

Health to lose \$150 a month?

Link

By Alice Chan

Students who are currently enrolled in Health Technology at BCIT are receiving a one hundred fifty dollar monthly bursary from the Ministry of Health. For many health technology students, this monthly bursary has enabled them to continue with their studies. There have been rumours, as of late, that the present Socred government may cease disbursement of this money.

In order to find out if this was in fact just a rumour or whether it was to become a reality, this intrepid young reporter sought to find the truth of the matter. In preparation for this article, the reporter, who is in Psychiatric Nursing, approached Margaret Neylan, Dept. Head of Psychiatric Nursing.

In talking with Mrs. Neylan about the origin of the monthly bursary, she thought the Ministry of Health under the former NDP administration originated the health bursary in the optimistic hope of encouraging a continuous supply of well-qualified health technology students. The reason health technology students became the chosen few to receive government money was due to the heavy clinical and course loads of their technology.

Prior to this year, students in Psychiatric and General Nursing went through a little over two continuous years at BCIT without summer holidays. Therefore, opportunities to earn money from summer employment were few and far between. The government who originated the monthly bursary thought it only fair to assist health technology students as much as they feasibly could. There had been no problem regarding the bursary until the present Socred government thought it unfair that only a segment of the student population (ie. health technology) should receive government assistance with education costs.

At a recent student representative and department head meeting, there had been mention about the government cutting back the monthly bursary to be effective for students enrolling after February 15, 1979. According to Mrs. Neylan, if the government decides to cut back, then, students who are currently enrolled in health technology would not be affected. These students would be entitled to the one hundred fifty dollar monthly bursary until completion of their training. She stated she wasn't sure if this would be applicable to students who had failed a term. If there was to be a cutback, Mrs. Neylan suggested the possibility of a lump sum bursary for students who would be in great financial need, to apply for the lump sum could be the accumulation of the monthly bursary money.

Mrs. Neylan was very helpful in her straightforward answers; she also referred me to a few other sources for more information regarding the bursary money.

One of her suggested sources was John MacKay, Dean of Health Technology. In pursuing Dean MacKay about the subject of the monthly bursary, to the best of his knowledge, he could not remember the originator of the bursary. He did say the health bursary was established to encourage the enrollment of "Good, qualified, health applicants into the technology." He stated that in the past there had been no opportunity for nursing students to seek summer employment due to the structure of their school year. Dean MacKay stated unlike many other technologies, nursing students who did procure work at institutions for experiential purposes often only received minimum wage salaries. (As compared to students in other technology

cont'd on page two

VOLUME 13, NUMBER 22, FEBRUARY 28, 1979

BCIT STUDENT PUBLICATIONS

An incredible shot of the recent solar eclipse, as seen from campus Monday Morning at precisely 8:24.

Note the fiery corona that threatened to burn out everyone's eyes and leave us a nation of blindmen. Don Wright photo.

How about a new student building?

Have any of you ever thought about it? So the school expands each year we find ourselves more confined and increasingly restricted. The cafeteria at lunch is jammed! There are no real student lounges per se as there are at most other schools. As the school administration increases enrollment so they can justify requests for increased budgets for educational facilities - have you ever thought that in the end we're the losers! We spend 6-10 hours, five days a week out here and have no real centre for recreation or relaxation.

But we have the SAC building you say. No we don't! The SAC was built by the Provincial Government in 1970-71 and is presently maintained by the Building Corporation of B.C. (which poses its own problems as we found out from the delays in the construction of Growlles). BCIT does not own the building. Functional control of the SAC is vested in the Principal who delegates power to the Student Services Department and the SAC Management Committee. Not only is this a problem, but there are problems with the SAC building itself...

#1 - it is too small. The building was built almost 10 years ago when the student enrollment was 1/2 of what it is today, and projected to be over 6,000 by

1984. Moreover the design and layout is inefficient and does not and can not meet out demands today.

#2 - The students via the Student Association have no financial interest in the building and are occupying the space thanks to the co-operation of the Institute.

#3 - We have to date, spent over \$100,000 of students funds to improve the building but as we have no vested interest in it, most of the improvements belong to the Institute.

#4 - As the school grows there have been and will be even more increasing conflicts to do with the programming of the building. Should the limited space available be used for athletics, non-alcoholic events, dances, pubs, or what have you? You have a variety of people and interest, and only so much room.

Most active student unions have built and own their own student building (UBC-Sub building, University of Manitoba, Ryerson Polytechnic in Ontario, University of Western Ontario etc.) So our student population grows we have an increasingly viable base from which to finance the \$2 - 3 million dollar building. That we need.

Preliminary planning has begun and discussions have been going on between the Student

Association and the Administration. We met recently with Dr. Gil Johnson, Director of Planning for the Institute who was very helpful with background information and advice as to the process involved with planning. We have recently received a memo from Gerry Lloyd, Dean of Students outlining and supporting plans for a new student building.

And so now I hope you're thinking to yourself, a new building eh ... what would it be like? Well this is what we hope you will help us define it. This point we see it probably as 2 or 3 stories - in keeping with the low profile of the campus buildings, with a well laid-out pub and games recreation area downstairs below ground. The main floor would consist of services and facilities needed frequently by the majority of students, ranging from lounges or listening areas to a bank, hair salon, student run and operated, a restaurant or maybe even a mall with a variety of stores and services. Upstairs would be office area and meeting room space, which we are in dire need of. One large meeting room and at least a couple of smaller ones for clubs or just individuals to get together in.

I emphasize that at this point we are wide open to ideas ... we just want people to start thinking

and offering suggestions. Some of you that have gone to other schools may know what has impressed you about their student buildings. Some ideas we've been working with include raquet ball and squash courts, and a small theatre, a bookstore & a variety of stores run by outside interests, such as record or clothing stores, plant or ice cream shops etc.

Think about it and let us know. You can come and talk to myself or leave your ideas in writing with Janice the Student Association secretary

The next month you should be seeing a questionnaire in the Link asking you what you think should be in the new student centre, and for you budding student politician types, come in and talk with us as I see this as being the big issue come next year. Get involved now. This is your chance to say - see that building, I helped build that.

For those of you graduating this year & thinking why bother - think again, as alumni you have the right to use BCIT facilities so just think if we had raquetball courts or exciting pubs or whatever else you would like to use ... think about it.

Blake Cowan,
S.A. Treasurer

\$150 question

gies who could work in field situations while earning a considerably higher wage).

In January of 1979, a representative from the Ministry of Education met with a health representative from BCIT saying the monthly bursary may cease to be. Upon hearing this piece of information, Dean MacKay called the ministry in Victoria to make further inquiries into the matter. Dean MacKay was told the bursary may not cease in 1979.

A short time later, Victoria called the office of the principal, Mr. Gordon Thom, to say as of February 15, 1979, the bursary would no longer be available to students who register after that date. As of this writing, there has been no official written confirmation regarding the bursary situation. Dean MacKay did show me an excerpt from the Health and Human Services Newsletter, February, 1979 issue, which administrators receive monthly. In it, there was a "Flash" news item which reads:

"Mr. Andy Soles, Assistant Deputy Minister (Post-Secondary) announced February 8, 1979 receipt of a policy statement from Mr. Jack Bainbridge, Assistant Deputy, Ministry of Health regarding health bursaries.

No further commitments for unconditioned bursaries should be made by educational institutions after February 15, 1979. All commitments made to that date will be honoured. This policy is intended to bring health students in line with other college students to whom aid is available through student services.

As it stands, don't be surprised if, after receipt of official, written confirmation from the government via the Ministry of Education, there is an announcement of health bursary cutbacks to students enrolling after the mentioned date.

Dean MacKay said that a proposal before the Minister of Education may be drawn up by Dept. Heads in the Health Tech-

nology regarding problems unique to students in that particular technology.

What can we, as students, do in an effort to try to prevent this from happening to future health technology students? Write to your member of parliament stating your concern about the impending situation. You won't be heard if you don't express your opinion regarding this matter. Remember, it's all in the politics.

In pursuing this matter further, the writer approached Linda Jenkins at the Financial Aid office for a little more insight into the health bursary business. Her response was: "It's just rumour...there is nothing official...it's just rumour..." She did say the British Columbia Grant would be immediately available for application to students enrolling in health technology after the proposed cutback date.

Given the information presented in this article, it would be interesting to hear what students have to say concerning the matter. Remember, it could have been a decision put into effect, let's say, six months ago. Then, where would a lot of us be? Please don't remain unconcerned and smugly blame about the situation; it could be happening to a close friend or even a brother or a sister.

jobs

Graduating Students: Computer Programming
Mobus Industries [Western] Ltd.
Vancouver, B.C.

