

December 6, 1989

SA vice president resigns

Link Staff Report

Student Association vice president of Marketing and Public Relations Jo-Anne Emery has announced she will resign from her position effective December 31. Emery, who is withdrawing from BCIT at the end of this term, was responsible for this year's record-breaking Shinerama campaign, and shared responsibility for a successful United Way appeal and blood donor clinic. Emery cites several problems with the Marketing department as her reason for not returning next term.

Emery will be replaced through an election to be held by student council early in the new year. Executive members normally hold office from June 1st to May 31st.

Car break-ins down

By Melanie Friebe

Although one might often find a car out in the lot that has obviously been broken into, according to BCIT Security, the number break ins is actually down over last year. The reported number of break ins throughout BCIT parking lots have actually decreased from last year, says a spokesperson for Security, due to a bust in a theft ring operating in the Burnaby area. Last year from April 1-November 30, 73 break ins were reported to Parking and Security. This year 28 occurrences and one stolen car have been reported from April 1-October 31.

Part of the decrease is due to the work BCIT did with the RCMP regarding a suspected ring operating around the Burnaby area.

Neal Chadwick, Manager of Parking and Security, says that the campus security cover the lots four to five times a day, and in addition the Institute has an agreement with the RCMP where they will drive

through the campus during their shifts when possible.

"They have been and will be on campus as much as possible," Chadwick says.

Student hit in parking lot

By Melanie Friebe

Early Monday morning a BCIT student was struck by a car as she walked to classes. The student had parked her car near the Maquinna residence and was walking towards the school when a car travelling in the same direction clipped her and knocked her down. The driver of the car immediately took her to Burnaby General Hospital. Neal Chadwick, Manager of Parking and Security, says the student suffered only minor cuts and bruises. He added that a charge of driving too fast for the road conditions is pending against the driver.



Tell the owner of this car there are fewer break-ins this year.

Focus on students in need

Duff Gardner
Needy Student Fund
Fund Raising Coordinator

Well, it's finally here, the last week of classes before Christmas. It's time to exam-cram and dream of Christmas parties and gift-giving. For most of us, this is a time when exam pressures are lessened somewhat by the knowledge that it'll soon be over and that we'll be soon at home enjoying the Christmas spirit. For some students, however, this time of year carries an additional burden to exam worries - financial stress. These students cannot buy their family or friends gifts because they have to save for term 2. They don't go out with friends because they don't have enough money and they're embarrassed to admit it. They're scrambling to put together enough money to cover December rent and utilities. They will be forced to work all through the Christmas holidays in order to cover term 2 tuition. They may have received student loans, only to have run into unforeseen expenses and watched their money disappear. Most of these students will somehow deal with these situations and return for term 2.

Statistics on needy students are not easy to compile and I don't want to bore you with statistics, anyway. However, look around you at all your classmates. What if one of them becomes so financially-stressed during the school year that he/she drops out? What if this person has become your best friend and study partner? What if this friend doesn't have the option of asking his/her parents for a few extra bucks? What if the amount you spend on a new pair of shoes is all that stands

between this friend staying or quitting?

The Students Association has decided that there is a great need for a fund on campus that would help these needy students. This fund would help a student who is \$100 short one month. It would help out a student who has run out of food money and is eating toast and macaroni each night. It would help out a student who is unable to spend a few extra dollars to make his/her group project or directed studies project more successful.

The Student Association will be lobbying the provincial government to match any fund the Students Association raises for this fund. I would, however, like to hear students thought on the subject of a Needy Student Fund, administered by the Student Association. I would also like to hear from students that are in need of such a fund, or are aware of somebody who is. These letters will be compiled and published in the January 10 Link. Please sign your letters anonymously.

Christmas donations

Would you like to help Medical Services spread Christmas cheer? Once again, we are accepting donations of pennies, non-perishable food and new toys on behalf of the salvation Army. The main collection area is the Medical Services office in the SAC Bldg., where a "penny jar" and large box

will be located.

Other collection areas will be the Finance Dept. (Inglis Bldg.), Staff Society Office (1A 269), Student Services and the Campus Cafe. Remember that food should be non-perishable and the toys should be left unwrapped to allow easier sorting and allocation.

Six FEAT technology bursaries available

Link Staff Report

Students registered in a limited number of technology programs may now apply for one of five \$250 bursaries.

The Foundation for Education & Advancement in Technology has established a bursary program for students in programs that have accredited status with the Applied Science Technologists and Technicians of B.C. The bursaries are available to BCIT and college students who are registered full-time in second year of eligible programs and who have at least a second class average. One \$250 bursary will be presented to a student who meets the bursary criteria and who is the daughter/son of an ASTTBC member.

According to Jennifer Orum, coordinator of Financial Aid and Awards, the eligible BCIT programs are: Biomedical Electronics, Biological Sciences, Building, Chemical Sciences, Civil & Structural, Electronics Technology, Renewable Resources, Petroleum, Wood Products Manufacturing, Mechanical, Mining, Surveying and 4-year Electronics Apprenticeship.

Students must complete an application supplying information regarding financial need and community service, and including a statement of career goals. Applications must be submitted to the Foundation by December 15, 1989.

Students may obtain application forms from Financial Aid reception in Student Services.

Trades workshop a success

By Melanie Friebe

The Women in Trades Workshop held last Thursday, November 30, was a success, says Kate Pelletier, Co-ordinator of Women in Trades. Of the women who attended, one was a former student who enjoyed the last Workshop, and another was a perspective student who is enrolled for the spring term. Pelletier says the turnout was good, especially with guests Len McNeely, Dean of Trades; Mike Cannell, Associate Dean Construction and Metal Trades; Stu Gibbs, Counsellor for

Student Services; Betty McCallan from the Employment Action centre; Anna Lisa Jones, Support Programs Co-ordinator and Paula Pick as the guest speaker.

Pick did a presentation and spoke on Equity Legislation, and research done on how women or little girls make their career choices or career counselling. Pelletier says they got a "real good response" and that "the plans are in the making for another workshop in the new year. Keep your eyes on the bulletin boards."



The Employment Action Centre Wishes Students and Staff



Happy Holiday
and a
Prosperous New year!



