



THIS WEDNESDAY WORTH

**\$1.5 Million**

Tickets available at the SAC Information Booth.

**Happy New Year!**

THIS WEDNESDAY WORTH

**\$150,000**

Tickets available at the SAC Information Booth.



# THE LINK

Volume 21 Number 15

January 7, 1987

## COLD TURKEY DAY

Stop Smoking  
January 21,  
1987

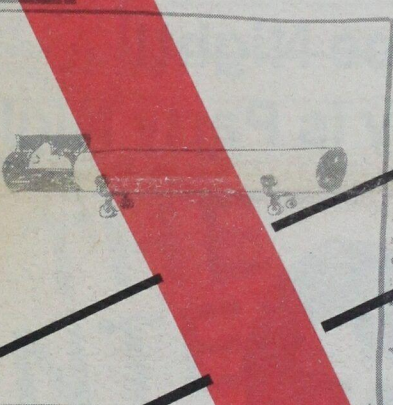
LUNGS  
AT  
WORK

**NO SMOKING!**

SECOND HAND SMOKE

YOUR BRITISH COLUMBIA LUNG ASSOCIATION

Smoke is  
for all living things  
**PLEASE DON'T SMOKE!**



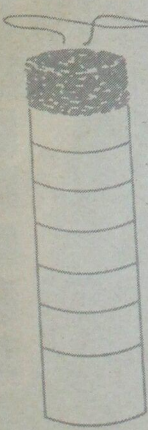
**SECOND-HAND SMOKE**

ACROLEIN METHACRYLONITRILE METHYLAMINE NICKEL CARBONYL NITROGEN  
DIOXIDE CROTONALDEHYDE DIMETHYLAMINE ENDRIN ETHYLAMINE FORMALDEHYDE  
CARBON MONOXIDE ETHYL NITRITE AMMONIA FORMALDEHYDE HYDROGEN CYANIDE  
NITROGEN NICOTINE DDT ETHANE ACETYLENE METHANOL PROPANE ACROLEIN  
ACETONE METHYL CHLORIDE PHENOL CRESOL METHANE ISOPRENE PROPANE ACROLEIN  
ACETALDEHYDE ETHYLENE METHYL ETHYL KETONE "TAR" HYDROGEN CYANIDE METALS  
HYDROXYACID NITRIC OXIDE ACETONITRILE ACRYLONITRILE  
BENZENE 2,3-DIBUTADIENE BUTYLAMINE



thank you  
for not smoking

**ANATOMY of a SMOKE**



- TAR** - Thick brownish-black substance composed of a complex mixture of compounds - sticky white residue (tar) is the main component of the smoke.
- BLOOD** - Detachable substance in tobacco (tar) which is responsible for the cancer-causing properties of the smoke.
- TRACHEA** - Gas used to transport chemicals in the body.
- CARBON MONOXIDE** - Favorite Gas for People who smoke.
- ACETALDEHYDE** - A form of alcohol.
- AMMONIA** - Alkaline Gas.
- PERILLALDEHYDE** - Powerful Disinfectant Gas - Used as a Surgical and General Antiseptic and also as a Food preservative.

Canadian Cancer Society

**Non-Smokers' Bill of Rights**

NON-SMOKERS HELP PROTECT THE HEALTH, COMFORT AND SAFETY OF EVERYONE BY ENJOYING THE FOLLOWING RIGHTS:

- 1. TO BE PROTECTED FROM SECOND-HAND SMOKE.
- 2. TO BE PROTECTED FROM THE TOXIC EFFECTS OF SECOND-HAND SMOKE.
- 3. TO BE PROTECTED FROM THE TOXIC EFFECTS OF SECOND-HAND SMOKE.
- 4. TO BE PROTECTED FROM THE TOXIC EFFECTS OF SECOND-HAND SMOKE.
- 5. TO BE PROTECTED FROM THE TOXIC EFFECTS OF SECOND-HAND SMOKE.

CANADIAN CANCER SOCIETY  
BRITISH COLUMBIA AND YUKON DIVISION



# TAPS Welcomes Everybody back With The Invaders!

January 9th & 10th

Friday is Residence Night!

Saturday is Party Night!



*Tickets at  
S.A. Info  
Booth*



## SWAP offers student work overseas

There's no better way to see a foreign country. SWAP can cut your travel costs and give you that unique work-abroad experience.

Next summer you could turn a run-of-the-mill summer job into the experience of a lifetime with SWAP. Since its inception, the Student Work Abroad Programme has assisted literally thousands of Canadian students with overseas working holidays. In Britain, Ireland, New Zealand, and Australia, these students have worked at about any job you can imagine: sheep shearer, bank teller, chambermaid, bellhop, office worker, and farm hand. And now for 1987, SWAP would like to introduce to you our newest destination, Japan!

