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PSYCHIATRIC NURSING
CURRICULUM SUBMISSION
TO PROGRAM REVIEW
SUB COMMITTEE

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CURRICULUM DEVELOPMENT

For many years, R.P.N.'s were trained in psychiatric institutions. Six years ago the hospital-based program closed and a new two year program started at this technical institute in the Department of Patient Care Services. Both R.N. and R.P.N. students had a common first year, with the psychiatric components being taught to the psychiatric students in the second year.

Careful analysis of this curriculum at a workshop of Patient Care Services Department faculty in December, 1976, showed a lack of flow of objectives and concepts between first and second year. Major recommendations from the workshop were:

- (a) Redesign the psychiatric nursing curriculum.
- (b) Develop a two year curriculum with flow and sequence of objectives and concepts.

These recommendations were approved at a departmental meeting December 22, 1976.

Since the workshop, the curriculum has been developed by faculty task groups with input from students, graduates, all instructors teaching psychiatric nursing students, members of the advisory committee, employers, the Registered Psychiatric Nurses' Association of British Columbia, and curriculum consultants. The schedule was:

- February, March, 1977: Data re: expectations of graduates was collected from employers and graduates.
- March, April, 1977: Initial discussions with the Nursing Administrators Association of B. C. and the Nursing Advisory Committees at B.C.I.T. showed enthusiasm about the idea of a preceptorship.
- April 7, 1977: Executive Committee at B.C.I.T. approved the nursing programs being offered on an equal term time frame.
- June, July, 1977: A task group, with faculty input, developed a philosophy and conceptual model of psychiatric nursing. Terminal and level objectives and a term structure was developed for faculty inspection.
- November 30,
December 1, 1977: Faculty, student and professional association representative gave feedback re: achievability, flow and comprehensiveness of objectives proposed.

- December 19 - 23, 1977: Task group clarified objectives based on the feedback obtained.
- January, 1978: Submission of philosophy and revised objectives to faculty, advisory committee and employers for feedback.
- February, 1978: Feedback from graduates of the program, employers and advisory committee. Written submissions made.
- March 10 & 11, 1978: Faculty, students, advisory committee and professional association representative met with a curriculum consultant to critique the terminal and level objectives devised. The comprehensiveness, explicitness and flow of objectives was examined. Course configurations were explored.
- March 13 - April 7, 1978: The task group finalized the terminal and level objectives and developed general course objectives using the course configuration agreed upon.
- April, 1978: Term I teaching group developed specific objectives and content for psychiatric nursing courses in Term I. Meetings were held with English and Basic Health Sciences teachers to discuss student requirements and proposed courses.
- April 13, 1978: Advisory committee feedback on curriculum to date.
- May 5, 1978: Course outlines received from and reviewed with English and Basic Health Sciences teachers. See Section IV for documentation.
- June 1, 2, 1978: Workshop with faculty, students, advisory committee members, R.P.N.A.B.C. member and consultant to: achieve a common interpretation of the conceptual model and to explore the application of the model in classroom, laboratory and clinical settings.

CURRICULUM

OVERVIEW OF THE PROGRAM

The psychiatric nursing program offered by the Department of Psychiatric Nursing at B.C.I.T. is a six-term diploma program of basic psychiatric nursing education. Theoretical courses are presented on campus. Clinical experiences are provided in selected mental health, mental retardation, and general hospital settings (medical, surgical, pediatric).

The program is presented using a modified core curriculum model.

PROGRAM OBJECTIVES

Upon successful completion of the first five terms the student will be eligible to:

- (a) Graduate from the program;
- (b) Write the psychiatric nurse registration exams;
- (c) Proceed to the optional sixth term.

The sixth term, an optional elective, will be designed to prepare beginning practitioners for services requiring more specialized psychiatric nursing skills, e.g. community psychiatric nursing, community care of the mentally retarded, etc. Selection of courses offered in this term will be based on current provincial manpower needs.