Ruggers win a big one

The BCIT Cougar Rugby Club won a very big game against college rivals Trinity Western University on the rain-soaked BCIT field on Saturday.

The Trinity side had beaten the Cougs soundly by a score of 16-0 in exhibition play in late September,

giving the Cougars an added incentive.

The game started slowly with both teams having trouble on the slick field and with a wet ball, the Trinity side scored first to make the score 4-0 thanks to a number of poor tackle attempts by the BCIT

lads.

The first half ended 4-0. The first 10 minutes of the second frame was all Trinity with the Cougar ruggers fighting off a determined rush by Trinity. The Cougar's goal-line stand proved to be the turning point.

BCIT stormed down the field to the Trinity goal, after two sets the Cougs scored a push over try, the ball being touched down by Tim Borgeau, Doug Clift converted to make it 6-4 BCIT.

The Cougar's kept the Trinity boys' ears stapled to their goal post and were rewarded with another score by number eight, Tim Marshall who ran through virtually the whole opposition side to score. The final score, BCIT 10, Trinity 4.

The BCIT Cougar Rugby Club is still looking for a few good men! All new players are still welcome, especially first year students who can become the team of 1990-91. Contact the coaches or any team member for information. Join now and join us for our San Francisco tour!



Rugby action caught by Caroline Neat.

Volleyball continues

Well, intramurals for 1989 are just about history! In Wallyball last week, the Thermosettlers wrenched league championship away from the Mischiefers. The Plastics entry defeated the Staff/Computer team in a best two out of three match on Wednesday, November 29th.

Volleyball action still carries on this week. This Wednesday's schedule will decide the overall champion. Only four teams remain in the running. Building, the favorite to win the whole shooting match, took honours in Division A, the Diggers outlasted all other teams in Division B (Computer Systems), the Wizards (Chemical Sciences) are the Division C champs, and the Six Packers made a miraculous comeback in Division D. Miraculous in that they just about missed out on

play-off action due to a mistake in tallying win/loss record.

Action begins Wednesday, Dec. 6th at around 12:00 p.m. Get out and cheer on your tech to victory. All teams deserve a rousing round of applause for their efforts.

Playdowns for Flag Football carry on out in the back-forty behind Taps.

All players for the winning teams will receive their own special t-shirts, proclaiming their No. 1 status courtesy of Paul and the staff at Recreation and Athletic Services.

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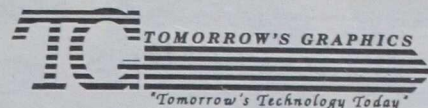
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Submissions invited for a special ENVIRONMENT issue of the Link to be published early in the new year.

Submit your ideas, concerns, research etc on where we are, where we are headed, and what we can do about the state of the environment.

Opinion, articles, research papers, term projects, letters - all are welcome.

Don't miss this opportunity to speak out on environmental issues. Open to all members of the BCIT community.

For more information contact Don Wright, Link publisher, at 432-8368.

Deadline: Friday, January 5, 1990.

STUDENT GUIDES

7 part-time positions available - needed to direct part-time studies students to classrooms. Dates required are: Jan. 8, 9, 10, 11, 15, 16, 17 and 18. Hours are 5:30 p.m. to 7:30 p.m. Also required, Jan. 13 and 20. Hours are 8:00 to 10:00 a.m. Salary: \$6.91/hr. Please call Brenda Walton, BCIT Admissions Department - 432-8230 if you are interested.

SCHOLASTIC INSURANCE

in the SAC Building will be open to December 22nd. Come in and renew your Autoplan early.

For road runner service over the holidays phone John at 324-9746 or 432-8413.

FOR SALE

Christmas cards for sale in support of Amnesty International. \$4.95 and \$7.95 per package. Limited number available through Don Wright at the Link/Access office in the Library Lobby.

REMINDER FOR
LIBRARY USERS
Avoid end-of-term penalties
by returning or renewing
all library materials and
settling outstanding accounts.



Say no to war toys

The annual barrage of Christmas advertising and promotion has started, and with it, unfortunately, the conflicting message: love one and all but arm yourselves to the teeth.

This is the message children are getting, when we tell them about Christmas and then subject them to the most intense and unrelenting of Christmas advertising - that to do with the marketing of war toys.

Children are heavily exposed to exciting images of GI Joe and others glorifying war and the use of violence to settle conflict. The image is repeated in commercials, lengthy cartoons, and supported by department store catalogs and displays.

It goes against everything we've learned Christmas is all about. How can we possibly justify gift-wrapping presents for children that implicitly teach them that warfare is glamorous and that to kill an "enemy" is the only way to settle problems.

The old excuse that, "Well, I had a toy gun when I was a kid, and it hasn't affected me" is a tired and obsolete cop-out. The fact is, it has drastically affected us, making us insensitive to the plight of too many people around the world who, on Christmas morning like any other morning, face death or injury as the result of some military or quasi-military action.

We may feel smug in our living rooms, family all around, congratulating ourselves on getting the latest in high tech nuclear war toys for the kids. But it is sad that we aren't making an effort instead to teach our children about the alternatives to war, violence and destruction. Recent world events show that peaceful resolution of long-standing conflict is possible - if we change our way of thinking and remain open to alternatives. Toys and video games that normalize violence, racism, war and destruction are obviously counter-productive in this context. Make your home, daycare facility, classroom, retail store, and Christmas tree a "War Toy Free Zone" and give the gift of peace.

- Don Wright

Stuart McNish

Something happens to a man when he's away from his family, especially at Christmas. He gets lonely and longs to see his wife and especially his kids.

So it was for loggers Dale Chase, Dave Mason and Len Barkley. These men work in the bush. They cut down trees for a living. Tree falling is a lonely job and these guys kill their loneliness by thinking about the emotional heart pounding they experience when their kids rush into their arms.

So they decided to do something about it. They chartered a plane and flew home. Or at least that was the plan.

Back at home their families were beside themselves with joy, Dad was going to be home for Christmas. All three families got together and planned a group Christmas. This was going to be the first time in years they had all spent Christmas together. So they were going to collectively make it a day to remember.

The wives spent hours preparing a feast and the kids decorated. The air was filled with excitement. Everyone was on edge, because this was going to be the best Christmas ever. It had been a good year in the woods and now it was time to celebrate. And this was going to be a party to rival all parties!