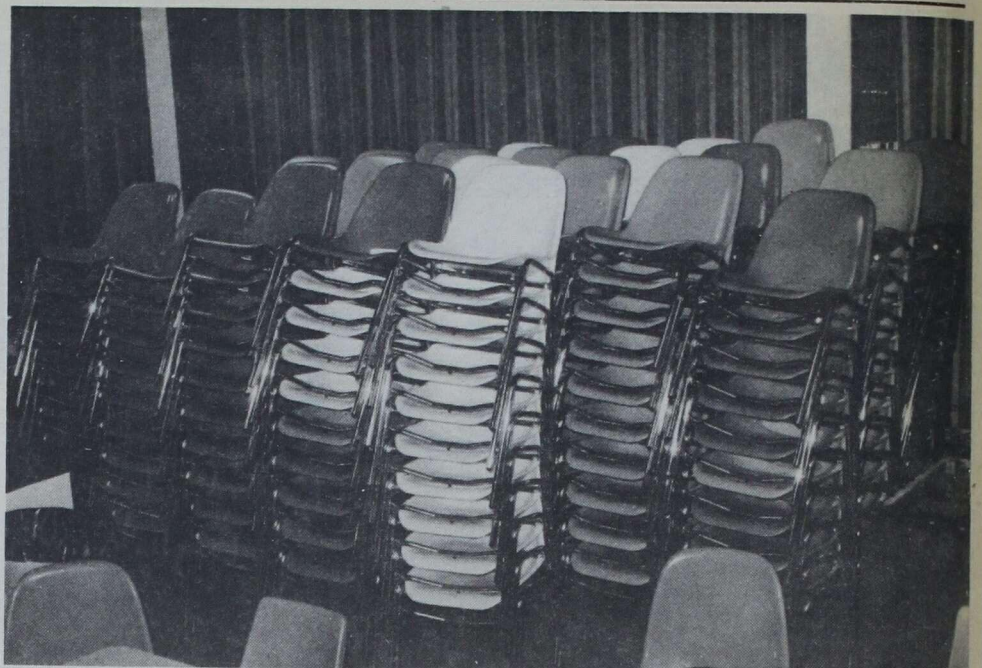
A local computer systems firm would like to receive applications from the above who are interested in a position as a programmer/analyst with duties to include testing and documentation of on line business computers.

To apply, submit a complete UCPA Application for employment and a copy of marks to us no later than noon March 6th, 1979 for employer prescreening.

Interviews for those selected will be held on March 28th, 1979.

Summer Employment: How to secure summer jobs in Alberta
Labor jobs, clerical, local and Northern Employment, etc. Best to apply early. Send \$2 for student Summer Employment Guide-satisfaction or refund
Labour Market Info Service
Box 7810 Station A (Dept. UA)
Edmonton, Alta T5J 3G6

The next Open Session meeting of the Board of Governors will be held on Thursday, March 8, at 4pm in the SAC cafeteria.



Okay, the new chairs for the SAC cafeteria have finally arrived. The driver swears that he did NOT drop into Miami Beach on his way here from Toronto. He got the suntan while crossing southern

Saskatchewan. Anyway, can the matching tables be far behind? The other truck stopped where on the way? You're kidding.

HOUSING CORNER

By Sally de la Rue Browne

The Landlord & Tenant Act Is My Accommodation Covered?

The LANDLORD & Tenant Act of BC governs relationships between landlords and tenants in many—but not all rental situations.

If your accommodation is a "tenancy" situation, it is covered by the Act. If it is a "licensee"

situation, it is not covered. The Office of the Rentalsman administers the Landlord & Tenant Act, and has the power to decide whether your rental situation is a tenancy or a licensee situation.

Examples of tenancies are apartments, self contained suites, entire houses, housekeeping rooms with cooking facilities, etc. These are generally covered by the Act.

Examples of licensee situations are rooms in homes or rooms with board, especially if the landlord provides line and/or cleaning service of some kind. These are generally not covered by the Act.

The following are some characteristics of a "licensee" situation. The more of these characteristics that your accommodation has, the more likely it is to be declared a "licensee" situation:

- linen provided
- cleaning or maid service
- no lock on door
- no cooking facility
- laundry service

If your accommodation is covered by the Landlord & Tenant Act, then you are protected by its provisions. The Act clearly defines the rights and obligations of both landlord and tenant.

If your accommodation is not covered by the Act, then the rights and obligations of yourself and your landlord are considerably more limited (unless you have drawn up a rather specific rental agreement).

old
fashioned
ice cream

coming soon
to the SAC !!

PSYCH
NURSES
TERM II

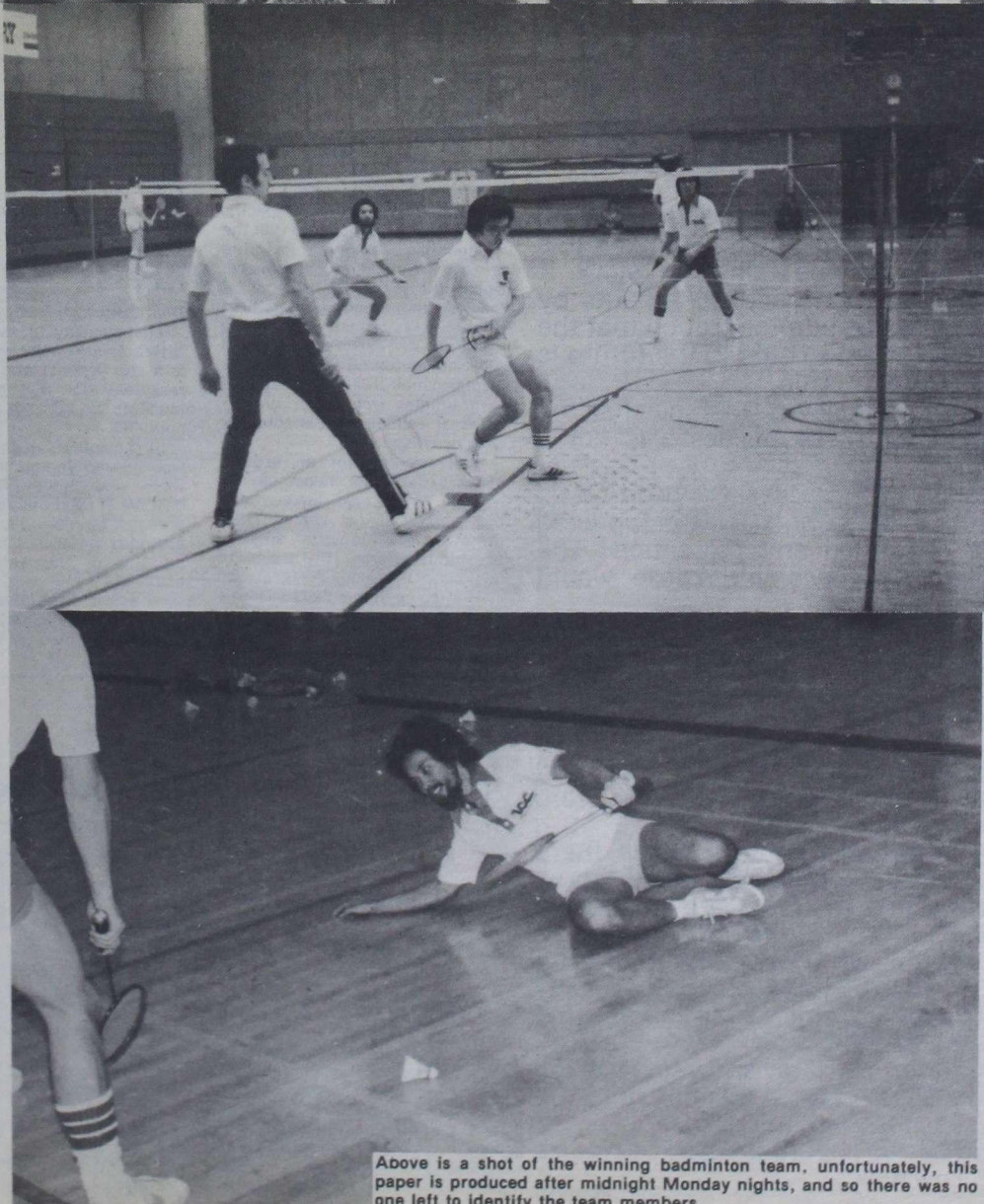


BCIT Team wins at badminton



**BCIT wins
Totem
Conference**

**story on
page ten**



Above is a shot of the winning badminton team. unfortunately, this paper is produced after midnight Monday nights, and so there was no one left to identify the team members.

EDITORIAL

Playing the game

S.A. Vice President Internal Tom Friedrich temporarily terminated his student council activities last Thursday. Claiming an overabundance of homework, he has asked to be excused from council and executive meetings until after the spring break.

Two weeks ago, expressing dissatisfaction with the way council was handling the draft beer issue, Friedrich cleaned out his office and submitted his resignation. It was only after a concerted effort by the executive that he agreed to withdraw it.

It now seems that Friedrich is playing some sort of game with the S.A. The constitution clearly states that executive members must attend all meetings of council and executive. Tom knows this. His excuse that schoolwork is piling up just doesn't wash.

Council rejected that excuse but acceded to Fiona Fraser's request that she be given until next meeting to talk the matter over with the recalcitrant Friedrich before considering disciplinary action.

However, certain members of council are irritated by the groups' wishy-washy manner in dealing with this issue, and see it as symptomatic of the lack of decisiveness on council.

