

STUDENT PUBLICATION OF THE BRITISH COLUMBIA INSTITUTE OF TECHNOLOGY

# ANXIETY & ACADEMIA

The rise of anxiety disorders among Canadian post-secondary students [pg. 6]



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#### **ABOUT THE LINK**

The Link is the British Columbia Institute of Technology's student newspaper. Published bi-weekly by the BCIT Student Association (BCITSA), The Link circulates 3,000 copies to over 46,000+ students, faculty, and staff.

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#### PHOTO of the WEEK



BCIT's mascot shows his sexy side. Check out the man under the mask on page 11

Scott McAlpine

#### Hey shutterbugs! Want to make some extra cash?

The Link is seeking photos related to BCIT campus life for page two of each issue. We'll pay you for each photo we publish. Send your shot to link@bcitsa.ca, but make sure it's less than three megabytes in size. Please include your name and a description of what you shot.



**CAMPUS QUERY** 

#### Would you vote in favour of keeping the U-Pass if the price were increased?



**ROMEELA SHANDLI** 

"If I had the choice to opt out, I would. If hockey season comes back, then of course I'd use my U-Pass for that."



**KAAN ERASLAN** 

"No, I drive. I only use my u-pass when I'm drunk."



**MIKE WATSON** 

"I dunno. I think I'd have that's because transportation."



**MICHELLE SEO** 

"[Given that] I drive, I prefer for it to not go up because we can't opt out of the U-Pass program and it just means my tuition just goes up for something I won't even use. I, like, never use the skytrain or bus ever."

NEWS 3

#### ATC students sign petition demanding more services

Students at Aerospace Technology Campus dissatisfied with services compared to those at the Burnaby campus

#### **JESSE WENTZLOFF**

Culture Editor, The Link

Over two-thirds of students taking classes at BCIT's Aerospace Technology Campus signed a petition expressing dissatisfaction with the level of services they receive from the BCIT Student Association.

The petition, which takes issue with the campus' lack of access to the information and services provided by the BCIT Student Association (BCITSA) and requests the addition of a full-time BCITSA staff member to be stationed at the Aerospace Technolgy Campus (ATC), has been signed by 284 students at the Richmond-based campus, including Dave Clarke, the BCITSA's chair for ATC.

"The students have expressed a concern and as their representative I will support them," Clarke told *The Link*.

Aerospace students current-



The Aerospace Technology Campus, which many have complained has been neglected in comparison to the Burnaby campus

Angie Theilmann

ly rely on Clarke for all BCITSA-related issues but due to a busy class schedule and other duties that take him off campus, the ATC chair holds limited office hours, making it difficult for students to engage with the BCITSA, which has left some students feeling neglected.

"There's a huge disconnect between what the Student Association thinks goes on [at ATC] and what actually does," said one ATC student who asked not to be identified.

BCITSA President Dan Huh say the organization is taking the issue very seriously.

"We're re-looking at our representation model in the days to come. Our student association is growing at a pace right now

that we can't sustain the services that people are demanding," explains Huh. "We are looking at the whole representation model, considering all the students that are being represented, how many votes, and all that. We are going to seriously take that into consideration."

Huh also noted, that there seems to be some confusion

among students at ATC regarding exactly what the Student Association does.

"I asked them if they could list a few things that we could bring them right away, any kind of services or programs and there wasn't too much of a response," he explained. "Clearly we can do more to educate them."

While over two-thirds from ATC students signed the petition, the origin of the petition remains unclear, as the author(s) have refused identification.

Beyond improvements at the BCITSA level, Huh noted that students might ask BCIT itself to increase services.

"I also told them that if it has to do with any kind of lobbying efforts towards BCIT that I would be fully up there helping them out and lobby the school for more services if it's a BCIT-oriented service," Huh explained.

The petition is scheduled to be discussed further at October 15 BCITSA Student Council meeting at 5:30 p.m. in Council Chambers at the Burnaby campus.

With files from Max Sussman and Angie Theilmann

#### U-Pass negotiations likely to conclude with price increase

While negotiations are ongoing, price increases appear imminent for 2013

#### **MAX SUSSMAN**

The Link

With the current U-Pass BC contract set to expire in March, Lower Mainland universities and colleges are currently in negotiations with TransLink and the province's Ministry of Transportation to work out a new contract.

The biggest issue during talks has been, unsurprisingly, price. Mike Hanson, BCIT Student Association VP External Affairs, confirmed that the ministry has been pushing to increase the \$30 fee that each student pays under the current deal. Kera McArthur of UBC Transportation Planning told UBC student newspaper *The Ubyssey* that she expects a price increase.