About an hour before the plane was due to land everyone piled into a van and drove out to the airport to meet Dad.

Just one problem... Dad never showed up. Something happened to

these men, something worse than loneliness. The airplane never made it home, it wound up on the side of a mountain buried in snow.

The meaning of Christmas has changed for the families of Dale Chase, Dave Mason and Len Barkley... forever.

Classifieds

Wanted: student willing to babysit for 2 yr & 8 yr old usually on weekends, some days and some nights. In Victoria and 47th area. Must be available on evening of Dec. 22. Call BCIT local 8600 or stop by SA office.

For sale: 12 speed mens bike, good condition \$50.00. Hardly used kodak 4200 carousel slide projector with screen and extra lens \$250.00. Sears Beta video machine with remote, excellent condition \$125. Local 8602.

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Environmentips

By Jack & Susan Norie

Are you getting into the Christmas spirit? Since the day after Hallowe'en the stores have been displaying all their Christmas wares and specials, and the radio stations are beginning to play tunes to get us in the mood.

In a recent column in the Tri-City News, writer Kate Poole says, "We don't know what we're celebrating here - it's no longer (either) a pagan or a Christian festival. It's because there's no clear meaning or need to Christmas that it's so easy to distort it into sort of a decadent waltz around the

Letters to the Link

Keep it clean!

Editor, The Link
Open Letter to students and faculty/administration:

Link coverage of parking problems and complaints dominated the news contained in the Nov. 29th edition; with both students, S.A. and parking administration airing their views. Statements like "BCIT is trying to portray an image of High Tech.", and "faculty members have presence over parking costs versus student parking costs and space." were made.

Well I agree mostly with the students point of view and I say this because I have walked and jogged on many occasions across the whole of the now BCIT campus from N to S, since 1976. But on the other side of the fence the same department that handles parking also handles the cleanup of the grounds and buildings.

This summer for example, I was very distressed by the lack of consideration for others and for property (BCIT grounds and lunch eating areas). It seems even the crows were ashamed of how messy (filthy) the lunchrooms and grounds were everyday and this dirtiness has been carried on into the fall and

winter months. And the blame is more students than faculty, but just the same, everyone should be as considerate and conscientious here at BCIT as they are in their own homes or their parents' homes.

You students want better parking areas, at lower costs; we on-the-whole (ALL BCIT persons) want to be able to walk, jog, sit or eat on clean, neat grounds and sit at clean, neat tables. We (BCIT) would also like to sit at the lunch tables with SPACE to eat our lunches in peace - not sharing it with students who feel they must spread their school books and papers over 3/4 of the table and talk so loud the people six tables down can hear. I thought this was a technology institute where young adults came to prepare themselves for the business world, not to be trained in cleanliness and neatness; that was a role your parents should have played.

If you people could adhere to the signs posted in lunchrooms and just use some common decency and show you care for what you have, then perhaps your future parking areas and costs would improve. Perhaps then the administration would not be having to always replace broken chairs; or hire outside help at an atrocious cost to pay for cleaning up after you, the students. Remember, "Little things mean a lot." Try it, you might like it.

Name withheld by request.

CARNIVAL 1990

The Student Association is planning a major fundraiser in January. All proceeds will go directly to the Student Association Needy Student Fund. If you would like to volunteer, please call Duff at 432-8491 or drop-in at the Student Association office in the SAC.

Student bakers win

Congratulations to Baking students Joanne Watson and Loreen Chickloski for winning awards in the Canadian Sugarcrafters Society of B.C. Fantasy in Icing Contest recently.

Chickloski was awarded first prize for her novelty cake/novice,

third prize for her traditional wedding cake/novice and first prize for her foreign technique wedding cake/novice.

Watson was awarded third prize for her entry in foreign technique wedding cake/novice.

Tell us what you think!
Write a letter to the Link!

department stores..."

Are you getting caught up in this "decadent waltz"? Christmas is generally the retail world's Big Push on consumerism. Buy, buy, buy! In the process of selecting some very good quality gifts, we also inevitably end up with tons of junky purchases that our recipients may never use, or may perhaps just turf. And, this kind of rampant consumerism contributes to the problem of our waste-generating society. We must ensure that the gifts we give are from the heart and that the recipient will not only appreciate the gift, but also make use of it on a long term basis (unless it's an edible gift, of course!).

How can we enjoy Christmas festivities without stepping on Mother Nature's toes too much? Here are some hints:

- Decorate with some old traditional items. Try making garlands by stringing cranberries and/or popcorn. Make wreaths from fresh branches of pine, cedar, or holly; pine cones, too.

- Take extra care unwrapping your gifts so that the paper can be re-used. Last year we found wrapping paper printed on newsprint at our local department store. This type is less expensive, and the non-resuable pieces can be recycled with your newspaper.

- Save and re-use ribbons and bows. When not on packages, they can be used as ornaments for the tree.

- Be aware of excess packaging on store-bought items, and avoid where possible.

- Try to lean towards natural fibres in clothing, etc.

- Avoid using snow sprays and buying stuff like angle hair and icicles that only get thrown away afterwards. Foil icicles usually have a plastic finish and can't be recycled.

- Try making some of your own gifts. If you bake, knit, crochet or sew, or do woodwork or crafts, your personally made gifts will be appreciated for the effort. Be innovative: give a "Gift Certificate" to someone stating it is good for "an evening of babysitting" or "good for one mowed lawn", or something else applicable to your talents and the gift recipient's needs.

- Buy a live tree, decorate it for Christmas, then plant it somewhere in January. This will be your gift back to the earth after the celebrating! Be sure to get thorough instructions on care of these trees as they do not enjoy being indoors for extended periods.

Reporter Sandy MacDougall of the Tri-City News also had this to say of Christmas: "There's a lot more to Christmas than over-commercialization by toy manufacturers and having to attend all those silly office parties... children, rich and poor, look forward to the Yuletide season as the time of year when we give and receive, regardless of the value of the gift... the spirit and goodwill of Christmas should be practised all year."

Have a wonderful "Green" Christmas (with snow if your like) and try not to get too polluted during that time! HO HO HO!