It was this very lack of decisiveness that led to Friedrich's original complaints.

It certainly wouldn't hurt for council to set a precedent and crack down on Friedrich's delinquency. He well knew when he ran for an executive position that it would take up a certain amount of his time. It's a little late in the year to break in a new VPI, so any neglect of his duties by Friedrich can only be seen as an immature and irresponsible action.

But have they?

The administration appears to have given up the idea of using the gym for final exams this year. But next year may be a different story. It seems from conversations and statements by various members of the administration that the use of the gym for exam writing in the future is far from being a dead issue.

It continues to be policy of theLink that the use of the gym for these purposes is not a viable concept.

Firstly, exams take 5 days to write. It is during this time that students are most in need of periods of relaxation and recreation. The closing of the gym for any purpose would seriously hamper this.

If exams are written in the gym, the gym floor would be damaged and would have to be resanded more often and the floor relaid after a relatively short period.

A floor covering would cost several thousand dollars, would require time and money to put in and take out, and therefore would further restrict gym use.

Our final reason is the one to which there has been no answer. Nobody has convinced us that any facilities in the SAC are needed to write the exams.

The administration, if they really put their heart into it, could, we feel, quite easily accommodate all the exams within the existing rooms, with the existing staff.

Empire building, shirking and red tape are the reasons exams may eventually end up somewhere in the SAC building.

BCIT stands for Bureaucracy Cripples Institutional Teaching.

Letters to the LINK

Polytech

The Editors. Link.

Re: Polytech and B.Tech degrees

Suddenly the light dawns! Old sayings are remembered:

'The purpose of business is to serve the needs of the customer.' But who is the customer? What is the product?

In the case of higher education I had the naive idea that 'I', the student, was the customer; education was the product; and the institution operated to serve my needs.

After all, was 'I' not paying hundreds of dollars per term for this product, investing my own time and several thousands of dollars more to stay alive while I studied.

But I am wrong. This line is taken from a petition about to be circulated (according to LINK January 24):

'If or when future changes take place at BCIT the changes will be made to fill the needs of BC Industry and will only be implemented when such needs arise, as dictated by Industry.'

And an article in the EXPRESS based on an interview with D.J. Svetic who is formulating the proposal for a 4 year B.Tech program says the same thing no less than 5 times -

... BCIT would be better equipped to serve local industry ...

... through the demands of industry ... we try to serve ...

'The next step after that is for us to get industry's support.'

'... that will provide industry with high quality technologists ...'

'Each BCIT program will have to be studied in relation to industrial needs ...'

Not one word anywhere about my (ie. student) needs. They are not synonymous. I suddenly realize that 'Industry' is the customer: 'I' am the product ... manufactured to suit that customers needs.

BCIT serves its customer well. It has a good product which it provides him at a most competitive price. The product is locked in to the customers own specific needs: for the 'education' that the product has been given, has little or no application elsewhere. Check the matter of transfer of credits to other universities! Check how industry generally treats a 4 year B.Tech. from Ryerson compared with the 'professional' treatment they give to graduates from other universities or schools in Canadian or U.S. or U.K.

Now training for an organization's particular needs is not wrong. The armed forces have been doing it for years. Then there are the industrial apprenticeship programs. IBM trains its own people 'in-house'.

They can call the shots because they are paying the total cost.

Sometimes I feel that the student is being conned into paying, thinking that he is getting an education that serves him, when he is merely being packaged

'He who pays the piper calls the tune', other old saying ... somewhat less valued.

Yours sincerely
G.R. Heath
Dip. Tech. Mechanical 1978

Business issues challenge

We, the Business Executives' Club (Super-League hockey team) wish to extend our sincere congratulations to the Engineers in their fine effort against Forestry last weekend. The quality of hockey was excellent and we look forward with earnest to our final meeting, the Championship, on Friday (March 2) at 8pm.

We would also like to acknow-

ledge the superb effort on behalf of the Forestry Mean Machine - you certainly made it exciting! As for the Health and Welfare squad - the season certainly wouldn't have been the same without you! All kidding and lopsided scores aside, you guys really know what the game is about - playing from the heart and the head, not the muscle. Thanks for an enjoyable season.

Incidentally, we feel it's great that the Engineers have so graciously offered to award 5 CASES OF FREE BEER to the most enthusiastic spectators! Way to go guys! The Business team has also come up with the with some rewards if the 'winners' turn out to be female. See ya Friday!

E.G., Public Relations.

Who is this guy

Dear Editors:

Why don't those surveyor students do any work like the rest of us? All they do is:

1. Stand around holding up sticks.
2. Throw rocks at ducks.
3. Hang plastic ribbons all over the place and
4. Look at girls through those funny little telescopes

Also, I would like to know how I can become a surveyor student.

Brian Jaggard

Get a diary

Dear Editor:

I can't believe it. I just had my weekly Wednesday "cringe". How can you allow Pat Muller's column to take up space in a post-elementary school newspaper? Her "writing" should be in a DC Comic called "Lovelorn/Lovelost", and that's only if she can learn to draw.

There have been enough funny letters about 'P' and 'P'. This letter is to you, the editors, out of respect for journalism, BCIT, and your attempts to put out a newspaper for everyone here.

Please, please fire your columnist who admits (The LINK, Feb. 14): 'I write what I feel and I love writing stuff that makes no sense to anyone but myself.' Tell Pat that 5 year diaries are at Woolworths for \$1.99.

Cindy Ott 12 E-1

(I'll sign my name even though loving Pat wrote of her last critic--'If I ever find you, I'll flatten you, you bitch.' I rest my case.)

Racist

Dear Editor:

The quantity of racist graffiti scrawled on the walls of BCIT is a slur against and an embarrassment to the majority of students who do not share these opinions.

If the authors of this nonsense would stand up and publicly state their views, they would then deserve at least that respect due a personal opinion. Secondly, their attitudes would not taint the reputation of the entire student body.

However, the above paragraph is an idealistic desire because this trash is scribbled by creatures so

cowardly that they must cower in a toilet cubicle in order to have the courage to express their beliefs.

Finally I wish that the only place you antisocial turds who write this crap would be tolerated is in the shithouse and only then if you flush yourselves along with your excrement.

You nauseate me!!

Larry Talson
C&S

Note to BJ

Dear Editor,

I just thought I'd let 'B.J.' know he isn't alone. We are here, but not in the washrooms. The washroom was our closet. Only homophobics hang out there now. But, increase the gay conscience on this campus? Ha. That would be a monumental chore. I'd want a salary for that job.

Thank you, Liz, for bringing forth the subject. Many happy 'B.J.'s in return.

Sincerely,
G.B.

Another P.

A letter to P Muller and her non-admirer:

Ladies, ladies, PULEEZE! Your conduct is not fitting for future technology graduates from BCIT. Now Patty, if you really want to scratch out Georgia's eyes, have the class to ambush her in an alley way, rather than announcing your intentions to the whole school. Remember: technologists are sneaky! And Georgia, now really, writing poison pen letters is not 'De Rigueur' (unless you're in Broadcast Journalism). Now I want you two to shake hands and part friends. --No, no, don't arm wrestle! Hey, cut that out! Patty, quit trying to choke Georgia. Hey! Georgia, stop stabbing Patty. No! Now, unless you stop that I'll report you to Donny. OWW! Hey cut that out... YOUGH!!

Now look what you've done. I'll never sing bass in the church choir again.

Yours Truly,
Reverend M.

FM station

BCIT Radio Society
(F.L. Sanderson)

The Commission considers that this application for an educational FM station has not fully realized the potential for Class B channel which is capable of accommodating an effective radiated power of up to 50,000 watts.

This proposal, as presented to the Commission, appears to be primarily for the purpose of providing a training ground for the radio students of the British Columbia Institute of Technology. While the Commission recognizes the merits of this proposal, it considers that the proposed station would underutilize a scarce FM frequency which has the potential to offer a more diversified service to a wider audience. The application is therefore DENIED.

Link

'A newspaper's duty is to comfort the afflicted and afflict the comfortable' — John (not Henry) Winkler

THE LINK is published every Wednesday during the months of September, October, November, January, February, March and April by the Student Publications department of the Student Association of the British Columbia Institute of Technology.

Opinions expressed within are not necessarily those of the BCIT Student Association or (god forbid) the BCIT Administration. Editorial submissions are welcomed. Letters should be typed and signed and may be edited for taste, length and libel.

Deadline for editorial and advertising copy is Friday, 3 p.m. Circulation 2,500. Listed in CARD.

EDITORS: Dave Sherwood, Don Wright

3700 WILLINGDON AVENUE, BURNABY, B.C. 434-5734 loc. 615

carpet sweepings

by Robert H. Owen Esq.

Kahoo Who?

For those of you who may have missed it, the last eclipse of the sun by the moon in this century was one of the usual scientific non-events. Remember the great Kahoutek (or whatever) comet that was supposed to light up the sky a couple of years ago? I remember seeing articles on how great the event would be in just about every quasi-scientific journal and magazine by any and all quasi-scientific writer who could find a pen. In the end it was possible to see it through a very, very powerful binoculars for about three days (all of which were cloudy in the Vancouver area.)