TERMINAL OBJECTIVES

In the provision of care for clients of all ages within psychiatric and mental retardation in-patient units, the graduate:

- 1.0 Demonstrates knowledge of:
 - 1.1 Biopsychosocial concepts from the biological, behavioral, and social sciences.
 - 1.2 The B.C.I.T. adaptation model of psychiatric nursing practice.
 - 1.3 Current treatment modalities.
- 2.0 Demonstrates accountability and responsibility:
 - 2.1 Respects the lifestyle and dignity of each client.
 - 2.2 Respects the rights of each client.
 - 2.3 Supports professional goals and standards.
 - 2.4 Assumes the responsibilities of a graduate psychiatric nurse.
- 3.0 Initiates, maintains, and terminates therapeutic relationships:
 - 3.1 Applies principles and techniques of therapeutic communication.
 - 3.2 Applies principles which promote inter-personal relationships.
- 4.0 Facilitates the maintenance and development of adaptive behavior:
 - 4.1 Uses the problem-solving process.
 - 4.2 Uses psychiatric nursing skills to facilitate maintenance and development of adaptive interactional behaviors.
 - 4.3 Uses basic nursing skills to facilitate maintenance and development of physiological behaviors.
- 5.0 Participates as a member of the health care team:
 - 5.1 Functions effectively within the organizational structure of a health care agency.
 - 5.2 Manages own workload.
 - 5.3 Demonstrates selected skills in managing nursing personnel responsible for the care of a small group of clients.

COURSE OF STUDY

YEAR 1

	<u>TERM I</u>	<u>HRS/WK</u>
77.100	Psychiatric Nursing I	6
77.105	Psychiatric Nursing Practicum I	8
77.110	Interpersonal Relationship Laboratory I	2
77.120	Psychomotor Laboratory I	3
98.105	Anatomy and Physiology	3
98.118	Personal Fitness Management	2
98.141	Human Behavior	<u>4</u>
		28 hrs.
	<u>TERM II</u>	
77.150	Psychiatric Nursing II	6
77.155	Psychiatric Nursing Practicum II	10
77.160	Interpersonal Relationship Laboratory II	2
77.170	Psychomotor Laboratory II	2
98.208	Physiology and Pathophysiology	3
98.225	Microbiology and Immunology	2
98.241	Human Development	<u>4</u>
		29 hrs.

COURSE DESCRIPTIONS

YEAR 2

YEAR 2

77.100 PSYCHIATRIC NURSING I

A survey of psychiatric nursing and the role of the nurse as it relates to mental health. Emphasis is placed on man's adaptive behavior in his environment and on his professional responsibilities.

		<u>HRS/WK</u>
77.200	Psychiatric Nursing III	6
77.205	Psychiatric Nursing Practicum III	15
77.210	Interpersonal Relationship Laboratory III	2
77.220	Psychomotor Laboratory III	2
98.308	Physiology and Pathophysiology	2
31.377	English I	<u>3</u>
		30 hrs.

TERM III

77.105 PSYCHIATRIC NURSING PRACTICUM I

A clinical practice course offered concurrently with Psychiatric Nursing I. Experiences are provided in hospitals, mental health, mental retardation centers, and other settings with clients of all ages.

77.250	Psychiatric Nursing IV	6
77.255	Psychiatric Nursing Practicum IV	16
77.260	Interpersonal Relationship Laboratory IV	2
77.270	Psychomotor Laboratory IV	2
31.477	English II	<u>3</u>
		29 hrs.

TERM IV

77.110 INTERPERSONAL RELATIONSHIP LABORATORY I

A laboratory practice course offered concurrently with Psychiatric Nursing I. Emphasis is placed upon those nursing skills related to basic assessment and activities of daily living.