"Our main goal is trying to keep the price as low as we can. All the student bodies are on board. That's been our main issue, trying to keep it as affordable as we can for students," Hanson said.

"We've been lobbying all summer to keep [the price] down," continued Hanson. "Ultimately, [the Ministry of Transportation] decide[s]."

The ministry has been pushing to increase the \$30 fee that each student pays.

The ministry has oversight when it comes to normal transit fares as well as U-Pass BC pricing. When the ministry releases the U-Pass BC rate to student unions including BCIT, UBC, SFU, and seven other Lower Mainland schools, those organizations will bring a referendum to their student bodies.

If the referendum passes, students will pay the ministry's new price. Schools that do not pass the referendum before the cur-



Joel McCarthy

rent contract expires on March 31, 2013 will not be participating in the U-Pass BC program. so that students can continue to take advantage of this very successful program. We are making the benefits of U-Pass. Meeting this goal is a great step toward meeting our overarching goals of

"The negotiations are ongoing. At this time, there is no update on the negotiations," says TransLink Media Advisor Drew Snider.

"We are all working toward the goal of U-Pass BC being renewed

so that students can continue to take advantage of this very successful program. We are making good progress toward that objective," said a spokesperson for the Ministry of Transportation.

The spokesperson said the ministry's aim is "to ensure eligible students continue to receive

the benefits of U-Pass. Meeting this goal is a great step toward meeting our overarching goals of increasing transit ridership and reducing greenhouse gas emissions."

Hanson anticipates bringing forward the U-Pass referendum in the spring.

4 NEWS

# New B.C. advanced education minister to focus on trades, not tuition

New minister's plans in line with Liberals' promise to prioritize job creation

#### **MICKI COWAN**

**Canadian University Press** 

VANCOUVER (CUP) – B.C. has a new captain at the helm of the Ministry of Advanced Education.

John Yap, who is also the minister for multiculturalism, took over the advanced education portfolio in early September as part of a major cabinet shuffle by Premier Christy Clark. He replaced Naomi Yamamoto, who had held the position since March 2011.

In an interview with the Canadian University Press, Yap made it clear that he is intent on ensuring more trades training is available at post-secondary institutions.

"If I were to sum up the focus in the short-term, it is to ensure we have the facilities and programs to do trades training."

This aligns with the Liberal government's promise to prioritize job creation. Yap said there should be about a million job openings in B.C. in the next ten years, with 43 per cent of these requiring some trades training. Beefing up trades training pro-

grams and facilities now will help to train the workforce for those job openings.

"It's important we offer British Columbians the opportunity to fill those positions and encourage those that are in school and thinking about career options that they consider, if it's right for them, a career that is well paying and rewarding, in the trades."

"If I were to sum up the focus in the short-term, it is to ensure we have the facilities and programs to do trades training."

John Yap,
 minister for advanced education

His plans are already underway. This week he announced \$29.2 million will go towards two new trades buildings at Camosun College. One building will focus on marine and metal trades, while the other will be for mechanical trades.

The portfolio he is taking over saw \$70 million in cuts over three years in the last budget and was the only major sector to see an overall funding reduction. Yamamoto, his predecessor, also came under attack earlier this year for a confidential email from a reporter that leaked from her ministry to a Liberal donor.

Yap, however, said that he has confidence in B.C.'s higher education system.

"I am myself a product of a university here in B.C. I [got] a degree in science and then a master's degree in business administration, which helped me appreciate the immense value of a post-secondary education because it prepared me for work life."

When asked about the province's increasing dependency on tuition to fund post-secondary institutions, he said now is not the time to reduce dependency considering the economy. B.C. is the province increasing its dependency on tuition at the fastest rate in Canada.

And as for other tenants of affordability — in trades or otherwise — Yap thinks the current system is affordable enough, so long as the tuition cap of 2 per cent remains in place.

"We're confident that with the caps on tuition fee increases and the supports that are provided by student aid programs, whether it's bursaries or grants or student loans or



New Advanced Education Minister John Yap

Courtesy of the Province of British Columbia

scholarships — we're making our system of colleges and universities accessible for British Columbians."

Despite criticisms about the increasing cost of higher education in B.C., Yap defended the province's schools.

"Millions of dollars have been put into supporting our colleges and universities to prepare our students," he said. "It's a great college and university system and I'm looking forward to working with the many people who make it work so well."

#### Proposed Seattle stadium may lead to new Canucks rival

Generous donor sways Seattle council to make decisions on the city's NHL and NBA dreams

#### **MAX SUSSMAN**

The Link

The Seattle City Council will put \$200 million in public bonds towards construction of a dual-purpose hockey/basketball arena south of the city's downtown core. Initially hesitant to pass the motion, the council was won over after local millionaire Chris Hansen agreed to personally guarantee the debt.