The great information explosion has once again got egg on its face. For weeks before the scheduled event we were warned not to stare directly at the sun for fear of eye damage. The Optometrists even banded together and recommended that people watch the event on the idiot box instead of in person. (as it turned out this was the only way to see it in Vancouver). One of the more amusing statistics put forth to justify such statements was the mention of 148 cases of retinal damage reported during the last eclipse. Frightening until you realize the potential audience of the event was more than 50 million. Of that group some ten thousand probably died or were murdered within the next seven days.

As has been said more than once, there are three degrees of lies; there are lies, there are damn lies, and then there are statistics.

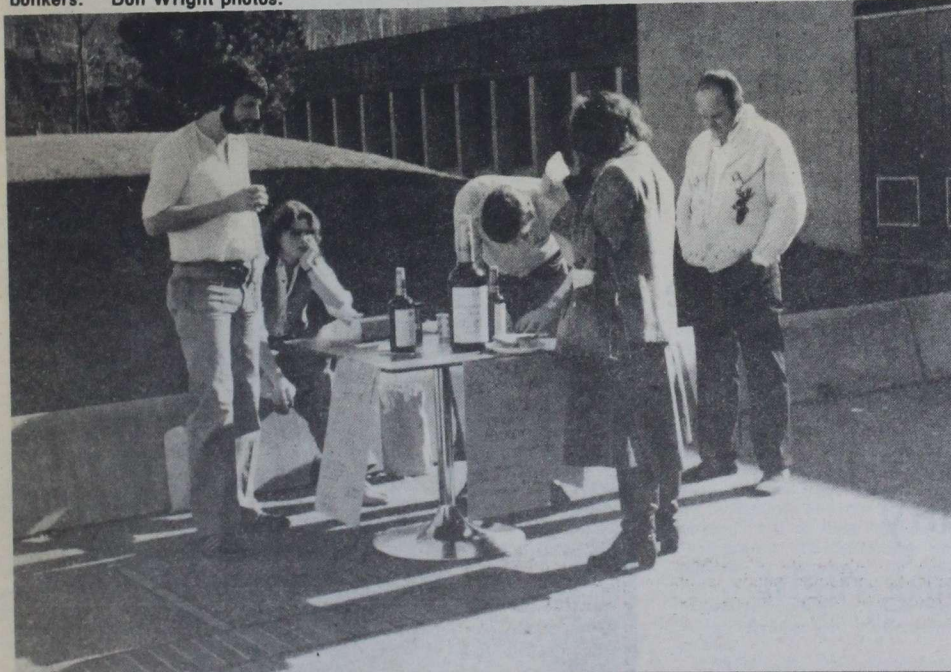
Seems that the Toga Party was not as successful as it could have been. Sponsored by Environmental Health, there seemed to be only a few people from that tech present. Pity, it could have turned into a real orgy of fun had the right atmosphere been generated. Airshow is a reasonable band when they want to be.

Note to Mary-Anne: Hello again, naturally. Love and a hug. Robert.

At far right is someone using the new bond copier which will give you copies as good as, if not better, than any other copier on campus, for only a nickel.

Below is a shot of some Wood Product people selling tickets on a day sunnier than those in the past couple.

Far below, fast becoming the most popular machine, these new electronic pinball machines are driving all within earshot absolutely bonkers. Don Wright photos.



Food for thought

Some shopping tips for students on a limited budget.

Canada's Food Guide:

Milk and Milk PRODUCTS:
Children up to 11 years 2-3 servings
Adolescents 3-4 servings
Pregnant and nursing women 3-4 servings
adults 2 servings

examples of 1 serving:
Skim, 2 per cent, whole, butter-milk, reconstituted dry or evaporated milk may be used as a beverage or as the main ingredient in other foods.
Cheese may also be chosen.
Examples of 1 serving:
250 ml (1 cup) milk, yoghurt, or cottage cheese
45 gr. (1½ ounces) cheddar or process cheese

Meat and Alternates:
2 servings
Examples of one serving:
60 to 90 g (2-3 ounces) cooked lean meat, poultry, liver, fish.
60 ml (4 tablespoons - peanut butter)
250 ml (1 cup) cooked dried peas, beans or lentils
80 to 250 ml (½ to 1 cup) nuts or seeds
60 g (2 ounces) cheddar, process or cottage cheese
2 eggs

Bread and Cereals:
Whole grain or enriched. Whole grain recommended. 3-5 servings
Examples of one serving:
1 slice of bread
125 to 250 ml (½-1 cup) cooked or ready-to-eat cereal
1 roll or muffin
125-200 ml (½ to ¾ cup) cooked rice, macaroni, spaghetti

Fruits and Vegetables:

4-5 servings. Include at least 2 vegetables. Choose a variety of both vegetables and fruits -- cooked, raw, or their juices. Include yellow or green or green leafy vegetables.
Examples of 1 serving:
125 ml (½ cup) vegetables or fruits
125 ml (½ cup) juice
1 medium potato, carrot, tomato, peach, apple, orange, or banana.

Cost Comparison of foods from the 4 food groups
Milk and Milk Products
More Expensive Choices
commercial yoghurt
ice cream
individual canned puddings
milkshakes

Less expensive choices
buttermilk
cheddar cheese
homemade yoghurt
milk
homemade puddings

Bread and Cereals
More Expensive choices
instant rolled oats
ready to eat cereal
many crackers

Less expensive choices
most cooked cereals
spaghetti, macaroni

noodles
white or brown rice
whole wheat or enriched bread

Fruit and Vegetables
Expensive
avacados
individual can fruit
fancy grade canned peas
fresh strawberries
mushrooms
our of season fruits
and out of season vegetables\$
and out of season vegetables

Cheaper
apples, bananas, cabbage
carrots, frozen orange juice,
frozen peas, onions
potatoes, turnip

Meat and Alternates

Expensive
canned red salmon
corned beef
cornish game hen
lamb chops
round roast
shrimp
t-bone steak

Cheaper

canned tuna or mackeral
chicken
dried beans, peas, or lentils
eggs any form
frozen fish fillets
hamburger
peanut butter
pork liver
turkey



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THE ROCKPILE

by Don Wright



The TP Record Review

Well, Smiley told us here at TP that the TP Record Reviewers were aiming at a very small audience. Those type were the only ones who knew what I was talking about. Take heart in knowing that nothing is going to change in this weeks issue. (in actual fact, this column was, is, intended to broaden the available listeners scope than just the AM and FM radio included).

So, now that that is out of the way, this weeks humble offering goes towards those instructors here who believe all my taste is in my mouth. (and I guess anybody else old enough to remember).

The other night, after diligently studying and knocking back a few brewskies, we at TP decided to go a bit different route for this week's issue. After some searching and some help and guidance from the makers of the TP Reviewers, we were given the following note:

'Every early black, their picks and their pigeons gather at the corner jam and glue joint to listen to the booming of the boilers, blare of the push-pipe and squeal of the gut box while they watch some of the 'Gators come on like gang busters while cutting a rug and a wren warbles a vocal.

Some of the pigeons are main queens, some are just queens, others fausts. The jacks beat up their chops to find dinners while they hand the skin around. In one corner are the ickies, and in another, those toggled to the bricks.

Mep cats barrelhouse while the smiling front man beats the air for the cats in the bawk box, the putty blower hits the armstrong amp one in the bar and the cine fill the breaks forever.

All together, the clam bake is out of this world and when it's over, the jacks and their pigeons

slither to their pads.

Well freak your noodle. It's all a frothy mess to all those cats that like jam sessions. author so far unknown

All that about is just a description of a concert. No big deal. Right? Now for all you orchidoceas scuts (or banters built on coke frames, if you prefer) and jacks a little bit of a translation plus a few more choice bits is in order don't you think?

Instruments

Trombone - Slush pump or Push pipe
Harmonica - Harmonica
Guitar - Belly Fiddle
Trumpet - Iron Horn or Plumbing
Saxophone - Gooble pipe
Piano - Mothbox or 88
Accordion - Groan Box
Drums - Voodoo Boilers
Tuba - Grunt Horn
Bass Fiddle - Dog House
Organ - God Box
People and Things
Alligators - Swing fan or Jitter bugs
Monkey Hurdler - Organist
Sliver Sucker - Clarinet player
Skin Beater - Drummer
Paper Men - Musicians who play by notes only
Hey Cats - Swing Musicians
Lovely Canary - Girl Vocalist
Tin Ears - Dislikers of Swing
Bogie Men - Critics who say what they like
Chief Ridemen - Ace Musician
Gut Bucket - How down Music
Spooks - White musicians
Now, what do you think of the Disco? It's even stranger than some of the things you come out with.
Now really, what kind of language is that you say, or 'and out parents think our language is strange?' It's an endless argument. The above is classic ramblings. Who knows maybe some day - Get down and boogie

or Boogie oogie oogie, or even I'm your Boogie man' will someday become entombed in a time capsule for those lucky people in the distant future to set their eyes upon. What do you think hockey/ soccer? Roger? Maybe someday ...Oh those lucky people.

