

Me 1043072

11976

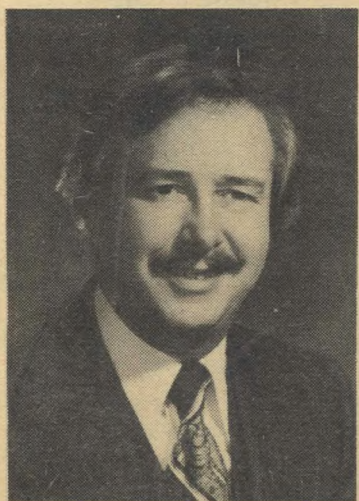
BCIT

first daze



Message from the principal

You have chosen BCIT and BCIT has selected you as a student to enter one of our many technological programs. You are joining many other first-year students who have strong academic and personal backgrounds, not to mention an already developed dedication towards very specific career goals. I want to welcome you into this select group and to BCIT of which we are justly proud.



My pride is based on more than ten years with BCIT, watching thousands of graduates enter their chosen fields followed by feedback on those former students from industry and commerce. Those reports speak well of our faculty, staff and students.

Those students who have gone before you have made their mark and the high standards set by BCIT have been maintained by them. You have a lot to live up to, but the rewards are great.

A word of caution. Students face 30 hours of classes per week; far more than in many university or college programs. You have been accepted because BCIT believes not only that you have that dedication to handle this concentrated schedule, but also because you have the ability to cope with hard work — another mark of the BCIT graduate. Therefore, if in welcoming you I can offer one bit of advice: Do not put off until tomorrow what you can do today. From the outset, organize your work, set a tough schedule for yourself and stick to it. It's a heavy two years, but bear in mind you are preparing yourself for a rewarding successful lifetime career.

Again, welcome and my very best wishes for two memorable years at BCIT.

Gordon A. Thom
Gordon A. Thom,
Principal.

... we're here to help

The Principal, in his message, has outlined the hard facts on life at BCIT. Happily, it is my role as Executive Director of Personnel, Information Services and Student Services to make you aware of other aspects of life on the BCIT campus.

Every effort has been made by the administration of the Institute and the student association to make you feel at home on campus. There are counselling services, health services, housing coordination services and active athletic and social programs.

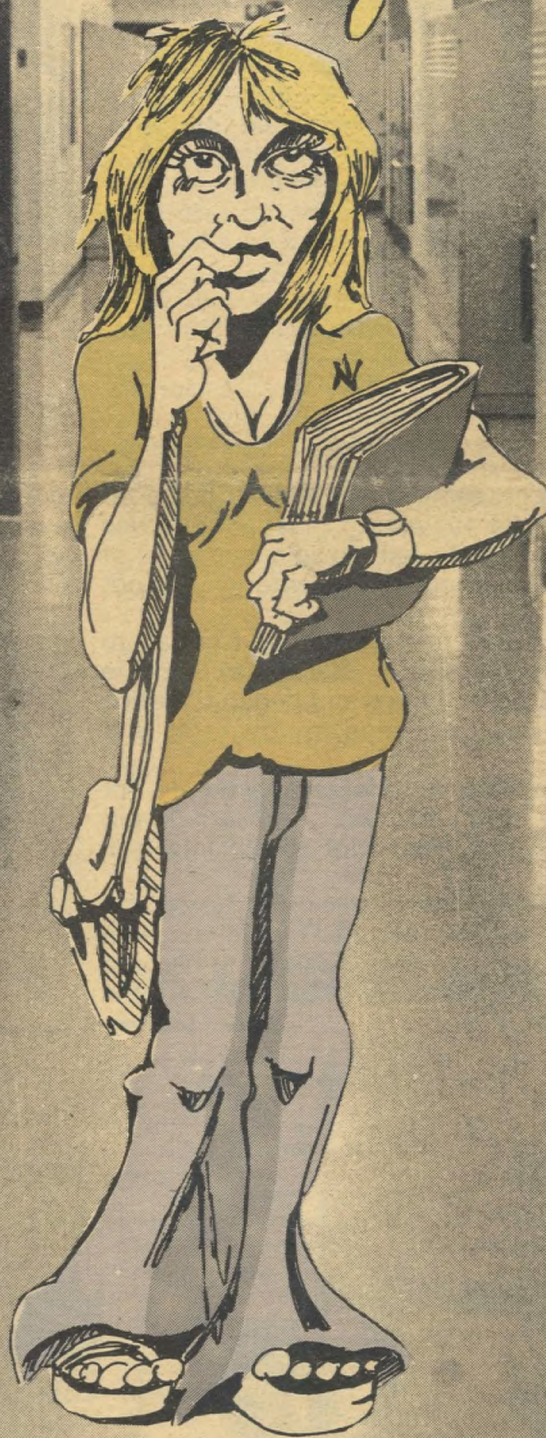
Counselling services are headed up by Al McLean and students are invited to make use of the free assistance available to them through this office. This covers educational counselling and help with selection of program and option, as well as confidential counselling for students with personal concerns. Information and application forms for Canada Student Loans, B.C. Grant-in-aid, BCIT bursaries and scholarships and emergency loans are also available. Come in to room 205 of the Administration Building at any time, Monday through Fri-

day, 8:30 a.m. to 4:30 p.m. If you prefer, you can make an appointment by calling local 327.

A five-bed health service in the east wing of the Student Activity Centre is available for students who are ill. There is a full-time physician, Dr. Barbara Copping, and public health nurse, Mrs. E. Fenner, on duty from 8:30 a.m. to 4:30 p.m., Monday through Friday.

Housing Coordinator Val Karpinsky will try to resolve any difficulties students might have in finding a residence. His office is

continued on back page

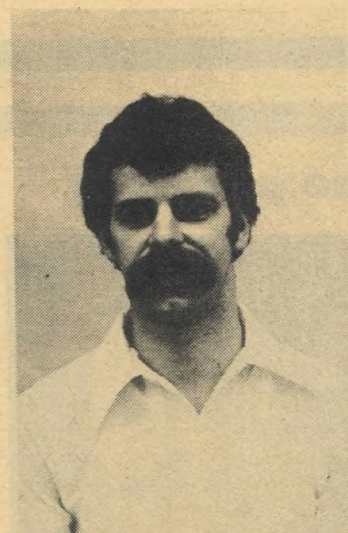


Your student

President's message



Lianne Kos, Business Society Chairperson



Rob Slavik, Engineering Society Chairperson



Marg McKinney, Health Society Chairperson

The S.A. (also) means business

I remember arriving on campus last September after being away from school for 10 years. I must admit I was full of self-doubt (panic), and I felt conspicuously out of it. Plunging into classes without any orientation did not help the situation.

It really wasn't until after Christmas that I began to feel at ease in my surroundings; started to become involved in extra-curricular activities and began to notice and get to know the people outside my own set and technology.

