

\$20,000 Raised!!!

Towards Telethon total of \$1.2 million

Link

VOLUME 13, NUMBER 22, FEBRUARY 21, 1979

BCIT STUDENT PUBLICATIONS

Ever seen a cheque for \$20,000? photo by Don Wright.



In an effort surpassing all previous year's efforts, the students of BCIT have pledged \$20,000 to the Variety Club Telethon. This brings to over \$100,000 the total amount donated by BCIT students to the Variety Club Telethon since 1972.

Half of this year's donation has been earmarked to purchase a 'Sunshine Coach' for use by the Boys and Girls Club of Greater Vancouver. The other half will go directly towards the cost of construction of the new Crippled Children's Hospital in Vancouver.

Vancouver. Not only did the students donate the twenty grand, but they supplied some 120 telephone

operators as well. In an impressive 'Show of hearts', about thirty BCIT students lined the stage for the presentation of the cheque. Good show people!

Special credit must go to VP External Cathy McMahon for all the effort she put into the drive behind this year's Telethon Donation.

Grad photos

GRAD PHOTOS

If you want your picture taken and haven't as yet had it done - do it now. Anyone wishing to get grad photos after February 28th will have to go to the photographer's studio to have them done.

I've had alot of problems scheduling sets - many groups had timetable changes, field trips, etc., during their scheduled hours, but there have been quite a few free time periods for just anyone to get their picture taken, and everything has gone relatively well.

Remember, these photos go in the yearbook. Also, they can be purchased at the following cost: \$10.00 for 4 - 5 inch by 5 inch colour prints, different poses. Other packages must be arranged with Ray Kao, the photographer. Retakes also must be negotiated through him.

od. Devices like pinholes and optical filters are subject to misuse by enthusiastic individuals who may briefly look directly at the eclipse with the naked eye resulting with permanent retinal burn from the visible and infra red radiation.

Actual viewing of the eclipse of the sun in nature is a thrilling experience for all. The Royal Astronomical Society of Canada advises that the eclipse may be viewed with safety both in the partial and the total eclipse using very dense #12 or #14 welder's glass filters. The Vancouver Planetarium has developed a very effective Eclipse and Sun Spot Viewer composed of three layers of very dense black silver screen material mounted in a cardboard holder. This viewer should be held between the eyes and the sun during the viewing of the eclipse. The filter is so dense that in ordinary daylight it is not possible to view one's hand when looking through the filter.

One safe method to observe an eclipse is to allow the light from the sun to pass through a pinhole in a piece of cardboard to focus the image on a second piece of black cardboard held beneath it; on the latter a clear image of the sun can be seen with safety.

Health Fair today

Health Fair February 21, 1979
11:30 am - 2:30 pm SAC LOBBY

The Spring Health Fair hopes to have something of interest for everybody. If you are feeling tired or uptight come and have your hemoglobin or blood pressure checked. If you feel you look like an elephant but you're not sure, have your weight checked and learn how to look the way you dream you would like to be. If, on Saturday night, you think you can get away with just one more drink before you drive home, experience what the Batmobile will do to you if it catches you. And if you do drive, and you aren't caught,

and you end up in a highway mess the para medics will show you how they will look after you! And if all this isn't enough - and you decided to have a baby, find out the facilities that are offered for pre-natal classes in Greater Vancouver.

Your teeth and heart have not escaped attention - free information and toothbrushes will be supplied by dental hygienists and the Heart Foundation will advise you how to look after your heart.

There will also be displays by the Poison Control of B.C. and the Alcohol Foundation of B.C.

So come and join the fun and learn a few home truths you did not know about yourself till now!

TOGA party Friday

In case you haven't heard, Feb. 24th is the date of the first annual BCIT Toga Dance, sponsored by Environmental Health and featuring the great sounds of Air-show. For those of you who don't know too much about togas, we've put together a few suggestions that will guarantee to put you right in the latest toga fashions:

1. the basic toga: you can't go wrong with the basic white sheet toga—simple, but elegant
2. the disco toga: for all you "Disco babies", a satin sheet toga is a must
3. the Linus toga: for the insecure, there's nothing more comforting

than wrapping up in your favorite blanket

4. the spring toga: word has it the floral percale sheet toga is the fashion news of this spring

5. the winter toga: for those still feeling the bite of winter, try the ever popular flannel sheet toga

6. the jock toga: comes complete with adida stripes

7. the pink toga: don't throw out those tattered sheets—pin them together and wear them!

If these ideas don't appeal to you, use a little imagination and come up with your own design because what we're really trying to say when it comes to togas is that anything goes! So wrap up and come on out for a great time!



Lots more Grease night photos by rho inside.

Solar Eclipse

February 26th, 1979

In British Columbia there will be a partial eclipse of the sun early in the morning of Monday, February 26th, 1979. The coverage of the sun by the moon will range from 98.7 per cent in the Kootenays to about 40 per cent in Northern British Columbia. In Vancouver the maximum coverage will be just 98 per cent and this will occur at 8:24 a.m. The total length of the eclipse is two hours and fourteen minutes for the partial eclipse and about 2½ minutes for the total eclipse. The

partial eclipse of the sun will be visible in the Vancouver area around 7:17 a.m. and the last part of the eclipse will terminate at 9:31 a.m.

Even with 98 per cent coverage of the sun by the moon observing the eclipse with any optical aid may be very harmful to vision. The use of binoculars, telescopes and camera lenses may probably cause permanent eye damage. The best device for viewing the sun, especially an eclipse, is on the television screen. There is no other completely foolproof meth-

PVI Building soon

The anticipated ground-breaking day for the new PVI electrical trades building for the Burnaby campus is April 1.

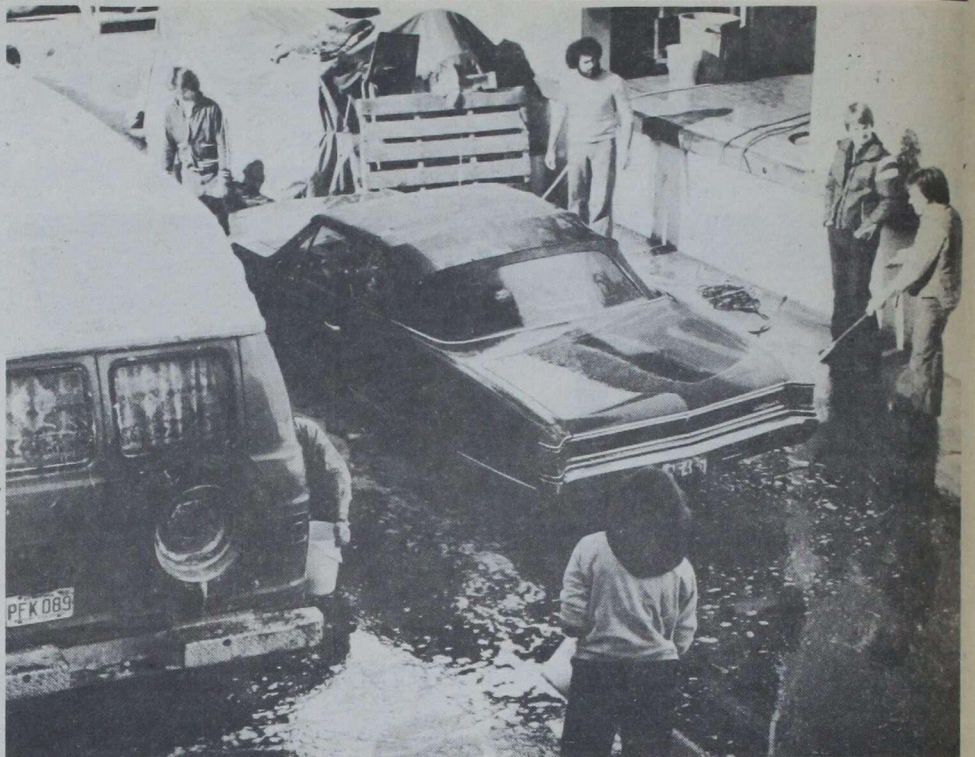
Bids for the construction of the ETB closed at 3 pm last Wednesday and the PVI board's finance and administration committee is expected to be presented with a recommendation soon.

Original plans called for recommendations to the entire board at a meeting in the last week of February but, since the meeting has been deferred until March, the plans have been changed slightly.

Explained Director of Facilities Services Jim Whatmore: "It's too essential to wait until the March meeting. It will likely be approved by the finance and administration committee."

Construction budget estimates total slightly less than \$4.2 million and contract calls for completion of the facility by May 31, 1980.

It may be necessary for PVI, during construction, to hire a clerk of works. Whatmore sees such a person working half-time on the ETB and half-time on other renovation projects.



Someone's car gets a good wash from the Wood Products Technology.

photo by Don Wright

Election news

BUSINESS SOCIETY CHAIRPERSON

As elections will be upon us very soon, I've been asked to write about the role of the Business Society Chairperson.

Although this is an elected position; this is a very selective elected position. Only business division students can run for this post and only those students in the business division can vote for this chairperson.

The basic job function of the Chairperson is to co-ordinate the Business Technologies so that each partner is aware of what's happening outside their own technology. The Chairperson strives to gather and present ideas that might be of benefit to the business student - outside of their present courses. Exposure is one such event that is put on in co-operation with the Business Community, Instructors, and administration of BCIT.

Trying to get guest speakers is another job the Chairperson is in charge of. Unfortunately this year there hasn't been any yet, but you will see some soon. One of the problems in becoming the Chairperson is that in a very short time period you must familiarize yourself with various people around the school, as well as your new

job and to start planning from day 1, your goals. To help the new Chairperson while trying for guest speakers for the remaining months, I am also working on setting some up for next fall, as this will help get the Business Society moving immediately.