Student wins award

Goria Sparks, a BCIT Continuing Education student, has been chosen the winner of the Vancouver Soroptimist Award of \$300. She is now eligible to compete for a Regional Award of \$1200 and the National McCall Life Pattern Fund of \$2500.

The Soroptimist Club is an international women's service club. The Vancouver Club, organized in 1926, has since made several substantial financial donations to such causes as the Indian Foundation and has also financed the construction of many housing projects in Vancouver.

In addition to sponsoring a scholarship for grade 12 students, it sponsors the Soroptimist and McCall-Life Pattern Fund Training Awards. These awards are to assist mature women in upward mobility and in their efforts towards retraining and entry or re-entry into the labour market.

Applicants are judged on such qualifications as past performance, community interests, job accomplishments, need and career goals.

Gloria Sparks' career goal of attaining a position where she will be able to assist other people in planning their careers makes her a very worthy winner, and an excellent candidate for the Regional and National Awards.

Dire Straits

This review may turn out a bit of a mess by usual standards. I've just moved into Maquinna and I left a lot of my records at home, Dire Straits included. Fortunately, however, I had made a tape of the album for my car, so I'll give it a try anyway.

Dire Straits. The name does not conjure images of anything in particular. Rather, it sounds somewhat depressing if anything. The album art is not encouraging either, a blurred photograph of a lonely figure on the front, and plain photos of the group members on the back. Okay, put the disc under the needle and listen to it. So much for judging a book by its cover. Although the album doesn't jump out at you and reassure that all is well, neither is it a message of disaster.

A lot of comparisons have been made. Everyone likes to be able to say that 'the singer sounds like so and so', or that the group is a such and such soundalike. The suggestions include Bob Dylan, JJ Cale, and Eric Clapton among others. All fair comments, but the fellow does have his own definite sound.

In addition to the unique vocalist, the guitarist cruises along, sometimes in the background, sometimes right of front, but always with a characteristic laid back blues flavoured feeling.

The tempo of the entire album is, in fact, easy to digest, laid back rock.

A number of the songs have been receiving a lot airplay lately. 'Sultans of Swing', 'Down to the Waterline', and 'In the Gallery' have all been featured.

One possible reason for the marked popularity of this album is the fact that it is actually a compilation of the best from the groups two home (overseas) releases. I just hope they don't rush out a second North American release before they have an album full of material as fine as this album.

The Answer II Discotheque

If you think wet t shirts are great,
try our wet nightie contest
Every Wednesday

This week is grand opening night

\$100 1st place

\$50 2nd place

Guest
sprayers

prize for every ladie who enters

come
early

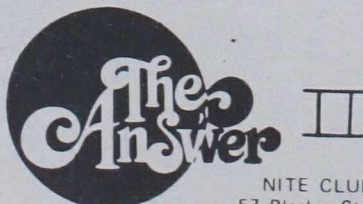
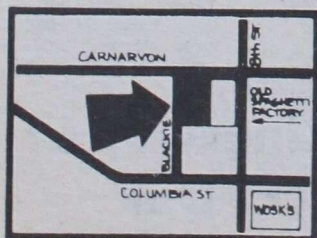
Every Thursday nite is LADIES Nite

come early - doors open at 7:00pm

male dancer & gifts for all ladies.

contests and entertainment too,

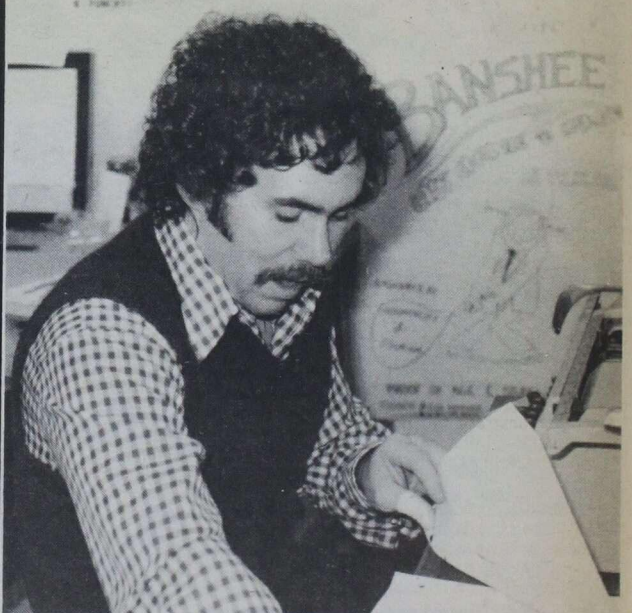
No cover ladies



NITE CLUB
57 Blackie Street
New Westminster
522-0011

behind the Old Spaghetti Factory

introducing...



Beer makes it better

By Dave Pentland

Kootenay Stew'

1 lb. hamburger
1 tin mushrooms (whole)
1 green pepper
1 bottle of beer
4 or 5 large carrots (partially boiled)
3 medium sized potatoes (boiled)
1 tin mushroom soup

1. Brown hamburger, drain fat off and add 1/2 bottle of beer, simmer for 5 minutes.

2. Add sliced green pepper, mushrooms, mushroom soup and 1/2 bottle of beer (if it hasn't

been consumed by chef)!

3. Partially cook the potatoes and carrots in boiling water, then slice and add to stew when tender.
4. Simmer for as long as the chef is sober, stirring whenever you remember to do so.

This recipe will serve two hardy gourmets or 1 intoxicated chef and 2 medium sized appetites.

All recipes reproduced in this column have been consumed by me with no apparent ill effects, but I take no responsibility for the strange acts performed by intoxicated chefs on innocent bystanders.

PLAYPEN

by Leith Fyfe

Westcoast Actors is following quickly on the heels of their hit **The Doctor In Spite of Himself** with **Absent Friends**, which opened February 15th at the Studio Theatre. This new production has the honour of having not only the same director as **The Doctor In Spite of Himself** but also two of the equally talented actors.

The action, according to the program, takes place in a contemporary home in England. The setting is an afternoon tea party, and the plot involves the complex relationships between married couples and estranged friend. The results are continuously amusing, and well worth an evening out.

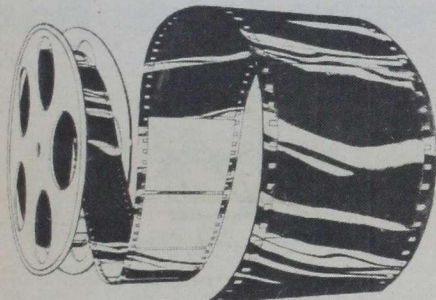
Goldie Semple plays Diana, the hostess, opposite Allan Gray as her husband Paul. Gray recently appeared as Sgnarelle in Westcoast's last production, and as well, played with Goldie Semple in **The Shadow Box** for the Arts Club. Both carry off their protagonistic roles with accomplished ease as they play reluctant hosts to Nicholas Rice as the guest of honour. Rice, who also appeared in **The Doctor in Spite of Himself**, plays Colin, the friend who hasn't been seen for three years, and has just suffered through the death of his fiancé. Also present at the party are John, another old friend, and current business partner of Paul, played by Andy

Maton, his subdued wife Evelyn, played by Kim Seary, and Diana's friend Marge, played by Trish Grange. The unlikely grouping provides plenty of humour, along with insight into personal relationships, as the play wears on. The communication gap between Dianan and Paul is widened considerably as it comes out that Paul has had an affair with Evelyn, and conventional politeness very nearly flies out the window. It also becomes apparent that the 'dear old friend' Colin was never particularly well liked by his friends, and it is obviously the wives that instigated the reunion.

Director Kathryn Shaw has had an admirable cast to work with, and the only real problem with the show is a peculiarly slow pace, which would no doubt vary from night to night, and perhaps was only uncomfortably slow on the one performance that I caught. The set design was comfortably suited to the production and worked well.

The cast members had comparably sizable parts, and all performed well, with no one performer standing out in particular, at least in my mind. Kim Seary should be commended for taking a role with very few spoken lines, and still managing to develop a strong characterization.

Absent Friends should be particularly appealing to those who have left good friends behind them to build a career at BCIT, and have since found that absence makes for strange relationships. However the show is of general appeal, and can be seen at Presentation House at 8:30 nightly, until March 11th.



REVUE

The following films are selected for your viewing pleasure by the BCIT Librarians. Films may be borrowed at Film Bookings and previewed in Listening and Viewing.

FD113 50 minutes
Majestic Clockwork
The contributions of two scientific giants...Newton and Einstein bring physics out of the shadows; the demonstrations with light are particularly informative. (One of the **Ascent of Man** series.)

FB 296 17 minutes
Soil Corrosion of Pipelines: Pt. III Cathodic Protection with Galvanic Anodes

Discusses causes of corrosion and the part played by ANODES in preventing it; covers the effect of soil conditions on the use of different shapes and sizes, methods of locating areas to be treated and installation of anodes.

FB 525 16 minutes
Alcohol: Crisis for the Unborn
Sobering look at the facts about drinking and pregnancy. Researchers can't say what blood level of

alcohol is safe for each woman. The poor mental and physical development of a son of an alcoholic mother is contrasted with that of a normal child.