The SWAP concept of a working holiday allows students to combine periods of employment with time for leisure and exploring the host country. You gain invaluable first-hand knowledge of the culture of the country by actually working there. And you extend your travel budget so that you can afford a trip abroad much longer than your funds might otherwise permit.

Another key to the SWAP concept is flexibility. The Student Work Abroad Programme gives you tools to tailor a holiday to suit your ambitions

and requirements. SWAP does away with the red tape that students usually encounter when trying to arrange work overseas. Our London SWAP Centre and organizations co-operating with SWAP in the host countries provide you with advice and assistance.

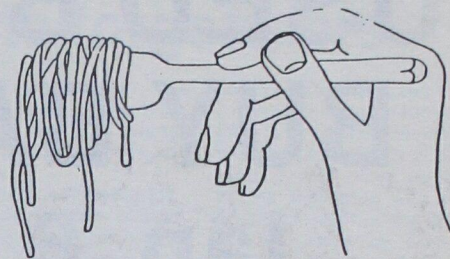
Full-time students applying to SWAP must possess a valid International Student Identity Card (ISIC). Part-time students may also apply to SWAP, but only for the programmes in Britain and Ireland. Any young Canadian regardless of student status may apply for the new SWAP Japan. For SWAP Ireland and New Zealand, the age limits are 18 to 30 inclusive. Participants for Britain, Australia, and Japan must be between 18 and 25 inclusive.

Swap operates through a series of bilateral agreements between the Government of Canada and the national governments of the United Kingdom, Ireland, Japan, New Zealand, and Australia. Such requirements as Canadian citizenship, age limits, and quotas of participants per country are the domain of these governments and cannot be altered by SWAP.

Forms and information are available at the SA office.

## Come For Pasta

- Spaghetti
- Ravioli
- Cacciatore
- Tortellini
- Lasagne



For lunch or dinner PASTA really hits the spot. Choose noodles and sauce in the combination that suits you: spaghetti, spinach or egg noodles with chicken, cream of mushroom, Italian meat or tomato sauce. As well try favourites like lasagne, chicken cacciatore, ravioli.

Next time - fork up a real mouthful - PASTA!

Italian Days January 12th to 24th.

*Garlic Bread  
and Salad  
served with  
all entrees.*

**Campus  
Café**

COMING SOON...

**CATCH THE  
C-C-CONTEST  
AT THE TNT**

Sponsored by the  
Bottlers of *Coca-Cola*

**GRAND PRIZE!**

**SANYO AVM210**  
Monitor/Receiver



Second Prize:

**Sanyo Midi HiFi Stereo System!**

ALSO: 4 Sanyo Designer Telephones  
4 Sanyo Portable Stereos



**WATCH FOR DETAILS ON HOW YOU  
CAN WIN IN NEXT WEEKS LINK!**



# USED BOOK BUY BACK

**Jan. 6 & 7**  
9 a.m. to 3 p.m.

**Jan. 13 & 14**  
5 p.m. to 8 p.m.

## BCIT BOOKSTORE

### Sleep On A Mountaintop

Ski from Lodge to Lift and  
be first on the slopes.  
Weekend all inclusive  
packages start at only \$126  
Call 542-5880.

### A Free Ski Vacation?

*Get your tech  
together and find out  
how by calling Patricia  
at 542-5880*

## Back To School Specials

**Opus 5 1/4  
Diskettes**

SS/DD Box of 10

**\$9.95**

OR \$1.25 EACH

**Polo 0.5  
Pencils**

With Package of  
12 HB Leads

**\$1.25**

**McGill  
Student 3  
Hole Punch**

**\$2.50**

**25 %  
Off  
on  
Sportswear**

**20% Off  
On  
'D' Ring  
Binders**

**Loose  
Leaf**

250 Sheets

**\$1.99**

**T-Squares  
Wood**  
No. 970-30  
30 inch

**\$4.95**

**Low  
Prices  
On All  
Drafting  
Supplies**

## BCIT BOOKSTORE

## LETTERS

### BCIT students thanked for Shinerama '86

The following two letters were received by the Student Association late last fall following delivery of a \$12,545.64 cheque to the Canadian Cystic Fibrosis Foundation. The money was raised by BCIT students during Shinerama in September, 1986. Both letters were addressed to Cheryl MacNaughton, chairperson of the BCIT Shinerama campaign.

Dear Cheryl,

Thank you very much for the cheque totalling \$12,545.64 which you presented to me on behalf of the students of the B.C. Institute of Technology.

The members of the Foundation are delighted at your success and profoundly grateful for your support. The funds you have raised will be used to further Canada's leadership in cystic fibrosis research.

Please pass along our heartfelt thanks to the members of your fundraising team!