Life is an ongoing learning experience and should not be restricted to merely book education. As Mark Twain has been quoted as saying, "don't let school interfere with your education."

On behalf of this year's student executive, I extend a warm welcome to you as first year BCIT students. We were elected to work for you — don't hesitate to become involved and to get to know us. You will benefit from this involvement and so will BCIT.

—Sharon McElroy

The Student Association of BCIT serves the student through a number of business operations

— any profits derived from these are allocated to the services provided to you by the Student Association.

Included are:

- Used Book Store — this provides cash to departing students in May and June and good savings to new students in September.

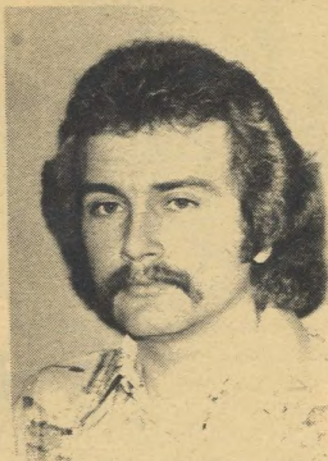
- This N That Campus Store (2 locations) offers a varied selection of stationary, tobacco, candy, school insignia, calculators, T-shirts, sweaters, etc.

- Publications — excellent equipment for newspaper publication is available at very reasonable rates.

- Whistler Lodge — a \$50,000 investment that can provide students with a relaxing weekend.

- Pubs, dances, social events, clubs, etc.

These services and others have helped make BCIT Student Association the best organized student union in western Canada among post-secondary colleges and institutes.



Gunter Schlieper [V.P. External]



Don MacKay, Student Association treasurer



'A HOT FLASH'

is not necessarily the first sign of swine flu. . . .

It's the kind of news we

print in the **BCIT LINK**

association

The following 750 words will be unlike any other column in this entire paper. Why? Because I am about to give you the best and worst news possible during your first year at BCIT.

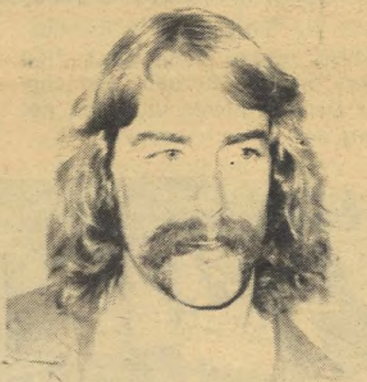
First, the worst. If you need to drive to school, you are destined to experience many frustrating mornings trying to find a parking spot. If you like to eat, you will witness a rise of 75% to 100% in BCIT cafeteria food prices over the next two years. If you like adequate housing, the BCIT residences will certainly test your staying power. If you are looking forward to adequate monetary subsidy in the form of a student loan, the balanced-budget Provincial Government has informed us that they will provide anything but. (It isn't enough that our student fees are \$405, while the Northern Alberta Institute of Technology's fees are \$87). If you reach the point (which I estimate 30% of you will) that you decide you need help — either emotional or monetary — be consoled that our BCIT Counselling Department has one of the worst student-to-counsellor ratios in North America: three counsellors to 3800 students.

Last year's results were interesting indeed. Of the 3300 students who began here in September, 500 had left by the following April. It is simply a matter of survival of the fittest. Or is it?

At a flip of the coin you will discover that BCIT has an extremely high level of school spirit. If the Student Association elections are a thermometer, the temperature of our school spirit runs about seven times higher than that of UBC! Actually, I believe it is in part the aforementioned adverse conditions which bring us students together.



Neville Millar,
V.P. Internal



Rick Tough,
Intermurals Chairperson



Gail Tretheway,
TNT Stores Manager



Tracy Primeau,
Activities Chairperson

Glen Braathan — Charities
(picture unavailable)

Roger Blum — Sports
(picture unavailable)

You may also be encouraged to hear that, according to a recent study, your Student Association (S.A.) enjoys the best position of all the post-secondary student societies in Western Canada. Over the years, we have developed a solid rapport with BCIT Staff, Administration, and Board of Governors. For example, you have representation on the recently formed Institute Standards Committee — heralded as one of the most important committees ever created at BCIT. It is working on such hot issues as preservation of the quality of your BCIT diploma. More specifically, it is setting standards for teaching quality and teacher evaluation.

Closer to home, your S.A. Executive has been working very hard this summer on other numerous projects — all of which are going to directly benefit you. To name a few: a new games room, a re-vitalized school newspaper, a full-tilt frosh week, a comprehensive inter-murals program, plus other yet-to-be-unveiled programs.

Of course, the ultimate highlight is the fact that you are attending one of the most well-respected educational institutes in Western Canada! In the eyes of many members of industry, BCIT is unconditionally Number One.

So now you know the worst and the best you can expect from BCIT. Two things I have not mentioned — school work and the personalities of your S.A. Executive. As for the former, while I may offer advice of moderation, in the end you will work as hard as you please. As for the latter, you will meet most of us during September. We are an exceptionally gregarious bunch — so come in to our offices and sit down for a chat. If, for example, you are considering representing your technology on the Students' Council, why not solicit our advice on what to include in your election pitch?

Before I say my parting words, I must add that although the Counselling Department is understaffed, they still do a terrific job. If you have any troubles, they will certainly help you as much as possible.

I hope you've been having a good summer, and we will see you soon.

GOD SAVE THE KING!

Neville A. Millar
V.P. Internal

Message from the B.O.G.

As both a student at BCIT and the Student representative on the Board of Governors of BCIT I would like to welcome you to Canada's best Institute of Technology.

Your next two years here will be both challenging and exciting. The first few weeks of classes will bring you into contact with many new friends and perhaps many new frustrations.

Although the programs at BCIT are demanding, there are many opportunities to relax and enjoy yourself, without the pressures of the academic jungle being ever present. I would like to encourage you to support the activities of your student clubs and your Student Association.

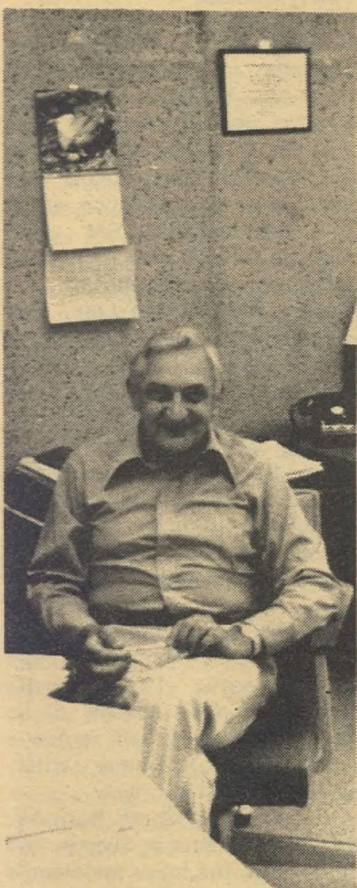
The Board of Governors is a group of fifteen people who, acting as one voice, initiate BCIT policies and have the power and capacity to do anything necessary for the successful maintenance of the purpose of BCIT. That means the students have a voice and a vote in what policies are made at BCIT.

