#### NSIDE...

- Kudos
- **❖** BCIT honoured...
- Environmental Issues
- **❖ EDCO Update**
- **❖** The word from Victoria
- **❖ PAWWS**
- **❖** Remembering Terry

NEWSLETTER FOR THE BCIT COMMUNITY

is to provide
British Columbians
with world-class,
job-ready skills for
career success.

VOLUME 3, ISSUE 12



JANUARY 23, 1996

#### Message from the President

## **Planning for 1996-1998**

p.2

p.2

p.2

p.3

p.3

p.3



Brian Gillespie

I hope you had an enjoyable and festive holiday season. The New Year is now upon us and it will be a challenging one for all of us at BCIT.

Over the past few months I have met with individuals and groups all over campus to exchange thoughts and ideas on the challenges facing BCIT. These sessions

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have been extremely valuable. Comments on my CHOICES letter and the institute's Strategic Directions document reflect growing

awareness of the profound changes facing post-secondary education over the next few years. Many of you have expressed understandable concerns about the impact of budget cut-backs on BCIT's ability to provide quality training and service to students.

At the same time, I have been impressed by the enthusiasm among faculty and staff for the institute-wide planning process underway.

Each operating unit is in the final stages of preparing business plans that will ensure the institute of a balanced budget despite an estimated 12 per cent budget reduction over the next two years. These plans reflect the collective creativity and commitment of all BCIT staff members to solving the problems that lie ahead. Considerable time will be given to reviewing these plans over the next month. We fully expect to keep to our original schedule for budget preparation:

➤ Draft Operation Plans to Finance and to VP: January 26 '96

- Operation Plans reviewed with Operating Group: February 12 '96
- Operation Plans reviewed by Executive: February 15, 16 '96
- Budget preparation incorporating Operation Plans March 14 '96
- > 1996/97 budget approved by Executive: March 18 '96
- Board approval of 1996/97 budget: April 2 '96

From February through May, while this budget planning and review process is underway, I will be continuing to meet with EDCO, unions and staff to solicit your comments and feedback, as well as sharing any new developments from the government.

Recent discussions with the Ministry of Skills, Training and

Labour lead me to conclude that our assumptions with respect to decreases in the provincial grant and guidelines for tuition are realistic.

On a more positive note, I am pleased to

report that BCIT has received approval for its first degree program, the bachelor of technology in Environmental Engineering Technology. This program was approved by the Provincial Degree Program Review Committee and was the first degree to pass through this new Ministry process.

Also, work is on schedule for BCIT's new Downtown campus at the corner of Dunsmuir and Seymour. We anticipate building completion in September '96 and the campus ready for the Winter '96/97 Part-time Studies term early January '97.

Let me conclude by saying I firmly believe that the spirit of teamwork and cooperation you have shown in preparing BCIT for the challenges will help us move ahead. I anticipate difficult decisions for all of us, but am confident that, thanks to your efforts, BCIT will emerge as a more responsive and more enterprising organization in the years ahead.

Brian Gillespie, President

## Turning on a child's mind

"It is true that a child is always hungry all over, but he is also curious all over, and his curiosity is excited about as early as his hunger."

— Charles Dudley Warner, "Seventeenth Week," My Summer in a Garden, 1871.

Physics instructor Amar Kshatriya was delighted to find the truth in that statement two years ago, when he became a volunteer for Scientists and Innovators in the Schools, a provincial program that brings science into the classrooms of children in Grade 4 to 7.

"Children are very curious and full of ideas," says Kshatriya. "I would not have otherwise guessed that they would become so excited about science."

The program is a joint venture between the provincial government and Science World, and endeavours to stimulate interest in the sciences in a fun and exciting way.

And exciting, it is. Kshatriya's ability to transform topics like energy and various forms of matter into exciting, engaging demonstrations for young people has been enjoyed by more than 1500 children throughout B.C.