ACCESS

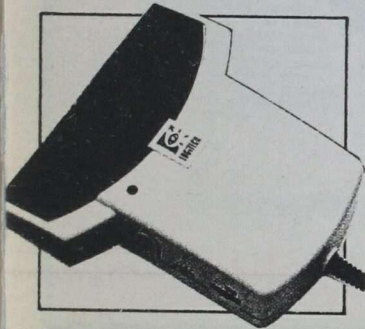
A Monthly Review of Computer Product News and Great Deals

November/December 1989

New at Access!

It's amazing how many new computer products come out every month. New software, new editions of old software, new and exciting accessories, and faster versions of everything. As always, the ACCESS computer store, located in the BCIT Library lobby, is stuffed to the rafters with new software and accessories.

Just out is the new Logitech



Scanman Plus hand scanner. Logitech has redesigned the popular scanner, flattening the sides for better straight scanning. Scanman Plus runs with IBM compatible PC, XT and AT, and comes with Paintshow Plus. With 400 dpi resolution, Scanman Plus will scan images up to four inches wide and 14 inches long. Scanman Plus is compatible with all the most popular desktop publishing and word processing packages, including Logitech's own Finesse. The regular ACCESS price on Scanman Plus for the IBM is \$299.99, but between now and Christmas, they go for just \$269!

Logitech is also well known for its mouse products. The latest mouse is the Series 9. The mouse has been redesigned, with a front to back curve that fits very comfortably in the hand. The Series 9 mouse is fully IBM PC, XT and AT compatible, and comes with Pop-Up DOS for a point and click environment. ACCESS carries the serial version, just plug it into the back of your machine, install the software, and away you go!

Still on Logitech, ACCESS now carries a special two button mouse at a very low price for people who just want a plain old mouse with no bells and whistles. The regular ACCESS price on it is \$45, but until Christmas we're offering at an unbelievably low price of only \$39! Buy two at this price - one for yourself and one for a friend!

One last Logitech note: the first person who comes into ACCESS after reading this and buys the special Logitech bundle advertised inside (Series 9 Serial Mouse, Finesse and an ACCESS mouse pad for only \$199.99) gets a free Logitech t-shirt *From ordinary to

spectacular. Every time.* What a deal!

Our selection of 9 pin dot matrix printers is quite extensive. ACCESS now carries the Citizen 120D and 180D, the new Star Micronics NX-1000 multi-font II, and the Brother M-1109, all under \$300. The most popular printer we carry is actually the Panasonic KX-P1180, which retails for an even \$300, including the cable. It is probably the most popular because it is easy to use and produces very high quality NLQ print, suitable for term projects, reports and resumes.

Inside this issue of ACCESS are some great specials, some for Christmas, some continued from our last sale because we want to continue to give the students and staff of BCIT the best possible deal on a wide range of software packages, accessories and basic computer systems.

Take a minute to check through the rest of this issue of ACCESS, come into the store and check out the new products, and have fun during the break. January 3, 1990 will come soon enough!

The ACCESS computer store/word processing centre is located in the lobby of the BCIT Library, and is open Monday to Friday. ACCESS will close Friday, December 15 for the Christmas break. ACCESS will reopen Wednesday, January 3, 1990.

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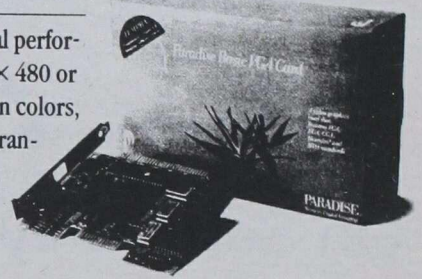
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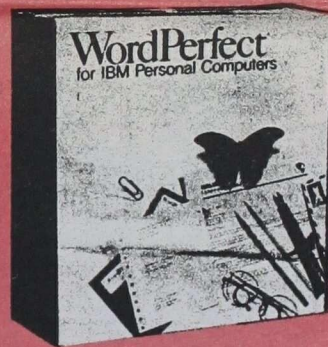
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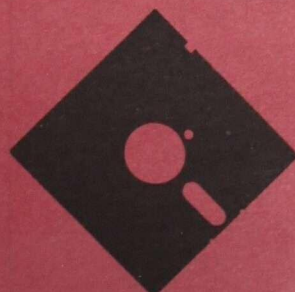


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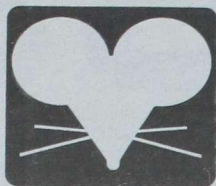
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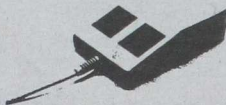
LOGITECH

"The Mouse" is a two-button opto-mechanical mouse that's easy to install and a pleasure to use with your IBM PC, XT, PS/2 or 100% compatible.