The plan was approved by a 6-2 margin after Hansen made numerous concessions to the

original proposal initially brought to council.

"I was a skeptic when this came forward because I was worried about our taxpayers," Councilwoman Sally Bagshaw told the Associated Press. "The fact that we have a personal guarantee from Mr. Hansen ... that makes a big difference."

The city will take out a loan, which will be repaid in arenarelated taxes, to come up with its share of the \$500 million total cost of building the arena.

"I think that today's vote demonstrates that by listening to each other and working hard to address the concerns of all stakeholders that we can make the arena a reality and bring professional basketball and hockey back to

Seattle," Hansen told local television network King5.

Bringing hockey and basket-ball back to the city has always been a priority for Hansen. Seattle has never had an NHL team, though they had a PCHA team in the 1920s. The city's NBA team, the Supersonics, was infamously taken to Oklahoma City in 2008. Fans upset by the loss of the Sonics are no doubt happy with the positive vote by council to return professional basketball to the city.

Although the plan still needs to be ratified by King County Council to begin building, the council's vote represents a significant hurdle for Hansen and his group. Hansen must land an NBA franchise before any public bonds are issued.

"While we still have a long way to go, I am heartened by the tremendous level of support this project has enjoyed. I look forward to working with the county council again as they now consider the modified [plan]," Hansen said.

There has been plenty of media buzz that [an NHL team] may end up in the hockeycrazed Emerald City.

Neither the NBA nor the NHL has commented on when or if franchises will sprout up in Seattle. Since the NHL lockout has brought out questions about the viability of the league's southern franchises, there has been plenty of media buzz that one may end up in the hockeycrazed Emerald City.

In a surprise Canadian wrinkle, the Canadian Press reported that Edmonton Oilers brass, including owner Daryl Katz and team president Patrick LaForge, were in Seattle to discuss the possibility of relocation. These meetings come as Katz's own stadium plan in Edmonton is being met with resistance.

Nothing is guaranteed, but the council vote is a welcome ray of light in what some have called the darkest half-decade in Seattle's sports history.

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## ANXIETY & ACADEMIA

The rise of anxiety disorders among Canadian post-secondary students

EW WESTMINSTER (CUP) – Whether it's packing on the freshman 15, staying up all night cramming for exams, or spending thousands of dollars on never-to-be-opened textbooks, there are many downers to expect when you enter postsecondary and move into your twenties.

However, something that most people don't talk about but many experience are the serious and sometimes debilitating anxiety disorders that often emerge during people's time as post-secondary students.

#### What is anxiety?

AnxietyBC, a non-profit organization that focuses on generating awareness for anxiety disorders, identifies this category of mood disorders as the most common mental health issue afflicting citizens of their home province. According to research conducted by AnxietyBC, social anxiety disorder, generalized anxiety disorder, obsessivecompulsive disorder, panic disorder and agoraphobia, posttraumatic stress disorder, and specific phobias currently affect over 400,000 people in the prov-

One of the problems with anxiety is that it can be difficult to identify or classify its symptoms. The signs and symptoms of anxiety can be numerous and sometimes nebulous, ranging from the physical (heart palpitations, dizziness, nausea, and muscle tension) to the emotional (mood swings, fear, depression, and apprehension).

As a result, it can be difficult for individuals to determine if possible anxiety sufferers are experiencing the normal upsand-downs of living, or if they are suffering from an anxiety disorder.

#### Anxious on campus

According to Dave Gallson, associate national executive director of the Mood Disorders Society of Canada,

"A recent study is claiming five times as many high school and college students are dealing with anxiety and other mental health issues as youth of the same age who were studied in the Great Depression era."

Gallson explains that there is indeed an increase in the occurrences of mood disorders acknowledged by those in the prime post-secondary age range of 18-25.

"[Twelve per cent] of Canadians will experience an anxiety disorder, and 75 per cent of those will have their first episode before they reach their 22nd birthday."

But, life is hard in general for everybody, so why are college students so ripe for anxiety nowadays?

"College is usually the first time away from home on a steady basis for many students. They walk in to [it] leaving their usual network of support back in their homes and communities. Meeting new people, getting along with new roommates, navigating new social situations and pressures, maintaining academic responsibilities, being potentially exposed to parties, alcohol or drugs, and having to manage their own finances can certainly lead many students to becoming frazzled, overwhelmed, and stressed.'

Indeed, Lucy, a recent B.C. university graduate who deals with a number of anxiety disorders, noticed that her symptoms of anxiety — crippling emotional and sometimes physical reactions to certain situations - intensified greatly when she went away to college and moved into adulthood, causing stress in her personal relationships and her employment.