Kshatriya is assisted by his wife, Savita, and together they travel all over B.C. in a car that is filled to the brim with all kinds of equipment to give students a scientific thrill. They also come equipped with posters, pens and T-shirts by sponsors MacDonald Dettweitler, B.C. Hydro and BCIT. A day of presentations at one school often lasts the entire day, as the pair speak to groups of 25 for an hour at a time.

"The principal at one of the elementary school I visited last year said it was the first time he'd ever heard the recess bell when the students didn't want to go," he says.



Amar Kshatriya showing students the wonders of science.

The scientist introduces concepts like light, electricity, magnetism, muscle energy and magnetism, and even touches on the idea of atmospheric pressure.

"I try to emphasize lots of interaction with the children. For example, I always ask them to predict what is about to happen in various situations," he says. "I teach them that electricity produces heat, and then ask if they think heat can produce electricity."

Before Kshatriya arrives at a school, he asks the teacher to have the students respond to these three questions: What energy source did you use this week? If you were to be a scientist, what sort of problems would you like to tackle? What question would you like a scientist to answer for you?

The questions derived by the students gives Kshatriya an idea of the "burning issues" of a particular class. These questions, asked by students at Valemount Elementary School, indicated curiosity about the universe: Will the earth blow up in the year 2000? When was there no salt in the sea? What is beyond the universe?

While Kshatriya usually doesn't have time to answer all the

questions, it does allow him to customize his presentation according to student interest. He once arrived at a school to find 300 children with 300 burning questions. "This sort of enthusiasm really got me interested. The kids are really keen and so full of energy. I love to work with them."

"I take it upon myself as an instructor at BCIT to promote an interest in science and technology in children today, because they must have some literacy in those topics to survive in the 21st century," he says.

Kshatriya says one of the students' favourite items is a "potato clock" that he uses to illustrate electricity. "I often tell my students that my wife gave me this clock, but I've run out of batteries and all I have is a potato. Of course, they never think the potato will make the clock work, and it's always great to surprise them."

"It usually becomes quite a comedy show," he says. "I never have an agenda, it depends on the questions they ask. It's better to let the kids dictate the show."

Kshatriya says response has been so positive to his shows that he's been asked to present to students in Grade 1. "I have a four year old granddaughter, so I will get some clues from her." he says.

"This experience is such a positive thing, it would be nice if many of my colleagues took on a role to promote technical and scientific literacy to generate interest in young people."

If you are interested in becoming involved in the Scientists & Innovators in the Schools program, contact Kshatriya at local 5315.



Students enjoy the show and learn something too.



Letter to the editor

I would like to take this opportunity to thank James Gascoyne, Andrew Dunlop and Richard Beketa for their outstanding work in successfully completing a remote control buzzer system.

I am a trainer for Creative Animal Talent — an entrepreneurial zoo and established wildlife facility for production purposes. In short, we train wild and domestic animals for films and television. A variety of our animals (rats, mice, cats and rabbits) are often required to go from point A to point B. This behaviour is accomplished by conditioning the animal to go to a specific spot by following the sound of a buzzer; this is referred to as buzzer training.

...feeling our system was somewhat archaic...I visited several electronic companies to explore the possibility of a remote buzzer that would eliminate the problem with wires...Every company I spoke with was optimistic, eager to get started...yet every company I spoke with failed. I was feeling discouraged and considered abandoning this seemingly impossible project when a friend suggested that I try BCIT. I stopped in and discussed my problem with James Gascoyne. His response was quite familiar — confident and optimistic. Much to my amazement James, Andrew and Richard successfully completed a remote control buzzer system in less than an hour.

James, Andrew and Richard, your system has been operating flawlessly since its completion three weeks ago and has unquestionably simplified buzzer training — thank you!!