FC 628 28 minutes
Fitzray
This is what it's like to climb a major mountain peak; four renowned climbers reach the top (11,073 ft.) of Mt. Fitzray in Patagonia.

FC 630 and 631 56 minutes
The Club of Rome
Here is a documentary from the CBC that raises more questions than it answers. You may remember the Club's controversial report, **Limits to Growth**; this film presents the background.

Fa306
Using Sound in the Sea
11 minutes
This film asserts that the ocean will rival outer space for scientific activities and wets our interest in these possibilities. Echo sounders and other devices aid in exploration for offshore oil and gas; nets operated by sound catch fish for study by marine biologists and a 'side-scan sonar' uses sound like light to map the sea bed.

OPTOMETRIST

J. W. Russell, B.Sc., O.D.

OLD ORCHARD SHOPPING CENTRE

#2-4429 KINGSWAY
Ph. 437-4515

The performing arts department of BURNABY CENTRAL SCHOOL, including the band, choir, drama, and stageband, are raising money for performing arts tours by collecting old license plates from Feb 21 to March 3. Drop off for plates will be in the SAC.

P. MULLER'S SPACE

by P. Muller

The art of drinking

This topic was chosen because of its relevancy, frequency, and lack of anything else to write about.

Drinking is not something to play with; it must be taken seriously. One cannot merely swallow liquid all evening with no control. If some liquor is known to cause illness, or mixing drinks is known to rile the stomach and eventually deposit its contents on the nearest wall and floor tiles; one should be wiser than to consume the offending drinks. Pukeing just is not cool. Simply classless.

Limits must be recognized and adhered to. One should know which what will do what to whom. That way there are no surprises at the end of the evening and mild strokes when your vicinity upon awaking is not known and neither is your bedpartner.

When the results of all levels of consumption are known, there is always the tiniest element of control present no matter how much blood has been replaced with alcohol. Therefore, the true drinking artist does not throw up, does not suffer the misery of hangovers, remembers every

thing, can do everything he/she normally does (and more!) and never has mild strokes.

A toast to the preservation of this art!

ONLY ONE NIGHT?

Paula was hyper. She'd been waiting for this night for an entire week. The snow added to the expectancy. It was beautiful. She wished she wasn't so stoned. It seemed a little too unreal. Hyper was building. She almost got an ulcer waiting for the bus.

Paula took one last breath and pulled open the door; and then just stood, taking it in. It was so perfect. There they all were. The same smiling people working, her friends and...and there he was. He saw her first and held her gaze. His eyes. They had such depth, even at this distance. They seemed to pull her right inside him. Then his face broke into a smile and he winked at her, she was released. She could move to her table now.

Paula really didn't see him much during the evening, but what she did see of him was rather intimate. He held her hands and kissed her neck and tasted of her ears....He became

progressively more inebriated, and began asking blunter questions... 'what do you want from me?' to which she whispered 'I want to take you home with me'.

Unfortunately it didn't quite work that way. He took her home with him. Paula saw the darkness of the night disappear and become light. She regretted being stoned. Making love when you're stoned never works as well as when you're not. zshe regretted not giving him her best. But other than that she had no complaints. Without a doubt, she really liked thi guy. She could say things had gone well and he'd reacted the way she'd hoped. She just prayed he was for real. Paula was had easily and she didn't like it.

Dear CB George,

I am going to reply as if you were an adult, although you've carried the meaning of the word 'child' to its extreme.

Further, I do not reply to criticism. Its to be expected. You have not critised; you have attacked me personally. THAT I reply to. However, this will be my last reply to you as your words contradict each other. You criticize AND you insult. You can't seem to do one without the other, although you claim to. That is why I called you immature (ie can't just look at things objectively when required to - get the picture?)

Following are examples of your stupid mistakes:

'mindless, self - possessed way...' 'lack of intelligence' 'don't delude yourself to justify...' 'must vocally deny an addiction - has one' 'only to infants' 'don't flatter yourself...you're a joke...'

Personal attacks upon more attacks. Come back when you can be objective, lady.

Love, P.

Darling m.m.: Der vill be ein 'Easter Column'...und you vill like it!

Test your mind

Bob Brenner of 1st Year E&E

Have you ever wanted to test your wit? Well, I am going to supply puzzles on a weekly basis beginning today.

I realize that you may wish to get the solution so the answer will be supplied the following week. These puzzles are not of my own creation, but from a book of puzzles.

So, to begin, here is the first puzzle.

1. The letters of the alphabet can be grouped in to four distinct classes:

The first thirteen letters establish the categories:

A M
B C D E K
F G J L
H I

Place the remaining letters in their proper categories. Answer next week.

WE CAN FIX IT!!
TELEPHONE ANSWERING MACHINES
CALCULATORS
DICTATION EQUIPMENT

all makes and models
CAL-Q-TRONICS
4857 Kingsway, Burnaby
438-6496 [upstairs]

TOTAL EMAGE

HENNA SPECIAL

FOR THE WHOLE MONTH OF FEBRUARY

REG \$10 NOW \$5

cut and blow dry extra

Great prices. Located in the SAC

The Salvador Deli operates on a build your meal strategy. At dinner, the menu offers a choice of salads, sandwiches, burgers, munchies (such as raw veggies with dip), seafood, quiche and more. Many of the choices come in small or large servings, so you can combine a bunch of small goodies or go all out on just one or two. At lunch, the selection is about the same, but you place your order at the salad bar.

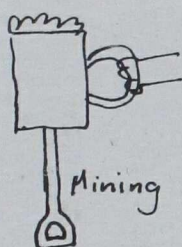
My two trips to the Salvador Deli have covered lunch and dins. At lunch I tried a 'small' avocado salad and didn't need anything else. For dinner, I had homemade soup, a piece of quiche, a stuffed green pepper, and was really happy. Not only did everything taste great, especially the soup, but it looked as if a little thought had gone into the preparation. The dishes were definitely saved from that 'slap it on a plate and serve it' look.

As for dessert, cheesecake fans take note. This place has good cheesecake, there is no other way to describe it. It is worth going there just for this taste treat.

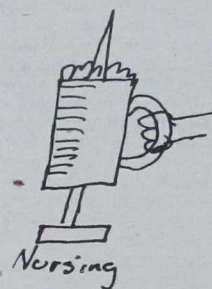
That's not all, there also is a super lemon souffle, chocolate

One of the most popular activities on the BCIT campus is beer drinking. Below, presented for your edification, is a guide on tech spotting by beer mug identification through format recognition or

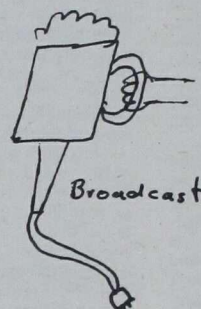
"Know thy Mug"