Lucy, however, suggests that underpinning why her and her peers seem to suffer from anxiety in their youth at greater rates than those before them.

"We were all raised with these specific expectations of life — I was raised with the idea that 'you can be whatever you want to be,' but the reality is that you can't.

"There are factors like money, talent, and luck that make our parents liars. When we find we're not adequately equipped to deal with the actual world, it scares us. We are not all special, but we were told that we were going to be and so when we grow up and realize we aren't, we don't know what to do."

A recent study is *claiming five times* as many high school and college students are dealing with anxiety.

#### Treating anxiety disorders

If anxiety is affecting more and more students, how are students to cope?

First of all, try not to panic, says Arto Tienaho, executive director of AnxietyBC. "Anxiety is normal, we all experience it but we don't all have an anxiety disorder."

Mild to moderate anxiety is extremely common, and AnxietyBC suggests that general selfhelp awareness strategies can be used to cope.

Strategies like learning about and understanding the signs of anxiety, using breathing and relaxation techniques, and facing fears through exposure can help manage anxiety if symptoms are mild.

However, there comes a point where anxiety can develop generational issues might be into a disorder, in which case it may require further treatment. In these cases, Tienaho notes "anxiety is highly treatable with treatment options such as cognitive behavioral therapy."

Cognitive behavioral therapy,

or CBT, is an evidence-based psychological treatment for mood disorders like those related to anxiety. CBT focuses on the idea that our thoughts and emotions impact our behavior, and strives to help people pinpoint and understand the thoughts that cause anxiety, and then find ways to look at situations from a more balanced perspective.

#### The stigma of mental health issues

Although anxiety disorders are treatable when people recognize them, some are wary of acknowledging their struggle due to the lingering stigma of mental health issues.

According to the Canadian Mental Health Association, "public attitudes and beliefs, often based on fear and misunderstanding, stereotype individuals with mental illness, exposing them to prejudice and discrimination."

The unfortunate by-product of this stigma is that, for those who have been diagnosed with anxiety disorders, there can be an overwhelming sense of being alone in the struggle, even if surrounded by a classroom of others who may quietly share the experience.

"The thing with anxiety that I've learned is that you're actually sick, but people can't see it so they perceive you as just being weak ... or you're afraid that people will see you that way, and that starts a whole cycle of issues," Lucy said. "I feel like I'm doing it, life, wrong, and I don't understand why I can't glide through things like people around me seem to."

For more information on anxiety disorders or cognitive behavioral therapy, visit anxietybc. com. For more information on mood disorders in Canada, visit the Mood Disorders Society of Canada website atmooddisorderscanada.ca

— **Sharon Miki** (*The Other Press*, Douglas College)



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**CAMPUS LIFE** 

#### STUDENT SPOTLIGHT

#### Aerospace grad ready for the runway

NAME Ben Hartlen AGE 35 **HOMETOWN** Campbellford, Ontario **PROGRAM** Airline and Flight Operations: **Commercial Pilot** 

#### **ANGIE THEILMANN**

Assistant Editor, The Link

Ben Hartlen was 16 when he tions program. decided he had a thing for airplanes. And it all started with ice cream.

He was living in Peterborough, Ontario at the time. It was the summer, and he had a job pedaling an ice cream cart around town. The money was alright, he remembers, and hey, it was good exercise too.

And then, one day while Hartlen was hawking ice cream, a little tiny airshow came to town. Nothing like B.C.'s Abbotsford Airshow, he says, but an airshow nonetheless. For \$10, they were selling five-minute flights. It was nothing more than a takeoff, a quick circle overhead, and then back to Earth.

Nonetheless taken with the qualifications. idea, Ben says he locked up his ice cream cart and bought a the sunny ATC cafeteria in Rich- for the future.

mask his enthusiasm when he about everything from travels to recounts that the experience the Middle East when he worked "was awesome!" As we sit here for the Navy, to his thoughts on chatting more than 20 years later the BCIT community. at BCIT's Aerospace Technology Campus (ATC), you've got to post-BCIT future might hold, it think that something pretty cool must have happened in the five the wind takes him. He stresses minutes he was airborne.

Hartland is eight days from you're probably in the wrong ingraduating with a diploma from the commercial pilot stream of BCIT's airline and flight opera-

after paying And roughly \$75,000 . . . this diploma sure doesn't come cheap.

to earn is really just the cherry on top of a whole lot of hard work and, by the sounds of it, the BCIT program required him to earn resolve the issue with the least his wings a while ago. Over the impact possible," Hartlen says of past 18 months of training, he the dangers of flying. has earned both his private and

ticket to ride. He doesn't try to mond as Hartlen speaks openly

When we talk about what his sounds like he will go wherever that if you're after a quick buck, At the time of this interview, and you don't love flying, then dustry. And after paying roughly \$75,000 in tuition and associated fees, this diploma sure doesn't come cheap.