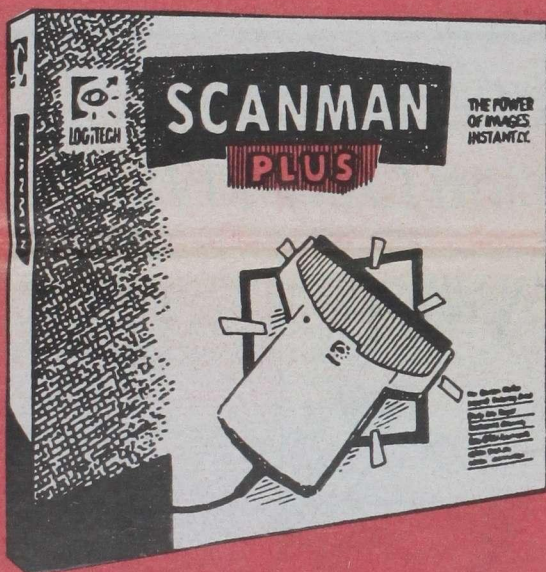
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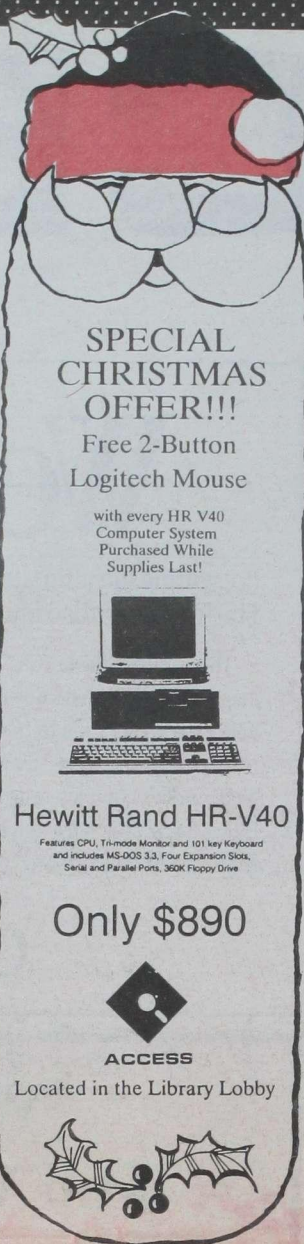
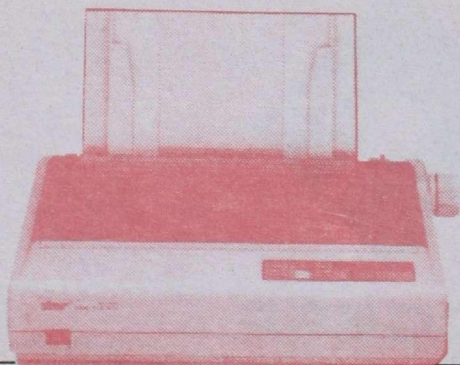
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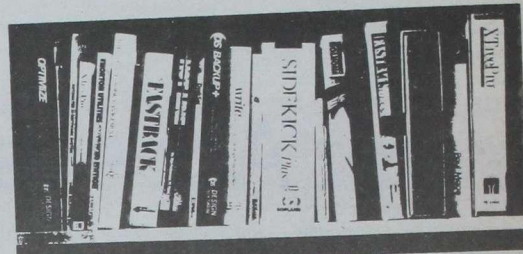


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PC Tools Deluxe is the most complete and capable utilities product available at any price.

It includes data recovery utilities for recovering accidentally deleted files or repairing corrupted disks. Its resident DOS shell allows you to view multiple directories simultaneously and copy or move files with just a click of a mouse. The hard disk backup program is fast.



has an adaptable data compression feature for cutting backup time by as much as 50 percent, and even tells you how long the backup will take and the number of disks you'll need before you start. There are file unfragmentation and disk-caching utilities for enhancing your system's performance. And PC Tools' desktop manager features a unique windowed environment, full mouse support, pull-down menus and context sensitive help that make learning and using the product a breeze. So before you invest in an entire library, check out PC Tools Deluxe. With more than a half million copies in use, it's on everybody's best sellers list.

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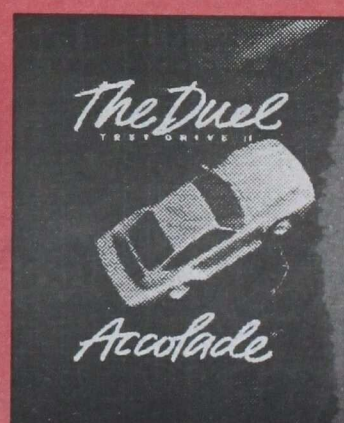
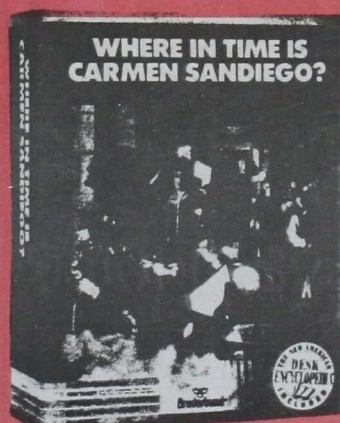


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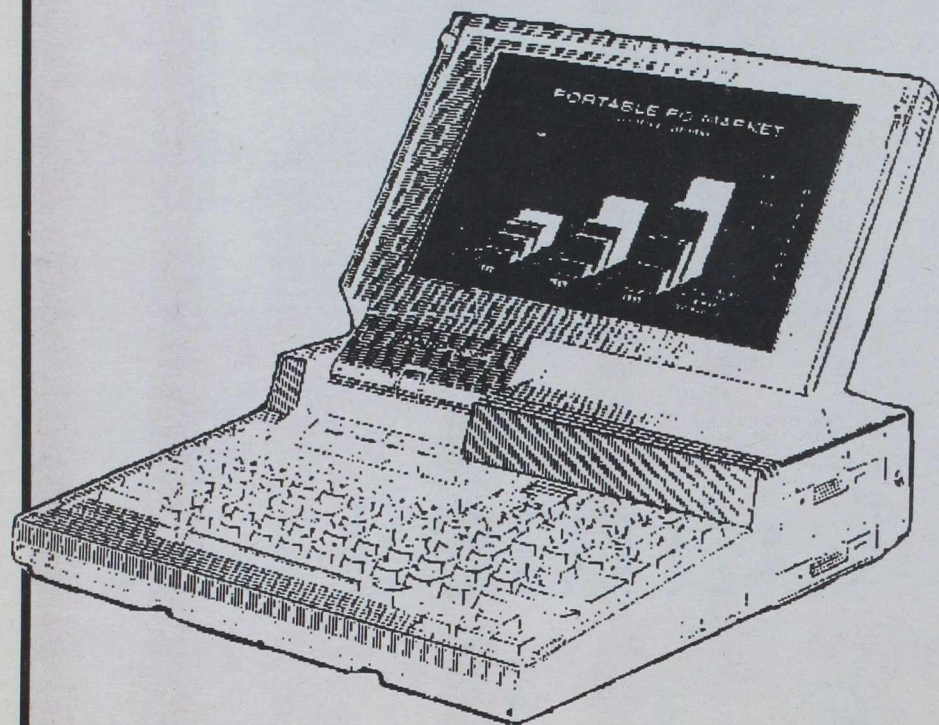


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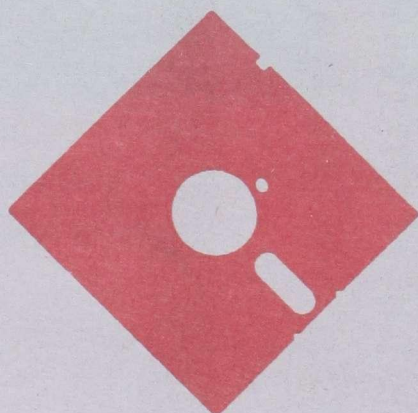


MZ-100 Portable personal computer

- Large supertwist backlit crystal display
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- IBM® PC compatibility
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DEMO CLEARANCE!