77.300	Psychiatric Nursing V	25 for 3 weeks
77.305	Psychiatric Nursing Preceptorship	30 for 15 weeks

TERM V

98.305 ANATOMY & PHYSIOLOGY

A survey of the basic structure and function of the systems of the human body. An introduction to the basic principles of genetics is also included.

98.110 PERSONAL FITNESS MANAGEMENT

A combined theory and practice course designed to emphasize the relationship of physical fitness to lifestyle. The focus will be placed on the student's own activity.

COURSE DESCRIPTIONS

TERM I

77.100 PSYCHIATRIC NURSING I

An overview of psychiatric nursing and the health care system as it relates to mental health. Emphasis will be placed on man's adaptive behavior in response to stressors in his environment. The student will be introduced to the problem solving process, a conceptual model for psychiatric nursing practice and the professional responsibilities of a psychiatric nurse.

77.105 PSYCHIATRIC NURSING PRACTICUM I

A clinical practice course offered concurrently with Psychiatric Nursing I. Experiences are provided in general hospitals, mental health, mental retardation and community settings with clients of all ages. Emphasis is placed on development of skills related to assessment and activities of daily living and the development of interpersonal relationships.

77.110 INTERPERSONAL RELATIONSHIP LABORATORY I

A laboratory practice course offered concurrently with Psychiatric Nursing I. Emphasis is placed upon development of self awareness and basic communication skills.

77.120 PSYCHOMOTOR LABORATORY I

A laboratory practice course offered concurrently with Psychiatric Nursing I. Emphasis is placed upon those nursing skills related to basic assessment and activities of daily living.

98.105 ANATOMY & PHYSIOLOGY

A survey of the basic structure and function of the systems of the human body. An introduction to the basic principles of genetics is also included.

98.118 PERSONAL FITNESS MANAGEMENT

A combined theory and practice course designed to emphasize the relationship of physical fitness to lifestyle. The focus will be placed on the student's own activity.

98.141 HUMAN BEHAVIOR

This course presents those concepts and methods of psychology and sociology which are most pertinent to the psychiatric nurse's understanding of human behavior in a social context. The internal and external components of man's environment are investigated. Social and epidemiological factors related to mental illness are reviewed.

TERM II

77.150 PSYCHIATRIC NURSING II

The study of children in relation to their growth and development and family environment. Emphasis is placed upon the care of children who have physical and emotional problems. Professional responsibilities are continued from 77.100 and organizational skills are introduced. Prerequisites: all 1st term courses.

77.155 PSYCHIATRIC NURSING PRACTICUM II

A clinical practice course offered concurrently with Psychiatric Nursing II. Experiences are provided in the pediatric areas of general hospitals and mental retardation settings. Emphasis is placed on developing therapeutic relationships and selected nursing skills. Prerequisites: all 1st term courses.

77.160 INTERPERSONAL RELATIONSHIP LABORATORY II

A laboratory practice course offered concurrently with Psychiatric Nursing II. Emphasis is placed upon the development of therapeutic relationships with children. Prerequisites: all 1st term courses.

77.170 PSYCHOMOTOR LABORATORY II

A laboratory practice course offered concurrently with Psychiatric Nursing II. Emphasis is placed on the development of selected nursing skills. Prerequisites: all 1st term courses.

98.208 PHYSIOLOGY AND PATHOPHYSIOLOGY

An introduction to the concept of homeostasis and its disturbance in pathological conditions. The specific body systems are discussed in terms of normal physiology and common disease states. Wherever possible the course content corresponds with conditions encountered in the clinical experience of the psychiatric nursing student. Prerequisites: Anatomy and Physiology 98.105.

98.225 MICROBIOLOGY AND IMMUNOLOGY

An introduction to microbiological and immunological concepts. The first part of the course provides an introduction to basic microbiological concepts, including the distinguishing characteristics of micro-organisms, methods of controlling infectious disease, and host-parasite relationships. The second part is devoted to an understanding of the macromolecules of the immune response, and the immune response as it applies to immunity, immunohematology, surveillance and homeostasis, hypersensitivity, autoimmunity and transplantation. The lack of and dysfunction of the immune response is included in the discussion. Prerequisites: 98.105.

