. 15 and Nov. 16 in Burnaby.

Space is limited at these seminars, so it is recommended that application be made at the earliest possible date. Application forms are available by fax from the receptionist in

Human Resources. Scheduling is handled by the Superannuation Commission, according to your estimated retirement date and available seating. Your spouse is encouraged to attend the seminar.

If you were an employee of BCIT prior to the amalgamation of BCIT and PVI, and have had no breaks in service, you are likely a member of the Public

Service Pension Plan. If you are unsure, please call the receptionist in Human Resources at local 8384 for verification.

Unfortunately, the Superannuation Commission does not provide similar seminars for members of the College and Municipal Pension Plans.

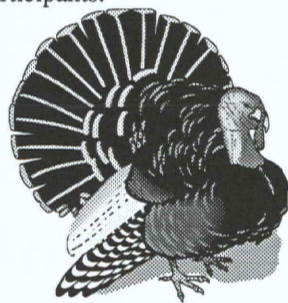
—from Human Resources

Recreation & Athletics

Here are some of the great offerings that BCIT Recreation & Athletics provides to the campus community. Call 8287 for more complete information on these and other opportunities.

Thanksgiving turkey shoot

Join us in the east gymnasium on Thursday, Oct. 5 from 1130 to 1330. One dollar will buy you as many arrows as it takes to hit the target three times. A turkey or cash is awarded to one out of 20 participants.



Beginners Tai Chi

Combine yogic breathing and stretching techniques in this highly evolved martial art. Classes run from Oct. 4 to Dec. 6, on Wednesdays from 1230 to 1330, and cost \$28.



Under the sea

Join the underwater fun with scuba lessons, Wednesdays from Oct. 4 to Nov. 1. The \$199 fee includes all equipment, five two-hour class room sessions, three pool sessions and five open ocean dives.



Juggling

Yes, you too could learn the art of juggling. Imagine how impressed your friends will be! For a mere \$8 (\$10 after Oct. 18) you can join these Wednesday sessions from Oct. 25 to Nov. 15 in NE1 Rm 345 from 1130 to 1215.

Personalized weight training

For \$40, you can have a two-hour personal session with a trained fitness instructor. You'll learn safe use of equipment, proper lifting techniques, and develop a program tailored to your fitness level and needs.

BCIT Employee Discount — Fitness World

Fitness World "Fitness Gold Card" posters have been distributed to PMTC, DEC, Sea Island, the Burnaby campus library, Human Resources, Med Services, the Mailroom and Financial Services. The "gold card," available where posters are found, entitles you to five free visits, two free tanning sessions and a discount in both membership and monthly dues at Fitness World. The standard initiation fee is currently \$669 and monthly dues \$17. Should you chose to join Fitness World as a BCIT employee, your initiation fee would be \$419 and monthly dues \$14.

Classy finds

For sale: 1994 26" Sanyo stereo TV with five-year warranty \$450. 1994 stereo top-of-the-line VCR with five-year warranty \$450. Peugeot mountain bike with great components \$400. 1974 15-foot Calglass boat with 40-hp outboard and trailer for \$1,500. Will take best offers. Call 522-4111.

For sale: '92 Ford Tempo LX, fully loaded, excellent body and mechanical condition; air conditioning; air bag; power lock/windows; 76,000 kms, silver/metallic grey \$9,150 obo. Call Leslie at 987-7336 or PROFS at Itodd.

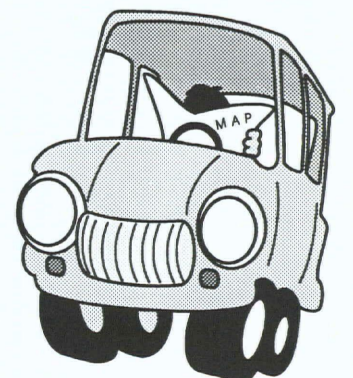
For sale: Nordic Track X-country ski machine, excellent condition, basic model. Paid more than \$600; asking \$300 obo. Call Leslie at 987-7336, or PROFS at Itodd.



For sale: Peavey amplifier model 108 for instrument pickup c/w mic in excellent condition. \$80 Call Derek at 6715 or 942-8788.

For sale: MAP 1/2 HP drill press \$325. Craftsman 12" band saw/sander \$325. Rockwell 9" tilting arbor/table saw \$325. Call Derek at 6715 or 942-8788.

For sale: Teal green 1994 Acura Integra LS, 2dr, HB, 5spd, 25,000 km, just had its 24k service. Dual airbags, ABS, power everything, a/c, s/r, full protection package (fabric, paint, undercoating). \$18,500. Call Ronaye at 8738 or 462-7506.



BCIT Events to Come

Tuesday, Oct. 3

■ Ballroom dance lessons begin. Learn the basics in eight sessions for \$27. Tuesdays, until Nov. 21, from 1800 to 2000. Sponsored by BCIT Recreation and Athletic Services.