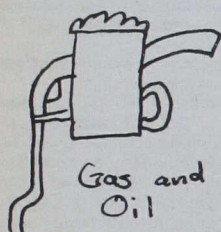
Mining



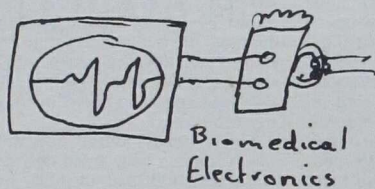
Nursing



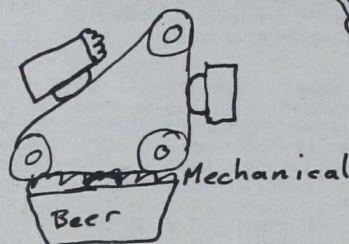
Broadcast



Gas and Oil



Biomedical Electronics



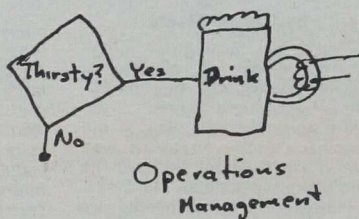
Mechanical



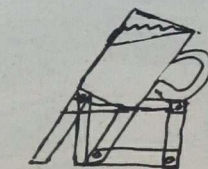
Finance



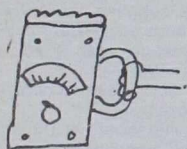
Tourism



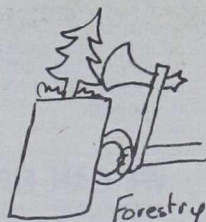
Operations Management



Civil and Structural



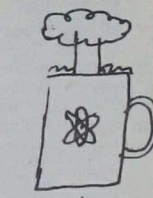
Instrumentation



Forestry



Computer

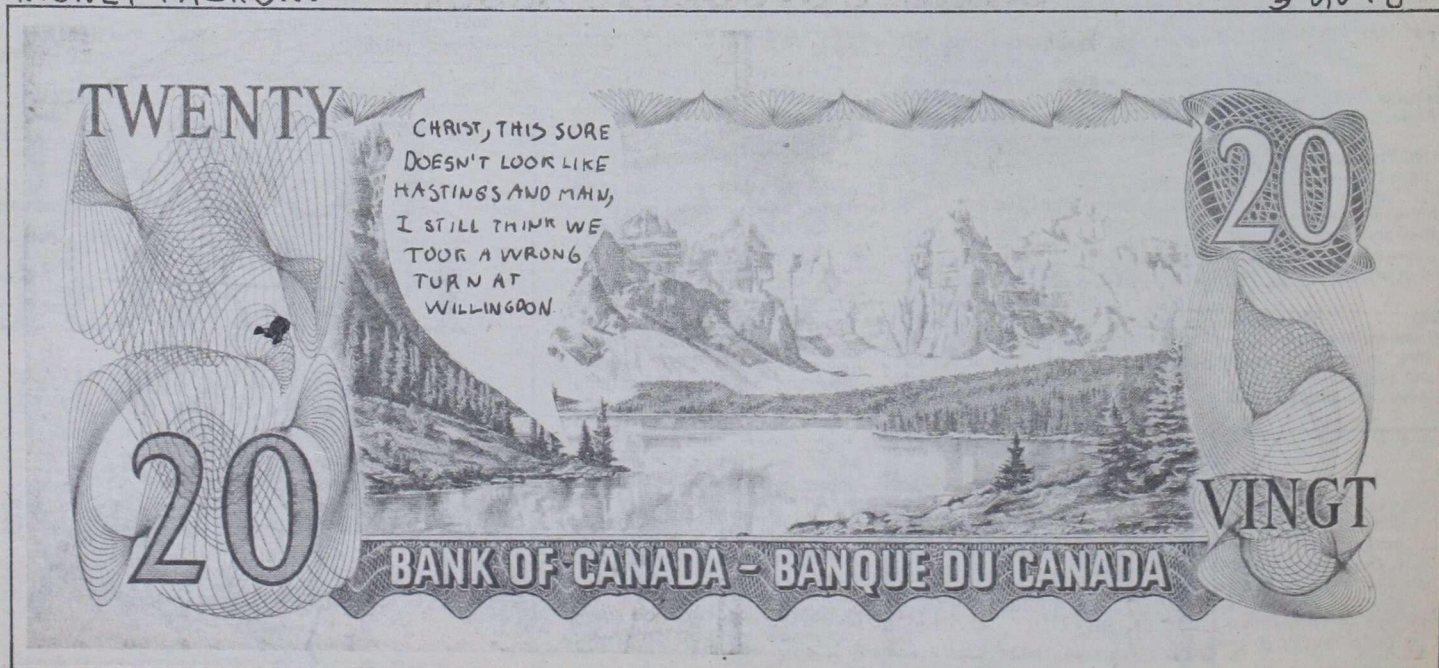


Nuclear Medicine

Sherwood

MONEY TALKS...

by D.O.P.O.



what's happening

FEBRUARY

today

the IVCF sponsors SECOND WIND
in the SAC during lunch

The pub will be closed March 3 due to high school basketball tournament.

March 8 - Ladies Nite
last dance before
the spring break

March 23 & 24
Loggers pub
and Shinbarker Dance
with
BLUE NORTHERN

DISCO DANCE CONTEST
SEmi - finals to be held MARCH 8,
finals MARCH 29

5 semi-finalist will be picked and awarded
\$20 gift certificates
the finalist on March 29 will receive \$50
and will enter the contest at UBC

April 8 at UBC there is going to be a Disco dance contest
with couples from each of the provincial post-secondary
institutes (UBC, SFU, BCIT, Douglas, Cap, Caribou, etc...)
ten couples will compete for an all-expense
trip to Las Vegas

all contestants in free

would anyone like to see the CANADA BALLET perform on campus sometime?

CHINESE STUDENTS ASSOC

is having a barbeque lunch/picnic/horse riding
on March 14 at the Alpine Riding Academy
meet at Campus Life Tral trailer at 9am

Transport \$1.00

picnic fee member \$1.00

non-members \$2.00

Horseback riding \$5.00 (optional)

tickets available at the Campus Life Trailer

deadlines horseback tickets March 6

Picnic tickets March 13

Questions Val 980-9260 EVERYONE WELCOME

the pub is open from 4:30 - 11 mon - thurs
and 3:30 - 12pm friday

lots of good stuff coming

RECREATION

Intramurals

By Les Bjola

Karen is in shock today - she got the rough draft early! After today it will be all over. Volleyball will finish, basketball finished last night, and hockey will also finish today. Super hockey ended last Friday with playoffs set for this Friday.

When the dust settles, we will have all the champs sorted out, the trophies engraved and ready for the sports banquet on March 30th. Tickets for the banquet are now on sale in the TNT (main) and from the members of the CRC. They are only \$5.00 so avoid disappointment and get your tickets early. Last year's banquet was a wild time and this year proves to be even better.

Volleyball - today is the finals and the 78/79 champions will emerge, at 11:45 - Chem and Met vs Environ Health (this is to determine coed champ)

At 1:00 - C&S 1 vs Building

These games will be 3 out of 5 with no time limit - please be on time for your game!

Basketball - Last night saw the semi-finals decided and possibly even the champions. The winners of the semi-finals were given the choice of playing last night or playing next week. So - next week will have the results either way.

Mens Intramural Hockey - in the semi-final game played last week, Building gradually wore down a valiant Forestry team by a 9-3 score. Building had the edge on calibre players and also Forestry deserves credit for giving their girl member equal shifts throughout the game. What a way to go, gang, that's intramural fun!

So, today the big climax to all the games...Survey (the league winner) vs. Building at 12:15 on the Blue Rink for the trophy and T-shirts. Should be a close scoring game.

Super Hockey League -Business (the league winners) will be

meeting the winner of Engineers and Forestry game. More results in this section.

Free Skate - today is the last day for this activity. Come on down, it's absolutely free and fun, too!

NOTE: As playoffs are underway in most activities and mid-term exams are rapidly approaching, a gentle reminder: we are not playing for pay or international honour. So enjoy yourself, your friends, opponents and referees. Don't get too hyper if you lose or if a bad call goes against you. Campus Recreation is for fun, exercise and a brief respite from those books. Have a good day!

Other News: we need your help. In order to determine whose contributing the most to the sports, etc., could you take 2 minutes and fill in the form found in the Link and drop it off in either the Athletic Office or in the Campus Life trailer.

The Over-The-Hill-Gang challenged a group of students in a game of Basketball. It was one hell of a good game. The final score was 80-71 for the Over-The-Hill-Gang, but was described as a very fast, clean game - the way it should be played.

As soon as all the breaks, Open House, etc. is over, the Spring roundup of sports will begin. We are working on softball and soccer right now.

Tentatively we will play on Tuesday nights, Wednesday noon and Thursday nights. Problems in the past have been that people sign up but then can't make the night games - so - if you know that you can't be there, don't commit yourself. Night games are around 5:30-7:30 in order to get the daylight.

We are having a problem getting backstops for the softball but hopefully we'll have this solved in time.

We hope to get 12 softball teams and 12 soccer teams - coed preferably. There will be no officials in softball, but there will be 1 referee in soccer.

Clubs

By SUSAN SNYDER

Aerobic Fitness - due to popular demand another session will be held starting on March 19th, 4:40 p.m. in West Gym of SAC. This will go three times weekly (MON-WED-THURS) Fee is \$15 payable at the Campus Life trailer or at the first session. Please contact local 845 for pre-registration information. We must have 30 members for this programme to go.

Rhythmic Gymnastics -trampoline and tumbling are offered by Sherri Clarke of the Athletic Department every Tuesday evening, 7:30-9:30 p.m. in the SAC gym. Beginners are welcome too!

Jazz Pop Choir - rehearsal is Tuesday at 7:00 p.m. in the SAC Boardroom. Interested singer? see Greg Marquette.

Jazz Big Band - rehearsals are Monday evenings at 8:30 p.m. and Saturdays at 10:30 a.m.

Boxing Club - sound interesting? Wally Rowan is working out a program now, so if you would like to join, drop into the Campus Life trailer or phone local 782.

I.V.C.F.: today '2nd Wind' will be playing in the SAC Cafeteria and the regular meeting will be cancelled until next week. Hope to see you then! Your I.V.C.F. rep is Perry Daciuk (936-3670).

Outdoors Club - meeting today at 11:30 in room D207. We'll be making final plans for Manning Park Trip (March 11,12,13) so everyone who has signed up, please attend.

NOTE - with only 10 more days until Spring Break, many of the clubs are slowing down for exams. As you may already know, the C.R.C. is having their annual banquet on March 30th and will be awarding trophies to outstanding participants. If you know if someone in your club (or another C.R.C. activity) that would be

eligible for one of these awards, fill out the nomination form printed in this week's paper and submit it to the Campus Life trailer or the Athletic Equipment Dispensing area. If you have any requests for clubs after the Spring Break or any questions, feel free to contact me c/o Wally Rowan in the Campus Life trailer.

Extramurals

BADMINTON

The Totem Conference Championships were played this weekend at BCIT. The 4 top teams - BCIT, VCC, Douglas College and Caribou College, played off in a single round knock-off tournament.