98.241 HUMAN DEVELOPMENT

This course provides students with an introduction to concepts basic to understanding normal human development throughout the life cycle. Particular attention is given to relating the development of the individual to that of the family. Prerequisites: Human Behavior 98.141

TERM III

77.200 PSYCHIATRIC NURSING III

The study of adults with specified maturational and/or situational stressors. Emphasis is placed on the care of adults with acute physical and emotional problems. Professional responsibilities and organizational skills are continued from 77.150. Prerequisites: all second term courses.

77.205 PSYCHIATRIC NURSING PRACTICUM III

A clinical practice course offered concurrently with Psychiatric Nursing III. Experiences are provided in general surgical units of general hospitals and acute psychiatric in-patient units. Emphasis is placed on maintaining and terminating therapeutic relationships and developing nursing and organizational skills. Prerequisites: all second term courses.

77.210 INTERPERSONAL RELATIONSHIP LABORATORY III

A laboratory practice course offered concurrently with Psychiatric Nursing III. Emphasis is placed on the maintenance and termination of therapeutic relationships with adults. Prerequisites: all second term courses.

77.220 PSYCHOMOTOR SKILLS LABORATORY III

A laboratory practice course offered concurrently with Psychiatric Nursing III. Emphasis is placed on the development of selected nursing skills related to specified body systems and the care of the surgical patient. Prerequisites: all second term courses.

98.308 PHYSIOLOGY AND PATHOPHYSIOLOGY

Normal homeostatic regulation as well as fundamental pathophysiological mechanisms in specific body systems are continued from 98.208. An introduction to the concept of neoplasia is included. Wherever possible, the course content corresponds with conditions encountered in the clinical experience of the psychiatric nursing student. Prerequisite: Physiology and Pathophysiology 98.208.

31.377 ENGLISH FOR PSYCHIATRIC NURSING STUDENTS

This course consists of (a) a study of the general principles of writing and their application to professional writing tasks, and (b) a study of modern literature.

TERM IV

77.250 PSYCHIATRIC NURSING IV

The study of elderly adults with multiple stressors. Emphasis is placed on nursing interventions for multi-system problems. Professional responsibilities and organizational skills are continued from 77.200. Prerequisites: all third term courses.

77.255 PSYCHIATRIC NURSING PRACTICUM IV

A clinical practice course offered concurrently with Psychiatric Nursing IV. Experiences are provided in long term psychiatric, psychogeriatric and general medical/surgical settings. Emphasis is placed on initiating, maintaining and terminating therapeutic relationships with groups of clients and developing selected nursing and organizational skills. Prerequisites: all third term courses.

77.260 INTERPERSONAL RELATIONSHIP LABORATORY IV

A laboratory practice course offered concurrently with Psychiatric Nursing IV. Emphasis is placed on maintenance and termination of therapeutic relationships with groups of clients. Prerequisites: all third term courses.

77.270 PSYCHOMOTOR SKILLS LABORATORY IV

A laboratory practice course offered concurrently with Psychiatric Nursing IV. Emphasis is placed on the modification of nursing skills for individual clients. Prerequisites: all third term courses.

31.477 ENGLISH FOR PSYCHIATRIC NURSING STUDENTS

This course consists of (a) a study of the general principles of writing and their application to professional writing tasks, and (b) a study of modern literature continued from 31.377. Prerequisites: English, 31.377.

TERM V

77.300 PSYCHIATRIC NURSING V

A review of psychiatric nursing practice with emphasis on developing the responsibilities of a psychiatric nurse and working with health team members. Psychiatric Nursing Preceptorship 77.305 follows this course. Prerequisites: all fourth term courses.