- 1 - Hewitt Rand V40 System - \$800
- 1 - Sharp MZ100 XT Laptop - \$1430
- 1 - HR VGA monitor and card - \$820

All units complete with manuals, cables and packaging.

Alternatives: massage and back care

By Tommy Chan

There is a very unique health clinic near BCIT that all athletes, stressed out students, overworked teachers, and support staff should know about. You can get a relaxing massage and proper back care at the Central Park Health Clinic near Kingsway and Patterson in Burnaby. John Russell, Registered Massage Therapist (R.M.T.) and Dr. Gordon Paterson, Chiropractor, together, work in the clinic.

Visits to the R.M.T., up to 12 in a calendar year, will be covered by your B.C. Medical Plan (except for a \$5 user fee per visit). However, physiotherapy visits are also included in this coverage. This means you may have any combination of physio and massage therapy up to 12 covered by the medical plan. For example, you may have 10 massages and 2 physios covered by the BCMSP. People on medical premium assistance (this includes many students) are exempt from the \$5 user fee. But before you can see a R.M.T. you must get a referral from your medical doctor or from BCIT Medical Services.

After your 12th visit the half-hour charge is around \$22 and for an hour it will be around \$40.

On your first visit you need to fill out a form about your health record. Then the massage therapist will personally ask some questions about your present condition. Treatment can begin on the first visit.

There are three therapeutic objectives of massage.

1) A massage can be used to treat medical conditions. It can aid in restoring normal functions of muscle joints, reduces swelling and aid in recovery from injuries such as fractures and sprains.

2) Reduce stress (and there is a lot here at BCIT). The massage can relieve tension headaches and migraines, and aid in reducing the physical effects of school stress and fatigue.

3) Massage for relaxation to restore general feeling of well being.

Health care coverage for chiropractor visits are the same as mentioned before (12 covered by BCMSP plus \$5).

The chiropractor generally treats back problems. About 80% of Canadians will sometime in their life experience back pain. Only about 40-45% of British Columbians visit a chiropractor regularly.

On your first visit you'll be interviewed so the chiropractor can learn about your health history and the events that led up to your present condition. Treatment can start on the first visit.

Usually x-rays are not necessary and drugs are never used. The chiropractor finds the area that is not functioning properly and adjusts it. The adjustment causes a cracking or popping sound similar to the sound of your knuckles when you crack them.

Chiropractic treatment is also good for headaches and nervous problems if they are related to the spine.

Constipation, severe menstrual cramps, allergies and many other health problems can be treated when certain vertebra are adjusted. Only the chiropractor is trained to locate the problem areas and give the proper adjustments.

One of our goals as humans is to achieve 100% health. When we get sick we want medication to treat it. In order to achieve 100% health you must eat the right foods, exercise, sleep 7 hours, avoid stressful environments, and have normal body functions.

Regular visits to a massage

therapist and chiropractor will help you achieve 100% health. The professional athletes out there today prove that optimum health can be achieved.

Even though you may not feel any pain now, hidden problems at the early stage if not found can develop into major problems at a later stage. It's similar to how a small painless cavity can turn into a gut wrenching root canal.

My suggestion is to use these health services that are provided for you. Your health could only get better with regular visits.

For more information on massage therapy please phone John Russell, R.M.T. at 439-1244, and on chiropractic therapy phone Dr. Gordon Paterson, D.C. at 439-1230. The address of the Central Park Health Clinic is 4071 Kingsway St. (near Patterson Skytrain Station) in Burnaby.

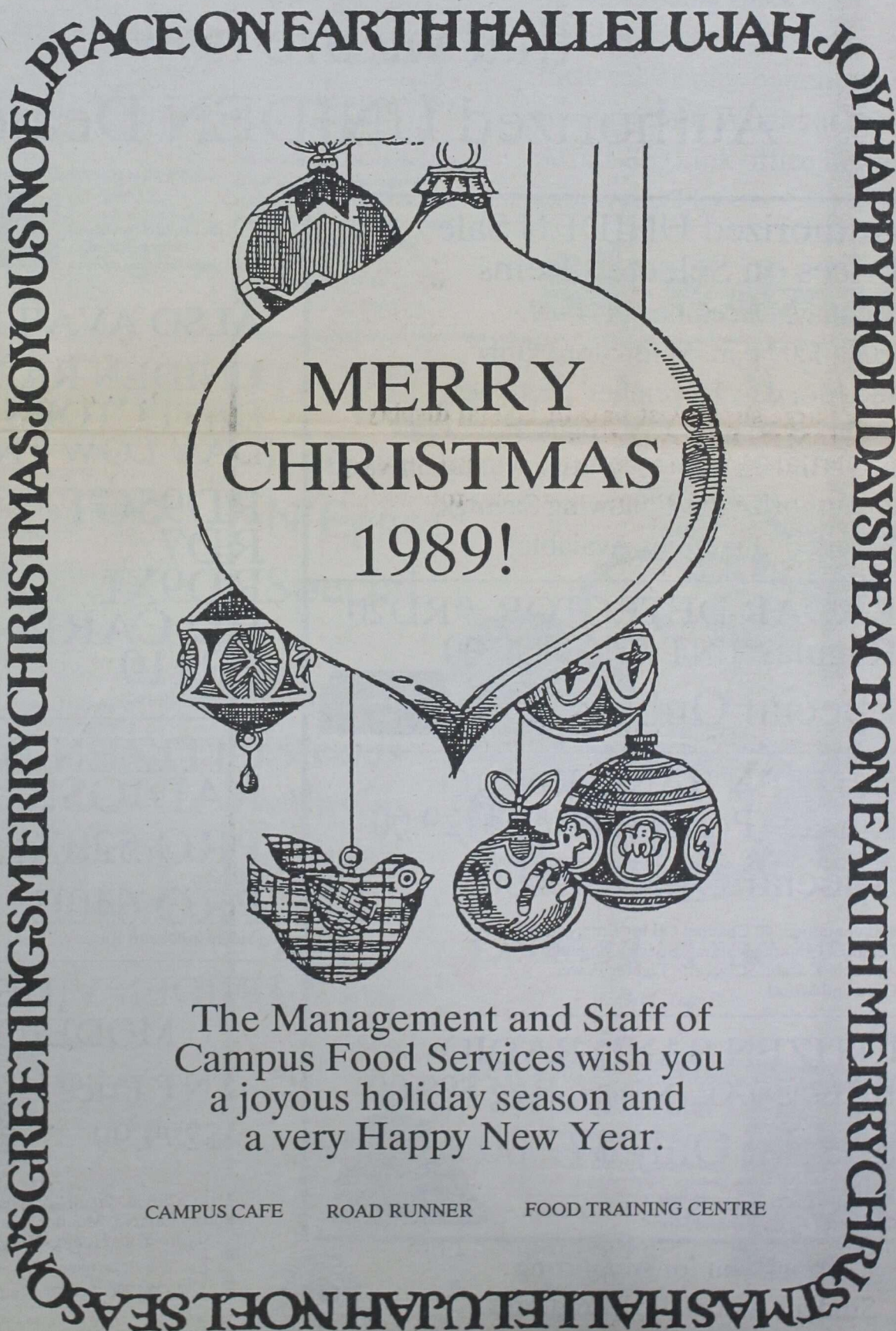
Make your appointment today!!!