> "Aviation is really huge and only getting bigger," Hartlen tells me. He says that now is a good time for pilots like him to get into the industry. One reason for this is WestJet's recent announcement to open a new regional carrier and all the jobs that will be created as a result.

"My driving force is that if and The piece of paper he is about when I'm faced with an emergency, I've made the most of my training time and can react quickly and professionally to

And so, in an age of fluctuatcommercial pilot licenses, as ing fuel costs, a global concern well as various aircraft-specific over carbon emissions, and ongoing airport security threats, it With an easy smile, we sit in sounds like this pilot is prepared



Angie Thielmann



# TAKE PICTURES

## The Link is seeking photographers!

Some experience preferred.

Meetings happen every Wednesday at 2:30 p.m. in the Link office (room 281 in SE2 around the corner, west of the Great Hall).

If you can't make it, email link@bcitsa.ca.

8 CULTURE

#### **HOT DOCS**

## BCIT graduates' *The Occupation* offers unbiased perspective

October 15 marks first anniversary of Occupy Vancouver, a nonviolent protest movement for worldwide social, political, and economic change. The movement got its start in New York City, when socially minded protesters took shifts standing on the streets of New York's financial district in an attempt to voice their concerns about the polarized distribution of wealth. Vancouver's incarnation of the movement took place on the grounds of the Vancouver Art Gallery, with participants camping out in tents and marching in the streets of downtown Vancouver in protest.

Intrigued by the movement, BCIT broadcasting students Matthew Van Deventer and Rafferty Baker went to the Occupy Vancouver protest to film their documentary The Occupation in hopes to document the historic event.

The duration of the film targeted the group of makeshift shelters in front of the Vancouver Art Gallery that became known as "Tent City".

"Tent City was the actual physical occupation of territory. It was the thing that got people's attention and it was a means to bring forth an idea," Van Deventer explains.

Van Deventer and Baker were unsure how events would unfold, so they shot as much footage as possible. In an effort to offer viewers as much perspective as they could, the budding filmmakers created the film documenting what they observed without narration. While this technique allows viewers to draw their own conclusion without being influenced by a third party, it does cause some confusion.

Instead, the documentary focuses on portraying the movement's participants and their stories in Tent City. The portrayal of the protesters and their journeys attempt to explain why and how this protest proceeded from the United States to Vancouver.

A screening of the documentary will be be held at the Rio Theatre on October 15, the first anniversary of the beginning of the Vancouver protest.

More information, follow @OccupationDoc on Twitter or visit their website at theoccupationdocumentary.com.

— Joanne Lohr



Philip Seymour Hoffman as title character Lancaster Dodd

Courtesy of The Weinstein Company

#### The Master is a new American classic

Directed by: Paul Thomas Anderson Stars: Joaquin Phoenix, Philip Seymour Hoffman, Amy Adams Running time: 137 minutes

#### **THORSTAN GERLACH**

The Link

With his latest release, *The Master*, Paul Thomas Anderson has cemented himself as this generation's quintessential American filmmaker. His films seek to debunk the myths surrounding the American dream, by exploring themes that make up the nation's social and political fabric: love, oil, sex, money, and religion. Though Anderson's style has matured, one thing that has remained is the impact his films leave on viewers. His latest effort, *The Master*, packs a wallop.

The Master is the fictional story of 1950s cult leader Lan-

caster Dodd (Philip Seymour Hoffman), who has built a circle of devoted followers. He begins mentoring an alcoholic Second World War veteran named Freddie Quell (Joaquin Phoenix). Anderson admits that the origin story of Scientology influenced the film's backdrop. However, it seems Anderson's work here is not focused on a single religious sect, but rather on organized religion as a whole.

While many viewers will be intrigued by the connection to Scientology, it's not the film's driving force. The movie revolves around the relationship between Quell and the film's title character, Lancaster Dodd.

The two meet after Quell sneaks aboard Dodd's yacht where the master's daughter Susan (Jillian Bell) is getting married. Quell is a drifter who can't hold down a job and is prone to violent attacks. Diag-

nosed by the Navy with a nervous condition he applies for a job aboard anyway, claiming to be an able seaman. Dodd is drawn to Quell, keeping him aboard despite the warnings from his wife Peggy, brilliantly portrayed by Amy Adams.

Hoffman is mesmerizing. His resonant voice gives weight to every word.