Wednesday, Oct. 4

■ Men's intercollegiate soccer: Capilano versus BCIT. Come cheer at the BCIT field at 1700.

Thursday, Oct. 5

■ Lunch and Learn session on safety and security at work and home, from 1300 to 1400 in NE1 Rm 331.

Saturday, Oct. 7

■ Seminar "Living with Lupus" sponsored by the BC Lupus Society will be held in the BC Tel Theatre. Dr. Robert Phillips, author of "Coping with Lupus," will headline a group of speakers. For more information, please contact Gary at 8986.

Friday, Oct. 13

■ Multi-media extravaganza and advanced digital design studio opening at Campus Centre from 1000 to 1430.

Wednesday, Oct. 18

■ Celebration luncheon and entrance awards in Town Square from 1200 to 1300.

Wednesday, Oct. 25

■ October scholarships and awards ceremonies from 0830 to 1600.

Green Alert!



Single Occupant Vehicles (SOV's) pump out 65% of local air pollution.

Carpool and use the alternatives too...

For more information on this week's environmental topic, call 8288 (option 2).



STAFF PROFILE

Training session led instructor to China

Gary Blidook, steel fabrication instructor, spent two weeks of his summer holiday in Beijing, providing a follow-up to a training session last year.

"A local company went into a joint venture with a Chinese company, so they brought the shop supervisors and an interpreter over to train in the thermo-machining centre here," he explains.

The company decided to provide its employees with a refresher course this summer, so they contacted Blidook on rather short notice. "I didn't even have my passport at that point," he says. "So I couldn't just leave for China the next day; I had to really rush around to make all the arrangements!"

The two-week workload was heavy, but Blidook found time

during weekends to see the sights. "I saw the Great Wall, and spent three hours going through the Palace Museum," he says. Those three hours were enough to see about half the museum.

"Eating was sometimes a bit of a challenge," he says. "Communication was difficult, so when there was no interpreter, I only ate things I could point to. Sometimes I'd treat someone from the plant to dinner, just so they could help. They loved it, because it's a luxury for them to go out to dinner."

Despite 30-degree heat and crowded streets, Blidook says he'd be glad to return for a holiday or other training opportunity.

—from Ruth Raymond



Steel fabrication instructor Gary Blidook took time to see the sights



Beijing's crowded streets are navigated best by bicycle.

Wedding Bells at BCIT



Bells were ringing through the summer months as BCIT staff and faculty were wed. The School of Trades was particularly well represented, there must be something in the air in NE1.

Congratulations to the School of Trades' **Lorri Ekeli**, who married Ian Higuchi in April; **Rod MacNeill** who married **Debbie Saxby** of the Business Training Centre on Aug. 6; **Diane Zackariuk** who married Steve Pollock on Sept. 8; and **Sandy Zustovic** who married Joe Caktas on Sept. 16.

BCIT International's **Kathy Lau** married Gordon Chan on June 3. BCIT International wishes the happy couple lots of treasured memories, a lifetime of happiness and a houseful of kids!

Wendy Milligan, also of BCIT International, says the former construction site at SW2 played an important role in her courtship. It was there that she first met her husband Kerry Kennedy the day before he finished his contract as an iron worker. Kennedy and Milligan often exchanged pleasantries as she made her way to work every morning and eventually the two met when Kennedy placed a note on her dash board. The happy couple were wed on Sept. 2 and are looking forward to moving into their new home in Abbotsford.



Dénise Nordin from Fish Harvesting and Processing Technology was married to Ray Deleebeek on July 15 in a bright, sunny outdoor ceremony on Burnaby Mountain. The reception was held at the RIX Club and the newlyweds enjoyed a relaxing honeymoon in California, sipping Napa Valley wine and relaxing in volcanic mud baths in Calistoga.



Information and Community Relations' **Mary Murray** married Bob Lepp at a beautiful outdoor ceremony in Belcarra on July 15. Family and friends had a wonderful time helping them celebrate this happy occasion. The newlyweds are off to Hawaii later this month for a belated honeymoon.

Error

To err is human, but in this case, *Update* Erred when we should have Emmed. In last issue's Rail Buff article, Dave Emmington's name was errantly transposed to Errington. Our apologies.



Update Winners

Congratulations to **Michael Stewart**, bookstore manager, for providing the winning news tip in September. His tip resulted in the Sept. 5 story *Bookstore relocates at heart of campus*.

His prize, a BCIT book light, is waiting for him at Information & Community Relations.

For September's best story submission, *Update's* panel of experts has chosen **Dave Emmington**. We're especially pleased that he won, since we spelled his name incorrectly and neglected to include this picture to illustrate his story *Railway buffs take tour*, which appeared in the Sept. 19 edition. We hope that his prize, a BCIT umbrella, will come in handy when the autumn rains come.

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