Cathleen Morrison  
Executive Director  
Canadian Cystic  
Fibrosis Foundation

Dear Cheryl

I would like to extend my heartiest congratulations and sincere thanks, for your hard work and dedication in organizing the recent Shinerama Campaign at BCIT.

As I had the pleasure of receiving the first official shoe shine in Canada this year, I was so pleased to learn that once again Shinerama has been a huge success!

Your contribution to the critical CF research and treatment programs currently underway is truly valued by the Foundation and its members.

I wish you every success in your future endeavours, and thank you, once again, for sharing in our commitment.

Mila P. Mulrone  
Honorary Chairperson  
Canadian Cystic  
Fibrosis Foundation

### Group wants clinic in B.C.

Editor, The Link,

There is an important battle being fought in British Columbia today. That battle is a woman's right to reproductive freedom, the right to safe, legal abortion.

Only 52 out of 115 hospitals in B.C. have therapeutic abortion committees and only 10 of these 52 perform abortions. If you're poor, a member of a minority group, do not live in the lower mainland or do not have a supportive doctor, it is virtually impossible to obtain an abortion in British Columbia.

The only solution is free-standing abortion clinics. A broad-based coalition of pro-choice groups is being organized to build and maintain a clinic in Vancouver during the next year. Clinics already established in Montreal and Toronto have proven successful and far superior to the hospital system. Abor-

the link, January 7, 1987

tions in these clinics are safer, cheaper, much more accessible and the staff are supportive and understanding. There are many pro-choice doctors, nurses and other dedicated volunteers who are ready to help.

A successful Vancouver clinic would pave the way for others in the province and the rest of the country. We can't wait for the right political climate, because the climate may never be right unless we change things for women now and for generations of women to come.

Please join us and help fight this worthy battle. Remember, there is strength in numbers and unity in strength.

The Conference to Establish a B.C. Abortion Clinic Coalition will be held Sunday, January 25, 1987 from 10 a.m. to 5:00 p.m. at The Vancouver Indian Centre, 1607 East Hastings. Everyone is welcome. Daycare will be provided. Please pre-register. For more information please contact 738-3287.

Planning Committee for  
B.C. Clinic Coalition  
PO Box 35633, Station E  
Vancouver B.C. V6M 4G9

### Staff Society establishes trust fund

A trust fund for the family of Fish, Wildlife, Recreation instructor, Barry Yaworski, who passed away suddenly on November 16, has been set up by the Staff Society.

Yaworski, who had temporarily replaced Chuck Chestnut, had not worked at the Institute long enough to qualify for group life insurance. He is survived by his wife, child and unborn infant.

For more information on the trust fund, call the Staff Society office at 432-8695.

### Four training awards available

The Vancouver Club of the Soroptimist International of America has available four awards totalling \$2,500. The awards are designed to assist women to complete undergraduate university or college programmes, or to enter vocational or technical training. According to Vancouver Club spokesperson Margaret Howell, preference is normally given to single women who are heads of households and in need of financial help.

Applicants must be full-time students enrolled in at least three courses and resident in Vancouver or Richmond.

Application forms, which must be returned to the Vancouver Club no later than January 16th, 1987, may be obtained through the BCIT Women's Access Consultant, Brenda Pengelly, in room 229 of the 1A building.

**LOST** before Christmas, a 1460 Sharp pocket computer. Reward offered. Please contact Jason Yoric at 435-8693.



# review



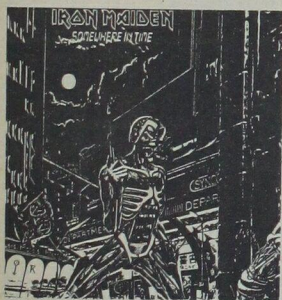
## Records

Electric Honey  
Partland Brothers  
Capitol Records

Capitol Records made a big score last year with Toronto's Glass Tiger, so this year they scoured the area and came up with the Partland Brothers. Like Glass Tiger, they spent a lot of money packaging them and pushing them in major records stores. G.P. Partland even sounds like Alan Frew of Glass Tiger on a few cuts.

Unlike Glass Tiger, however, the Partland Brothers sound is imminently forgettable. Even after repeatedly listening to the record I can't remember any of the tunes. Do yourself a favour - forget about the Partland Brothers.

- Raymond Dow



Somewhere in Time  
Iron Maiden  
Capitol Records

Iron Maiden is back in full force with their sixth stupid album 'Somewhere in Time.' As on previous albums, Iron Maiden offers pounding, full speed ahead music that doesn't slow down from song one to song eight.

The album includes a first for the band, in that guitar and bass synthesizers are used. The effects of these additions are a fuller rhythm section and an added dexterity to the Maiden sound.

The lp's eight tracks are strong with the exception of 'Deja-vu,' with combines simplistic lyrics and a mediocre melody to produce four minutes and 55 seconds of questionable material.