Sincerely, Andrew Simpson



Letter received by Special Events

### FABULOUS! FANTASTIC! VERY EDUCATIONAL! I WANT TO GO THERE!

These are some of the comments elicited from my students when discussing with them the wonderful visit we had with you at BCIT. All of us thoroughly enjoyed our time at the campus and especially appreciated your energy, humour and patience with us. It was a marvelous experience.

For young people who are undecided about their future profession visits such as we had helps to demystify what to them is a nebulous entity. They know they must have some post

but they really have no idea of how human and possible a good secondary education, school such as yours can be for them to enjoy learning, and to achieve success. It was good that some of the students spoke with them, and that everyone was open and generous with their

Thank you very much for all that you did to make this part of my program, ie. field trips, such a great success. I am confident that a few of my young students will choose BCIT as their school as a result of our time spent with you.

Sincerely yours,

H.Bugler, Jr., M.A., Maple Ridge Secondary School

#### **ENVIRONMENTAL ISSUES**

## Time to double up for the environment

Ever wonder how many people on campus share a ride to work? Pitifully few is the answer we got after Civil Engineering student Ahmad Salmabadi conducted a study of BCIT parking lots. He found that 90 per cent of staff and 92 per cent of students who drive to BCIT, drive alone.

What does this mean? It means opportunity for change. The biggest source of air pollution, which causes up to 15 per cent reduced lung capacity in children, costly emergency room hospital visits and many sick days in adults, damage to forests and Fraser Valley crops, is the single occupant vehicle.

The average automobile is responsible for 75 per cent of the air pollution in the Lower Mainland. In one year a car pumps out six times its weight in air pollutants. That is more than half a tonne of primary air pollutants like carbon monoxide, sulphur dioxide, nitrous oxide, volatile organic compounds and fine dust. In addition, it produces five and a half tonnes of the powerful greenhouse gas, carbon dioxide.

We could step much closer to protecting the shared resource that seems to be no one's problem, clean air, if more drivers shared a ride to BCIT.

It isn't that costly, difficult or uncomfortable to share a ride. In fact you could save money with ride-sharers lowering your costs. And, it's easy. Talk to your associates about carpooling, routes and schedules and see what arrangements can be made. You can also register on BCIT's carpooling database computer and find a matching rider or driver. Consider being flexible, even taking the bus on occasion.

Kudos!

You can find the EasyRider ridesharing computer in the Security Office, SW1001, 24 hours a day. For more info call 451-7060.

## **BCIT** honoured for overall programming



(L-R) Brian Thom and Barbara Davis receive the award from John Baker, chair of the awards committee and representative from Scott Community College,

Last November, LRU's Brian Thom and Barbara Davis were proud to receive an award on behalf of BCIT at the National Council for Staff, Program and Organizational Development in Chicago, Ill.

The Institutional Merit Award recognizes overall programming in a medium-sized institution and includes areas such as

faculty development, curriculum development, student learning skills and quality assurance.

Upon conferring the award, the presenter mentioned how impressed he was that many of BCIT's excellent programming had been sponsored by "soft" money, and were not government funded.

## Special needs department in the news

The following is an excerpt originally published in BCEADS READS the newsletter for the BC Educational Association of Disabled Students:

I have been attending BCIT for the past two years, moving on to my third and final year. I am in a special program that splits the two-year program into three years. This brings less stress for me as I can take more time to concentrate on my courses. I have been very fortunate to

attend an institution with an impressive Special Needs department. Every year there are expansions in this department to serve the students with disabilities better. I am proud of the Special Needs department at BCIT as I have heard horror stories of students with disabilities dealing with barriers that they encounter. The Special Needs department has helped me to notify all of my instructors and has provided me with the exam time extensions.

written anonymously

## **Eco-Fair showcases** business of the environment



Would you believe the environmental industry in B.C. is one of the fastest growing economic sectors in the economy today? It is now almost as large as the fishing industry.

More than 400 companies in this sector employ nearly 8000 people and enjoy an average 33 per cent growth rate. In 1990, the industry generated more than \$650 million in revenue. By the end of the decade that's supposed to grow to \$1.5 billion.