BCI TRAVEL LTD.

We have opened an office on campus at the SAC Building and are here to serve you so that you do not have to make special trips off campus for reservations. We can keep you informed of special deals, for example if you want to go to Toronto for Christmas we have a few seats left, departing Vancouver on December 23rd and returning on January 5th, for \$499. Please book early to avoid disappointment.

For best fares available to all parts of the world, please book at least 21 days before intended departure. For example, fare to London, England, could be as low at \$559, and if you are planning to visit Asia, there are many specials, such as \$778 fare to Hong Kong, the exciting Pearl of the Orient.

Please feel free to drop in at any time and we shall be glad to assist you. Telephone 433-4822.



The Management and Staff of
Campus Food Services wish you
a joyous holiday season and
a very Happy New Year.

CAMPUS CAFE

ROAD RUNNER

FOOD TRAINING CENTRE





The TNT is Proud to Announce that we are now Authorized UNIDEN Dealers!

Authorized UNIDEN Sale Prices on Selected Items

Monday, December 11, 1989:

2:00 - 5:00 p.m. Main Store Only

and Monday, December 18, 1989:

Noon - 3:30 p.m. J.W. Inglis Store Only.

A UNIDEN Representative will be on hand
to Authorize the Following Savings:
(Limited Quantities Available)

RADAR DETECTOR #RD20

Regular TNT Price \$99.00

Special Only \$77.00



CITIZEN BAND RADIO

Karate (Portable) Reg \$129.00

Special Only \$99.00

Self-contained, 40 Channel CB for Emergency &
Personal Communications; Stylish, Magnetic
Antenna & Cable, Cigarette Lighter Power
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CITIZEN BAND RADIO

PRO510XL (Mobile) Reg \$99.00

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Compact 40 Channel CB, 7W Audio,
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ALSO AVAILABLE:



UNIDEN RADAR
DETECTORS AT EVERY
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RD95GT	\$257.00
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CITIZEN BAND RADIOS!



PRO 520XL \$129.00

(Mobile)

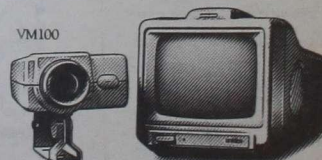
PRO 640E \$269.00

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PRO
640e

UNIDEN VIDEO MONITOR MODEL VM 100

TNT Price
\$299.99



Closed Circuit TV Observation System
Includes Camera, Monitor, Mounting Bracket & Cable!
Secure Your Home, Office, Etc., Inexpensively!

COMING SOON: Radio Scanners and More!

Employment Action Centre

The following are employment opportunities available through the Employment Action Centre, 4th Floor, JW Inglis Building. If you're interested in the following positions please see Betty or call 438-1343 for further details.

Welder/Fitter: full-time position; steel fabricating, wire feed, flux core, and micro wire; North Vancouver location; Salary - negotiable. Ref#-D02

Plumber: full-time position; residential repairs and alterations, possible apprenticeship; Burnaby location; Salary - \$7-12/hr D.O.E. Ref#-N38

Drafting: full-time position; designing hot water systems; will train; Vancouver location; Salary - negotiable. Ref#-D03

Drafting: on call; doing room layouts, space planning; North Vancouver location; Salary - negotiable. Ref#-D04

Installer/Bench Technician: full-time position; installing vacuum systems and perform bench technician duties, must have good mechanical skills; tools and training provided; will be working all over lower mainland; Salary - \$9.00/hr. Ref#-N37

Architectural Drafter: full-time position; drafting single family dwellings; Richmond location; Salary negotiable. Ref#-N06

Parts Person: full-time position; shipping, receiving, inventory, local purchasing and invoicing; Burnaby location; Salary - negotiable. Ref#-D01

Landscape Worker: full or part-time position; pruning, hedging and general maintenance; commercial and residential work; Burnaby location; Salary - \$8-10/hr. Ref#-N32

Civil or Structural Drafter: full-time position; preparing proposals, constructive drawings for facilities/buildings; North Vancouver location; Salary - \$12.00/hr. Ref#-N30

Welder: part-time position; working with micro-wire, CWB certification preferred; Port Moody location; Salary - \$10-12/hr. Ref#N20

Retail Meat: full-time position; work in a specialty store, will train in all aspects of butcher shop; must have completed retail meat program; Vancouver location; Salary - D.O.E. Ref#-N28

Short Order Cook: part-time position; preparing meals for catering; Burnaby location; Salary - \$7.50-8.50/hr. Ref#-S68