The Chairperson is also in charge of a budget. All clubs such as the Marketing Club must now request any monies desired from the Business Society rather than go before Student Council.

By being elected to this position you must hold your own Business meetings at least once a month, be present for all executive council meetings as well as attending all regular council meetings. So you can see the time involved is considerable and you must be willing to put in on average 5 to 8 hours a week.

In addition, this year various jobs in conjunction with the Yearbook came under the Business Society Chairperson's supervision as well as sitting on a few extra committees that required student representation.

So why go through this work? What are the benefits? The first benefit is one of personal satisfaction of seeing something getting done, helping the students and contributing your ideas to the

betterment of the school. The second is realizing that if you can co-ordinate your school workload with your responsibilities as Chairperson then you should have no problems handling any job you might get once you graduate. The third benefit is getting to meet and contact, people who might help you later on whether it is in the capacity as a job source or reference source. The fourth benefit and only concrete one is your honourarium, some business cards, and a chance of a regular parking spot.

This is a challenging job with alot of fun going along with it. And if you're interested in running for it, come and see me as I'd be glad to talk more about it to you.

1st year

ATTENTION - 1st Year Set Reps of :

20 F
40 A,B,C,D,E,F
43 A,B,C,D,E,F,G,H,J,K,L,M
47 A,
49 A,B,C,D,E,
50 A,
72 A,B,C,
74 A,
82 A,B,C,D

Please come to the societies office (room 9 in the SAC), to pick up your set photos.

Attention

Set Reps of 20C1, 16B1, 51B1, 16F1, 16G1, 51A1...Please come

Thanks,
Pat Komiya

Get involved

FRIDAY* MARCH 23 - ALL CLASSES CANCELLED

GREAT- another long weekend, let's see maybe I can get in some great spring skiing.

WRONG- Friday, March 23rd is the 1st day of BCIT's Open House '79. It's also the day we expect from 750 to 900 highschool students from all over the Lower Mainland and the Island coming to BCIT to look around.

To help show our guest BCIT, we need volunteers to tour these students around the school.

If you would like to help out with Open House, become a Tour Guide. It will only take 2 hours of your time and it will be GREATLY appreciated. Come to the Student Association offices in the SAC right away and sign up. Thanks.

My Statistics for Management Book went missing in the SAC last Wednesday. I need it to get through Business statistics so if you have it, would you please return it to the lost and found trailer.

Thank you
Len George 20E1

This Saturday, Feb 24th from 1:00 - 4:30, the UBC PRE-MED SOCIETY is sponsoring a conference on **BIOMEDICAL ENGINEERING** in the IRC Building (near Woodward Library) lecture hall no. 4 **FREE ADMISSION AND REFRESHMENTS.** **EVERYONE IS WELCOME**



old
fashioned
ice cream

coming soon
to the SAC !!

PSYCH
NURSES
TERM II

Jobs, jobs, jobs

Graduating Students: Marketing Operations Mgt. Electrical E. B. Horseman & Son Vancouver

Is a large, Vancouver based, electrical distributor of outside and commercial lighting products and related electrical equipment. They would like to interview the above students who are interested in a position that involves a training program covering purchasing, sales, distribution and branch management.

To apply, submit a completed UCPA application to Room D204, no later than noon, March 20, 1979 and an interview will be arranged for you on March 22, 1979. Company literature on file in D204.

Graduating Students: Financial Mgt. Accounting Hedden Chong Smith Vancouver, BC

Hedden Chong Smith is a chartered accountants firm in Vancouver. They would like to receive applications from the above students who are interested in pursuing a career in accounting. Job duties include dealing effectively with clients, client accounting, assessing audits, preparing personal tax returns, possibly some simple corporate tax return preparation, some bookkeeping, and general assistance to chartered accountants.

To apply, submit a completed UCPA application to D204 no later than noon, March 2, 1979 for employer prescreening. Interviews will be held on March 19, 1979.

Graduating Students: Building Technology Architectural Option Trus Joist Ltd. Claresholm, Alberta

Trus Joist (Western) Ltd., the Canadian Division of an international company engaged in the manufacturing and marketing of structural roof and floor joists has need for qualified building technology graduates to fill drafting technician and designing positions at the Claresholm, Alberta Manufacturing Plant.

To apply, submit a detailed resume to Room D204 no later than noon, Thursday, February 21, 1979 for employer prescreening.

Graduating Students: E & E Control Option Digital Equipment of Canada Limited Winnipeg, Regina and/or Saskatoon, Calgary, Edmonton and Vancouver

Has openings for field service technologists in its offices located across Canada. After completing a period of initial training, the successful applicants will be responsible for the installation and maintenance of our computer systems at customer locations.

Digital offers a competitive salary, company car, comprehensive benefit package and an excellent opportunity for advancement.

To apply, complete a UCPA Application for employment and submit it with a transcript of marks to Room D204 no later than noon, Mon. March 5/79 for employer prescreening.

NOTE: Company representatives will be on Campus to conduct an Information Seminar at 11:30 am, Wed., March 7, 1979 in Room D206. Company literature on file in D204.

Graduating Students: Marketing & Forest Products Wood Products Option E.R. Probyn Limited New Westminster, BC

Would like to receive applications from the above for work as lumber traders and log traders.

To apply, submit a completed UCPA for employment to Room D204 no later than noon, March 8, 1979 for employer prescreening. Interviews will be held on March 26, 1979.

Company brochures will soon be on file in Room D204.

Graduating Students: Marketing Tech Standard Brand Foods Limited Burnaby, BC

Would like to receive applications from the above for sales and merchandising representative positions. The sales and merchandising representative assumes complete responsibility for all assigned accounts and is accountable for securing maximum support to achieve the planned sales figures. To execute company policies and procedures and control the administration of promotional funds of assigned accounts.

To apply, submit Standard Brands Application Form (Available in D204), to Room D204 no later than noon, March 9, 1979 for employer prescreening. Interviews of those selected will be held on March 23, 1979.

A more detailed job description is on file in Room D204.

1st Year Students: Forestry M & B-Woodland Services Nanaimo, BC

Have opportunities for summer employment for 1st year Forestry students as trainee cruisers, running compass lines and assisting in establishing sample plots.

To apply, complete a UCPA application form and return to Room D204 before noon, February 23, 1979 for an interview on February 28th, 1979.

The interview schedule is limited to one day, therefore to ensure an interview apply early.

Graduating students: Forestry MacMillan & Bloedel Woodland Services-Nanaimo, C

Graduating Forestry students interested in permanent employment with M & B-Woodland Services Division in Nanaimo should complete a UCPA Application for employment and return to this centre Room D204 by noon, February 26, 1979 for prescreening. Arrangements have not been made for interviews on campus.

Graduating Students: Business Admin. Financial Mgt. Marketing Mgt. Fidelity Life Insurance

Would like to interview the above students who are interested in a career in the Life Insurance field. Job descriptions and company literature are on file in D204.

To apply, submit a completed UCPA application to Room D204 no later than noon, February 27, 1979 for an interview on March 2, 1979.

Company literature will soon be on file.

Graduating Students: Mechanical Electrical-Air Options H.A. Simons [International] Ltd.

Is a major consulting organization with headquarters in Vancouver, and with subsidiary and affiliate companies in Canada, the U.S. and many world locations. They specialize in engineering design and project management for major projects. They would like to receive applications from the above students who are interested in career employment.

To apply, submit a completed UCPA application to D204 no later than noon March 2, 1979 for employer prescreening. Interviews will be held March 21-26.

See Company File in D204 for further details.

Graduating Students: E & E Power Option M. A. Thomas & Associates Vancouver, B.C.

Would like to receive applications from the above for electrical technologists for primarily design (office) work on industrial and commercial projects and for power distribution and control electrical testing, relay protective devices and insulation systems.

To apply, submit a completed UCPA application for employment to Room D204 no later than noon, March 22, 1979 for employer prescreening.

Graduating Students: Mechanical Design Option Prodec Pump Equipment Limited Vancouver, BC

A manufacturer and distributor of pumps and pump stations would like to receive applications from the above for a Designer Draftsperson Position. Duties would include design and assembling of pump controls and parts. Applicants must have good communication skills.

To apply, submit a completed UCPA application for employment to Room D204 no later than noon, February 22, 1979 for employer prescreening. Interviews for those selected will be held on March 27, 1979.

Summer Employment: All Technologies College Pro Painters Ltd. Vancouver, BC

Would like to receive applications from the above students for summer work house painting.

A detailed description is on file in Room D204.

To apply, submit a company application (Available in Room D204) to Room D204 no later than noon, March 1, 1979 or no later than noon, April 2, 1979 for employer prescreening.

Permanent-Forestry Graduating Students Richmond Plywood Richmond, BC

Would like to receive applications from Forestry students interested in the position of "Forestry Technologist" whose duties would be to assist in the acquisition of timber and layout of logging activities on the lower coast of BC.

To apply, students are to complete a UCPA Application form and return it to Room D204 no later than noon, February 23, 1979 for employer prescreening.

Graduating Students: Biological Sciences Technology Food Processing Option Barkwills Limited Sumnerland, BC

Would like to receive applications from the above for a permanent position involving routine quality control procedures. Duties include sampling, grade decisions and other duties related to quality. Job may also involve some new product development.

To apply, submit a completed UCPA application for employment to Room D204 no later than noon, March 7, 1979 for employer prescreening.