With the growing need worldwide to clean up humanity's mess and provide clean process technologies, there's no place but up for this industry. To take a closer look please join us at BCIT's Eco-Fair on Wednesday, Feb. 7 between 1100 and 1900 in the Student Association's Campus Centre. Meet people from industry and see some new technologies firsthand. For more info contact Greg Helten at 451-7060.

## **EDCO** update

At its Dec. 13 meeting the Education Council received a visit from that popular celebrity Santa Claus, who enlivened the proceedings by dispensing good cheer to all.

When Council got down to the business at hand a motion was passed empowering its
Executive Committee to set up an academic appeal panel process on a pilot basis for an interim period until the end of March '96. The revised Appeal of Academic Standing Policy 5421 was adopted by Council on Nov. 15, and is now accessible on PROFS and in the Registrar's office.

Neil Howard, vice president External Affairs and chair of the External Affairs Task Force, reported on the group's advocacy activities, including a letter writing campaign by the board chair and members of BCIT's Executive. More activities are planned for December and January.

Council passed a motion supporting the use of the document BCIT's Strategic Direction for the Next Decade for the purpose of planning and development.

The Labour Force Development Board's publication *Training* for What? was distributed to Council and will be the subject of in-depth discussion at the next EDCO meeting.

The Strategic Planning Context document of the Ministry of Skills, Training and Labour was referred to the Educational Planning and Policy Committee for review and examination of its implications for BCIT.

develop policy and procedures to deal with the *prevention* of cheating and plagiarism. If you have concerns/suggestions, please contact Griff Richards, chair, at 8412.

The Governance Committee has almost completed its work on Education Council by-laws and expects to present them to Council in January '96. After adoption the by-laws will be sent to the Minister for approval.

A process has been established to review Applied Academics Curriculum for Grades 11 and 12. For information, contact Mike Jervis, dean, School of Electrical and Electronic Technology.

The next meeting of the Education Council will be January 24, 96 from 12:00 to 14:30 in the board room of NW1. EDCO meetings are open to all members of the BCIT community.

Should any person have concerns or suggestions regarding EDCO, please PROF EDCO or call Bob Merriam, chair at 7045.

#### Policies on-line

The following policies have been approved by the Education Council and are now available on PROFS:

5420 Student Marks Reassessment Policy

5421 Appeal of Academic Standing

4112 Religious Holy Days

To access these policies type POLICY on the command line on your PROFS screen or use PROFS menu 3, MIS systems, pf3.

# The Educational Standards Committee has been asked to On your PROFS sen PROFS menu 3, MI pf3. It's not what you did that counts, it's what

you learned from it

Students come to BCIT from a variety of backgrounds and while many receive transfer credits based on credentials and formalized arrangements, many do not.

A new program called Prior Learning Assessments (PLA) will allow evaluation by some valid and reliable means of what has been learned through previously unrecognized education and training, or experiences that are worthy of appropriate credit in a course or program.

Program leader Bill Howorth has been hired to bring PLA specifically into the Computer Systems Technology program, and more generally to set up the necessary structures at an institutional level. "In computing, many people are actually self-taught. Traditionally these students did not receive credit for their knowledge, but with PLA students can have their background knowledge assessed to see if they qualify for credits," explains Howorth.

Ministry funding will allow the pilot project to make as many courses as possible in Computer Systems Technology accessible through PLA challenges. "This will provide opportunities for people to get formal academic credit for what they know and can do," he says. "In effect it means fast tracking without compromising program standards."

On the institutional side, a subcommittee has been established through the EDCO to put together institutional policies and procedures. "This is important so that we can eventually enshrine PLA into our way of doing things," he adds.

Howorth became involved in PLA in Toronto, Ont. as director of partnerships for Seneca College. His experience there included PLA for a worldwide leader in electronics manufacturing and a national retail clothing chain. This kind of diversity emphasizes just how wide-reaching PLA programs can be.