The acting is impeccable. Hoffman, an Anderson vet, is mesmerizing. His resonant voice gives weight to every word. It becomes clear that Dodd is not too different from Freddie, as both are prone to violence and alcohol abuse. These similarities create magnificent scenes

of clashing wills and troubled conversations.

As Freddie Quell, Joaquin Phoenix is a man possessed. There is so much energy and emotion it is impossible to look away. He shifts from unyielding devotion to Dodd to incredible doubt, culminating in a breakdown in a jail cell that will leave you shaking.

Filmed in 70mm, the scenes are visually stunning, with fearless artistry behind every shot. Combined with Jonny Greenwood's hypnotic score, the film sucks you in.

The Master is not for lazy viewers: it is challenging, at times confrontational, and presents no easy answers — it seems that Anderson points his finger at institutions that do. Above all, this is the best film you will watch all year.

**OVERALL GRADE: A** 

#### ■EVOLVING 20

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- 1. This Must Be The Place The Dead Leaves
- 2. Knot In My Heart The Zolas
- 3. Radio Yukon Blonde
- 4. **Elephant** Tame Impala
- 5. **Infinitesimal** Mother Mother
- 6. The Keepers Santigold
- 7. We Should Be Swimming Zulu Winter
- 8. Kill It Slow -Fields of Green
- 9. **Jesse, AR** Said The Whale
- 10. **Go To Me** Jordan Klassen

- 11. Jolene Hey Ocean
- 12. Vanessa Grimes
- 13. Aphrodite Phedre
- 14. **Horses** Yes Nice
- 15. **Breaking Down** Florence + The Machine
- 16. **Hacienda Motel** Pickwick
- 17. Wild Love Gossling
- 18. **C-C-Cold** Facts
- 19. **Paper Girl** July Talk
- 20. Hipster Love Free City Collective



**CULTURE** 

#### Picnicface makes first appearance on film with Roller Town

Directed by: Andrew Bush Stars: Mark Little, Kayla Lorette, Scott Vrooman Running time: 76 minutes

#### **OLSY SOROKINA**

The Link

Canadian comedy troupe Picnicface makes a comeback this fall, decked out in short shorts, knee-high socks and roller skates. The eight-strong group, previously known for their self-titled sketch comedy show on the Comedy Network and numerous viral YouTube videos ("Powerthirst", anyone?), try their luck in film. Roller Town, their first feature film, opened in theatres across Canada on September 21.

Roller Town's plot follows a local roller-skating celebrity Leo (Mark Little), who dreams of studying at the nearby prestigious roller-skating academy to become a classically trained skater. While trying to win the heart of roller skating beauty Julia (Kayla Lorette), he also seeks to avoid the taunts of Julia's boyfriend Davis (Scott Vrooman), leader of the stuckup academy bullies. Things get more complicated for Leo when the gangsters who killed his father threaten to turn the sacred place of eternal disco paradise — the roller rink into a video game arcade.

Set in the late seventies, where funky tunes and brightly colored spandex live forever, Roller Town is a clever parody on the dance movie genre — at times a bit too clever for the audience. The obvious cultural spoofs, like a vinyl record player in place of a car stereo or Julia's father's ridiculous novelty fruit phones, got the most laughs.

The Link spoke to Roller Town star Mark Little, who says his character was mainly inspired by Jim Bray's poor acting in Roller Boogie.

"He's a great roller-skater, but as an actor, he's a block of wood. That's Leo," Little explained of his character. With Bray's performance in mind, Leo becomes a hilarious spoof of a one-dimensional character. Without that frame of reference, a lot of the humour is lost on the audience and otherwise hysterical scenes never get the reaction they were meant to provoke.



Mark Little (left) and Kayla Lorette (right) star in Roller Town

who says that while entertainment is the goal, he can guarantee that not everybody will like the movie.

"Not even most people. Maybe five? Five people will like it," the Canadian actor/ comedian quips.

One can't talk about Roller

This is not news to Little, Town without mentioning the tight shiny pants captured that soundtrack. The movie's original music score was the perfect way to keep the audience entertained. The Boogaloos, reminiscent of the Bee Gees, were the audience's undeniable favorites; their catchy lyrics ("Jeans/everybody's wearin' them/I got mine on") and

mischievous 1970s vibe and brought something both funny and accessible to the movie.

With no other projects currently planned for Picnicface, Roller Town's unique brand of humor should provide the fans with a healthy dose of gags in the meantime.

#### **VIFF PICKS**

#### What not to miss at the Vancouver Int'l Film Festival

The Vancouver International Film Festival once again brings engaging films to suit even the pickiest audience members. Here are some of the upcoming films to check out during the festival, which takes place from September 27 to October 12.