Interviews for those selected will be held on March 23, 1979.

1st Year Students: Forestry Whonnock Lumber Co. Whonnock Division & Hope Division

Has positions for summer work as compassmen or engineering crew members. Duties involve setting layouts, road locations, regeneration surveys, cruising and normal forestry duties.

To apply, submit a completed UCPA application to D204 no later than noon, February 23, 1979 for employer prescreening. Interview dates have not been set up.

Graduating Students: Mechanical Tech Mechanical Draftsperson Cominco, Trail, BC

Cominco has vacancies for technical trainees in their trail design office for mechanical graduates for conceptual layouts, detailed drawings for the fabrication of parts and assignments for minor projects and plant betterment and maintenance. Encumbents would be expected to carry out design calculations. Majority of initial assignments will be layout on the drafting board. Starting salary \$1,176/month plus \$85/month cost of living allowance.

To apply, submit a completed UCPA application for employment plus a transcript of marks no later than noon, February 26, 1979 for an interview on March 19, 1979.

Graduating Students: Financial Mgt. Accounting Optio Atkinson-Commonwealth Hudson Hope, BC

This large contracting organization requires an accountant trainee (cost). The position objective is to perform specific accounting and cost keeping functions at a project level as assigned by a supervisor.

The duties: work mainly with cost accountant compiling claims-train in duties of cost accounting and train in financial accounting as time permits. Benefits-Company medical and life insurance. Salary plus living allowance and company housing if married, if single living out allowance or room and board in camp. Removal expenses paid.

To apply, submit a completed resume or UCPA application for employment to Room D204 no later than noon, March 9, 1979 for employer prescreening. Interviews will be scheduled on March 26th, 1979.

Graduating Students: Financial Mgt. Accounting Option Placer Development Vancouver, B.C.

The Head Office for this mining corporation have a requirement for an accountant trainee in their accounting department. The duties and responsibilities involve the preparation of financial statements, reports, schedules and the maintenance of corporate books.

The graduate they hire will have a serious intent to achieve RIA or CGA status. Company offers a full range of benefits and have a 35 hour work week.

To apply, complete a UCPA application for employment and return it to Room D204 no later than noon, March 9, 1979 for employer prescreening. Interviews for those selected will be held on Thursday, March 29th, 1979.

Graduating Students: E & E Technology Instrumentation Option Norpac Controls Ltd. North Vancouver, BC

A major supplier of industrial instruments and control systems, and the exclusive fisher controls representative in BC* Norpac engineers provide assistance for each phase of a control system project: specification, delivery, installation, start-up, training and maintenance, for a wide range of process applications.

We offer total control loop capability in areas of electronic and pneumatic instrumentation including process computer systems.

To apply, submit a detailed resume to Room D204, no later than noon, March 2nd, 1979.

Company literature on file in D204.

Graduating Students: Forestry BC Forest Products

Successful applicants will be employed with Head Office, Timberlands Department, working with Forestry survey and inventory projects and other staff functions.

To apply, submit a completed UCPA application for employment to D204, no later than noon, February 28th, 1979 for an interview on March 7 and 8th, 1979.

Summer Employment: Survey, or 1st Yr. Mining Prim Resources, Vancouver

Have a vacancy for a field assistant from June 1 to Aug. 31, 1979 to assist geologist in exploration work in the Yukon. Duties will involve some plain table and transit work for field interpretation control, drill holes and outcrops located from physical features. In addition to salary, D.O.E. of about \$1000 per month based on a 5 day week. All living expenses are paid and the camp is considered comfortable.

Company would like applicants to have some experience in survey or geology in addition to training.

To apply, submit a completed UCPA application for employment to Room D204 no later than noon, February 23, 1979.

Graduating Students: Forestry Technology & Wood Products Option Evans Products Company Limited Lillooet, BC

Would like to receive applications from the above students for 5 summer help positions which could lead to permanent employment. The positions are:

1. Maintenance Planer (2 Required) Forestry option
2. Reporting to Planer Foreman (2 Req.) Wood Products Option
3. Reporting to Sawmill Superintendent (1 required) Wood Products Option

To start as a labourer at the planer to learn all aspects of the finishing plant with the intent to be able to move to planer foreman if expansion is approved.

To start as a labourer at the sawmill and learn all aspects of the sawmill operation with the intent to be able to move up to a sawmill foreman.

Detailed descriptions of the above are on file in Room D204.

To apply, submit a completed UCPA application for employment to Room D204 no later than noon, February 26, 1979 for employer prescreening. Those selected will be interviewed on March 2, 1979.

Graduating Students: Admin. Man. & Marketing Man. Technologies J. Reid Shoes Surrey, BC

A nation wide shoe company with both boutique and family style outlets presently expanding in Alberta would like to receive applications from the above for their management trainee program. Candidates must be prepared to start as sales people and be fully mobile. Earning potential is limited only by the individuals themselves. The company is seeking hard working, ambitious individuals who are not afraid to accept responsibility and who would be willing to transfer outside the Vancouver area when they have achieved managerial standing.

To apply, submit a completed UCPA application for employment to Room D204 no later than noon, March 7, 1979 for employer prescreening.

Those selected will be interviewed on March 29, 1979.

Summer Employment: 1st Year Forestry Evans Products Company Limited Lillooet, BC

Would like to receive applications from the above for temporary 1979 summer employment with their Lillooet woodlands staff in timber development, engineering, draughting, harvesting and silvicultural activities.

To apply, submit a detailed resume to Room D204 no later than February 26, 1979 for employer prescreening. Interviews for those selected will be held on March 2, 1979.

Graduating Students: Forestry Technology Evans Products Co. Limited Lillooet, BC POSITION: Forestry Supervisor

Are seeking an aggressive individual to assist their Lillooet Woodlands staff in timber development, harvesting, and silvicultural activities. Their growing organization provides opportunities for career expansion, to acquire authority and responsibilities and to participate in a wide scope of work experience.

To apply, submit a detailed resume to Room D204, no later than noon, February 26th, 1979. Interviews for those selected will be held on March 2, 1979.

Summer Employment: 1st Year Operations Mgt. Tahsis Company Ltd. Vancouver, BC

Would like to receive applications from the above for an invoice clerk-purchasing department summer position. Duties to include sorting invoices and purchasing copies, check price changes, cardex, contact suppliers.

To apply, submit a completed UCPA application for employment to Room D204 no later than noon, February 26, 1979 for employer prescreening.

Graduating Students: Mechanical Technology Martonair [CAM] Ltd.

This manufacturer and distributor of pneumatic and hydraulic cylinders and valves used in the operation and construction of industrial equipment has an opening for a sales order desk person who has a clear English telephone voice to handle technical requests and orders from BC's secondary industries. Also would order parts from Toronto plant. Company employs about 50 people in Vancouver plant.

To apply, submit a completed UCPA application for employment to Room D204 no later than noon, March 9, 1979 for employer prescreening. Interviews for those selected will be scheduled on April 4, 1979.

Graduating Students: Civil & Structural Structural Draftsperson Cominco, Trail, BC

COMINCO has vacancies for structural technical trainees in their trail smelter complex design office to carry out drafting and design work that ranges from conceptual layout and general arrangements to detailed drawings for structural steel work, reinforced concrete, and timber design. Trainees are expected to make design calculations. The majority of initial assignments will be layout on the drafting board.

Technical trainee starting salary is currently \$1,176/month and \$85/month cost of living allowance.

To apply, submit a UCPA application for employment and a transcript of your marks to D204 no later than noon, Feb. 26, 1979 for an interview on March 19, 1979.

Summer Employment: How to secure summer jobs in Alberta
Labor jobs, clerical, local and Northern Employment, etc. Best to apply early. Send \$2 for student Summer Employment Guide-satisfaction or refund
Labour Market Info Service
Box 7810 Station A [Dept. UA]
Edmonton, Alta T5J 3G6

Graduating Students: Chem & Met Cominco-Trail, BC

Cominco-Trail, BC will have vacancies available on their assay training program. This program is of one year's duration and in addition to working in the labs time is devoted to formal training. After completion, employees are expected to write the examination for their BC Assay Certificate.

To apply students are requested to complete a UCPA application form and return it to this centre with a transcript of marks by Feb. 26, 1979 for an interview on Mar. 20, 1979.

Permanent Employment: Forestry Grads Whonnock Forest Products

Company has two vacancies for permanent timber cruisers up and down coast operating from 21 day fly camps for a 10 month season. Base of operation is Vancouver.

To apply, submit a completed UCPA application for employment to Room D204 no later than noon, February 23, 1979 for employer prescreening. Interviews will be held on March 2nd, 1979.

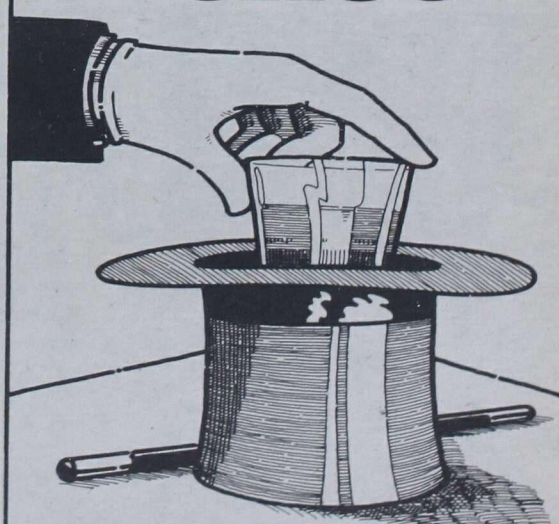
Permanent Employment-Survey & Mining Graduates Utah Mines Ltd.