## The word from Victoria

The Ministry of Skills, Training and Labour and the Ministry of Education have been working together to integrate our provincial education systems. This strategy is intended to provide students with a smooth transition from high school to post secondary education, allow greater mobility between post secondary institutions, and better prepare students for the world of work.

Dr. Dave Chowdhury, on leave from his position as dean of the School of Engineering is presently project director of the Applied Academics initiative, a key component of the overall strategy. Applied Academics is a program piloting applied learning in Math,

Communications and Physics in eight school districts throughout

B.C. now has two aboriginal public institutions. In September the Institute of Indigenous Government opened in Vancouver. In December the

the province.



Nicola Valley Institute of Technology was designated as a post secondary institution. BCIT has a longstanding relationship with the Nicola Valley Institute, playing a role in the development of a number of its program offerings.

Now you can use the internet to let Finance Minister Paul Martin know how you feel about federal funding cuts to post-secondary education. Particularly since Mr. Martin was quoted as saying "input from the public is a vital element of the policy-development process". In fact,

feel free to pass his email address to other stakeholders who may want to voice their opinion. He can be reached at pmartin@fin.gc.ca.

Remind the Minister that a recent report, "Exploring Canadian Values", revealed that almost two in three Canadians would rather increase taxes or the deficit than reduce spending on education.

—from David Bernard Manager, Marketing and Corporate Relations

## **Engineer repairs puts students in touch with industry**



Hanging out in the BCIT hangar

A rather large aircraft pulled into the Sea Island hangar recently when Skyclubs A 310 paid a visit.

Both engines required their number 1 bearing seal retainer to be replaced. A specialist team was flown in from Swiss Air and they worked for 24 hours to complete the job.

Skyteck Aircraft Maintenance Co., the maintenance contractor for Skyclub, requested the hangar space when Air Canada and Canadian were unable to accommodate them in their full hangars.

"It was a terrific opportunity for our students to mix with licensed engineers who were performing specialized work," says John Edwards, chief instructor, Aviation programs.

Bob Mundie, Maintenance manager for Skyteck said that one problem with

bringing an aircraft into BCIT is that all their mechanics have to do everything perfectly so they set a good example for the students.

—from Dave Mitchell

## Perso

### PAW W S

(Personal and Workplace Wellness and Safety)

#### Facts about caffeine

- Caffeine is the most widely used mood modifying drug in our society.
- In pure form, caffeine is a white, bitter tasting powder. It is found in tea, coffee, chocolate, cola drinks, wakeup pills, diet pills and is an additive in some medicinal formations.
- Caffeine is classified as a stimulant drug. It speeds up breathing, heart rate, metabolism and urination.
- In the short term, caffeine shortens sleep, stimulates secretion of stomach acids,

- decreases appetite and impairs coordination. Large doses can cause headaches, nervousness and delirium.
- Regular consumption of caffeine (about 4 cups of coffee per day) can lead to physical dependence with such withdrawal symptoms as severe headaches, irritability and fatigue.
- More than eight cups of coffee per day (or the equivalent) may cause chronic insomnia, anxiety, depression or stomach upset.
- Pregnant women are advised to restrict caffeine intake.
- Coffee drinking is part of the North American cultural experience. Although many individuals utilize caffeine preparations (coffee, tea or cola) as a way to reduce stress, individual responses vary greatly. For some, caffeine use actually increases stress levels.
- For some individuals, caffeine use is a trigger for cigarette smoking and combined use compounds the health risks.

—from Medical Fact Sheet compiled by School Prevention Services Team, Alcohol and Drug Services, Burnaby, B.C.

## **Remembering Terry**



"I would say Terry was a mentor to many of us here, certainly me. He was an extremely clear thinker, a quiet leader, a man who - despite his public achievements would rather avoid the spotlight and give someone else the chance than take it himself. he was never at a loss for the right words, always affable, always poking fun at himself, extremely bright and very supportive.