The strongest tracks on the album are 'Stranger in a Strange Land' and 'Heaven Can Wait.' Stranger is powered by unique guitar licks and relates the story of an Arctic explorer found,

perfectly preserved, frozen on ice, hundreds of years after he died. 'Heaven Can Wait' has one of the most meoldic (dare we say most commercial) choruses in iron Maiden history. The song is catchy, and may just rattle even the most anti-metalhead's cage.

In addition to these songs is the lengthy (8:35) 'Alexander the Great,' written by the band's chief songwriter, bass player Steve Harris. The song, not surprisingly, depicts the story of Alexander the Great and will undoubtedly soon join 'Phantom of the Opera' and 'Rime of the Ancient Mariner' as iron Maiden classics.

Apparently the five month vacation taken by the band has not affected their musical outlook greatly. 'Somewhere in Time' picks up where 'Powerslave' left off, and will further propel Iron Maiden forward in the rock world.

The recording itself, utilizing the 'direct metal mastering' production process, achieves an excellent sound, playing the lp louder allows more of the rhythm section to be appreciated.

The members of the band are each excellent musicians, and once more, the individual instrumental work is outstanding.

If you're not already an Iron Maiden fan, I recommend you give this album a try!

- R.F.

BILLY BRAGG  
TALKING WITH THE TAXMAN ABOUT POETRY



Talking with the Taxman about Poetry  
Billy Bragg

Polydor/Go! Discs

Billy Bragg is one of the few artists who can take the sparsest of arrangements and instrumentation, and come up with heart-filled, accessible songs that have the power to hold you for the entire album. There isn't a drum sound on the album, and usually Bragg is only accompanied by his own guitar. But when he does

add some spice to his songs, it's like a witch's brew of a solo trumpet placed perfectly to complement Bragg's rough singing or rare, but effective, background vocals by Kirsty MacColl (sic) counterbalance Bragg's sharp rough guitar.

He sings about lost love and politics, or his personal insights into marriage and passion gone wrong. 'Honey, I'm a Big Boy Now' is a funny bar tune filled with rollicking piano and Bragg's unique British vocals. 'The Passion' and 'The Warmest Room' best reveal his ability to take a guitar, bass and piano with a subtle unique melody and brew it into great little biting songs that send shivers up and down your spine. Here's a working class Joe singing about working class life that anybody can listen to and understand. This one fits into your record collection as easily beside Phil Collins as Skinny Puppy.

- Jakub Svoboda

## NEED WORK?

Full-time and part-time jobs available, including:

Cook (short order - institutional - a la carte)  
Chief Welding Electronic Technician Stenography  
Accounting Building Maintenance Bricklayer  
Medical (office assistance - reception) Bartender  
Refrigeration Legal Secretary Power Engineer  
Horticulture (maintenance - floral design)  
Drafting (architectural - mechanical - civil & municipal) - Industrial - structural Upholstery  
Warehousing (shipping - receiving) Millwright  
Carpentry (framing - finishing - benchwork & joinery) Appliance Repair Autobody Repair  
Cashier Painting & Decorating Clerk Typist  
Mechanics (automotive - commercial transport - heavy duty - small engine - motorcycle) Baker  
Machinist Plumbing Sheet Metal Word Processing  
Butcher (meat cutter - wrapper)  
Instrumentation Electrical

## The EAC has it!

Register Today at the  
Employment Action Centre  
4th Floor, J.W. Inglis Building  
or call 438-1343

## Fonda/Bridges flick quite forgettable

Imagine waking up one morning in an alcoholic haze, in a strange bed, in a strange apartment, with someone you don't know.

You did that last weekend?

Okay, now imagine suddenly realizing the other person is stone cold dead and has a kitchen knife firmly planted mid-chest.

Kinda changes things, doesn't it.

Jane Fonda, as Alex Sternburger, a washed out actress, finds herself in exactly this predicament one sunny Los Angeles morning. The blood has soaked the sheets and the television is on. By coincidence the talk show on the air that morning is featuring in living colour the man now lying very still with a very large knife in his chest. He is (was!) a controversial photographer/publisher who was either an artist or a pornographer, depending on who you heard it from.

Poor Alex, she doesn't know what to do. She has a drink, staggers around a bit smearing bloody fingerprints everywhere, then after a phone call to her hairdresser (also her husband, although they don't live together) she finally decides to split.

The crime established and Alex's possible but not completely proven innocence suggested, the movie follows her erratic and not entirely believable trail.

The audience knows there is much more to the murder than meets the eye, but instead of giving clues along the way, the movie holds back, proceeding at an usually slow pace for a big screen murder mystery. A startle here and a small clue there

does not a thriller make.

As well, much too much time is spent belabouring the fact that Alex is an alcoholic. Who cares? The audience accepts that Alex was raving drunk the night of the murder, but the audience also very quickly accepts her claim of innocence.