[Island Copper Mine-Port Hardy, BC]
Have vacancies for Technician 1-Surveyors in their open pit mine. The company can offer good opportunities for advancement as they are opening several new mines.

To apply, complete a UCPA application for employment and return it to Room D204 no later than noon, March 6th, 1979.

The performing arts department of BURNABY CENTRAL SCHOOL, including the band, choir, drama, and stageband, are raising money for performing arts tours by collecting old license plates from Feb 21 to March 3. Drop off for plates will be in the SAC.

A trick shot



When you're drinking tequila, Sauza's the shot that counts. That's why more and more people are asking for it by name.

TEQUILA SAUZA

Number One in Mexico.
Number One in Canada.



EDITORIAL

Gym use up again

Once again the Administration is viewing the gymnasium as a prime location for final exam writing. We can hardly blame them.

However, back in November, the Student Association was promised that no exams would be written in the SAC during this school year. Maybe they've forgotten what they told us back then, for now they are sniffing about looking into buying \$40,000 worth of portable flooring in time for the final exams this May.

Either those in the administration have short memories, or they think the students have short memories, or maybe they for some reason think that the arguments against holding exams in the SAC are no longer valid. Whatever it is, back in October and November, council dealt with the proposal and flatly rejected any notion of exams in the SAC.

Now the administration is about to try to convince us that students want to write exams in large, cavernous halls, surrounded by 400 other students writing exams.

Okay, suppose that exam writing in the gym was allowed, how many students would benefit, and from which technologies. We figure that the gym would take care of the five largest first year techs, leaving the remaining 21 first year techs and the uncountable second year people to write exams in classrooms as in the past.

The question remains then, is the loss of the gym for a week justified by the chance of a few classes to write all their exams in one room? And what about that \$40,000 expenditure?

If you have any thoughts on this matter, please write us a letter, we'd like to know how you feel about not being able to use the gymnasium during exam periods.

We have been assured that the floor covering will only take a day to install and another to remove. This means that the gym would be out of use for a total of at least seven days during an exam period. This of course does not allow for strikes, lost portions or late deliveries and any other acts of god that may happen to interfere with the installation and removal process.

write a letter to the LINK

Letters to the LINK

New recipe

Dear Ms. Tempest:

I believe you have been submitting the 'Food for Thought' column to the Link for the past while and I would like to say how much I enjoy reading it.

From the February 7 issue, I tried your Basic Pudding Mix. The vanilla pudding was really good! Instead of the chocolate variation I used 1 tablespoon of Carab powder which is healthier, and has less calories. Devine! The basic recipe was just what I was looking for- costs just pennies to make and can be made super quick!

And all the recipes you give are in a small enough quantity for 1 person- very important to many BCIT students living on their own (like me!)

The healthier your recipes and suggestions are the more I like them!

I've enclosed a recipe for Banana Muffins which you might like. These muffins were requested from me as part payment for a stereo that I recently bought from a person! They're as good as \$\$\$!

Keep up the good work!

M.v.H.

Health Data

Banana Muffins

1/3 cup butter

1/2 cup brown sugar

2 eggs

2 cups unbleached white flour

or all-purpose

1 teaspoon baking powder

1/2 teaspoon soda

good dash salt

1 cup (2 medium) ripe bananas,

mashed

1/2 cup chopped walnuts or

pecans

Cream butter and sugar til fluffy. Add eggs, one at a time and beat well.

Sift dry ingredients together. Add to butter mixture alternately with banana mush. Stir in nuts.

Fill greased muffing cups half full or turn into a 9 x 5 x 3 inch loaf pan.

Bake about 30 minutes for muffins or until toothpick inserted comes out clean at 350 degrees. Cook the loaf for about 45-50 minutes also at 350 degrees.

Wrap and store overnight for improved flavour.

Makes 10 large muffins.

More response

Dear Pat Muller:

In response to last week's letter-I loved it! I told you the first time that I can't take anything you write seriously. If I read any meaning into your column I apologize and concede to you-you're right, there isn't any.

Seriously, you as a 'writer' voluntarily exposed your work in print and gave everyone who reads it the perfect right to express their opinions. Ask any real artist. It is the public's privilege to judge the quality of art-not the artist's. This, my naive friend, is the underlying rule of creativity-gone-public. If you insist on bearing your soul in print, take your lumps, baby,

because you rolled out the Welcome Mat!

I think you're right on one point though. This paper needs a little excitement, a scandal, some spice of life or failing that...an alphabetic cat fight. Gee whiz, maybe someday it will be a title bout. 'P. Muller in her Corner and in this corner....' Delusions of grandeur and sweaty palms.

Tssk, Tssk. Frustrated P. - resorts to expletives and threats of violence. 'I'd challenge you to a battle of wits but....'

If you want to, you can find me any Wednesday during the break atop the lofty peak of my ivory tower-getting my jollies.

I'm dying to know. Does P. stand for patsy?

Love and kisses,

Georgia Lirette

more jobs

Graduating Students: General Nursing Queens Park Hospital New Westminster, BC

Queens Park Hospital is a 15 month old, 300 bed, extended care hospital. They are recruiting general nursing graduates for positions as R.N.'s. The work is mainly geriatrics. Successful candidates would be hired under the R.M.A.B.C. Collective Agreement and would work 8 hour shifts in a 35 day rotation.

To apply, obtain a company application form and further details in applying from the Canada Employment Centre, D204, no later than noon, March 30, 1979.

Graduating Students: Forest Products Pulp & Paper Option Canadian Cellulose Prince Rupert, BC

The Northern Pulp operation division has a number of vacancies for process technicians at a base salary of \$1437 per month. Any graduating students interested in this position are requested to complete a UCPA application for employment and return it to Room D204 by noon, February 22, 1979.

Interviews will be scheduled on February 26, 1979.

Graduating Students: Building Technology Architectural Option DP Fairbank & Associates Nelson, BC

DP Fairbank and Associates (Architects & Community Planners) have openings for capable architectural technicians. Positions offer a wide range of experience in working drawing production for hospitals, schools, recreation, educational, residential projects as well as specification writing & field inspection of projects under construction.

To apply, submit a resume, including education, job experience, and references, and a drafting sample to Room D204 no later than noon, February 28th, 1979. Interviews are not planned yet.

Graduating students: Admin. Man. & Marketing Mgt. Simpson Sears Limited

An international retailer and catalogue merchandiser is interested in interviewing students from the above technologies who wish to establish themselves with a career in retail merchandising. Simpson Sears offers a management development program to graduates who show

1. a sincere interest in retail merchandising
2. a willingness to relocate nationally
3. natural leadership ability

To apply, submit a completed UCPA application to Room D204 no later than noon March 5, 1979 and an interview will be arranged for you on March 8 or 9.

Company information is on file in D204.

Link

'A newspaper's duty is to comfort the afflicted and afflict the comfortable' — John (not Henry) Winkler

THE LINK is published every Wednesday during the months of September, October, November, January, February, March and April by the Student Publications department of the Student Association of the British Columbia Institute of Technology.

Opinions expressed within are not necessarily those of the BCIT Student Association or (god forbid) the BCIT Administration. Editorial submissions are welcomed. Letters should be typed and signed and may be edited for taste, length and libel.

Deadline for editorial and advertising copy is Friday, 3 p.m. Circulation 2,500. Listed in CARD.

EDITORS: Dave Sherwood, Don Wright

3700 WILLINGDON AVENUE, BURNABY, B.C. 434-5734 loc. 615



Grease night last Saturday was a gas for most and a blast for were there including Teen Angel himself and for the Forestry

carpet sweepings

by Robert H. Owen Esq.