Good luck in the upcoming year; I can be found in the Student Association offices or the Student Services offices.

Bob Wiebe
BOG rep



Bob Wiebe



Phil Henderson,
Business Manager

Michael Kluckner,
Publications Manager
(picture unavailable)

Vancouver in a Nutshell

About half of BCIT's 3500 students, perhaps including you-the-reader, will be coming to the Lower Mainland for the first time. This brief guide to the whats and wherefores is intended to ease your arrival and help you get your bearings in the first few crucial weeks of the academic year.

Vancouver is a railroad town which has been more successful than, say, Boston Bar. Less than a hundred years old, it has grown frantically in the last 20 years to the point where the Greater Vancouver Regional District (Vancouver plus its surrounding municipalities, commonly called the Lower Mainland) contains roughly a million and a half people.

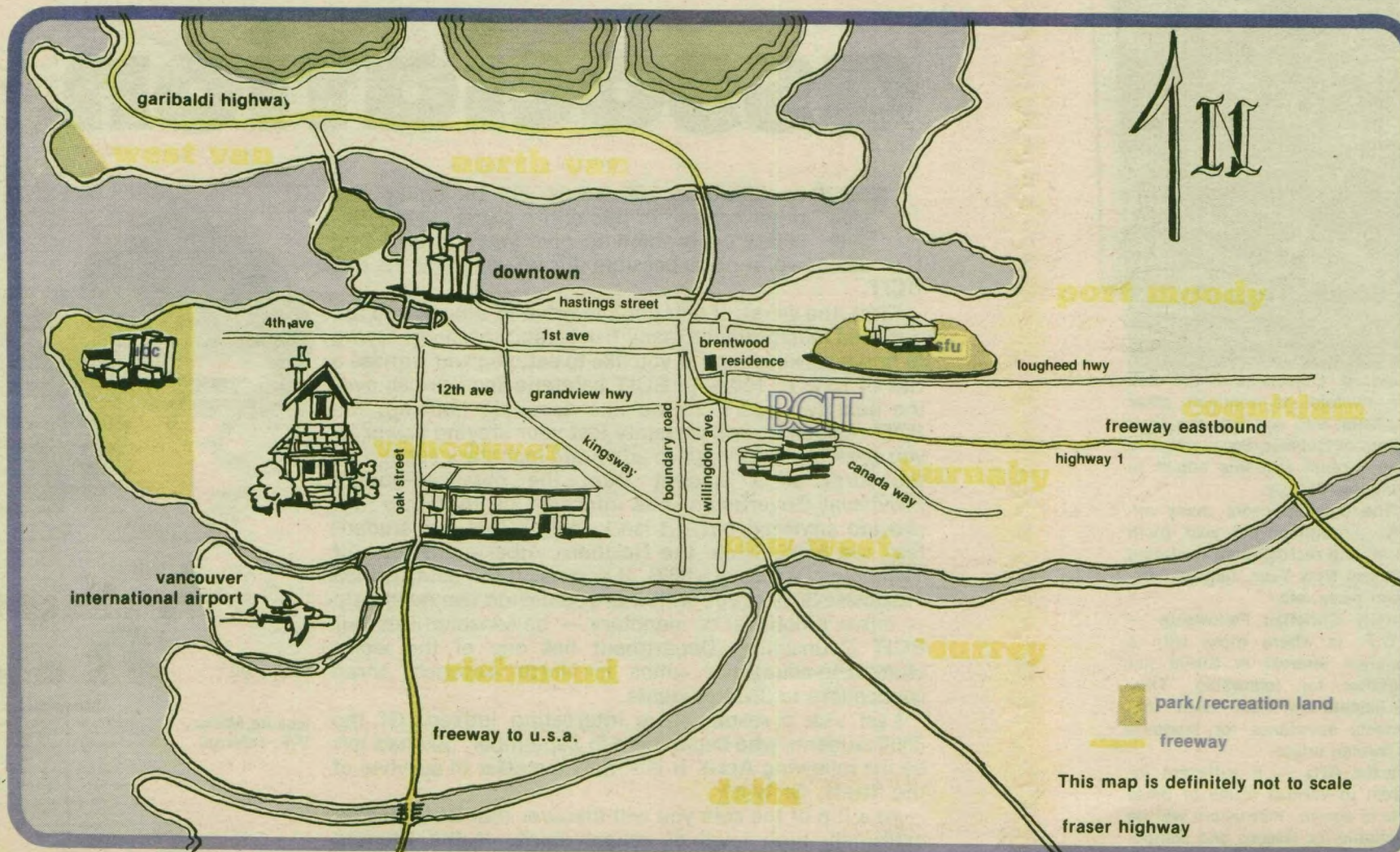
It is sprawling and hard-edged; it has "the most beautiful setting in the world" (Fotheringham); it has the worst housing shortage and the highest prices in Canada. And it's a very nice place to live if you have the chance to take advantage of some of its amenities.

A good street map, like one published by Dominion Map (available in many stores) is invaluable. The main drags and freeways in the Lower Mainland are marked on the map on this page. Driving is generally pleasant (not as crowded as L.A.; more crowded than Spuzzum); speed limits are as marked (30 mph most everywhere).

Gas Stations, as you would expect, are on almost every corner. There is a bit of a 'price war' happening here now, with the tiny multinationals trying desperately to force the gigantic, rapacious independents out of business. Your best bargains are at the Merit, Go-Turbo and Pay 'n Save stations. Otherwise, you can pump your own at the Self-Serves scattered about. Do not hang over the gas pipe with a lit cigarette, or you may forfeit your tuition deposit.

As regards buses, the service is not bad, but like other cities, it gets worse and worse the further you get from the downtown core. BCIT is quite a ways from the downtown core. The buses serving BCIT, at the time of this writing, are the 30 Willingdon, giving north-south service between the Brentwood Mall area and South Burnaby; the 820 Canada Way and the 32 Grandview Hwy going east and west past BCIT on Canada Way; and, less satisfactorily, the 619 Scott and 621 King George Fastbuses which will pick up at BCIT, but are only for passengers going to Surrey and points further south and east.

Most of the buses in Vancouver have as their final destination downtown, except for the 41st Avenue and Broadway. As a convenience to commuters, all buses in Greater Vancouver have the words 'Bus' or 'Fastbus' printed on their sides, in case you might confuse them with rocks or trees. The Fastbuses are mainly a commuter service between downtown Vancouver



and the outlying municipalities, which means they don't stop very often in Burnaby and only at transfer points until you get into downtown Vancouver.

shop is not as easy as it might appear. Your best bet if you have a clunker that just 'needs work' is to look for a garage that has the crossed-wrench motif of

can leave your name as either a driver or a rider. **The Link**, your newspaper, will be promoting these car pools in the first part of the term.