The bloody climax near the end brings all the pieces and players together to sort out



who did what and why, but it is too little too late. The audience has already nodded off in disinterest. Only two characters, Alex and a fellow she hooked up with on the run, Turner Kendall (Jeff Bridges) are developed even in a superficial way. Neither are particularly interesting: she is a wreck, he works with wrecks.

Overall the film doesn't stand up against the average made for T.V. movie and the visual impact is as limp as the story line.

If you want to see Jane Fonda is something worthwhile, pick up one of her fitness videos, but pass *The Morning After* over.

- Don Wright

# SPECIAL SALE

# 20% OFF

## OUR ALREADY SUPER LOW PRICES ON STAEDTLER | MARS

Staedtler Mars technical Pen Sets  
Pro Set No. 700N-PS4-A6, 4 Pens

Staedtler No. 700-S4 Tech. Pen Set - 4 Pens

Staedtler Super Bow Compass Set  
4 Pieces No. 553-04-A6

Sale prices Effective Until January 17, 1987.

# BCIT BOOKSTORE



# SPEEDY ON-CAMPUS PROFESSIONAL WORD PROCESSING

*Next Day Service*

- Resumes
- Reports
- Projects
- Letters
- And More

*Reasonable Rates*  
**Call 438-1343**

**Or Drop By the 4th Floor  
J.W. Inglis Building Today!**



*Business Resource Centre*

## Library improves DOBIS

The Library installed a new version on DOBIS over the Christmas break. Most of the changes will be invisible to the user, but in the public access catalogue you will notice:

- an improved display of bibliographic information
- immediate location information
- loan status of the item.

### Classified Ads

Classified ads cost \$1 per 25 words or less, and must be prepaid and submitted in writing. Discount for multiple insertions: 15 issues for the price of 10. The Link office is located in the SAC building, just inside the East entrance.

### Swimming Pool Tickets

The Recreation & Athletic Services Department makes tickets available for the following pools:

- Canada Games Pool  
(New Westminster) 10 tickets \$15.00
- C.G. Brown Pool  
(Burnaby) 10 tickets \$11.00

Limited to one book per customer



Students, staff and alumni only

SIGN UP NOW FOR

## SET PHOTOS

Sign up sheets located  
on wall next to S.A. Office  
in the SAC.

Photographer will be on  
campus Jan. 12 - 16

**FREE!**

### Aerobic Fitness to Music

Session #1 January 8 - March 6  
Session #2 March 16 - May 29  
Monday, Wednesday and Friday  
7:05 a.m. - 7:50 a.m.  
Monday, Tuesday, Wednesday  
and Thursday  
4:40 p.m. - 5:25 p.m.

Location:  
Fee:

BCIT Gymnasium  
\$25 per session  
Entitles you to attend any or all  
of the classes within the session.  
\$2 drop-in fee for each session.

## RECREATION AND ATHLETIC PROGRAM INFORMATION

### Special Event Dates

<b>January</b>	
8, 9, 10	College Basketball Tournament
24	North Shore Gymnastics Meet
31	Volleyball Tournament — Open Recreational
<b>February</b>	
7	3 on 3 Basketball Tournament
11	SKI BCIT
14	Open Curling Bonspiel
21, 22	Totem Colleges Badminton Tournament
25, 26, 27, 28	High School Boys' Basketball Championships Lower Mainland Zone
28	Intramural Invitational Indoor Soccer Tournament
<b>March</b>	
9 - 13	Spring Break
21	Labatt's Intramural Sports Day
<b>April</b>	
2, 3, 4, 5	B.C. Gymnastics Championships
11	Recreation & Athletic Services Intramural and Intercollegiate Awards Dinner and Dance
<b>May</b>	
2	Intramural Softball Tournament
15, 16, 17	National Team Handball Championships (tentative)

### The Kilometre Club

The Kilometre Club is sponsored by the Recreation & Athletic Services Department to encourage students, staff and alumni to keep active and participate in:

Cycling Swimming Running

To become a club member register at the Recreation & Athletic Services office.

Monday - Friday from 10:00 a.m. - 2:00 p.m. Registration Fee: \$3 per person/activity

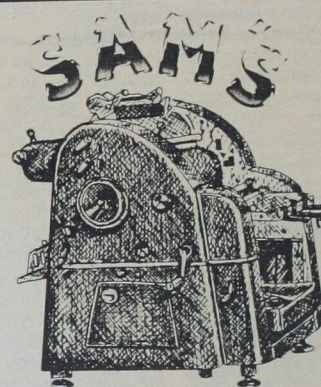
Cycling: 600 km in 4 months or a Run/Swim/Cycle combination based on:

Swimming: 30 km in 4 months 1 km swimming = 4 km running

Running: 150 km in 4 months 1 km running + 4 km cycling

Record your progress on the chart located adjacent to the Recreation & Athletic Services Office.