77.305 PSYCHIATRIC NURSING PRECEPTORSHIP

A clinical practice course offered after Psychiatric Nursing V: 77.300. Experiences are provided in a variety of Mental Health facilities throughout British Columbia. Emphasis is placed on integrating knowledge and skills learned in Terms I - IV, on assuming responsibility and on working effectively with team members. Prerequisites: all fourth term courses.

ADDITIONAL REQUIREMENTS

A. Physical Plant

Use of a communication laboratory with videotape equipment is required. Room D412 will possibly be allocated as an alternative.

B. Capital Equipment Estimates

The videotape equipment purchase order has been submitted. Furnishings for the communication laboratory have been requested on the 1977/78 capital budget. Discussions are underway with physical plant with respect to minor modifications for D412.

C. Faculty and Staff

The 1978/79 budget includes a curriculum coordinator and an instructor to cope with anticipated increases in enrollment. In addition, a clerical position has been requested.

D. Operating Budget

Selected items in budget have been increased to reflect changes in educational methodologies; i.e. the preceptorship.

INTER OFFICE MEMO

5906 St-16

TO G. Lloyd, Director
Admissions and
Student Services FROM M.S. Neylan
Department Head
Psychiatric Nursing DATE May 10/78

Re: 98.118 PERSONAL FITNESS MANAGEMENT

This is to confirm that your department is aware of the changes to the curriculum being proposed by the Psychiatric Nursing Department, has had opportunities for discussion, and have agreed that gymnasium facilities are available.

Please sign and return these memos, keeping a copy for your files.

G. Lloyd
G. Lloyd

M.S. Neylan
M.S. Neylan

Henry Arthur
H. Arthur

M.S. Neylan
M.S. Neylan

MSN:LF:bt
c.c. L. Field

INTER OFFICE MEMO

5906 St-16

TO H. Arthur
Department Head
English FROM M. Neylan
Department Head
Psychiatric Nursing DATE May 10/78

Re:

31.377 English for Psychiatric Nursing Students
31.477

This is to confirm that your department is aware of the changes to the curriculum being proposed by the Psychiatric Nursing Department, has had opportunities for discussion, and has submitted the proposed course outlines for the term program.

Please sign and return these memos, keeping a copy for your files.

As per attached memo.

Henry Arthur
H. Arthur

M.S. Neylan
M.S. Neylan

MSN:LF:bt
c.c. L. Field

INTER OFFICE MEMO

TO M. Neylan FROM H. Arthur & M. Otte DATE May 23 /78

5906 St-16

This is the curriculum proposal we have discussed and agreed to.

TERM 1 1 week 2 ~~hours of~~ ^{one-hour} lectures (preferably on separate days)
Introduction to English handbook and general principles of writing.

3 weeks 1 hour of lecture and 3 hours of labs each week
Reading and Study Skills

TERM 3 1 hour of lecture and 2 hours of labs each week for complete term.
English for Psychiatric Nursing Students 31.377

TERM 4 1 hour of lecture and 2 hours of labs each week for complete term.
English for Psychiatric Nursing Students 31.477

M. Otte

COURSE	TERM 1	TERM 2	TERM 3	TERM 4	REPLACES
	hrs/wk.	hrs/wk.	hrs/wk.	hrs/wk.	
98.101 Anatomy & Physiology	3	-	-	-	98.206 Anatomy & Physiology
98.208 Physiology & Pathophysiology	-	3	-	-	98.304 Physiology
98.305 Physiology & Pathophysiology	-	-	2	-	98.094 Pathophysiology
98.101 Human Behaviour	4	-	-	-	Replaces:
98.101 Human Development	-	4	-	-	98.A30 Human Development
98.205 Microbiology & Immunology	-	2	-	-	98.B30 Human Behaviour I
98.115 Personal Fitness Management	-	-	-	-	98.C30 Human Behaviour II
					An amalgamation of:
					98.A44 Microbiology
					98.C44 Immunology & Hypersensitivity
					New course.