"Sorry, lady, this transfer's expired."

the BC Automobile Association on a small sign saying 'Approved Auto Repairs.' Better yet (this is an outright plug) invest \$25 in a BCAA membership and they will arbitrate any disputes you have with one of those garages, besides giving you emergency road service and free towing if your car self-destructs.

Hitchhiking is not as good a form of transportation as it was several years ago, because: 1) drivers are sick of seeing so many of them, and 2) there are far too many crazies around. Loonies lurk around colleges, institutes and universities waiting to pick up young ladies and... (er).

Your best bet if you can swing it is to get into a car pool with someone from your general vicinity. The Student Association keeps a ride board in the main hall of the Student Activities Centre on campus where you

The Link is the official weekly

publication of the BCIT Students' Association, and is going to be radically redesigned this year. Plans are to carry (drum roll...) feature material from the wider world (i.e. off campus), free classified ads, consumer advice columns on auto repairs, landlord-tenant affairs, cheap restaurants, nightlife, crossword puzzles (maybe) and more up-to-date and lively campus news. Unlike previous years, it will be published weekly, its size depending on revenue (which is dependent on reader involvement) and participation (which means you). Watch for notices of meetings right at the beginning of the academic year, and prepare to turn out and get involved in it. You pay for it, so you might as well do your bit to make it useful and interesting.

TEEEVEE. If you are lucky or rich enough to have Cablevision (\$5 a month and going up) in your apartment, you have the following selection: 2—CBC FM radio; 3—CeeBeeCee and all that that entails; 4—ABC Network, lots of cop shows and other ritualistic violence; 5—NBC network, same thing, but with the addition of Mary Hartman, Mary Hartman on weekday afternoons; 6—Victoria CBC affiliate, good legislative coverage; 7—CBS station, same as the other two american stations; 8—CKLG FM, good rock station, soon to be kicked off the cable by CBC French language; 9—KCTS, American public station, featuring excellent culture, documentaries, Monty Python (Tuesday evenings) and NO COMMERCIALS!!!; 10—Local community cable station, deadly dull but trying hard; 11—CTV affiliate, with too many american copshows but they have the best News Hour 6:00 pm weekdays; 12—CHQM FM, easy listening background muzak; 13—KVOS, a CBS affiliate from Bellingham beamed north, often features

really excellent "classic" films from the '30's and '40's (Bogart film festivals and the like).

The following paragraphs assume that the reader will be practically broke in very short order.

Household furnishings, etc. For outfitting your hovel, the best bet is to patronize thrift stores like the Opportunity Rehab. Workshop, St. Vincent de Paul, and Sally Ann (in that order). Good bargains can be found in the Buy & Sell, a weekly newspaper available on most newsstands, and to a lesser extent in the Vancouver Sun Want-Ads. If you like browsing and "junk shopping," try cruising along East Vancouver streets like Commercial Drive near 1st avenue, Fraser Street near 49th and Main Street around 33rd — there are many second-hand stores with interesting oddities for your perusal.

Food. The best prices are, naturally, at Safeways and Super-Valus. Watch the sale ads in the daily papers. If you can find a Prairie Market, a Buy-Low or in some cases an IGA you will do slightly better as their overheads are lower. Although patronizing the corner store supports someone's family directly, the prices for most staples (cheezies, pop & candy) are generally at least 20 per cent higher than in the chain stores.

Consider joining a co-op, especially if you have a family and a small food budget. Marginal Market, Eat Me and Fed-Up are the three big ones. If you don't mind doing a few hours of work each month and can plan your food purchases well ahead of time, you can buy food at slightly above wholesale prices.



...Late again...

Entertainment, movies, nightlife. Most of the "good times" and flashy places, so people say, are in downtown Vancouver. The best cheap films are at City Nights Theatre on East Hastings, the Hollywood on West Broadway and the Haida on Kingsway in Vancouver. For stage plays at reasonable prices try the David Y.H. Lui theatre, Arts Club and, sometimes, local repertory companies put on excellent productions of old-and-not-so-old favorites at community centres around town. Watch **The Link** for listings of interesting upcoming events in this department. Perhaps the best all-round place for music, theatre and film is the Vancouver East Cultural Centre on Venables at Victoria in Vancouver. They have some great film festivals and musical evenings, all at low, low

prices.

Vancouver's nightlife is a victim of its archaic liquor laws and the labyrinth of licensing agencies which any prospective entrepreneur has to circumvent in order to do anything besides opening a gigantic beer trough next to a hotel. There are a few neighbourhood pubs scattered around, discos and nightclubs galore (look in the Yellow Pages; this writer steadfastly refuses to make any recommendations on the subject).

Your student association sponsors pub nights and other evenings of mirth and frivolity throughout the year that are well worth attending. Watch for posters around the campus announcing upcoming evenings.

Elsewhere in this issue Val Karpinsky, the student housing coordinator, will be presenting a more detailed look at the abysmal housing situation in the Lower Mainland and advice on how to go about renting it, the Landlord and Tenant Act, etcetera. Suffice it to say that there are very few places to rent, the rents are high, and the earlier you get to the Lower Mainland and start looking (or get in touch with Val) the better off, more settled and happier you'll be when school starts.

The first issue of the Link this fall will carry a readership survey, where you will be asked to express your opinion on the shape

and content of future issues of your paper. Think about it, as it can and will provide the sort of information you need to make your school year more satisfying. If you want restaurant reviews and testimonials ("the best Spam in town!") we'll research it and run it. Sports news, consumer information, feature articles, lots of photos, puzzles, interviews with SIPs (Slightly Interesting People)... you name it.

Your student association is available for answering all kinds of questions (they'll even try to give you correct answers) about BCIT and the surrounding metropolis. Feel free to come in or telephone about anything.

Pubs, discos, slave day, concerts and card cheats

Nothing is more important in helping you through two years at BCIT than your attitude. What will affect your attitude more than the number of friends you make out here? The Student Association is hoping to provide a social entertainment program that will promote an atmosphere of friendship on the campus. We hope you will get involved in the social life and are trying to plan something that will appeal to every one of you.

We will continue to have the traditional "BCIT Pub Nites" — a dance-cabaret style of function. To emphasize variety we hope to have unusual themes for these pubs as well as to initiate Coffee Houses into the schedule. Coffee houses will feature more mellow entertainment and a cappuccino-expresso form of entertainment.

On Wednesday afternoon there is a three-hour break between 11:30 and 2:30 for everyone in the school. During this time beer and cider and sold in the SAC cafeteria. There will also be guest artists performing as well as a few amateur hour competitions for all you extraordinarily gifted students. Movies will also be shown during this time.

In order to please everyone we need student input in the form of ideas and feedback. My office in the SAC is always open to any of you whether you have a brainstorm for a function or just want to express your opinion about some of the functions you have attended.