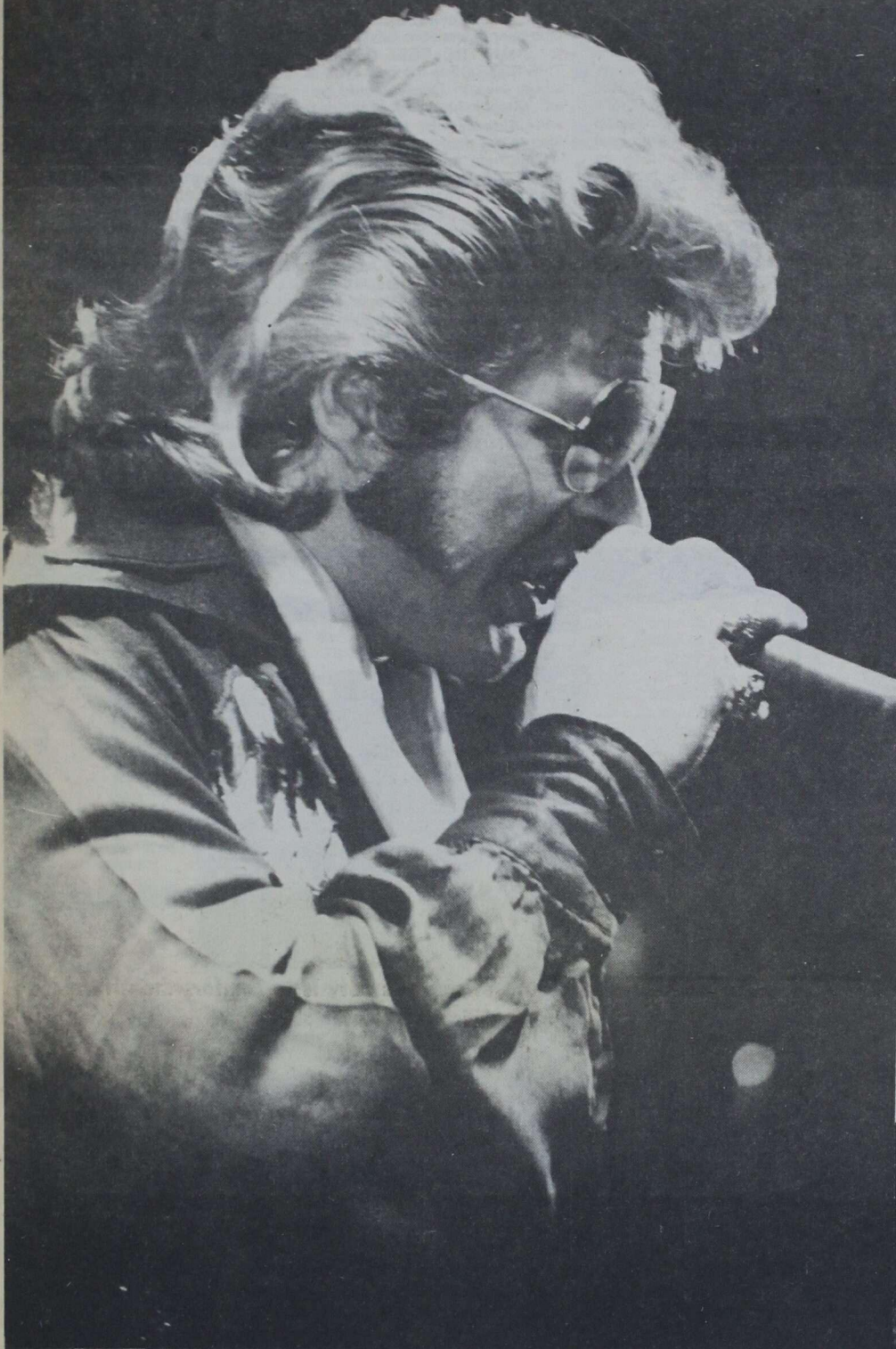
Short and sweet

In keeping with the apparent direction that this paper is taking with regards to content, page five is devoted to Rock and Roll. The grease nights occurred last weekend and although Friday was almost a non-event, the Saturday dance was packed with true non-greasers. In keeping with some of my teachers suggestions to cut down on time spent in extracurricular activities that may be taking time that should be spent writing labs etc., today's column will be very short. Besides, it is 1:30 am Tuesday morning and I want to go home.

To all the poor Op-Man students who have been feeling neglected in the last few weeks, I shall employ my blunt humor (?) as soon as I can find an Op-Man student who has done something.

The balloons over in Victoria can take a breather too. There are lots more examples of giving a little with one hand and taking a lot with the other that I hope to get around to exposing as the year passes.

Note to Mary-Anne: This long distance stuff is killing me. I need you here by me. Love Robert.



the rest. Just a few of the people that boys one of the beautiful ladies he had with him on stage.

rho photos



THE ROCKPILE

by Don Wright



'Grease'

"Grease" may be the word, but the feeling is one of being rather out of place. Friday night I was seated across from one of the meanest looking greasers I have ever seen. This guy was for real, too; not a fake like me.

I guess in the fifties, if you had hair that was as much of a mess as mine is, you just didn't even think about being greasy. Sparing no expense, I had almost an entire tube of the old Brylcreem stuck to the top of my head, and yet my hair still dried up and curled all over the place. Add to that the fact that my leather jacket was brown, not black (though it was well worn); my jeans were flares, not rolled up stovepipes (or whatever); and my mirrored glasses were so dark I had to remove them in order to see where I was going.

All this contributed to my general feeling of looking somewhat silly in my ridiculous get-up. However, that didn't bother me too much, because, as I looked around, I saw that I was surrounded by silly looking people. That was okay then. I don't mind blending in with an atmosphere like that. Good times are good times, and I soon forgot about my ludicrous appearance. Really, can I help it if I wasn't around in the fifties to see all this first hand? Hell, ninety nine percent of the people present were all relying on second hand information for the impression they had of the fifties.

Of course, the only thing that came out of the fifties that interested most of the people present was the music.

Ah ha, that brings TEEN ANGEL AND THE ROCKIN REBELS into the picture. What a great show those guys (and gals) put on. This group has been around in one form or another for as long as anybody around here can remember. They have continued to rise in popularity and, according to some of the old timers around here, have polished their stage show considerably in the past few years.

Unlike a great many dances, lots of people were out bopping as soon as the music started.

Saturday night brought much more of the same. Classic after rock and roll classic, joke after joke, Teen Angel and the Rockin Rebels kept the room alive all night. Saturday they even did an extra half hour set, much to the delight of all on the dance floor.

I contemplated talking with Teen Angel about himself, the fifties, and rock and roll, and then thought, hell, if the music doesn't relay the message of the fifties to this generation, then nothing will.

LONG LIVE ROCK AND ROLL.

Getting greasy and as pissed as a parrot two nights in a row is not conducive to reviewing a seventies product like Dire Straits. Sorry. Next week.



photo by Don

The TP Record Review

by Gordon Bain

It's been quite some time since we here at TP have heard anything about the activities of Bill Nelson and/or Be Bop Deluxe. The only thing really concrete was that Henderson broke up 'Deluxe and started up a band called Red Noise. So far an album by Red Noise has not crossed the water.

THE BEST OF AND THE REST OF BE BOP DELUXE is the band's seventh American release. It is a two album set that contains all of their more popular releases (well, British hits anyway) on one album and the songs that were to be their DRASTIC PLASTIC album. For some unknown reason they were never put on record and were just left sitting.

Nelson is a very highly touted guitarist over in England and as usual his seering guitar work prevails throughout every song.

The recording and the production are both very good. The only major complaint about Be Bop Deluxe is that their albums are

fairly directionless. Nelson's artistic talents were too 'artsy-fartsy' for most. THE BEST OF AND THE REST OF is the best type of album Nelson/Deluxe could put out. Melodic hard rock of the past and present with no particular idea to get across.

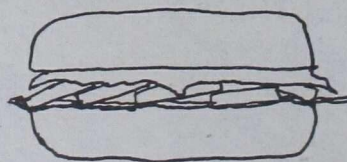
This next one is dedicated to Zipper. Triumvirate are on the road to ruin. Their AL LA CARTE album is a very big letdown. Gone are the classically influenced electronic rock compositions. AL LA CARTE is made up mostly of short up-beat numbers. It also contains the Beach Boy's song 'Darlin' and if this weren't bad enough, some (shudder) disco. The only thing that remains of the Triumvirate of old are the lyrics. As usual they are very interesting and entertaining, but lyrics can only take you so far. Devout Triumvirate fans should definitely stay away from AL LA CARTE and even people like Disco Roger would find it very hard to Boogie-Oogie Oogie with the Disco content of the album.

One of the finest bands to come out of Ireland is a group called Horslips. Their debut album, DANCE HALL SWEETHEARTS, got a very favourable review from Rolling Stone, but amazingly enough it never went anywhere. You will probably be able to find it in some hidden delete bin somewhere. Dancehall Sweethearts contains a great blend of traditional Irish jig music with a hard rock flair. The Man Who Built America is Horslips' latest album and leans even more to the hard rock side than to the more traditional reworkings. The album has a lot more guitar than any previous work done and the drumming really stands out. The Man Who Built America still has the traditional undertones, but not nearly as much as earlier albums. The recording is first rate and is produced very well. Horslips is a band that can truly be classed as a progressive rock group. A definite must group to see if they ever decide to come to Vancouver.



This has to be a classic example of the provincial government foolishly spending money to convince the taxpayer that the government is not spending the money foolishly. Do we really need to know all this? Photo by Don Wright.

Q:WHAT HAS A SLICED HARD BOILED EGG, BACON, CHEESE, AND COMES IN A WHEATBERRY BUN?



A:'EGG IN THE SAC'

\$50 GOES TO ROB MILLHAM OF SET 20B1 FOR THE NAME
GET YOUR EGG IN THE SAC EVERY MORNING
BETWEEN 7:30 AND 10:30 AT GROWLIES FOR \$.80 EACH

THURSDAY, FEBRUARY 22 IS THE WINDUP FOR DISCO AND BALLROOM DANCING CLASSES. 7pm IN THE SAC BUILDING. EVERYONE IS WELCOME.

PLAYPEN

by Leith Fyfe

This columnist, who usually writes about live theatre, has decided to conform, for this week at least, to the norm. Since there are only some twenty-odd individuals who write about music weekly, I figure there's always room for one more. This column then, from this point on, will focus on a singular event in last week's history, the 21st annual Grammy Awards.

The Grammy Awards took place last Thursday evening at L.A.'s Shrine Auditorium, and were broadcast on ABC and BCTV. For a live show, it actually came off pretty well. For the most part it ran smoothly, with few delays and faux pas, however, the content was debatable, at best. In an attempt to make awards shows more entertaining, an attempt is made to make as many stars as possible visible, and to get as many of them as possible performing their tunes. However there seemed to be a noticeable lack of big name performers there, which seems to indicate a lack of respect for the Grammys on the part of the performers in general.

Of the awards given, a mere handful of the winners were there. None of the country performers honoured, namely, Dolly Parton, Willie Nelson and Waylon Jennings, were there to accept their awards, and neither were Anne Murray or Billy Joel, two other big winners.