INTER OFFICE MEMO

5906 St-16

TO Mr. J. MacKay FROM Mr. D. W. Martin DATE May 19.78
 Director, Health Division Department Head, Basic Health Sciences

SUBMISSION TO
PROGRAM REVIEW SUB-COMMITTEE

1. CHANGES

This department acknowledges that it has been actively involved in the following revisions and additions to the teaching services which it supplies to the Psychiatric Nursing Department, and agrees to these changes:-

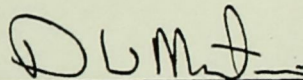
NEW/REVISED COURSES	TERM 1 Hrs/Wk.	TERM 2 Hrs/Wk.	TERM 3 Hrs/Wk.	COMMENTS
98.105 Anatomy & Physiology	3	-	-) Replaces:) 98.A06 Anatomy & Physiology) -98.B06 Physiology
98.208 Physiology & Pathophysiology	-	3	-) 98.C06 Pathophysiology))
98.308 Physiology & Pathophysiology	-	-	2)))
98.141 Human Behaviour	4	-	-) Replaces:) 98.A30 Human Development) -98.B30 Human Behaviour I
98.241 Human Development	-	4	-) 98.C30 Human Behaviour II
98.225 Microbiology & Immunology	-	2	-	An amalgamation of:- 98.A44 Microbiology 98.C44 Immunology & Hypersensitivity
98.118 Personal Fitness Management	2	-	-	New course.

2. IMPLICATIONS OF CHANGES

A. The splitting of the former Patient Care Services Department into General and Psychiatric Nursing Departments, and the consequential development of separate Behavioural Science courses for these two departments necessitate the hiring of additional help. This need was anticipated last year and an additional faculty member to teach in this area with effect from December 1, 1978 was requested in the 1978/79 budget submission. Since this request made last year the amount of teaching involving this department has been more clearly defined, and it is anticipated that a part-time position will suffice (see attached synopses of teaching duties for 1978 - 79 and 1979 - 80).

B. The earlier start of the Nursing Departments' terms (i.e. the middle of August as opposed to the September date for all other Health Technologies) has implications for those faculty who will teach students on both term systems. What it means is that such faculty will be involved in the classroom for about 9½ months (mid-August to end of May). In accordance with Article 8.02.2 of the Collective Agreement those instructors will be entitled to overtime. The amount required will be about \$4,500. This expense was anticipated last year and included in the 1978/79 budget submission.

This acknowledgement and information is submitted in accordance with the Policy and Procedure Manual No. 1.08.01/4.2.3. and 4.2.4.



D. W. Martin

DWM:jdm
c.c. M. Neylan
Head
Psychiatric Nursing

BASIC HEALTH SCIENCES

A.N. OTHER

DATE PREPARED: April 25, 1978

TEACHING DUTIES 1978 - 79

COURSE NO. & NAME	TECHNOLOGY	STUDENT CONTACT HRS/WK.	
		TERM 1/3	TERM 2/4
98.241 HUMAN DEVELOPMENT	PSYCH. NRSG.	-	6
98.F29 SOCIOLOGY OF MENTAL HEALTH	PSYCH. NRSG.	- / 2	2 / -
98.141 HUMAN BEHAVIOUR	PSYCH. NRSG.		- / 5
	TOTAL HRS/WK.	- / 2	8 / 11

BASIC HEALTH SCIENCES

A. N. OTHER

DATE PREPARED: April 25/78.

TEACHING DUTIES 1979 - 80

COURSE NO. & NAME	TECHNOLOGY	STUDENT CONTACT HRS/WK.	
		TERM 1/3	TERM 2/4
98.141 HUMAN BEHAVIOUR	PSYCH. NSG.	5 / -	- / 5
98.241 HUMAN DEVELOPMENT	PSYCH. NSG.	6	6
	TOTAL HRS/WK.	11 / 6	6 / 11