Events coming up:
September 7-9 — Orientation: functions designed to help you meet the people you'll be sitting beside in the coming year.

September 10 — Disco: come bump to one of Vancouver radio's top DJs.

September 13-17 — Frosh Week: a week of activities culminating on the 17th with the Frosh dance where a Frosh (meaning freshman or first year) Queen will be crowned out of representatives from each technology.

September 22 — Shinerama: you have the day off to shine shoes for Cystic Fibrosis... show that you are concerned.

September 24 — Shinerama Dance: all proceeds going to Cystic Fibrosis.

October 6 — Slave Day: An auction where you can bid for a slave. You may have your books

carried class to class by your teacher!

October 13 — Liona Boyd: a concert by the highly acclaimed classical guitarist who has toured with Gordon Lightfoot.

October 22 — Casino Night: BCIT turns into Vegas for a night as you have the chance to test your skill at gambling with phoney money. You have the chance to bid on prizes with your evening's winnings. There will also be dancing and liquid refreshments.

October 27-28 — Martin Nash.

The charming cheat will give demonstrations on how to cheat at cards.

November 5 — Beerfest: An Octoberfest in November.

THINGS IN THE WORKS
Tennis Exhibition: Ranked players will be playing exhibition matches.

Photography & Poster Contest: First prize colour, first prize black & white and first prize poster to be sent to ACU-I regional competition.

—Tracy Primeau

Shinerama, Telethon highlight fundraisers

The students of BCIT are noted for the fund raising efforts among Vancouver Colleges and Universities. This not only helps the charities that we aid, but it also gives BCIT students a closer knit with the community, and a chance for students, you, to get acquainted socially and academically with other students.

Our first fund-raising effort is for the Canadian Cystic Fibrosis Foundation. Students from campuses all across Canada volunteer for a one day blitz of shining shoes in return for small donations. This year, our big day is Wednesday September 22 and our area is the lower mainland. Sign up and volunteer your services with Glen Braathen, the coordinator. It will prove to be fun, on the streets as well as at

the Shinerama Dance. This is one of the biggest dances of the year and you will be admitted free if you shine shoes in aid of Cystic Fibrosis.

Every February, BCIT students will be asked to help with the Variety Club Telethon. This year for the first time students of BCIT will be asked to help the residence of Dogwood Lodge on Willingdon. We will be able to aid them with transportation, old books, and other miscellaneous items that they cannot provide for themselves.

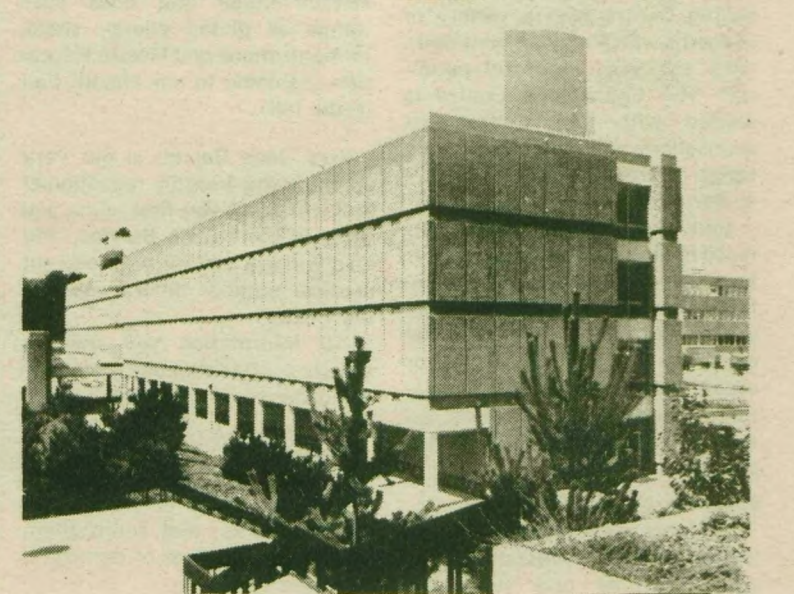
I hope that this year the students will get out and aid all of these needy charities. It will not only help them, but you too.

—Glen Braathen
Remember to sign up for Shinerama!!



Rules for getting about in winter: "Dress warmly and carry a canoe..."

(Note: You may be saying, "Well, BCIT is in Burnaby, and he's saying all these bad things about Vancouver..." I guess we're safe." No. Burnaby is appended to Vancouver's flank like a lamprey to Jaws [see map])





Sports, clubs

ATHLETICS

B.C.I.T. Cougars — we have teams in the following sports:

MEN

Basketball
Volleyball
Ice Hockey
Curling
Badminton
Golf
Rugger
Soccer
Cross Country
Wrestling

WOMEN

Basketball
Volleyball
Field Hockey
Curling
Badminton

Cougars are members of the Totem Conference, comprised of all two year institutes in the province. Championships are held in various cities in which these schools are located.

Cougars are also members of the 4-west championships. This group sponsors championships between winners of the four western provinces.

The Canadian College Athletic Association hosts championships in various events across Canada.

We also compete in international exhibitions and tourna-

ments with teams from the U.S.A.

Practices and games are scheduled to conform with institute study programs. Noon hours and after school sessions do not interfere with assignments. Games are scheduled for week-ends with minimal class time loss for travelling to host cities.

When travelling, teams are accommodated at hotels and given a food allowance. Institute insurance plan covers teams participating in other cities.

UNIFORMS—Cougars colours are black and gold. Our uniforms and equipment compare to that of professional teams.

From registration questionnaires it would appear that there will be a lot of talent at the institute. Notices and schedules will be posted throughout the hallways and Student Activity Centre for practices and games. Contact the Athletic Department for any information on extramural teams. We want you on our team! Come out and have a



lot of fun, meet a lot of new friends and see our colleges in B.C.

hundred. Objectives of the club are twofold: to acquaint other students with some of the finer points of Chinese Society and to help foreign students adjust to Canadian Society.

The club sponsors many events throughout the year (both social and recreational) including Chinese New Year, table tennis, swim party, etc.

Varsity Christian Fellowship — V.C.F. is where those with a common interest in Christ get together for fellowship. They participate in field trips and provide assistance for students of foreign origin.

Martial Arts — if sufficient interest in various forms of these arts is shown, instructors will be available for lessons and competitions.

B.C.I.T. MARKETING CLUB

The objective of the Marketing Club is to provide social and educational events for as many marketing students as possible at the lowest possible cost to the student. The club's function is to create and develop a liaison between marketing students and industry. Various activities have been coordinated for the coming year. It is to YOUR advantage to be involved!