As for the live performances, well, until Chuck Mangione appeared an hour and a half into the show, to play Feels So Good, a distinct feeling of nausea had been overwhelming me. Tuning into a show which I had expected to portray some of the finest music of the last year, I instead found myself suffering through some greasy old in a floppy hat named Johnny Paycheck, singing the truly inspirational Take this Job and Shove It. Next on the live performance agenda was a group whose lead singer should have been nominated for Most Innovative

Hairstyle of the Year, A Taste of Honey, after whose first live concert the phrase 'boogie til ya puke' was coined, and rightly so.

To be fair, there were some high points. Oscar Peterson doing Montreux 77 was more than a welcome relief from the tedium of disco, and a film on San Francisco narrated by Boz Scaggs was an interesting touch. But having host John Denver sing a medley of the nominations for Song of the Year is not, in my books, a tasteful touch.

The awards themselves seemed to fit in well with the style of the show. The only Rock'n'Roller who made it near the stage was Billy Joel, and he won for one of his much mellower tunes. The whole affair seems to indicate that if you want to make it big in the music business today you have to be a country schlepp or a disco duck. The fact that A Taste of Honey was chosen Best New Artist over The Cars, Elvis Costello, Toto and Chris Rea is something I am unable to comprehend.

Steve Martin is alive and doing well, however, which is a relief. His appearance on stage sans pants was perhaps a sign of the times.

The following are the winners of this year's Grammys in the major categories.

Best Rhythm and Blues Performance Female: Donna Summer, Last Dance (she beat out Chaka Khan and Natalie Cole for chrissake)
Best Rhythm and Blues Performance Male: George Benson, On Broadway
Best Rhythm and Blues Song: Last Dance
Best Comedy Recording: Steve Martin, A Wild and Crazy Guy (hear, hear!)
Best Pop Vocal Performance: The Bee Gees (figures)
Best Record of the Year: Billy Joel, Just the Way You Are
Best Vocal Performance Male: Barry Manilow, Copacabana (disgusting)
Best Pop Vocal Performance Female: Anne Murray, You Needed Me (I mean, she's Canadian and all, but really, to beat out Barbra Streisand?)
Song of the Year: Billy Joel, Just the Way You Are
Album of the Year: (I'm embarrassed to reprint it even) Saturday Night Fever

Dear SIS
Knew you could do it!

Dear Liz,
Your reply to my letter last week was incredible! Gay people have a right to air their problems just as much as straights. You can't ignore the large number of gays at BCIT no matter how much you want to. Last week we finally had our first meeting here and three hundred people turned up. What really surprised me was most of the people were from C&S. I hope you realize how significant the movement is here, and open up your mind.
B.J.

Dear B.J.,
You may have a right to air your problems, but not in my column! Besides, if you're so willing and able to come out of the closet, why don't you sign your faggy little name at the bottom of your pink perfumed letter. (hey readers--what do you bet it's Bruce?)

Handy hints

by Barbi and Ken

How to jazz up that boring apartment:

FAST AND EASY SPIDER MOBILES
-nice over a large fern or african violet--

To build your mobile, case your bathtub or sink to discover when those big fat widow spiders come crawling out of the drain. Then, with a large can of aerosol hair spray in hand, sit quietly at the side of the tub. Absolute silence is essential.
As soon as those little varmits

P.MULLER'S SPACE

by P.Muller

You're on your own

Ever feel out of control? Like you're not doing what really makes you happy or with someone who doesn't turn the old crank? Are people taking up your time that you really wish would drop dead? If not, read on anyway; you may put some knowledge in that dying sponge up there.

You feel insecure; at the mercy of whoever happens to be around you. You're unsure of your intelligence; you're learning so many strange, abstract things and you wonder if you can cope with, never mind understand them. 'Inferior!' shouts from within on your bad days; 'You can do it' barely produces a whisper even on good days.

What to do? Hey, if you've made it this far, you've got enough brains to go all the way. (The mob at BCIT is a smart one). All you need is the will to do it. You want something, go and get it. Make up your mind. Don't quit anything you start. It gets easier to quit each time you do and

nothing gets accomplished.

So often you feel you're scrambling to hang on to the edge of a cliff, but the ground and stones are crumbling away beneath your fingers. You're on the verge of losing control. You have many obligations, a lot of work, and yet you still find yourself agreeing to activities you'd rather not join in, seeing people you don't want to look upon; but you just can't say no.

Get a hold on yourself. You've got to make yourself happy before you start worrying about other people. A person must be happy and have his own peace before all else. You will never make anyone else happy if you are not in that state first.

Speak your mind. If you don't want to go out with so and so, say so. Put it politely, but firmly. They should respect your honesty. It will save them pain (you'd drop them soon anyhow) and save you frustration. Don't play games. We're all made of the same stuff; why make life more difficult than

it is?

Keep in mind what it is YOU want. You've lived most of your life doing what other people want (parents being prime example); it's time to find what makes you happy. The best way to do this is to constantly ask yourself questions. Answer them honestly or you'll accomplish nothing.

The search for peace and happiness will last your lifetime and your desires will change; but that doesn't mean it's not worthwhile. It's the only way to go. Knowing yourself and allowing yourself to fulfill your desires is the key.

LET THEM CRAWL

Your basic crawl. Isn't that urge popping up frequently now?

The Monday morning crawl, Monday afternoon crawl, Monday 10:30 p.m. crawl, Tuesday morning crawl...Crawling out of meetings or crawling out of classes when you can't sit there another second.

Economics at 8:30 a.m. on Monday brings out the crawl in you. Aggggh!!!!Let me crawl home. Crawl under the tables; crawl out in the hall. Crawl, and die by your locker. Or be as David Bowie, 'crawling down the alley on your hands and knees.'

Mondays and Tuesdays are the worst for spasms of crawling. Forcing mind to function and body not to after a weekend of the reverse is excruciatingly (14 letters!) taxing.

Wednesday to Friday are spent worrying and getting stomach-aches about work you should be doing. Complaining bladders send you crawling frequently to the cans. Anyone not know what that means?

Lack of sleep and proper food contribute mightily to this loss of leg power; this regression to a barbarian state; or whatever else you wish to title it.

I think it'll catch on. By the beginning of March, E&E, C&S, Op. Man and Nursing will have cracked and been reduced to blithering idiots flailing hopelessly on hands and knees. By the start of May, the entire student populace will also have fallen to their knees.

Then those stupid two-foot-off-the-floor water fountains will at last make sense.

How can people say 'it's a man's world' when the world has consisted of two sexes since creation?

Dear B.T.:Paula would like to meet you too.

L.S. Help! I'm drowning.

Heesdataypeestoleenjourpanshorharjouuspliztosemee? = would you like to come in for a cup of tea?

THIS WEEK'S MYSTERY

PHRASE:
hiyamgointokeeljuuefjudonpayupmeestar!

WE CAN FIX IT!!

TELEPHONE ANSWERING MACHINES
CALCULATORS
DICTATION EQUIPMENT

all makes and models

CAL-Q-TRONICS
4857 Kingsway, Burnaby
438-6496 [upstairs]

Elpis II

Persisting in a wistful womb of a world -with only a few obscurities- for there is still that fragmentary weak-kneed 'eye' which faintly enchants the hope.

The Fear and the fears, despite my desires, loom nearly, not so distantly, as most the stars.

These fingernails foreshorten as it worries me to wonder when Eris (naggerly mother of deceit and murder!) will fling open this strongholdbox and hope, too, shall escape me.

Marjory P.

TOTAL EMAGE

HENNA SPECIAL
FOR THE WHOLE
MONTH OF FEBRUARY

REG \$10 NOW \$5

cut and blow dry extra
Great prices. Located in the SAC

start creeping along the bottom of the tub, attack with hairspray. The speed and accuracy with which you follow these directions will determine the number of spiders you can obtain for your mobile. Upon contact with the spray, the spiders will be frozen instantly in exciting action poses.

Next, let dry for two minutes. When ready, pierce each spider's thorax with a threaded needle and attach to the mobile frame. Balance and hang. (great, Lade)

CHEAP WALL DECO'S

We are quite aware of the inflated prices of modern art these days. One of our readers sent in this fun suggestion:

You know those flies you swatted against the walls last fall, and never bothered to scrape off? Well, you can make use of this handy hint: nail a small, but attractive wooden frame around a group of these, and tell your friends it's modern art!(if out of frames, 4 popsicle sticks do nicely)
(thanks C.O.)

Set 12B2, a first year Radio set, will be selling pizzas in the SAC from 4:30 - 6:30 on the following dates to try to raise money for their field trips. Feb 14, 15, 16, 17, 21, 22, 23 and the 24th.

Vacation tips

This week's guest writers are two adventurous fellows from Tiajuana--Carlos and Pedro.Eef

Dear Students of BCIT.
Hey! We have two nice guys from Tiajuana--Carlos and Pedro.Eef you are planning a treep to sunny Tiajuana thees spreeng brake, we--Carlos and Pedro--wood like to geeve you som teeps habout the languach. Een Tiajuana, ees spoken a charming dialect of Spaneech. Seence eet ees verry deeficult to hunnerstan we will provide a handy trabel pras-book for jou to juse when jou har der. Here har a few hexampells: Spaneech/eeenglish

Hey! = Good morning, how are you?

si = water
Hextrapolaychone = extrapolation wannabyemeseestermeester? = do you need a competent tour guide?

cheessawerchen = she has much knowledge of the city
honleyfyedollar = she is not expensive

gringo = american tourist
Bu-rrrrr-o = donkey, dog, cat, any smallish animal

ArrivalArribal = he, hi, hello, hurry, gadzooks,(toilet--fast--Montezuma's!)