Benchwork: full or part-time position; assembly of furniture, supervising, scheduling of work flow and some sales; Vancouver location; Salary - \$12-15/hr. Ref#-N34

Industrial Maintenance Mechanic: full-time position; working in a commercial bakery; performing all skills taught in industrial maintenance program; New Westminster location; Salary - \$15.00/hr. Ref#-N33

Automotive: full-time or part-time position; tune-ups, etc; apprenticeship may be offered; Burnaby location; Salary - \$7.00-8.00/hr. Ref#-N26

Framer: full-time position; framing and forming, general carpentry, residential and commercial; Vancouver location; Salary - \$15-20/hr. Ref#-N22

Carpenter Helper: full-time position; general carpentry, commercial and residential; Vancouver location; Salary - \$10-15/hr. Ref#-N22

Diesel Engine Mechanic: temporary locations; Salary - various. position; maintenance and operation of a Detroit Diesel Engine; Vancouver location; Salary - \$13.53/hr. Ref#-N25

Carpenter Helper: full or part-time position; framing, form work, indoor and outdoor; Vancouver location; Salary - \$8-14/hr. Ref#-N16

Woodworking/Sales: Saturdays; working with customers, some woodworking, sales and other shop duties; Burnaby location; Salary - \$7-8/hr. Ref#-N27

Benchwork: full-time position; assembling kitchens, millwork and office furniture, will train; White Rock location; Salary - \$8.00/hr. Ref#-N17

Delivery Drivers: part-time position; work on Saturdays delivering packages for a courier company; Burnaby location; Salary - \$7.00/hr. Ref#-Oc50

Electrician: full-time or part-time position; doing commercial and residential work in Vancouver and Richmond; apprenticeship offered; Salary - negotiable. Ref#-S48

Baker: several full-time and part-time positions; Vancouver

Institutional Cook: part-time position; 156 bed intermediate care; will train for dietary aid; Langley location; Salary - union rate. Ref#-Oc10

Security Alarm Installer: full-time position; residential and commercial systems; training provided; Surrey location; Salary - \$8.00 to start. Ref#-S56

DRINKING TOO MUCH?

SKILLS is a self-management program for people who are beginning to have alcohol-related problems. "Confidential - no charge"

736-9844
City of Vancouver
Health Dept.

JANUARY GRADS:

Looking for flexible full-time work? The Link needs an advertising sales rep - no experience necessary. Base salary plus commission. Contact Don Wright at the ACCESS/Link office in the Library Lobby.



HAVE A SAFE HOLIDAY!

Bacon N'Egger Special

Only 99 cents with this coupon!

Served 7 - 11 a.m.



Located in the SAC

With Taps Pub

BACON N' EGGER 99 Cent Special

Bite into a hot 'n hearty A&W Bacon N' Egger - a large fried egg topped with bacon and processed cheese in a toasted sesame seed bun. One coupon per visit per customer, please. Not valid with any other promotional offer. Served 7 to 11 a.m.



BCIT SAC Location Only

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Go for The Flavour!

BCIT's OPEN HOUSE 1990 TALENT SEARCH

The Open House Committee has decided to incorporate an Expo style theme for BCIT's Open House 1990. A talent search will be held to recruit performers from BCIT to entertain the expected 50,000 guests.

Dancers, singers, magicians, etc, all are welcome.

Auditions will be held in the SAC gymnasium on January 10, 17 & 24. Anyone can enter, as long as one member of the act is either a BCIT student, faculty, staff or administrator.

Performers must be available to perform during Open House, April 6, 7 & 8, 1990.

Pre-registration forms can be picked up and dropped off at the Rec office in the SAC building and at the TNT store in the JW Inglis building.

Applicants should be entered by December 15 so that performance dates can be set and performers informed by the first week of January.

A judging committee will award prizes in the different categories.

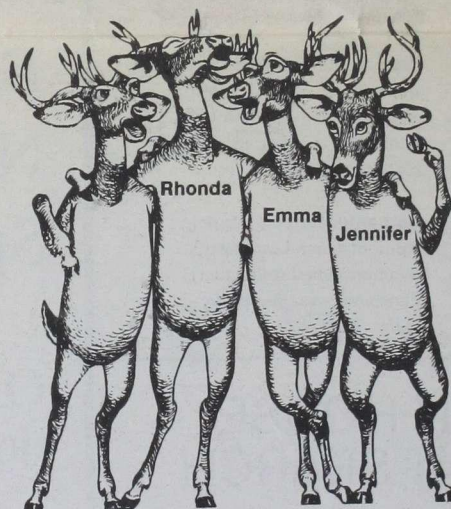
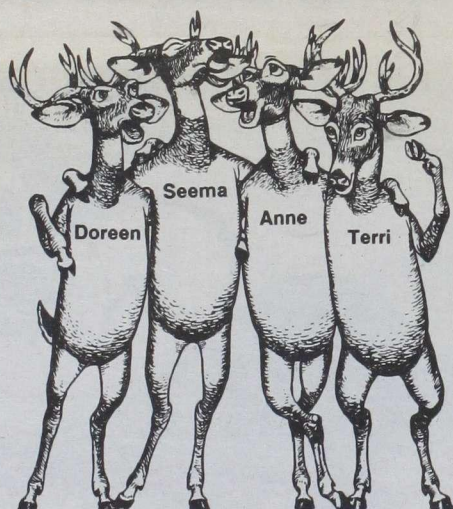
Come out and watch...

Happy Holidays

From the Staff of the TNT Emporiums!

Thank you for your patronage in the past.

We look forward to serving you in the new year.



TNT Holiday Hours:

Main Store (2N Breezeway)

Monday to Thursday, 7:30 - 7:30
Friday 7:30 - 3:30/Closed Saturdays
Last day Friday, December 15
Re-Opens January 3, 1990, 7:30 a.m.

J.W. Inglis Store (Second Floor)

Monday to Friday, 6:30 - 3:20
Closed Saturdays
Last day December 20 (Closing at noon)
Re-Opens January 2, 1990, 6:30 a.m.

#2 Store (1A North Foyer)

December 4 - 7, 7:30 - 7:30
December 8 - 15, 7:30 - 3:20
Closed Saturdays
Re-Opens January 3, 1990, 7:30 a.m.