RECREATION — for fun time join our student activity clubs which consist of:

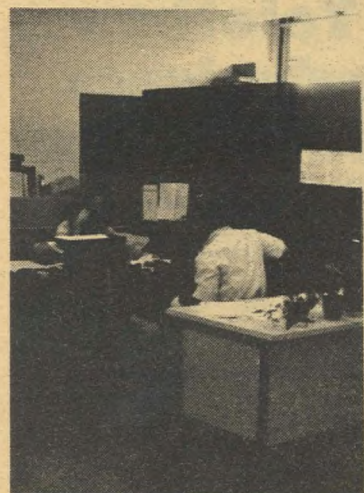
Band Chinese Society
Varsity Christian Fellowship
Martial Arts Motorsport
Scuba Club Ski Club
Outdoors Club Ballroom Dancing
Band — composed of students and alumni under direction of a professional musician. Rehearsal and practices held twice a week on campus. Equipment rentals are subsidized and music is provided by club.

Chinese Student Society — one of the largest clubs with membership of approximately one

Counselling service available

COUNSELLING

At BCIT students are invited to use the free assistance available to them at the Counselling Centre. Counsellors are available Monday to Friday, from 8 a.m. to 5 p.m. Drop in or make an



appointment through the Counsellors' secretary office in the 1976 building, room 205, local 327.

Services Available

Individuals come to the Counselling Centre with a variety of concerns which may prevent them from achieving their full potential. The Counselling Centre is staffed with five professional counsellors and provides a wide range of professional services.

1. Personal Counselling

Individuals sometimes experience feelings of loneliness, suffer from exam pressure, may have family or personal concerns. Students and staff with personal concerns (i.e. marital, family or social) may obtain help from professional counselling services. All matters are held in strict confidence.

2. Career Counselling

Students may wish to explore their vocational interests, aptitudes, abilities and vocational

opportunities with the assistance of a Counsellor.

3. Educational Counselling

Assistance with selection of programs, choice of options where applicable, study skills and academic difficulties.

4. Financial Counselling

Assistance with budgeting or financial concerns. Currently the available financial assistance includes the following:

1. B.C. Student Financial Assistance (Canada Student Loans/B.C. Grants)
2. B.C.I.T. Scholarships
3. Engineering Division Entrance Scholarships
4. B.C.I.T. Bursaries
5. Health Division Bursaries
6. B.C.I.T. Emergency Loans
7. B.C.I.T. Graduating Awards
8. Financial Assistance for part-time students.

Total health service on campus

The Health Service is for sick people, tired people, up-tight people — and well people! Our facilities are in the south-east wing of the Student Activity Centre, and are open from 8:30 am to 4:30 pm Monday to Friday.

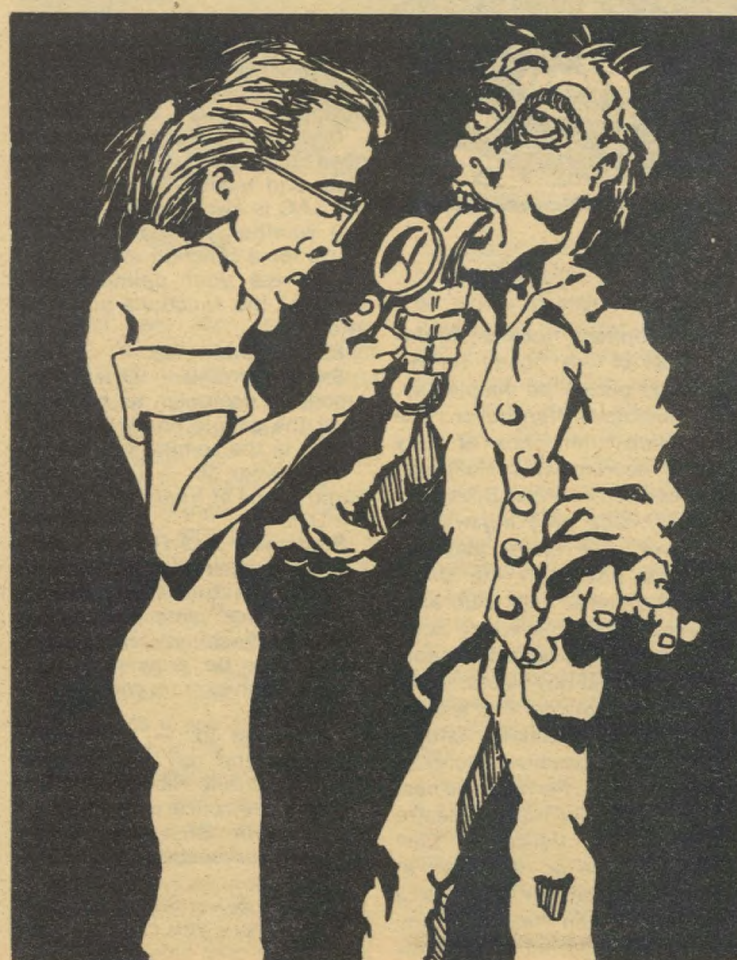
Dr. Barbara Copping is our Doctor. She is a General Practitioner and loves people and dogs.

Mrs. Eelin Fenner is the Public Health Nurse and does such things as giving allergy shots, immunizations and Health Education (do come to our Health Fair in the fall).

Mrs. Joan Barrett is our very efficient and friendly receptionist and will greet you first when you come in the Health Service, and next will ask you for your current medical number before you see the Doctor!

All information you give is strictly confidential and is confined to the Health Service personnel.

We welcome you all to BCIT. Don't wait until you are ill before coming to see us — we also do weight checks, diet counselling, and have the names of dentists if you need one.



Manpower here too

A Canada Manpower Centre is located in Room 223 in the main building and is open year-round Monday to Friday, 8:00 am to 4:30 pm.

Two Counsellors are available to provide career counselling and discuss with students at anytime their employment difficulties. In addition to the Job Information Centre the office maintains a library of company literature, career programs and labour market information relative to the various technologies.

In each of the past two years the centre has made arrangements for over 350 employers to recruit on campus. This activity, coupled with the job vacancies received throughout the year results in the placement of the majority of students in the Business and Engineering Technologies, and some Health Technologies.

If you are interested in career, part-time, or summer employment, or just information, visit the Manpower Centre.

& other after-hours recreation

Motorsport — one of the BCIT's oldest and most active clubs. They present a full slate of rallies and slaloms. School teams are entered in outside competition. A full slate of tools and advice are available through fellow members who work closely with outside clubs.

Scuba Club — they have their own tanks, regulators and compressors for the use of their membership. Complete diving course and diving exhibitions are presented by this group. Organized trips are planned for week-end dives in different areas.

Ski Club — an active club at BCIT, it sponsors ski trips, movies, talks and demonstrations on avalanche work, free style skiing, lessons, etc. They also help to organize groups for Whistler Lodge.

Whistler Lodge — BCIT's Student Association owns a ski lodge at Whistler Mountain. Skiers, hikers and campers take advantage of this facility. It has complete cooking facilities, plumbing and heat with 5 bedrooms sleeping over 35 people (hmmmm...?). For rental reservations and information contact the Student Association Office in the Student Activity Centre.