BCIT won the Championships and the Gold Medal for the 1st time by out pointing VCC for the 3rd time in so many tournaments. BCIT's Solaiman Jonatan (Chem & Met) was the star of the championships by winning the Men's Singles and allowing his opponents only 14 points in doing so. Other medal winners were:

Fred Lam and Ed Foucher - Men's Doubles - Gold
Roger Catiacho and Julie Hamilton - Mixed Doubles - Gold
Allison Turney - Women's Singles - Silver
Ameeta Manerikar & Karin Blixt - Women's Doubles - Silver

Since BCIT won the Totem Conference Championship they now qualify to compete in the Four West Championship which will be held at BCIT on March 9th - 12th. The Cougars are rated as one of the top teams and if they play as well as they did this weekend they should be in Montreal the following weekend playing in the Canadian Championships.

Incidentally, the actual Totem Conference trophy was originally donated by the BCIT Student Association, and this will be the time BCIT has won it.

Val Karpinsky should be commended for all the effort he has put into helping make this year's team a winner.

VOLLEYBALL

The season ended on Sunday for both the Men and Women's teams when they were beaten 3-1 and 3-0 by Douglas College. This brought the end to a disappointing season for the Cougars who only managed to win 4 out of 46 games. Hopefully, next year the Cougars will be able to win a few more games and maybe a T.C. Championship.

BASKETBALL MEN:

The Cougars had already wrapped up 3rd place in the Totem Conference so the games played this weekend had no bearing on the standings, but there was the Cougar's pride.

Friday's game brought the 1st place VCC Falcons to BCIT in what appeared to be a close game but turned out to be something totally different. The Cougars and the Falcons matched baskets throughout the first 30 minutes, but in the last 10 minutes of the game the Falcons took advantage of the slack defence to score some easy baskets. The Cougars never really got back into the game and the Falcons just kept pecking away till the final whistle for a 72-52 win.

Cougars next competition was against Douglas College on Saturday night. Douglas never really had a chance, this was emphasized by the score at half-time, 54-15. The Cougars toyed with Douglas in the second half and went on to win the game 98-64.

Next weekend the Cougars play in the Totem Conference Championships at VCC against Caribou College. If they should win they will play VCC or Capilano for the Championship. If you want to see some excellent basketball come on out and cheer the cougars on. The Link staff will be there.

Girls end slump

Saturday night the BCIT Cougars ended their seven game losing streak by downing Douglas College 58-45. Although the girls are still playing their worst basket ball of the season they managed to salvage a win and secure a berth in the Totem Conference playoffs this weekend in Kelowna.

Friday night the Cougars lost to VCC 59-41 in an injury-riddled game that saw 2 key players sidelined. Shelley Bianco and Ellen Fowler, both top rebounders, suffered ankle injuries that could prevent them from playing this weekend.

The Cougars finished the season with 7 wins and 7 losses, which landed them a 4th place finish in the league. This weekend they have their work cut out for them when they fly to Kelowna to play 1st place Okanagan College. If they can return to their usual high calibre of play and produce a win ... the fans will have another chance to see their favourite team play in the 4 West Championship here at BCIT March 8,9,10. If they don't win ... Goodbye Cougars!

Health Fair a success

The Health Fair on February 21st, drew much interest and enthusiasm - partly the result of some excellent participation of the second year radio students who interviewed representatives from the various community organizations present and attracted attention to the Health Fair with lively music.

So, many thanks go to the following students: Karl Pelens, Ray Higgs, Doug Kennedy, Dave Kincaid, Dave Doroghy, Mike Stevenson, and a special thanks to Ross Newcomb for so ably running our films during lunch time in the SAC cafe.

Tasting is believing.



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More nameless people, this time members of the womens and mens extramural volleyball teams. Don Wright photos.

Super hockey

Engineers 1 vs. Forestry 0
 Shoeman from DzieDzie was the difference in the most exciting game of the year., The 100 or more spectators really livened the area with various cheers and comments. Both Goalies stopped ticketed shots with Kozak using his neck and anything else to keep the Green Machine out.
 Only 4 minor penalties in an important match like this indicates that the fellows were out playing fun hockey with all the solid clean hits in that the game we proved that the officials were just there to drop the puck and indicate who scored. Well done fellas.
 Business 11 vs. Health Staff 0.
 Winding out the season with another hustle game business couldn't be held and got goals from Friesen (3), Claggett (2),

Welham (2), Pentland (2), Lanove andLoski(1). Roger Yip got his fourth shutout without too many hard saves.Health/staff goalie Jeff Lofuendahl again faced approximately 75 shots. They were shooting so often we occasionally lost count.
 Lopsided as the scores were through the year the Health Staff gang had alot of fun and want to be involved again next year. They appreciated the good spirit shown by opponents and the (old)? fellows weren't too badly battered.
 BCIT Athletics
 SPECIAL EVENTS
 Feb. 28-Mar. 3 Lower Mainland Highschool Basketball Championships.
 * Gymnasium closed to recreation use from 2:00 p.m. daily.
 Mar.8 - 10th 4-West College Championships Badminton, Basketball, and Curling.
 *Gymnasium closed to recreational use all day.

Get involved

FRIDAY* MARCH 23 - ALL CLASSES CANCELLED
 GREAT- another long weekend, let's see maybe I can get in some great spring skiing.
 WRONG- Friday, March 23rd is the 1st day of BCIT's Open House '79. It's also the day we expect from 750 to 900 highschool students from all over the Lower Mainland and the Island coming to BCITto look around.
 To help show our guest BCIT, we need volunteers to tour these students around the school.
 If you would like to help out with Open House, become a Tour Guide. It will only take 2 hours of your time and it will be GREATLY appreciated. Come to the Student Association offices in the SAC right away and sign up. Thanks.

BCIT Curlers win gold and silver

by Henrey Arthur

BCIT curlers came within one win of a clean sweep at the Totem curling playoffs in Prince George, February 15 and 16.
 This year's showing was BCITs strongest ever in curling. The mixed and women's teams won gold medals, and the men's team picked up silver medals. BCIT teams won a total of 11 games and lost only 2 over the two days of competition.
 The Kerry Brewis mixed team easily recaptured the Totem Mixed championship trophy they won last year in Kamloops. Brewis, with third Jenny Zimmerman, second Allan Reeves and lead Karen Roebuck cleaned up on their only competition, the homestanding College of New Caledonia entry, in three straight games. 'We were very disappointed in the mixed competition this year' said Brewis. 'We didn't even work up a sweat.'
 BCIT's Colleen Evans women's team were suprise winners in the women's event. Evans, with third Deb Weir, second Jane Romeo

and lead Val Johnson, edged the favored Cariboo College team 6-5 in a thrilling final game. Cariboo skip Sharlene Brennan had to score one on the final end to force an extra end. But with her final rock she knocked out a BCIT counter, then rolled out herself to lose the game.
 Kevin Towers' BCIT men's team with third Keith Coueffin, second Dave Loyie and lead Gleann Royea, lost only one game during the two days of curling. But it was to New Caledonia's Robert Bird, who went through the competition undefeated to keep the men's championship in Prince George for another year.
 Brewis and Evans now go on to compete in the Four West championships March 9 and 10 at the MacPherson Curling Club in Burnaby. It's a short trip this year! Brewis almost won the Four West mixed title last year at The Pas, Manitoba, and will be trying to go all the way this year. Evans will be aiming to keep the Four West women's championship in B.C. It was won during the past three years by Capilano College.

Gina Jung and Dani Henley asked us to put their names in the LINK . . . we, of course, refused.

Running Commentaries

By Wah Wong

To prevent running injures, be sure to warm up first.Begin every run with at least five minutes of gentle stretching exercises to loosen up your muscles and to prevent strain. There are many good exercises to choose from, but most joggers consider these essential:
 TOE TOUCH. Stretches the back and limbers the legs. Stand with legs straight, bend over from waist and let arms and head hang (don't strain or bounce).
 BACKWARD WALK. Stretches calf muscles, Achilles tendon. Bring palms up and brace yourself against a tree or wall. Take

small steps backward, keeping heel on ground.
 HEAD TO KNEE. Helps loosen the hamstrings in the back of the thigh. Stand and prop one leg on a loww bench or railing. Gently reach toward that ankle, stretching body down to leg.
 SITUPS. Firms and flattens the stomach, develops strength and helps prevent lower-back pain. Lie on back, keeping knees bent. Place wrists on forehead. Slowly roll up to a sitting position and back down.
 Now that you are warmed up, ease into action with some brisk walking. Cool down after your run with more walking and a few more stretches.

Nominations

Nominations for Campus Recreation Committee Awards: we are currently accepting nominations for outstanding participants in Campus Intramurals, Clubs, and Activities. Trophies will be awarded at the Campus Recreation Banquet on March 30th for the following categories:
 --most sportsmanlike team

--female contribution to Intramural sports
 --male contribution to Intramural sports
 --supportive staff memeber
 --most sportsmanlike player
 If you know someone who fits into any of these categories fill out the nomination form (include reasons for the nomination) and submit to the Campus Life Trailer c/o Wally Rowan before 4:30 pm March 12th.

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