Personally I will miss him a great deal - he was a most congenial, humorous and enjoyable lunch date! As for the rest of the staff - most of whom didn't know until just recently of the severity of his illness - he was a friend and a respected colleague and they are all very sad about his death.

We've had a lot of calls from former students who learned a great deal from Terry while they were studying here. He challenged them and then expected the students to live up to the challenges. Those that did earned his respect. Some

maintained their friendship with Terry long after leaving BCIT, and he'll be missed by them as

-from Brian Antonson, Associate Dean Broadcast **Communications** 

Graduate, BCIT Broadcast Communications

Terence James (Terry) Garner, longtime radio and television host, program director and BCIT instructor, died of Jan. 6 of cancer at Eagle Ridge Hospital in Port Moody, B.C.

Garner was born in Armstrong and was educated at Victoria College (now the University of Victoria) and UBC. During the Second World War he served with the Royal Canadian Air

After the war Garner began a career in broadcasting. Over the next twenty years he worked as an announcer and program director with stations in Vancouver, Victoria, Hamilton, Ont., and Montreal.

In recent years he wrote for the Knowledge Network and directed a number of video productions. He was best known as the host of the CBC-TV program "Reach for the Top," from 1961 to 1982.

From 1974 to 1991 he was a senior member of BCIT's **Broadcast Communications** faculty, where he was admired by students and colleagues alike.

## New equipment on the leading edge



(L-R) Ron Andrews, Jerry Gallant, Peter Congdon and Richard Fowler.

Jerry Gallant, Freightliner of Vancouver Ltd., handed over the keys to Peter Congdon, chief instructor, Heavy Equipment Group, and Richard Fowler, senior buyer, Purchasing department, on Jan., 8 for the recent purchase of a 1996 Freightliner Fl80 truck.

The vehicle comes equipped with a state-of-the art fuel management system,

electronically controlled transmission and electronically controlled Rockwell WABCO air brake system. The vehicle will be used to instruct students enrolled in diesel engine mechanics, diesel engine electronic technician, heavy duty and commercial transport mechanics. Also on hand to give a presentation on the new equipment was Ron Andrews from Finning Power Systems.

#### **New facility** open to public

On Saturday, Jan. 27 and Sunday, Jan. 28 Vancouver Hospital is offering tours of the first three floors of Laurel Pavilion at 899 West 12th Street. Staff and students may be interested in exploring many of the 23 departments and a wide range of equipment ranging from imaging machines to computer models dealing with genetics.

#### Staff News

Congratulations to Cindy Kailly from the Finance department on her recent success in passing the Certified Management Accountant's (CMA) National Entrance Exam. As a candidate in the two-year professional program, Kailly is now at the beginning of the final phase leading to the CMA designation.

Congratulations also to the Finance department's Ken Anderson and his wife Karen on the birth of their first child, a son Joel Franklin. The baby was born on Nov. 23 at the Burnaby General Hospital and weighed 8 lbs., 6 ozs.

Congratulations to Lorraine Woolsey, program head, Environmental Health; Marnie Simon, program head, Operating Room Nursing; and Donna MacDuff, program head, Physics, ETE & TEWELT programs. All three women received a Masters degree in Higher Education at the Nov. 23 convocation at the University of British Columbia.

#### Winners

Many people had an extra special Christmas this year thanks to the generosity of BCIT employees. A special thanks to all who donated cash, groceries and gifts to the Finance food hamper, raffle and adopted families.

Congratulations to Nancy Sayre, Nursing and Health Engineering, PAWWS contest. The prize was a relaxation gift basket courtesy of

#### Call for Volunteers

The BC Winter Games is looking for volunteers from BCIT. The games will be held in North Vancouver between Feb. 22 and 25. There are presently 1500 volunteers signed up, but they need 2000 more. If you are interesting in helping contact Joe Newton in the Technology Centre at 6931.