Ballroom Dancing — Every year prior to the graduation dance a course is conducted on various phases of dancing, from waltz to polka. Come out and enjoy yourself.

New Clubs and Activities — if sufficient interest in a new event is demonstrated we are prepared to assist in its development. Contact the Student Association or the Athletic Department.

InterMurals — A variety of team events involving technology or class groups will be scheduled during the school year. Events will be for men's, women's and mixed teams. Some teams will be for beginner and fun levels

while others will give those with ability but limited condition an opportunity to get into a better level of competition.

The program will include Ice Hockey, Volleyball, Flag Football, 3 on 3 Basketball, Indoor Soccer (5 man) and Badminton.

Single events will include a frisbee championship, table tennis tournament and a Jogathon.

Non Physical events will include whist, bridge, cribbage and darts.

Due to limited budgets some of these events will be operated on a cost-recovery basis. Officials' fees, rental costs and equipment rental will be items affected.

Events and games are scheduled to give you a low cost night out or during the school break. Get involved, clear your head and get in shape. Join the Intermural Program. Cougar players are not permitted to play on these teams.

Individual Leisure Activities

So you have an hour break between classes. Well, come on down to the student activity centre. You can shoot a few baskets, have a shower, kick a ball around the field, jog a couple of miles, lift some weights, punch the speed bag, play table tennis or badminton, throw a frisbee, play cards, have a coke or some lunch or watch a Cougar team in action.

We have sports equipment available for low rental or on a student card exchange, racquets, balls, gloves, towels and lockers available on short term or yearly rental.

Rules of the gym area are that street shoes are not permitted on the floor. People using equipment such as nets, posts or standards must return it to its allocated area. Group events (teams or families) must be reserved with the Athletic department. Call local 262 at 434-5734.

Development Activities

It is the intention of this department to conduct various courses throughout the school year during noon hours, evenings and weekends in the fitness/recreation area. Some planned courses are: male fitness (over and under 30), ladies' fitness, yoga for men and women, and introductions to golf and

volleyball.

Suggestions

We are open to suggestions on changes and improvements in our programs. Don't simmer and grouch until you come and talk with us. We may have reasons why we do or don't conduct certain activities (e.g. Canadian football — it costs too much!).

Fund Raisers

Due to reduced budgets and an increase in programs we will be looking at the possibility of holding some fund-raising events like raffles and draws. Students planning on participating in our programs will be asked to assist in some part of this organization.

Office of Student Services

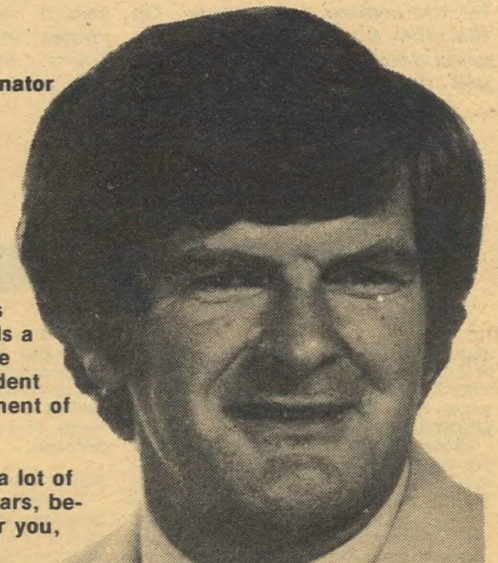
JERRY LLOYD, co-ordinator of student services.

Jerry is the boss of our department, and holds ultimate responsibility for all of the development in student services.

Jerry is always open to new ideas in services for students, and spends a great deal of his time working with the student council on the development of better services.

You're likely to see a lot of Jerry in the coming years, because he is working for you, on your behalf.

Talk to him, he's approachable.



Sherri Clarke, Athletic trainer.

Sherri is in charge of repairing athletic injuries, and providing insight into women's programming. Sherri is our gymnastics expert, and she hopes to provide a comprehensive gymnastics pro-

gram, depending on student interest.

Sherri has an office next to the change rooms in the SAC building. You should see her as soon as an athletic injury occurs. She is your first aid station.



JIM MITCHELL, Athletics-Recreation

Jim helps Wally, as least that's what Jim says.

Jim provides valuable assistance in the administration of sports programs, such as intramurals and extra-murals and or-

ganizes general recreation for those not on teams.

Jim, like Wally, is a fitness and training expert, who can, and should be used by students to help develop their own fitness program. The facilities and training staff are there — use them and get into shape!

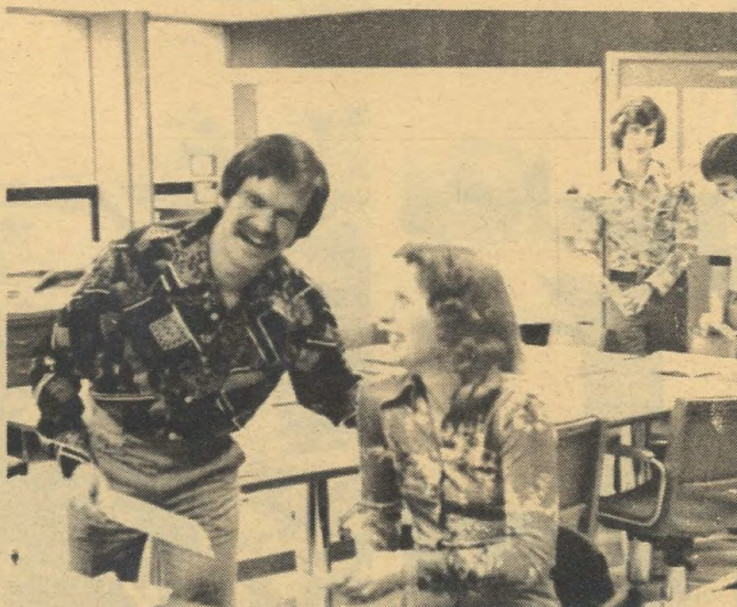
HAPPY KOCH and KATHY DAVIES.

Secretary-Receptionists

A most valuable asset in any department. They keep us in line, make sure we get to see you, and

make sure we get our work done.

They probably know more about the total department than we do. When in doubt, ask them, they will send you in the right direction.



VAL KARPINSKY, Housing (the one on the left)

Val is in charge of on- and off-campus housing, as indicated by his article elsewhere in this issue. He is also developing plans for a new BCIT residence to be loca-

ted on campus behind the SAC building.

Val will be available to handle any difficulties you may be having with your landlord, and any problems your landlord may be having with you.

GRAHAM FANE, Ombudsman or whatever

Graham is your spokesman, or light in the tunnel. His job is to guide you through your periodic entanglements with "red tape" and speak on your behalf. He is BCIT's complaint department, offering help, advice and solutions to your problems.

He also works closely with the student association on the development of better services for students on the BCIT campus.