On completion of the appropriate activity a T-shirt will be awarded in recognition of your dedication to achieving your goal.



STUDENT ASSOCIATION  
MEDIA SERVICES

## PHOTOCOPIES NEW COPYCENTRE!

Located in 1A  
Foyer Building  
beside TNT#2

*Main Office*

Building 4A (SAC) Room 128  
across from the SA General Office  
432-8757

# THE LINK



# RECREATION AND ATHLETIC SERVICES PROGRAM INFORMATION

## WINTER TERM

Intramural Registration Week  
January 5 - 9  
Club Days  
January 13 - 15

### BE A LEADER IN YOUR TECHNOLOGY OR TRADE "BE A SPORTS REP"

The Recreation and Athletic Services Department requires elected Sports Representatives from each technology or trades program from across the Institute. The Sports Reps are the key to keeping students involved and informed about the programs and services we offer.

A Sports Rep's job is very enjoyable and rewarding. We are looking for enthusiastic people interested in recreation and sports, who will attend an orientation and will also attend meetings once a month. The role is one of keeping people informed, encouraging fellow students and staff to participate and assist with registration of teams for intramurals, special events, non-credit courses, and what is happening in clubs and intercollegiate athletics.

"GET INVOLVED EARLY  
WE'RE LOOKING FOR YOU"

## Intramural Sports

### Registration Information

Location: Recreation & Athletic Services Office  
SAC Building 4A  
Dates: January 5 to January 9, 1987  
Times: 10:00 a.m. to 2:00 p.m.  
Procedure: All team registrations are processed on a first-come, first-served basis. Leagues are limited to a set number of teams per sport.  
Registration forms must be completed and accompanied by fees when registering. Additional registration forms are available at the Recreation & Athletic Service Office.

### Individual Registration

Location: Recreation & Athletic Services Office  
SAC Building 4A  
Dates: January 5 to January 9, 1987  
Times: 10:00 a.m. to 2:00 p.m.  
Procedure: Students or staff who wish to play an intramural sport but have been unable to register with a team may register at our office. If sufficient individual registrations are received a team will be formed and scheduled for intramural play. If a team is not formed your fees will be refunded.

## WINTER TERM

January 5th - March 6th

### Intramural Sports

Curling  
Day: Friday  
Time: 4:45 p.m. - 6:45 p.m.  
Location: Burnaby Winter Club  
Registration Fee: \$25.00 per person or \$4 drop-in per session. January 16 to March 20.

### Hockey (Non-Contact)

Day: Wednesday  
Time: 11:30 a.m. - 2:30 p.m. (8 teams)  
Location: Columbian 4 Rinks  
League: January 14 to March 4  
Note: The top 3 teams from the Fall Term will automatically advance in the Winter playoffs.  
Minimum 14 players and goalie  
Registration Fee: \$25.00 per player.

### Indoor Soccer

Day: Tuesday evenings  
Time: Co-ed League 7:15 p.m. - 9:30 p.m. (8 teams)  
Men's League 6:30 p.m. - 10:15 p.m. (6 teams)  
Location: BCIT Gymnasium  
League: January 13 to March 3  
Minimum 11 players per team  
Co-ed team must have minimum of 3 women per team  
Registration Fee: \$44.00 per team.

### Volleyball (Co-ed)

Day: Wednesday  
Time: Division #1 11:40 a.m.  
Division #2 12:20 p.m.  
Division #3 1:00 p.m.  
Division #4 1:45 p.m.  
Location: BCIT Gymnasium  
League: January 14 to March 4  
7 teams per division  
Minimum 11 players per team  
Co-ed team must have minimum of 3 women per team  
Registration Fee: \$44.00 per team.

### Wallyball (Open)

Day: Wednesday  
Time: 11:30 a.m., 12:30 p.m. and 1:30 p.m.  
Location: BCIT Racquetball Courts  
League: January 14 to March 4  
4 teams per division  
Minimum 6 players per team  
Registration Fee: \$30.00 per team.