#### Laurence Anyways

(Canada, France, 2012) Directed by Xavier Dolan Canadian Images series

Laurence and his girlfriend Fred struggle to keep their relationship after Laurence decides to become a woman. Set in Montreal in the 1990s, the film explores the consequences of a single decision in the couple's personal life, and the effect it has on the lives of those around them.

#### Bottled Life (Nestlés Geschäfte mit dem Wasser)

(Switzerland, 2012) Directed by Urs Schnell Garden in the Sea series

With journalist Res Gehriger, Urs Schnell explores the destructive effects of the bottled water industry on communities that have sold their water rights to Nestle. A disturbing perspective on an essential commodity, Bottled Life is bound to stir up some discus-

#### The Invisible Ones (Les Invisibles)

(France, 2012) Directed by Sébastien Lifshitz Nonfiction Features of 2012

This documentary tells the story of gay men and women in conservative France, who came out before sexual liberation spread across Europe. The film creates a strong connection with the audience using archival footage and personal interviews, and offers a rare glimpse into the European side of LGBT issues.

— Olsy Sorokina

#### Write for The Link! link@bcitsa.ca

**OPINION** 



Lingerie Football League players huddle up

Courtesy of Wikimedia Commons

#### Lingerie and football: A lesson in economics

The Lingerie Football League draws a fine line between who is being taken advantage of — the players or the crowd?

#### **DAN JOHNSON**

The Link

I was promised lovely, lingerie-clad ladies throwin' the ol' pigskin around when a friend invited me to a Lingerie Football League (LFL) game. LFL: a seven-on-seven, full-contact women's football league, complete with uniforms shrunk in the wash. This bizarre idea must have originated when one dude said to another, "You know what would make football even better? Chicks!" His friend responded, "... In underwear!" and a sport was born.

cussion and controversy. On shit out of each other in their that this whole thing is just not one hand, some people think skivvies, whether it involves a for me. In a free market, anythat foxy football demoralizes football pitch, UFC ring, or with thing can happen and a lot of women, and is akin to porn and pillows at a sleepover. Most of dumb things come out of it. stripping. They feel that turning women's bodies into commodities reinforces gender hierarchies in a male-dominated world. Other folks claim that confidence booster. I wish that mately it's not the worst thing it's a free world, and if women happened to me when I worked in the world. It's like the softest and fans want to participate, at Blockbuster.

they have the right to.

correct. It's sad that it seems the only way for women to have a professional football team is to shake their "thang" a little. But the world would be even sadder if these women could not choose their own careers – professional or otherwise. In purely economic terms, a market existed for scantily-clad female footballers, and it was filled.

*In purely economic* terms, a market existed for scantily-clad female footballers, and it was filled.

No one can deny that there's The LFL causes much dis- a market for women beating the these women know their line of That's where you come in. Your work is a bit ridiculous, but the money is easy. Any job where people pay to lust after you is a

Opinions aside, we go into In my opinion, both sides are the half-filled Abbotsford Entertainment Centre. The AstroTurf is laid over a hockey rink ringed by duct-taped sideboards. The Toronto Triumph marches onto the field first, greeted by a combination of boos and catcalls. The B.C. Angels turn the crowd's mood to pleased with smoke bombs and flag wavers. The game begins.

> Throughout the 32-minute game, the girls beat each other with surprising intensity. Wearing only shoulder and knee pads, they tackle, pull hair and start fights. As the game progresses, there is more gauze than lingerie; it seems that bandages, not lace, hold their uniforms together. In the end, the B.C. Angels beat their East Coast rivals. Sleep easy, football fans.

> I can't get it out of my head job is to decide what is good for you and what is not. If you choose to focus on this, ultiporn vou've ever seen.

#### Do you know how many trees died for this 4"x4" space?

Please don't let them die in vain.

#### Scarlet Letters

by BCIT's own Scarlet de Sade

Dear Scarlet,

Last weekend I hooked up with someone at a party. I was pretty drunk and we didn't use any kind of protection. I'm a little worried, and was wondering what sexually transmitted infections are curable and which aren't?

— Worried On WIllingdon

Dear Worried,

To be on the safe side, I strongly urge you to get tested. If you plan to engage in any other sexual encounters, let those partners know that you recently had unprotected sex; future partners deserve to know what risks they are taking.

To say this will be an uncomfortable conversation is an understatement, but explaining to a partner that you gave them an sexually transmitted infection (STI) is much more awkward.

The fact is, most STIs leave no visible signs of infection. Without getting tested, you run the risk of allowing the infection causing permanent damage.