WALLY ROWAN, Athletics-programmer

Wally's job is to manage the athletics area, and to provide you with new and exciting ways to spend your leisure time, as limited as it may be. If your idea of fun is to tie a sheet to your back and jump out of an airplane or swim to the bottom of the ocean with a jar of air, or even bounce a basketball, the Wally is the man to see.



Your Textbook
Buy it used at the TNT store
after orientation day

Housing service available to students

You may be pleased to hear that the recently created BCIT Housing Office is enthusiastically ready and willing to help you in your search for suitable rental accommodation.

Typically, the first thought that comes to mind of new students is "residence." You may not be pleased to hear that the present BCIT residences have been filled for the coming school year. On the other hand, you never know when a few unexpected vacancies will develop. If you are still

interested in residence accommodation, sign up on the waiting list anytime after September 8th.

Those of you who are not placed in residence will be forced to find off-campus accommodation. In all modesty, we have probably the most comprehensive free housing service in the lower mainland. We supply complete information regarding landlord-tenant relations, transportation routes, information on Burnaby, Vancouver, and New Westminster, as well as up-to-date listings

for all types of accommodation.

A telephone is provided for your convenience to contact landlords and arrange for viewing accommodations. Large wall maps are posted to help you locate lodging. City maps can be obtained free of charge in the office. Daily newspapers are kept on hand for more listings information. Proximity to BCIT is desirable and students will find bus schedules relating thereto.

Although landlords are requested to let the Housing Office know

when their accommodations are rented, few do so. It would be appreciated if you could contact the Housing Office when you have obtained suitable lodgings. Due to the rapid turnover of accommodations, it is difficult to inspect all the premises listed. Students are therefore asked to remember that we are strictly an informational service, and cannot accept responsibility for any housing arrangement. Also, due to the turnover rate, we are unable to mail out housing listing

sheets.

A "Housing Survival Guide" has been produced to provide more detailed information on the many aspects of renting housing off campus. A free copy may be obtained at our office.

Finally, we expect a rather chaotic rush of students in the first week of September. Thus, we strongly advise you to begin our service as soon as possible.

Things you should know about BCIT

(Editor's note: due to budgetary considerations, it was impossible to include a magnifying glass with each copy of this paper, to aid you in reading this part.)

MEDICAL INSURANCE

Students are advised to confirm that they are covered under their parents' British Columbia Medical Plan; should this not be the case, students are advised to make their own arrangements with the BC Medical Plan. Information and applications are available at the Office of the Registrar.

CAMPUS FOOD SERVICES

The Campus Food Services Department currently operates two food service outlets, the Food Training Centre and the SAC cafeteria. The Food Training Centre is open 6:30 am to 6:30 pm Monday through Thursday, and 6:30 am to 3:30 pm on Friday. Breakfast, lunch and dinner are available every day with the exception of Friday dinner. Light snacks and beverages are available throughout the day. The Snack Bar, located in the Food Training Centre is open at 11:30 am, offering short order items like hamburgers and chips, grilled sandwiches etc., until 2:00 pm, then coffee and snacks until 3:30 pm. The Faculty dining room is open daily 11:30 am to 1:00 pm.

The SAC cafeteria located in the Student Association Centre is open 7:30 am until 2:00 pm. Coffee and snacks are available all day. Breakfast is served until 8:30 am, lunch 11:15 am until 2:00 pm, offering hot foods, delicatessen items, sandwiches, desserts and beverages.

Campus Food Services also offers the following services: box lunches on 24 hour notice; coffee services on 24 hour notice; catered luncheons and receptions (arrangements to be made with Campus Food Services).

NEED A BIRTHDAY CAKE?

During the months of September through May, the Bakery in the Food Training Centre is in operation; run by the B.C. Vocational School, the bakery offers a full line of cakes and bakery products on special order.

RETAIL MEAT PRICES GETTING YOU DOWN?

At various periods during the year, the Retail Meat Training division of the Vocational School runs a butcher shop. It offers sides of beef cut to your specifications plus individual steaks, chops, ground meat, poultry and pork products. Notices will be circulated as to the dates of operation.

If you have any special requests for food service or any suggestions regarding good service on Campus, we would be most interested in talking to you. Contact Ernie Schmutz or Alistair Sim at local 239 or 244.

PARKING REGULATIONS

Parking for students at BCIT is free and available on a first-come, first-served basis, but the following perils await those who can't read signs: do not park in lots designated for staff or students; do not park on the yellow curbed roadside or next to hydrants; do not do either of the above during either the day or the evening; and

do not leave your car overnight. The Department of Public Works, which controls the parking, may tow your car away.

Also take note that the speed limit on all campus roads is 15 miles per hour.

Should you be unable to move your car due to mechanical difficulties (which only happen on rainy days), leave a note of explanation for the commissionaire on your windshield or dashboard, contact the D.P.W. office (either local 448 or in person) and make arrangements to have the vehicle removed within 24 hours.

You may park free on Willingdon Avenue all day and evening. If you're handicapped, contact the DPW office for special parking privileges; also, if you're handicapped or female (also a handicap, some say) and travelling alone to night-school, contact the night-school administrator for special parking privileges.

BOOK STORE

Located in the south east corner of the Library building at ground level, books and supplies may be purchased at the book store which is operated by the Institute. Students are advised to make their purchases after registration but before the commencement of classes. The hours are 7:45 am to 4:30 pm weekdays, and special hours will be in effect during the first two weeks in order to cope with the large sale load.

LOST AND FOUND

If you have lost an article check at the Central Stores — first floor of the main building. Likewise, if you find lost items please... (you know the rest).

LOCKERS

Theoretically, a full length locker is allocated to each student who must supply a lock.

TELEPHONES

Pay phones are located at the north end of the Main Corridor on the first floor of the main building and in the lobby of the SAC building.



EXTENSION DEPARTMENT

Students may take courses from the extension department; however, this can only be done with permission of the department head and director of your division.

LIBRARY

Not surprisingly, BCIT has a very good

library, with books, microfilms, tapes and periodicals available to staff and students. Hours of operation will be posted.

WEDNESDAY THREE HOUR BREAK

Every Wednesday students at BCIT have a 3-hour break from 11:30 am to 2:30 pm. This is to allow participation in intramural sports, club activities and other social programs arranged by the Student Association. Many exciting happenings will take place in the SAC during the 3-hour break, including concerts, films, talent shows and beer. Plan to attend.

...we're here to help

continued from front page in the SAC boardroom.

If you're at a loss as to where to go for help, or if you have a suggestion to make, or a gripe to air, drop in to see the Student Liaison Officer Graham Fane. His office is in the SAC. Graham acts as student ombudsman and works to make BCIT more responsive to your needs.

All of the services outlined above are provided for your benefit — make use of them!

Welcome to BCIT.

J. Dale Michaels,
Executive Director,
Personnel, Information Services
& Student Services



Whistler Lodge, set in the mountains just a few miles from the

main Whistler ski lifts, is available for student use year-round.