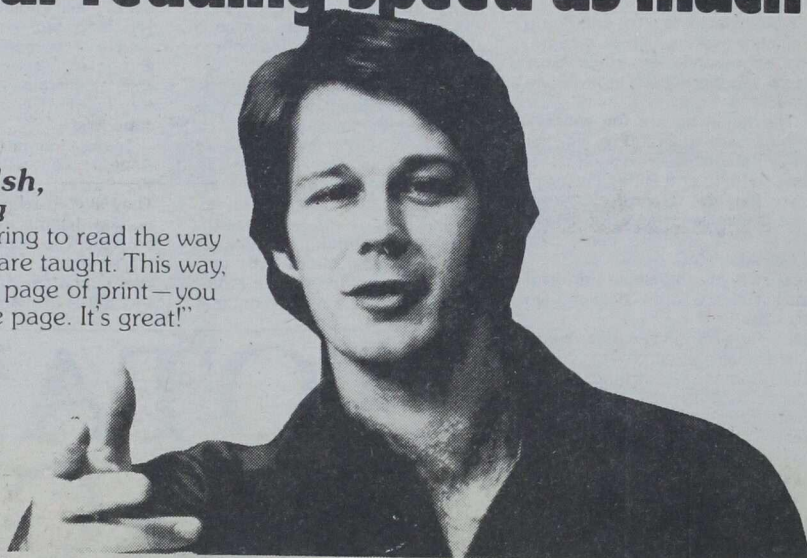
He Carrumbal = woo-wool, hey honey, you're cute.

FREE & EASY

Increase your reading speed as much as 100%!

**Chris Walsh,
Engineering**

"It's really boring to read the way most people are taught. This way, you look at a page of print—you see the whole page. It's great!"



**Jeni Malara,
Student**

"I had C's in high school. After Evelyn Wood Reading Dynamics, I was able to maintain an A average."



**John Futch,
Law Student**

"With 60 briefs a week, the average student takes all week to prepare for class. In an evening, I'm finished."



**Jim Creighton,
Student**

"It's easy. Once you know how to do it, it's super easy!"



**Richard St. Laurent,
Teacher**

"I was skeptical, but now I'm reading around 2300 words a minute. Puts you that much ahead of everyone else."

All it takes is one free lesson and you can zip through homework a lot faster. In fact, you can cut your study time almost in half! Hard to believe? Put us to the test. Come and discover the secrets to easy speed reading, better concentration, greater comprehension. These copyrighted techniques, taught in over 300 cities throughout the U.S. No gimmicks. No obligation. It's easy. It's fun. It works.

Increase your reading speed as much as 100%!

INTRODUCTORY LECTURES

WEEK OF FEBRUARY 26 - MARCH 2

Monday rm 270

Tuesday D206

Wednesday 170

Thursday D206

Friday D206

TIME

11:30am - 1:00

Evening Lectures times and locations tba - watch for posters later this week

TM

EVELYN WOOD READING DYNAMICS

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what's happening

FEBRUARY

today

Health Fair in the SAC

11:30 - 2:30 lots of displays set up

THE END Theatre 129 at 11:45

the pub will be closed this Friday night

**24 TOGA PARTY
with
AIRSHOW**

tickets \$3.00

**Pizza in the SAC from 4:30 - 6:30
February 21,22,23**



**28 the IVCF sponsors SECOND WIND
in the SAC during lunch**

**The pub will be closed March 2 & 3 due to high school
basketball tournament.**

**March 8 - Ladies Nite
last dance before
the spring break**

**March 23 & 24 Loggers pub
and Shinbarker Dance
with
BLUE NORTHERN**

THEATRE
129
presents

21 THE END



DOORS OPEN 11:45 a.m. ★ THEATRE 129 ★ FREE

**the pub is open from 4:30 - 11 mon - thurs
and 3:30 - 12pm friday**

lots of good stuff coming

RECREATION

Intramurals

By Les Bjola

So, you don't like the way the playoffs are set up—well, how come we didn't hear about it until your team wasn't going to make it?

It's the old saying 'you can please all the people some of the time, but you can never please all of the people all of the time!'

Anyway, the playoffs are NOT going to change and that's the name of that tune.

Turkey Trot—last wee, the BCIT CRC held its second Turkey Trot of this school year. Turnout was not overwhelming but we did get approximately 25 runners.

The big winner of the day was **Julius Karpatt**—he was only 2 seconds under his predicted time. Julius takes home a hefty 11 pound turkey.

Oddly enough, the last two runners in the event took 2nd and 3rd place. **Fred Lam** was 6 seconds off his prediction, taking home a frying chicken, while **Solaiman Jonatan** paced himself within 7½ seconds of his time—2 Cornish game hens for him.

We hope to see more people in this event next time its on—its free and all in the name of fitness.

Wed. Mens Hockey League—in the Mens Intramural hockey, the playoffs are today—Building will take on Forestry in the semi-final and next week the winner will take on Survey for the final. Please be on time.

Volleyball—semi-finals in the coed are being played today at 11:45. A-Chem/Met play Hotel/Motel B-Fin I play Computer I C-Env. Health plays Admin at 12:30

A-Envir. Health plays Mining B-Fin. Mgmt II plays Bldg C-Chem/Met 'A' plays Mktg

1:30 - regular play is still on—see the schedule.

NOTE: all games are best 2 of 3 or total points after 45 min.

Basketball: only one more day of

regular action and then the finals—watch the Bulletin Board for further information.

Free Skate: there will be 2 more sessions of Free Skating February 21st (today) and February 28th.

The response has been incredible for this event and we will most assuredly have it again next year. Come on down!

Clubs

By SUSAN SNYDER

Boxing Club—looking for a Trainer/Coach for a 3:15-4:30 pm workout. Group-3 days a week. A roped area for sparring with helmets and gloves will be rigged daily for supervised workouts. Contact Wally Rowan, Campus Recreation Co-ordinator, Local 782 or in the Campus Life Trailer.

Aerobic Fitness—due to popular demand, the fitness class will be returning after the Spring break. Classes will be Monday, Wednesday, and Thursday from 4:40-5:25 pm in the SAC gym. 24 sessions for \$15. Pre-register in the Campus Life trailer or at the first session on Monday March 17th.

Jazz Pop Choir—regular rehearsals with Greg Marquette are Tuesdays at 7:00 pm in the SAC Boardroom. Singers are welcome!

Sky-Diving Club—Mike Rhodes will be discussing the UBC student meet to be held on February 24th in Room D202 at 12:30 today. This may interest those of you who have jumped before or have been trained to jump.

IVCF—Have you ever heard of M2W2? John Friesen will be speaking today on service work in prisons. It's in Room 220 at 12:30 today. Everyone welcome! Meeting next week will be cancelled due to the concert in the SAC. Hope to see you there. Your IVCF rep is Perry Daciuk, 936-3670.

Jazz Big Band—now is your chance to see them! Greg Marquette and

the Band will be performing at the Hot Jazz Club, Sunday March 11th at 8:00 pm. See you there! Rehearsals Saturday at 10:30 am and Mondays, 8:30 pm in the SAC Cafeteria.

Ski Club—meeting today at 11:30 Room 207. Everyone goign to Big White at the Spring Break must attend! We will be deciding on sleeping arrangements and transportation up the mountain. Any questions?? Phone Ian McGillivray at 433-9738.

Stained Glass Club—yes, Gerry Berkenpas is still faithfully instructing the students of BCIT on tiffany lamps making. If you want to get in on this widely growing hobby, see Gerry Berkenpas Wednesdays at 11:30 in Room 376.

Artistic Gymnastics—trampoline and tumbling in the SAC Gym Tuesdays 7:30-9:30 pm. Interested? See Sherri Clarke in the Athletic Department.

Extramurals

BASKETBALL WOMEN

The ladies came out gunning this weekend in a must win situation to get a playoff spot in the Totem Conference. Their opponents were the Chiefs from Cariboo College who had a record of 6-4, good enough to be tied with our Cougars for 3rd place.

On Saturday, the fans saw two evenly matched teams go head to head against one another. This was reflected everytime one looked at the scoreboard. The lead bounced from team to team like an electronic tank game. The Cougars played sporadically at times which allowed the Chief's big guns, alias Misses Colman and Olsen, to score easily. Then there were times when the Cougars were awesome, playing a mean trapping defense at one end of the court and swishing layups at the other end.

The game finally came down to the last 30 seconds, the Cougars were up 50-49 and the Chiefs had the ball in our end. A rebound off

the rim caused a wild scramble for the ball which, unluckily, found its way into the hands of miss Colman and into the hoop. The Cougars quickly put the ball into play but were unable to sink it before the buzzer sounded. Lani Penn and Stasia Gallagher combined for 26 points while Allison Turney and Shelly Bianco pulled in boards for the Cougars.

On Sunday, the Cougars were gunning for the win again and jumped into a quick 10 point lead before the Chiefs could get started. Cougars were in control of the game, ahead 18-9 at one point, until the Chiefs pulled a Little Big Horn and scored 7 unanswered baskets to lead at the half, 23-18.

The Chiefs came out shooting blazing basketballs in the second half. Once or twice the Cougars came close to tying the score but it wasn't until two starting Chiefs fouled out that they regained the lead. The lead once again bounced from team to team but the Chiefs were able to keep their cool under the Cougar's pressure to win the game, 53-49. Stasia Gallagher played a strong all-round game pocketing 16 points and 6 steals in a losing cause. Ellen Fowler, Lani Penn and Shelley Bianco also had an excellent game.

MEN

The Cougars have this big plan to go to California at spring break for some rest and recreation. Before they go they have to play in the Totem Conference Championships on the weekend of Spring Break. You are probably wondering, "So what?", well, if they hadn't beaten Cariboo this weekend they would have had to have played an elimination match in Kamloops that weekend and they didn't want that.