Shoppers Drug Mart in the Old Orchard Shopping Mall.



Jan Poersch (right) from Medical Services presents Nancy Sayre with the gift basket.

Congratulations to Roz Yamashita from AudioVisual Production who was the lucky winner of a gift basket put together by members of the Human Resource department and Labour Relations department. A second prize of a smaller basket of goodies was won by Grethe Holmsten from Student Records. The draw was supervised according to the best auditing principles of Gerry Dokimenko. The raffle raised \$350 which was split between two single parent families in our student daycare. The families also received a box of good eats and numerous Christmas presents from the two departments.



(L-R) Marilyn Duggan, Colleen Redenbach, Sharon Symonds, Roz Yamashita, Kathy Nolan and Clodine Sartori.

## **BCIT Events to** Come

#### Thursday, Jan. 25

January Convocation at the Willingdon Church conference centre, 4812 Willingdon Ave. at 1900.

#### Wednesday, Feb. 7

Eco-Fair from 1100 to 1900 in the Campus Centre.

#### Friday, April 12 Saturday, April 13

Open House '96

Get your own mug

At BCIT we throw away 17000 disposable cups a week. That's about 600000 a year. Eliminate waste and cost. Get a reusable mug from the TNT store or campus cafeteria.



The BCIT UPDATE is published weekly throughout the school year by the Information and Community Relations Department within Marketing and Development.

Ideas, tips, fax or written submissions should be forwarded to the editor by 1500 Fridays, ten working days prior to publication. The editor reserves the right to edit for brevity, libel and accuracy.

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## **Classy Finds**

For sale: House: three bedroom upstairs and two bedroom suite downstairs. Oak floors, newly finished. Ten minutes from BCIT. 5884 Sumas Street, Burnaby. Call Raman at 294-6756.

For sale: 1990 Toyota Corolla GTS, red, 5 spd., am/fm, p/ sunroof, 61,000km original, well maintained, \$9650. Call Rita at 451-1420.

For sale: 1976 Jaguar XJ6L. Fully restored professional mechanic, 130,000 original kms, classic Jaguar attention to luxury

and detail: lacquered burled walnut dash, twin gas tanks, immaculate jade green exterior with tan interior, am/fm cassette, \$9500. Call Lindsay at 944-2444.

For sale: Ten year old RCA 26" colortrack television. Works perfectly, updated by owner, \$100. Call Sharon at 8493

For sale: NBA Vancouver Grizzlies home game tickets. Two good seats, \$70/pair. Limited games between now and April - sorry no Bulls or Magics. Call Jackie at 8847.

Time: 11:30-12:15 pm

AND AWARENESS

Date: Feb. 8

Day: Thursday

Time: 6:00-10:00 pm

Fee: \$8 before Jan. 31 \$10 after

**WOMEN'S SELF-DEFENSE** 

Fee: \$24 before Feb. 2 \$30 after

**VANCOUVER SUN-RUN** 

The Vancouver annual 10 km

Sun Run will take place this year

on April 21 at 8:15. BCIT is once

Non-BCIT Fee \$10 & \$12

## Recreational events

#### TAI CHI

Date: Feb. 7 to Apr. 17 Day: Wednesdays

Time: Level I 11:30-12:30 pm Level II 12:30-1:30 pm \$23 for 10 before

Feb. 2 \$28 after

#### **SCUBA**

Date: Feb. 7 - Mar. 6 Day: Wednesdays

Time: Classroom 7:00-9:00 pm Pool 10:00-11:30 pm

\$199 Fee:

Non-BCIT fee is \$215

#### **BEGINNERS JUGGLING**

Date: Feb. 7 - 28 Day: Wednesdays

again entering a corporate team. Numbers are limited so sign up early. For more information contact Ian Ross at 5674.

for winning the most recent

Please recycle your BCIT Updates in the White Paper recycling bin.