Most bacterial and ectoparasitic STIs, such as chlamydia and pubic lice, are curable. Many are treatable, like herpes and HIV, but not curable.

In 2008, of the three nationally reportable STIs, there were 82,919 reported cases of chlamydia in Canada, 12,723 cases of gonorrhea and 1,394 cases of infectious syphilis. All three have been on the rise over the previous 10 years, and these are only reported cases.

Think of all the unknown tainted genitalia — oh, the humanity! I could rant until I am blue in the face about respect for your partner and respect for your body, but at the end of the day it is up to you to protect yourself. So put on a condom, would you?

Hey Scarlet,

My boyfriend has bumps on his penis - is that normal?

— Not-So-Lovely Manly Lumps

Dear Lumps,

It depends on the type of bump, Lumps.

Men can have all sorts of lumps, bumps, or growths on their penises. However, most are harmless, fibrous-type tissues that are simple forms of build-up, or fleshy bits under the surface that the skin cannot sit smoothly over.

Your boyfriend may have a noncancerous, mole-type growth that is perfectly normal. However, having never seen your boyfriend's penis (much to my chagrin), I must also assume that it could be a sign of disease such as genital warts (HPV).

If in doubt, ask him to check with his doctor. This is a scenario where it's better to be safe than sorry, but have the conversation with your boyfriend first.

— Scarlet

Do you have a question for Scarlet de Sade? Email scarlet.letters.bcit@gmail.com



#### **BCITSA Info & News**







#### **EXECUTIVE WEIGH-IN**



Courtesy of Scott McAlpine

#### A message from BCITSA School of Energy Chair Denis Dobrozdravich

Welcome to all the new students and welcome back to all the returning students! I must say, there is a different feeling on campus this year; it feels like there is more energy and involvement and I like it.

I am especially excited about this year as I was elected chair of the school of energy and will work with a stellar executive board. We have some great minds in the BCIT Student Association, and as students, we are looking to make school better every way we can.

As a fourth-year mechanical engineering student, I know times can get tough at BCIT. Remember, balance is key. BCIT and the Student Association offer many great programs, intramurals, classes and clubs to help you maintain balance while at school. Drop by the Uconnect Resource Centre in SE2, Recreation Services in SE16 or online at www.bcitsa.ca to find out more.

Also, if you ever have any questions, and I can speak on behalf of all the SA executives here, feel free to introduce yourself in the hall to one of us and ask away! Regarding the picture: after a few wobbly pops, I was easily convinced to dress up as BCIT's mascot, the cougar, on Orientation Day.



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# New law requires that cigarette packaging warn smokers about how cool they might look

Warnings of positive reinforcement from fellow peers meant to deter young people from smoking

#### **JACEY GIBB**

The Other Press, Douglas College

In a surprising move by the Harper government, a decision was made last Thursday morning to pass a new law requiring that to-bacco companies warn consumers about how cool smoking will make them look.

The law, which has so far been well-received by critics, states that all cigarette packages "must display a label clearly stating that smoking is a wildly cool habit" and that "chicks dig guys that smoke." The law is expected to take effect early next month.

"I think the general public has known for quite some time now about how badass they look whenever they're seen dragging on a smoke, but in recent years, it's gone from mostly speculation to something supWARNING:
Cigarettes may
result in you
looking
completely
badass.



ported by scientific evidence," Wayne Brown, a spokesperson for Health Canada explained in an exclusive interview with *The Other Press.* "Numerous studies that we've conducted over the past two years have shown that individuals with traces of nicotine in their bodies were more

likely to get invited to parties, ride motorcycles, and have a better time than individuals who didn't smoke."

The new law, appropriately nicknamed "Fonzie's Law," is just the beginning in what Health Canada is calling "the first step of a much bigger plan to edu-

cate the public on the dangers of looking cool."

"When people light up for the first time, they're not thinking about what they're going to do with the insane amounts of action they're going to get from the opposite sex or how dramatically affected their social calendar is

going to be by being instantly popular," Brown warns. "The long-term effects of smoking are very much real and it's time that people know what they're getting into."

However, not everyone is as optimistic that the law will be effective in scaring off potential smokers. Jeanie Claude, a mother of three with too much time on her hands and a chip on her shoulder, has been particularly vocal in her opposition to Fonzie's Law. Claude's Twitter account, which she created only recently to spy on her 13-yearold son, has been producing negative tweets over the last 24 hours such as "gee guess my kids r safe now dat theres a sticker on the box #sarcasm" and "da guvernment rly jumpd da shark on dis 1 #seenhappierdays."

Despite the resistance from Claude and no one else in particular, the government appears to be holding firm on their decision and will begin publishing similar warning ads in schools and mall food courts as early as next week.