## Intercollegiate Athletics

**Intercollegiate Teams**  
**Badminton (Men's and Women's)**  
Practices Resume: January 6, 8, 13, 15  
Tuesday 5:30 - 7:00 p.m.  
Thursday 5:30 - 7:00 p.m.  
Location: BCIT Gymnasium (1/2 West)  
Coach: Mr. Jeff Abbott  
222-1501

**Basketball (Men's and Women's)**  
Practices Resume: January 5, 7, 12, 14  
Monday 6:00 - 8:00 p.m.  
Wednesday 6:00 - 8:00 p.m.  
Location: BCIT Gymnasium  
Coach: Women's - Mr. Randy and Ms. Denise Coutts  
879-3955  
Men's - Mr. John Doughty  
278-1652

**Hockey**  
Practices Resume: January 6, 8, 13, 15  
Tuesday 6:45 - 7:45 p.m.  
Thursday 6:45 - 7:45 p.m.  
Location: Columbian 4 Rinks  
Coach: Head Coach - Mr. Walter Olson  
Local 5316 or 5317  
Asst. Coach - Mr. Ray Richard  
Local 8396

**Rugby**  
Practices Resume: January 6, 8, 13, 15  
Tuesday 5:30 - 7:30 p.m.  
Thursday 5:30 - 7:30 p.m.  
Coach: Mr. Gary Miller  
Local 5032

**Soccer**  
Practices Resume: Latter part of January  
Schedule will be posted  
Coach: Head Coach - Mr. Carmine Morelli  
Local 5240  
Asst. Coach - Mr. Gino Simeoni  
Local 8291

**Volleyball (Women's)**  
Practices Resume: January 6, 8, 13, 15  
Tuesday 5:30 - 7:00 p.m.  
Thursday 5:30 - 7:00 p.m.  
Coach: Mr. Claudio Sartore  
325-2196

## Clubs

**Clubs Day**  
January 13 to 15 - 11:30 a.m. - 1:30 p.m.  
The main objective of clubs is to provide BCIT students with recreational opportunities that both enhance their leisure time while attending school and provide them with carry-on skills and activities for when they leave. Most of the following clubs will have representatives on hand to discuss their activities as well as future events.

**Archery**  
Shoots regularly on Tuesdays and Fridays 7:00 a.m. - 8:15 a.m. in the BCIT gymnasium. Tournament in February.

**Aviation**  
Meets every Thursday at 5:30 p.m. - 6:30 p.m.  
Location T.B.A.

**Chess**  
Meets weekly, Wednesdays, 11:30 a.m. - 2:30 p.m. in Room 347 of the J.W. Inglis Building. Contact Karl in Room 336 for further information. Tournament starts January 21.

**Curling**  
See intramurals programming.

**Fencing**  
Wednesday, January 21 to Wednesday, April 1, 12 noon - 2:00 p.m. All equipment is provided. 10 sessions for \$45.00

**Golf**  
Membership list available for partners.

**Motor Sports**  
Meets regularly and is planning a car rally for later in the spring.

**Outdoor**  
First meeting January 21 featuring equipment. Specialist from Mountain Equipment Co-op plus a film. Has hikes and cross-country ski trips planned.

**Photography**  
A few workshops planned on developing, and artistic interpretations.

**SCUBA**  
Regularly scheduled dives with some weekend trips planned. Certification course begins in March. \$98 covers everything except personal gear.

**Ski**  
\$3 membership which entitles members to reduced rates on club sponsored events. These will include SKI BCIT, day trips and weekend trips.

**Shisei-Kai Karate**  
Starts Monday, January 12  
\$20 per month  
Members practice traditional Japanese karate. Shotokan style.  
9:00 p.m. to 10:30 p.m. in Weight Room.

**Tennis**  
Indoor courts available  
Sundays 6:00 p.m. - 8:00 p.m.  
Wednesdays 1:00 p.m. - 3:00 p.m.

## Non-Credit Courses and Seminars

Register for any course or seminar at the Recreation & Athletic Services Office, Monday - Friday from 10:00 a.m. - 2:00 p.m.

### Aerobic Fitness to Music

Session #1 January 8 - March 6  
Session #2 March 16 - May 29  
Monday, Wednesday and Friday  
7:05 a.m. - 7:50 a.m.  
Monday, Tuesday, Wednesday and Thursday  
4:40 p.m. - 5:25 p.m.  
BCIT Gymnasium  
\$25 per session  
Entitles you to attend any or all of the classes within the session  
\$2 drop-in fee for each session.

### Racquetball Lessons (Beginners')

Date: January 19 - February 16  
Monday evenings  
Session 'A' 6:30 p.m. - 7:30 p.m.  
Session 'B' 7:30 p.m. - 8:30 p.m.  
5 lessons  
BCIT Racquetball Courts  
\$20 per person  
Includes racquet, ball and eye wear.  
Limited enrollment

### Self-Defense for Women (Basic)

Date: Saturday, February 7  
Time: 10:00 a.m. - 3:00 p.m.  
Registration Fee: \$10 per person  
Reg. Deadline: February 4  
Course Content: Learn about your strength. Learn simple methods of defense against the most common types of attacks.