The Cougars came up with another big game on Saturday to beat the visiting Cariboo College Chiefs 61 to 52. The Cougars were able to get the ball into their big men, John DeGoode, Dave Hubbard, and John Toporowski, who were able to score inside or were fouled in the process. This display of tough and sometimes rough basketball, and some un-

real calls by the officials caused Cariboo top scorers to get into foul trouble. Cariboo was forced to play a zone defense which the Cougars picked apart with strong outside shooting by John Mathons and Pete Ribchester. Although Cariboo was the taller team of the 2, the Cougars were able to out rebound them and go easy baskets beneath their hoop.

In Sunday's game Cariboo revenged their loss on Saturday by squeaking by the Cougars 57 to 52. The Cougars played another strong game but were out rebounded throughout the game which proved to be the main cause in the loss. The game was a toss-up until late in the 2nd half when Cariboo pulled ahead by 9 points and never relinquished their lead. Steals by Pete Ribchester and John Mathons helped keep the game within reach but excellent offensive basketball by Cariboo took their toll and finally gave Cariboo the win.

VOLLEYBALL

It appears that the enthusiasm that once engulfed the volleyball teams, the girls especially, has disappeared. Our ladies were supposed to play V.C.C. this Thursday but had to default because there weren't enough players. Shame, Shame, Ladies.

The men's team played V.C.C. on Thursday and came out on the short end of a 3-0 loss, but showed that they were improving. On Saturday, the Cougars were in Victoria to play Royal Road Military College. All that waiting practicing, and playing together finally paid off in their first win 3-1.

Super hockey

Forestry shows depth with a 4-win over Business. First loss for Business when Glen Hill and Co. put the green machine in gear. Treerise, Dow, Brown, and Pascas put pucks behind Roge Yip who seemed to have the Vancouver Canuck defence in front of him.

Meanwhile Engineering sharpened their scoring skills with a 8-0 whitewash of Hapless Health and staff. Newcomer, Greg Dziedzick led the way with three goals and an assist. Scott Morrow had two goals and three assists. Miyagishima, Derry and Taylor one each. The only bright spot for Health/Staff was the penalty shot save by Jeff Lofvendahl.

All important game Friday 23 when Engineers play final game of league to determine second place. This could be the game of the year as rivalry is really high. Come out and see the Action.

BB game

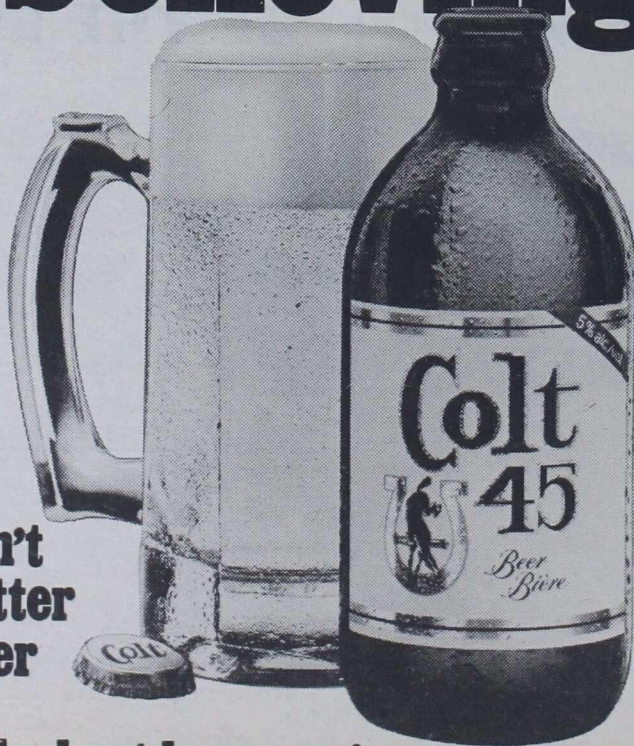
Two weeks ago, the Financial Management Technology played two basketball games to raise funds for the Variety Club. Well, the money has been collected and we were able to raise \$200.00.

I would like to thank Dere Swain, Jim Mitchell, Wally Rowan, Earl Scott and Les Bjola for assisting us. And also all the instructors who came down to play the 2nd year students and have fun. All the students who participated in the games and all the people that pledged money for the Variety Club cause. At last but not least, to Bernie Weil for helping me to organize the games and to Albert Tom for organizing the first year students.

And as for Ernie Tannaco and the Over-The-Hill-Gang (twice over), maybe next time we play, you'll be in shape for game. We'll even throw another referee for good measure to give you guys. And don't forget that the key to winning is score the most points and not the most turnovers!

Domingo Bautista,
Financial Management

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Some of the winners of the Badminton tournament mentioned last week. from left to right I think we have: Steven Young, Fred Lam, Doug Taylor, Paul Yip, Wilson Liu and Solaiman Jonaton. photo by Don



an offer has been made of five cases of beer to the noisiest single group of people who cheer on both the ladies and the mens basketball game this Friday night starting at 6:30pm. photo by Cary Moffat.

Running Commentaries

By Wah Wong

On a mile run each foot pounds the ground some 800 times. Healthy feet means wearing proper runners. When shopping for a pair of joggers, look for the following features.

To absorb shock, good arch support and well-padded soles are a must. The soles shouldn't be too soft, otherwise the feet will absorb most of the shock. Look for padding that's firm with a little give.

The shoe should be flexible, especially at the ball of the foot. It is here that you push off with each stride. Try bending the shoe. If it takes a lot of pressure, pick another pair.

A stable heel is important. Look

for a shoe that is wide enough to give your foot a solid foundation. Noticeably narrow heels can pull the Achilles tendon—a painful experience.

Brand named runners, the popular ones, aren't always the best. Fit is important. Jogging shoes should be a bit snugger than street shoes, but they shouldn't pinch or cramp your toes and shouldn't let your foot slide forward so your toes can jam against the front.

Jogging shoes aren't impulse items. Check the shoe carefully. The shoe you select will become part of you—the very important part that hits the ground—for the next million footsteps or so.

Food for thought

Medical Services

By Shirley Tempest R.N.

Sample 1000 Calorie Menu with all nutritional needs for your body for one day.

Breakfast:	Calories
Black Coffee	0
1 egg, cooked without fat	100
1/2 grapefruit	43
1 slice whole grain toast	65

Lunch:	
1/2 cup cottage cheese	75
1 medium apple	75
1/2 cup carrot sticks	25
8 oz. skim milk	87

Dinner:	
1 small steak (broiled)	200
tossed salad	25
1 baked potatoe with butter	300
black coffee	0

Total calories: 995

Super Hockey League-final game of the regular season is coming up this Friday, Feb. 23 on the Red Rink. First place is guaranteed to Business but the second place is up for grabs between Forestry and Engineers.

With the loss of D. Rathy of Engineers, Forestry may just be getting the momentum to pass them in the final game.

D. Rathy was given a match penalty during a game Feb. 9th. The Campus Recreation Grievance Committee reviewed the Referees report and suspended him for the remainder of this year. Also attached was a caution for next years conduct.

The policy of our Campus Recreation is for fun and safety to participants who are at this Institute for the primary purpose of getting a good education in a minimum of time. Rough or dangerous play will not be tolerated.

If all the circumstances in all match penalties were reviewed many alternatives could be assessed. But in the final decision, the person who retaliates usually suffers the most punishment. The Referee reports according to a regulation and decision must be made from BCAHA rules.

NOTE: in the event of a tie between two teams, the following rules, in order, will break the tie:

1. Results of games between two teams.
2. Goals for team against the opposing team.
3. Goals for team in all games.

NOTE: Attention Coaches, Managers, and Players!

Make sure your team is all eligible to play in the final game-players must have:

- a. played in one league game
- b. paid fee in Winter Schedule

Full-time game will be played for the Super League Championship on Friday, March 2nd, 1979, game time a 8:15 pm on the Red Rink.

While dieting, it is important to be aware of caloric value especially in connection with nutritive values. If each day you choose milk, egg, cereal, bread, citrus fruit or other fruit, a green or yellow vegetable, an additional vegetable, potatoe, meat, fish or poultry, your body should be properly supplied with the necessary vitamins, minerals, proteins, carbohydrates, fat, etc.

The following is a common incorrect way to go on a 1000 calorie diet.

Breakfast:	
Black coffee and a doughnut	136
Lunch:	
Chocolate cake with 3 scoops of ice cream	539
Dinner:	
Small steak	200
Mashed potatoes	100
1/2 cup green beans	25
black coffee	0
Total calories:	1000

Nominations

Nominations for Campus Recreation Committee Awards: we are currently accepting nominations for outstanding participants in Campus Intramurals, Clubs, and Activities. Trophies will be awarded at the Campus Recreation Banquet on March 30th for the following categories:

- most sportsmanlike team
- female contribution to Intramural sports
- male contribution to Intramural sports
- supportive staff memeber
- most sportsmanlike player

If you know someone who fits into any of these categories fill out the nomination form (include reasons for the nomination) and submit to the Campus Life Trailer c/o Wally Rowan before 4:30 pm March 12th.

OUTSTANDING CONTRIBUTION TO CAMPUS RECREATION PROGRAMS:

AWARD CATEGORY _____	
NOMINEE (FULL NAME) _____	SPORTSMANLIKE _____
_____	ORGANIZER _____
REASON FOR NOMINATION _____	PARTICIPATION _____
_____	_____
_____	MALE _____ FEMALE _____
NAME OF SPONSOR _____	

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