### Squash Lessons (Beginners')

Date: January 20 - February 17  
Tuesday evenings  
Session 'A' 6:30 p.m. - 7:30 p.m.  
Session 'B' 7:30 p.m. - 8:30 p.m.  
5 lessons  
BCIT Racquetball Courts  
\$20 per person  
Includes racquet, ball and eye wear.  
Limited enrollment

### Therapeutic Massage Clinic

Date: Saturday, February 21  
Time: 10:00 a.m. - 2:00 p.m.  
Fee: \$8 per person  
Registration deadline February 18  
Learn body relaxation through massage.  
Course outline available.

## General Recreation and Drop-in Programs

### Facility Information

BCIT offers a variety of indoor and outdoor recreational facilities designed to appeal to all students. These include four racquetball/handball courts and two squash courts; an excellent gymnasium which accommodates eight badminton, two basketball and three volleyball courts, which is also used for many other sport and recreational activities. Our activity room is equipped with a universal gym, free weights, exercise area, table tennis, ballet barre and much more. Four tennis courts, two sports fields, a fitness trail and exercise stations, as well as 396 metre track, offer excellent outdoor recreation. Complete shower facilities, change and locker rooms for both men and women are included.

### Hours of Operation

January to May  
Monday - Thursday 7:00 a.m. - 11:00 p.m.  
Friday 7:00 a.m. - 9:00 p.m.  
Sat. and Sun. 9:00 a.m. - 9:00 p.m.

### Drop-in Programs

The drop-in programs are designed to provide an opportunity for individuals or groups to get together on a regular basis and take part in a semi-organized activity of your choice. Out staff will assist you with the setting up of teams or the allocating of time, based on group sizes and levels of play. The activities listed below are designed to provide an opportunity for anyone to come out and enjoy semi-organized activities of their choice.

## Afternoon Programs

### Basketball

Day: Monday  
January 12 - April 27  
Time: 2:30 p.m. - 4:15 p.m.  
Location: 1/2 Gym (West)

### Volleyball

Day: Tuesday  
January 13 - April 28  
Time: 2:30 p.m. - 4:15 p.m.  
Location: 1/2 Gym (West)

### Badminton

Day: Wednesday  
January 14 - April 29  
Time: 2:30 p.m. - 4:15 p.m.  
Location: 1/2 Gym (West)

### Indoor Soccer

Day: Thursday  
January 15 - April 30  
Time: 2:30 p.m. - 4:15 p.m.  
Location: 1/2 Gym (West)

### Hockey

Day: Friday  
January 2 - March 20  
Time: 3:20 p.m. - 4:40 p.m.  
Location: Burnaby Winter Club  
Fee: \$6 per night  
Maximum 16 skaters

## Evening Programs

### Volleyball

Day: Monday  
January 5 - April 27  
Time: 8:00 p.m. - 10:45 p.m.  
Location: BCIT Gymnasium  
Fee: \$1 per person/night  
\$12 per term/person

### Basketball

Day: Wednesday  
January 7 - April 29  
Time: 8:00 p.m. - 10:45 p.m.  
Location: BCIT Gymnasium  
Fee: \$1 per person/night  
\$12 per term/person

### Badminton

Day: Thursday  
January 15 - April 30  
Time: 7:00 p.m. - 10:45 p.m.  
Location: BCIT Gymnasium  
Fee: \$1 per person/night  
\$12 per term/person

## Booking the Gym

### How Trades or Technologies Can Book the Gym

Gym time is available three to five specified time periods each week. BCIT groups can book half the gym. This program is known as challenge bookings, and is set up so groups can get together and enjoy a recreational activity of their choice.

Times: Monday 4:30 - 6:00 p.m.  
Wednesday 4:30 - 6:00 p.m.  
Friday 4:30 - 6:00 p.m.

### Guests

Students and staff can bring a guest into the facility at any time. Guests cannot sign out equipment and are asked to follow all facility regulations.

### Racquet Courts

#### Non-Prime Time Rates

#### Book Tickets

Monday - Friday Prior to 11:30 a.m.  
Monday - Thursday 1:30 - 3:30 p.m.  
Saturday - Sunday All day  
STUDENTS 10 tickets \$35.00  
STAFF/ALUMNI & PART-TIME  
STUDENTS 10 tickets \$45.00  
GENERAL PUBLIC 10 tickets \$55.00  
Saves \$1.50 per court booking



# Welcome Back To Class!



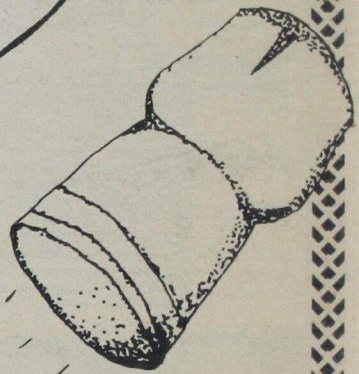
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Main Store: 2N Breezeway  
No. 2 Store: 1A North Foyer  
No. 3 Store: 4A SAC Building  
No. 4 Store: 2nd Floor J.W. Inglis